

The Edinburg Newsletter

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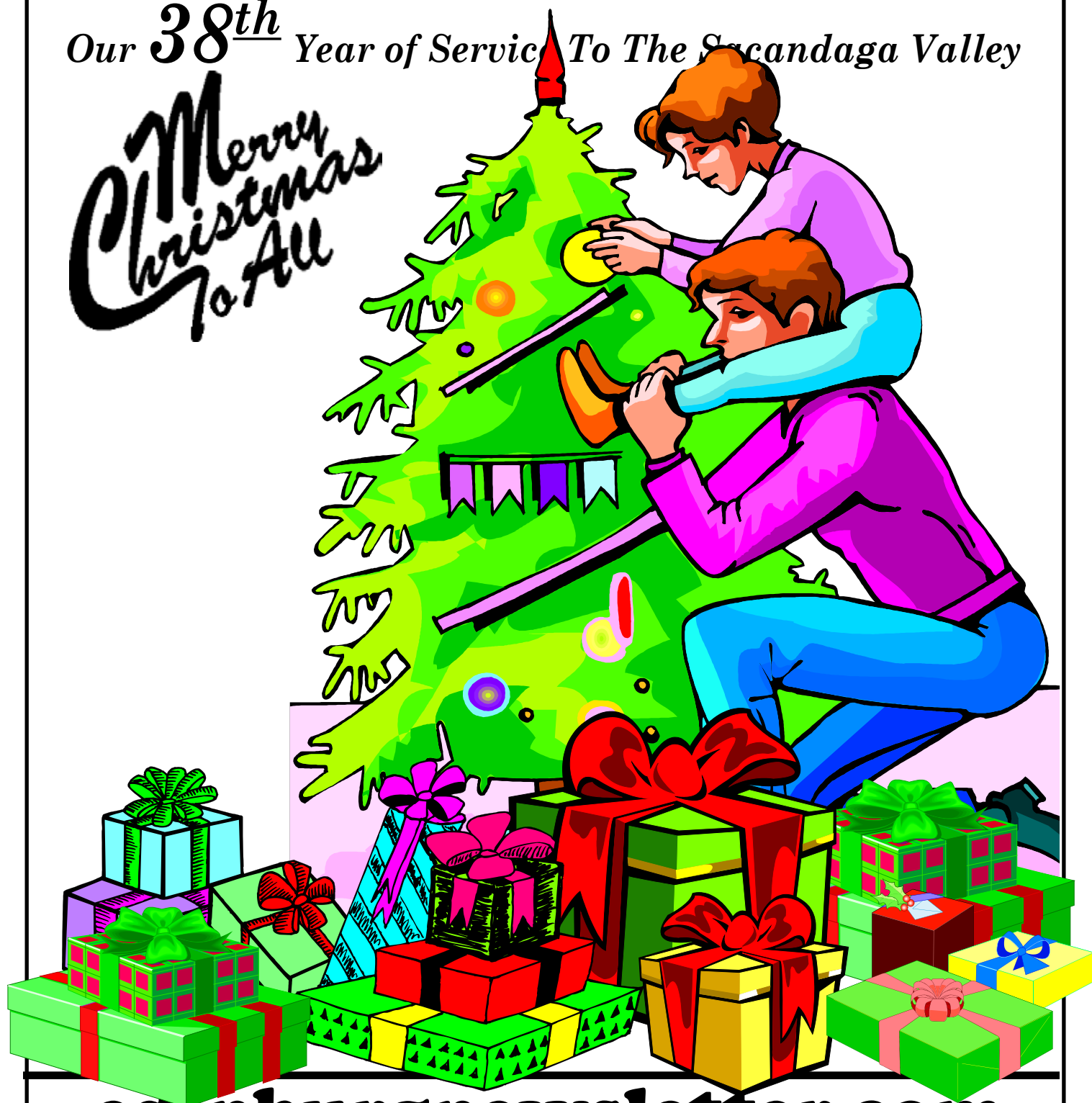
December 2018

REACHING OVER 30,000 READERS

VOLUME 38 # 4

Our **38th** Year of Service To The Sacandaga Valley

*Merry
Christmas
To All*



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is the 17th of Every Month

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DECEMBER 2018 COMMUNITY CALENDAR

NOVEMBER

THURS 22 Happy Thanksgiving

DECEMBER

SAT 1 Edinburg TREE LIGHTING 2-4 pg. 5

THURS 6 Edinburg ZONING BOARD 7pm

FRI 7 SACANDAGA SENIORS 1:30

TUES 11 Edinburg SCHOOL BOARD 6:00pm

TUES 18 Edinburg HISTORICAL SOCIETY 7pm

THURS 20 Edinburg TOWN BOARD 6:30

TUES 25 MERRY CHRISTMAS



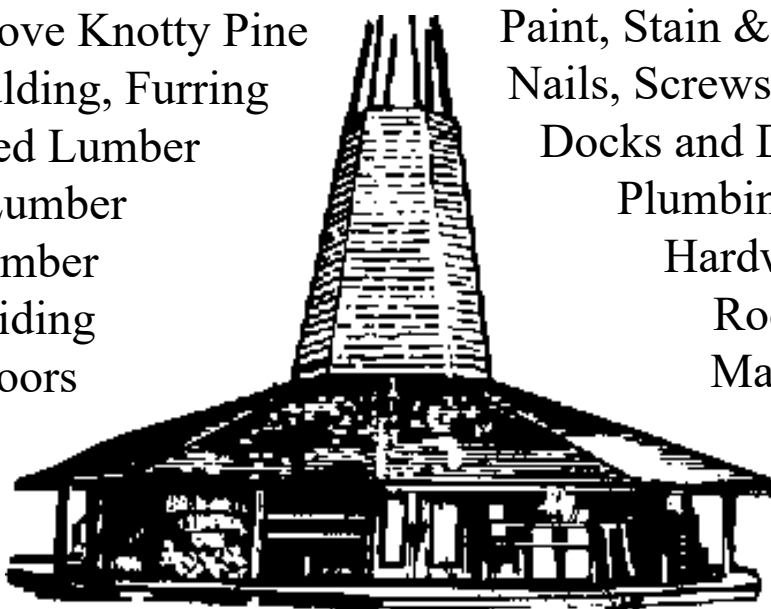
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til Labor Day
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Sunday 9-2



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Birthdays - Anniversaries & Other



*If you have a birthday that you would like to
put in the Edinburg Newsletter e-Mail it to:
edinburgnews@frontiernet.net*

Happy Birthday

Deborah R.

Kayla M.

Butch D.

Laurie D.

Anna B.

Debi O.

Judy S.

Katie B.

Mason W.

Carl W.

Lorna Mc.

Happy Holidays

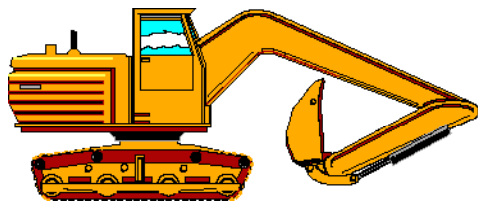
From the Four Corners Diner Gang

Birthdays in Heaven

Special Birthday wish to our father,

Elwyn I. Ferguson on Dec. 8th

Love you, Your Family



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**Edinburg Tree Lighting 2018
@ the Edinburg Fire House
December 1, 2017**

**Horse and Wagon rides – 2:00
- 4:00 p.m.**

**Santa arrives - 3:00 p.m.
Tree Lighting – 4:15 p.m.**

**There will be face
painting and
raffles (must
be present
to win). We
hope to see
you there.**



THANK YOU

Bob and I would like to take this opportunity to thank EVERYONE who came to my benefit on Nov. 11 and to those who couldn't make it but donated.

Bob and I never could have imagined how our lives would have changed when I got the dreadful diagnosis! Our Friends and Family put together this amazing event! (Too many to list here, we would need a separate publication.) We were graciously supported by the Edinburg/ Northville community, friends and relatives from Gloversville and beyond, my GHS classmates, my AVON family and so many more!

We are grateful, humbled and thankful to have you all.

Andrea & Bob Clemons

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EDINBURG TOWN REPORT

www.edinburgny.com

by Jean Raymond



**MERRY CHRISTMAS, HAPPY
HOLIDAYS AND BEST WISHES
FOR A SAFE, HEALTHY AND
PROSPEROUS NEW YEAR**

BridgeNY Grant Applications

This past spring the town applied for grant funding to replace 2 bridges. We received notification that we have been awarded 2 BridgeNY grants. The grant amounts are: \$712,747.00 for the bridge over Little Hans Creek on Fox Hill Road and \$958,520.00 for the culvert on Military Road at Sand Creek.

Highway Wheel Loader

The town has taken delivery on a new John Deere 624K-11 Wheel Loader. The loader is being paid for using a \$100,000.00 grant from Senator

Tedisco, trade in value of the old Kawasaki loader and cash. It is larger than the old loader and arrived just in time to load salt and sand for the first snowfall.

Fulton County Landfill Tipping Fees

We received notice from Fulton County that our landfill tipping fees will increase by \$3.00 per ton to \$59.00 per ton 2019. Residents are encouraged to recycle everything possible so we do not have to pay \$59.00 per ton because recyclable items have been thrown in the garbage.

Edinburg Tree Lighting

The annual tree lighting will be on December 1st from 2:00-4:00 at the Firehouse and the Four Corners. The town is again providing the horse and wagon rides from 2:00 to 4:00 and there will be face painting from 2:00-4:00. Thanks to the wonderful volunteers led by Jackie and Sandy who put this day together for the children and their families and the entire community.

Cemeteries Close December 1st

The Edinburg cemeteries close December 1st for the winter. A notice will be placed in the paper



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of the closure and at the end of November highway workers will be cleaning up the cemeteries for the winter. No vehicles are permitted in the cemeteries from December 1st - May 1st. People may always walk in at anytime.

Winter Refuse and Recycling Collection
In the event of bad weather and road conditions there may be a change in the roadside collection schedule by postponing collections to the following day. We will make every effort to let residents know if there is a change.

Refuse and Recycling Collection Date Changes

There will be no recycling collection on November 22nd (Thanksgiving). The Recycling Center will be closed on November 23rd (Day After Thanksgiving) and refuse collection will be on Monday and Wednesday the week of Christmas and the week of New Year's.

Town Hall Holiday Schedule

The Town Hall will close at 1:00 on December 21st for Christmas and will reopen Wednesday, January 2nd. Town officials may be reached at their homes.

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It's packed with handcrafted treasures by local artisans ready for this holiday gift giving season. Fine art by Lynn Benevento, Kay's Soot Series, and items created from wood, fiber, glass, and jewelry plus fresh balsam trees!

Open from
November 23
to December
20. Monday -
Wednesday 10-
5pm, Thursdays
& Fridays 10-
7pm, Saturdays
10-3pm and
Sundays noon -
3pm.



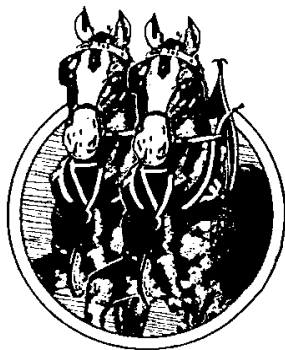
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DON BOWMAN REMEMBERS

Tales of the Sacandaga Valley

Many years ago we had a column titled Don Bowman Remembers. It was written by a gentleman who lived in this area for many years, and worked on the dam and bridge. He lived in a bygone era of simpler times and strong resourceful people. We have access to many stories of the time and have decided to start printing them in our publication again.

I hope you enjoy them as much as we do.

The Silver Bell

In the old days the bells made for railroad locomotives were usually made of bronze, which gave them a clear tone. The F.J. & G. (Fonda, Johnstown and Gloversville) had an engine bell that was different, I was told, had a tone of class and quality apart from those on other railroads.

One prominent man and stockholder of the railroad donated fifty silver dollars which were tossed into the molten metal before the bronze bell was cast in the foundry in Troy.

The bell when cast and used, had a lovely tone. It was just beautiful to hear, so the railroad engine was called, "The Silver Bell."

I'll add here that the branch of the F.J. & G. railroad did serve part of the valley, thru the area of Cranberry Creek on to Northville. I've been told that it did not, but I worked on the removable of the tracks, while wearing hip boots, for the waters were rising because the gates of the dam had been closed down at Conklinville.

The F.J. & G. RR had a great interest in the Sacandaga Park on the river. There was even a natural island in the river which was part of the resort. Famous in the years 18 and 80's into the 1900's.

Most all of that was flooded, even the island, when the dam went in. The branch line ended at Northville, then trains returned.

The Art Subject


The visitor to the valley, an artist, saw a splendid looking old man sitting fishing from an overhanging river bank.

"Mister," said the artist. "I will give you five dollars if you let me paint you."

The old timer scratched his head and looked doubtful.

"It's easy money," said the artist.

"No question 'bout that," the old fisherman replied. "I was jus a wonderin' how I'd get the paint off afterwards."



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• 2007 Apex GT	Ohlins Elec. Suspension, Studded, 3.3k mi	\$4,495
• 2007 Apex ER	Excellent Cond., Studded, 4.2k miles	\$4,195

Financing available if credit qualified



NORTHVILLE PUBLIC LIBRARY

Michael Burnett
Director 863-6922



The library continues its annual holiday tradition, marking the month of December as a fine free month! During this period, no fines will be charged. This is a GREAT opportunity for patrons with outstanding fines and long overdue materials to come in and clear their records with NO PENALTY!!!!

The Sacandaga Book Group will meet on Tuesday, Dec 11 at 10 am in the library's program room. Jane Borrelli will lead a discussion of "Dakota: A Spiritual Geography", a meditation on life in the Great Plains by Kathleen Norris. A timeless tribute to a place in the American landscape that is at once desolate and sublime, harsh and forgiving, steeped in history and myth. In thoughtful, discerning prose, Norris explores how we come to inhabit the world we see,

Hours:

September to March

Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

and how that world also inhabits us. Her voice is a steady assurance that we can, and do, chart our spiritual geography wherever we go.

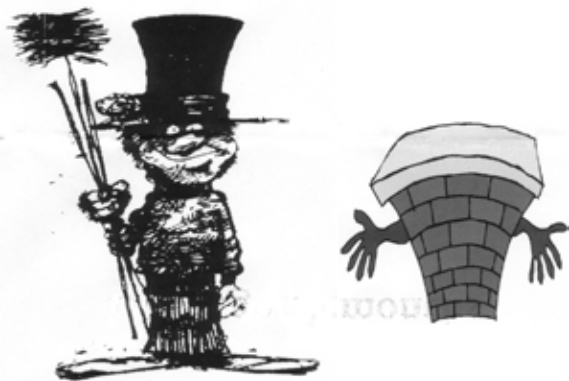
On Thursday, Dec 13, the Friends of the Library will hold the drawing for their Annual Holiday Raffle. Four baskets will be awarded: "Holiday Decor" - wine, glasses, runner, towels; "Kid's Fun" - books, snacks, games & crafts; "Pamper Yourself" - body lotions, candles, afghan; and "Doggie Delight" - food, toys, bed, sweater, leash. Get tickets at the library.

The "1000 Books Before Kindergarten" bags are available for borrowing. Each bag contains 10 books that are appropriate for most 3-5 year olds. The Baby Bags contain board books for toddlers. Track what is read by using the app from [<http://1000booksbeforekindergarten.org/resources>].

Story Time will be held on Sat, Dec 15 at 10 am, coordinated by Ondrea Crandall. Bring your pre-school children for stories, snack, and craft.

Many holiday reads and DVDs are on display. Enjoy a quiet moment or share a story with the kids.

The Chimney Doctors



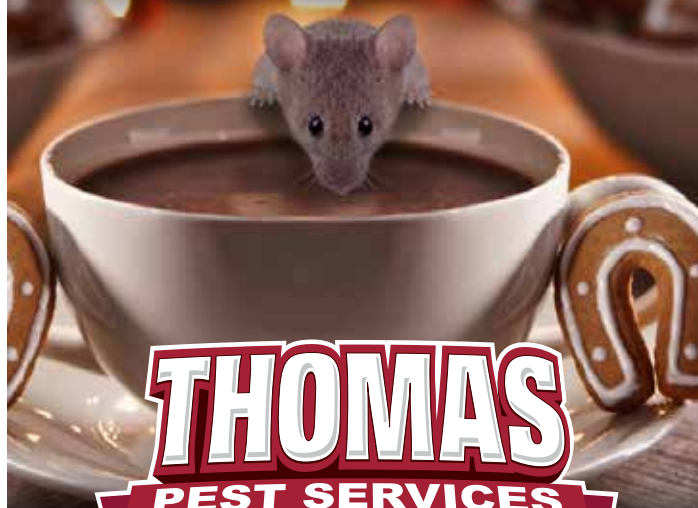
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Sacandaga Valley Arts Network

SVAN Visual Art Exhibit & Reception

The Sacandaga Valley Arts Network (SVAN) announces a new exhibition by SVAN visual artists, potters, weavers, woodworkers, glassmakers and other craftspeople at the SVAN Arts Center (Gift Shop & Gallery) at 303 South Main Street in Northville. The public is invited to enjoy and purchase these works each weekend. On December 7 from 3 p.m. to 7 p.m. there is a reception open to the public as well. Come meet many of the artists and get some of your holiday shopping done!

Don't forget to visit the SVAN gallery at the Northville Library located at 341 South 3rd Street while you are in the village. Linda Hinkle has a beautiful exhibit entitled, "Never Quite the Same". The exhibit continues through December 29. The public is welcome to enjoy the creative works that are available for purchase.

If you are traveling in the area, also stop by the SVAN gallery at the Tourist Information Center at the route 29 & 30 roundabout in Vail Mills. There are a number of SVAN members displaying and offering their creative works for sale.

To keep up with other visual art exhibits and events or concerts and theater performances sponsored by the Sacandaga Valley Arts Network, readers can visit their website: www.svanarts.org or visit the facebook pages: SVAN Arts or Sacandaga Musical Theater

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DID YOU KNOW THAT—

*by Town of Edinburg Historian,
Priscilla L. Edwards*

Most families in the Sacandaga Valley had Christmas trees in their homes by the first half of the 20th century. Trimmings were very simple, some homemade and edible such as apples, strings of cranberries and popcorn, nuts or cookies in various shapes. Tinsel and scrap paper creations were also very common. From the 1870's to 1910 Germany shipped to the United States reusable ornaments made from paper, cotton, papier-mache, wax, tinsel, cardboard, wood, china; including the beautiful hand-blown glass balls. Exporting these decorations into our country was due in part to businessman F. W. Woolworth who sold them successfully in his many 5&10 cent stores.

Exports from Germany ended with the start of WWI. Businessman Max Eckhardt decided to correct this problem and started his own company here in America. He convinced Corning Glass to produce machine-made glass balls which Eckhardt then had his employees in his plants silver and hand decorate the balls. By the end of WWII Shiny Brite was the largest glass ornament manufacturer in the world.

Strings of electric lights on Valley trees were not common until the 1930's-40's. Many roads in our area did not receive electricity until the late 1940's after the end of WWII. Instead small tin clips which held 3/8-1/2 inch candles were placed on the very tips of branches. The candles were very dangerous and only lit for short periods with someone in the room at all times with a bucket of water handy.

Continued Next Page ➡ ➡



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NINE MILE TREE RD, MAYFIELD

MLS 201719171 **\$19,500**

Lot #2. 1.226 acre vacant parcel w/ gravel driveway, surveyed.



2408 SOUTH SHORE ROAD, DAY

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3BR, 2.5BA lakefront tri-aframe cottage with 100' waterfront.



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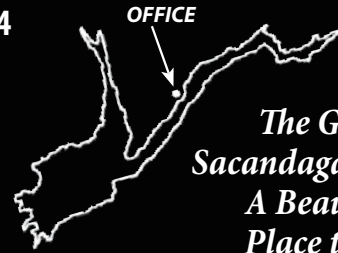
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Sitting rm off liv rm or
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area. Full bsmnt & garage.
New septic, 10' lake access short drive away with stairs and dock.

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GREAT SACANDAGA LAKESIDE

**2162 North Shore Rd,
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Lakeside 2 story 3 BR 2BA fur-
nished cottage situated on
+/- 0.22 acre prime lot with very
scenic lake, mountain and sun-
set views! Kitchen, din area, liv
rm with knotty pine & sliding doors to large enclosed porch, side
deck to access the lake and spacious side yard. 89' of nice lake front-
age with dock.
MLS #201831450



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**1282 County Hwy 110,
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\$92,900**

2 BR 1 BA ranch with open
floor plan. Large liv rm w/
gas fireplace open to din
area and kitchen. Large mstr BR. Furnishings negotiable. Short drive to
GSL boat launch & public beach. Level >1/2 acre lot (2 tax map parcels),
carport, enc porch, shed.
MLS #201624692

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From Previous Page

In the 1940's our mom made the star for the tree cut from cardboard, covered with foil and the edges trimmed with foil rope. We always cut and shaped tissue paper pinwheels which were pinned to the very tips of the branches with a straight pin. Our tree was always covered with tinsel which was the last step in decorating and done by an adult, strand by strand, not tossing them on the tree. Very time consuming!! I think our dad had a real fondness for ribbon candy as he always made sure there was plenty in the house to snack on.

Part of the excitement of Christmas was getting ready for the programs which were always held at churches and schools.

By the late 1940's the 2-room school on Sinclair Road had grown into a 3-room school with a cafeteria/auditorium room located under the third room addition. A decorated tree stood in this room but none in the classrooms. A stage with a curtain would be set up on which the programs were held with parents and guests seated in front of the stage. As a child it seemed like a huge space—as an adult I often wondered how there could possibly have been room for everyone.

Programs were always held at night and were so exciting with all the singing, plays and recitations. Each child received a gift from his or her teacher which usually included a pencil with the child's name on it. Santa Claus handed out a box of hard candy with possibly an apple, an orange and a candy cane.

The old church on Edinburg Hill had many children taking part in Christmas programs in the 1940's. We had many recitations and parts to



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MLS# 201825705 \$385,000



6 Wessels La Edinburg \$299,000
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8 Hollow Rd Day \$57,000
2 Bedroom, 1 bath well maintained & updated single wide home on 0.79ac.
MLS# 201820959



77 N. Shore Rd Edinburg \$154,000
3 BR, 2BA home with fresh paint and hardwood floors. Out back is a large 2 car garage w/workshop and plenty of storage.
MLS# 201710190



105 Seven Hills Rd Northville \$148,000
This completely renovated mixed use professional complex is ready for your business ideas. Give us a call.
MLS# 201825347



109 1st St. Northampton \$155,000
Affordable 2 bedroom, 1 bath ranch home with 10ft of Sacandaga Lake Permit. MLS# 201830830



273 N. Shore Rd Edinburg \$167,000
2 Bedroom, 1 bath double wide offering lake access thru beach association. MLS# 201822443



learn for church also. Practice was loads of fun and I loved singing the old carols over and over in the weeks leading up to the actual performance. When the final program was held depicting the true meaning of Christmas a feeling of warmth covered the entire church showing us what Christmas was all about.

Homes smelled wonderfully for weeks in advance of the holiday. Depending on your family's customs determined what was baking in the oven or simmering on top of the stove.

Most children hung their stockings on Christmas Eve to find them the next morning filled with small simple gifts. Apples were usually a winter staple in our rural homes but to find an orange or tangerine in the top of our stocking was a treat indeed.

After opening gifts at home early on Christmas morning the first 11 years of my childhood Christmases were spent a mile and half up the road at my Olmstead grandparents' farm. Except for doing the necessary farm chores everyone took the day off. A huge, decorated, balsam tree always stood in a corner of my grandparents parlor-a room seldom used the rest of the year. The large drop-leaf table would be opened, all the extra leaves

added and Christmas dinner would be eaten in the parlor. My aunt would make name placards and place them by each plate. The biggest dessert treat of the day for me was the delicious vanilla ice cream that my aunt and uncles made for special occasions.

Gifts in the first half of the 1900's were simple, practical and often hand-made such as hats, mittens, socks, scarves, sweaters, yo-yos and games. There may have been hand-carved toys made by the loving hands of a father or grandfather. Have you ever walked on hand-made stilts? Lots of fun! Sometimes there would be a larger toy-but no more than that- such as a sled, simple skis, a wagon, miniature tea set, child's sewing machine or a special doll. By today's standards this wouldn't seem like much but these gifts were cherished as evidenced of the ones still in existence today.

Do you remember what your early Christmases were like? Maybe it's time to go back to a quieter, gentler holiday. Maybe it's time to reflect on those early holidays of our country and the true meaning of Christmas.

Merry Christmas Everyone!!

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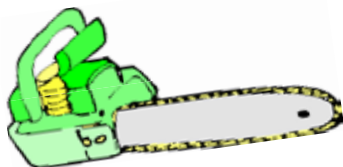


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Sacandaga Valley Arts Network

SVAN's Winter/Spring Concerts

The Sacandaga Valley Arts Network (SVAN) announces its concert lineup for this Winter and Spring, 2019. Time to mark your calendars!

January 13, Sunday, 3 p.m. Peter Poushokos (Guitar, Ukulele, Vocal) at the Inn At the Bridge in Northville.

February 10, Sunday, 5 p.m. Jeanne O'Connor and the New Standard (six-piece band and vocals) at Sport Island Pub in Northville, includes an Italian buffet.

March 3, Sunday, 3 p.m. Two Shoes (acoustic duet, guitar, mandolin, fiddle, harp, vocals) at the Inn At the Bridge in Northville.

April 7, Sunday, 3 p.m. John & Orien Kribs (acoustic duet guitar, mandolin, vocals) at the William Coffey Studio on 322 North 3rd Street in Northville.

May 18, Saturday 6 p.m. The Lustre Kings (Rockabilly) at the St. Francis of Assisi Hall in Northville, buffet included.

To keep up with concerts, theater performances, arts education and visual art exhibits sponsored by the Sacandaga Valley Arts Network, readers can visit their website: www.svanarts.org or visit the facebook pages: SVAN Arts or Sacandaga Musical Theater

The Sacandaga Valley Arts Network is a not-for-profit 501(c)3 organization and is committed to promoting the arts in the Sacandaga Valley region. It exhibits members' creative works at three gallery locations: The Arts Center at 303 South Main Street in Northville, NY, the Tourist Information Center at the Rt. 29 & Rt. 30 roundabout in Vail Mills, NY and at the Northville Library Gallery at 341 South Third Ave. in Northville, NY. SVAN also sponsors music concerts throughout the year (weekly in July and August) and monthly in the winter months. Their theater group, Sacandaga Musical Theater (SMT) performs plays, music revues and dinner mystery theater performances throughout the year. Visit, Share and Like the facebook pages' content at SVAN ARTS and at SACANDAGA MUSICAL THEATER and visit www.svanarts.org for information on upcoming events.



EDINBURG UNITED METHODIST CHURCH

3 North Shore Rd, 4 Corners, Edinburg NY

ADVENT SEASON

The season of Advent, which comes from the Latin word (adventus) meaning "come" or visit, begins four Sundays before Christmas and ends on Christmas Eve.

During Advent, we prepare for, and anticipate the coming of Christ. During each Sunday of the Advent season, we light one candle to focus on one of the four virtues Jesus brings us:

HOPE, LOVE, JOY and PEACE.

Using a wreath with evergreens shaped in a perfect circle to symbolize the eternity of God. Four purple candles, one for each week in Advent, are used with one larger white candle in the middle as the Christ candle. The Christ candle is lit on Christmas Eve reminding Christians that Jesus is the light of the world. We remember the longing of the Jews for a Messiah and our own longing for, and need of, forgiveness, salvation and a new beginning. We look back and celebrate the birth of Jesus in a humble stable in Bethlehem. We also look forward anticipating the second coming of Christ as fulfillment of all that was promised. Weekly Sunday service starts at 9:00 AM. Our celebration of Advent starts Wednesday, December 5, at 3:00 PM with a Christmas Pot Luck dinner and Decorating of the Church. Our annual Christmas Eve service is Dec. 24, at 7:00 P.M. Our hearts, our minds, and our doors are open to all.

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Sacandaga Garden Club

Hello Everyone

On November 8th, the Sacandaga Garden Club honored one of our founding members and past president Doris Guyon. Doris has been an

important member and leader of the Garden Club since 1972.

During Doris membership, she has been the chairperson for the Homebound Committee for many years and still volunteers suggestions for this worthwhile cause.

Doris was honored at Sacandaga Garden Club Annual Luncheon and Auction at Hales Mills

Country Club. Doris received a corsage and a dozen roses for her life-time dedicated membership to the club.

At our December 6th meeting, the Garden Club will be making Christmas Wreaths which will be displayed around Northville and Edinburg. This workshop will be at the Northville Presbyterian Church on Reed Street at 10am. If you would like to joins us or learn how to make wreaths, you are welcome to join us.

We will be decorating our annual floral arrangements for shut-ins, nursing home patients and homebound residents of our town. The Garden Club works with the Northville Presbyterian Church to distribute a Holiday packages to our community members every year.

On Dec 13th, the Garden Club will hold our Annual Christmas Party at the Northville Public Library.

The Sacandaga Garden Club will be taking our winter break from January to April 2019. Our first meeting of the new year will be on April 4th at 1:00pm at the Northville Public Library. All are welcome to join us.

On March 22nd, the Garden Club will be going on a field trip to Capital Home and Garden show at Hudson Valley Community College. If you would like to join us, please contact our president Janet Mitchell (518) 863 2170





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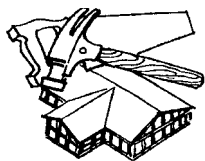


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DECEMBER

Saturday & Sunday, December 1&2

Introduction to Floor Loom Weaving: Colorful Dish Towels with Lilly Marsh. #1235-1201. 1+1/2 days. 12/1 9am-4pm, 12/2 12pm-4pm. Tuition \$160. Member Tuition \$130. Materials fee \$15.

Cotton dish towels are a great first project for learning the floor loom. Cotton is a simple-to-weave fiber and dish towels can be a wonderful playground for color and texture in simple twills. We will focus on basic skills in design and warping.

Saturday December 2

Herbal Electuaries and Truffles with Margo (Nelson) Mullen. #1259-1208. 1 Day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials Fee \$20.

Satisfy your sweet tooth with Herbal Electuaries and Truffles! Learn how easy and fun it is to combine simple pantry ingredients with wildcrafted herbs to make candies that are both delicious and nutritious. We'll discuss the health benefits of each.

NOTE: We will be using nut products during this course. Please bring your own apron for class.

Sunday December 2

Needle Felted Snowman with Leslie Scarborough. #1216-1103. 1/2 Day. 9am-1pm. Tuition \$55. Member Tuition \$45. Materials Fee \$17.

Needle felting is the process of using a barbed needle to interlock wool fibers to form a dense material. Students will make a lovely whimsical snowman, perfect for the holidays or a winter decoration. Basic needle felting techniques will be taught.

NOTE: This class will take place at 18 Curran Street in Glens Falls, NY - the building located next to the Shirt Factory Gallery. If students bring their own felting pad, the materials fee will be \$7

Sunday December 9

Rugs from Rags with Caroline Dvorak #1236-1209.



1/2 day. 12pm-4pm. Tuition \$80. Member Tuition \$60. Materials fee \$10. Fabric remnants will be used to make a 24"x30" rug. Students will have a choice of making a "Sock Rug", using loopers from a sock factory, or making a "Rag Rug" using fringe remnants. No weaving experience is necessary. The looms are ready to go.

Sunday December 16

Seasonal Attunement - Walking the Wheel with Margo (Nelson) Mullen. #1249-1216.

1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$50.

Experience the seasons in a deeper way as we follow nature's journey through spring, summer, fall and winter. Using the sustainable blueprint of the Native American Medicine Wheel as our guide, we will create a Medicine Wheel from natural objects.

NOTE: Dress for the outdoors, as we will be spending time with nature. What we make during the first class, will be weaved into the herbal preparations for additional offerings.



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Northville United Presbyterian Church News

Notes of Thanks

December is, like November was, a month of thanks. Not

only for that past Holiday of Thanksgiving, but also for the upcoming Christmas season, and the ultimate gift we received as told in John 3:16.

It is a time for us at Northville United Presbyterian Church (NUPC) to take time to give thanks for members of our congregation and additional members of our community in helping make this past Fall season quite special for us. Some of these are highlighted below.

Barn Quilt

Many thanks go out to Barbara Lawson, a new member our church, who designed and constructed the large and beautiful tri-cross "Barn Quilt" artwork now gracing our parking lot. (and thanks to our trustees for erecting it). A barn quilt is typically a large piece of wood that is painted to look like a quilt block, and is typically (but not always) hung

on rural barns. They have represented a means of spreading the beauty of art and community in rural areas, and we are overjoyed to share the beauty of our own barn quilt! Please stop by to see it if you haven't already done so.

NUPC Fall Festival Activities

Our church was again pleased to participate in the Village of Northville's annual Fall festival during the Columbus Day weekend. Our Church's two most popular events were held on the grounds of the Red Barn on Main Street. (Thank you again to the Breda and Sedon families.)

The ever-popular, annual "Basket Bonanza Auction" was a silent auction of baskets of all sizes and themes that were available and snatched up quickly and for bargain prices. Thanks to all of the bidders and winners; you received bargains and helped make one of our large annual fundraisers another success. Added thanks to Jane Swanson and all of her helpers and donated basket providers from our congregation and community.

Along with that event, and just as popular, was the NUPC food concession, located in the yellow barn, adjacent to the red barn. The concession offered a variety of home-made chilis, stews and soups, accompanied by crackers and breads! Awesome baked goods and other treats were also available for purchase. I hear the moose chili went the fastest! Thanks go out to the NUPC women and men who made the food and the Women of the Church for organizing it again this year.

All proceeds from both events went to help continue doing the Lord's work through our church.

Pre-Halloween Kids party

On October 13th NUPC got a jump start on Halloween by holding a free party for any and all wee goblins of the community (and their parents) at our Church's Reed Street lawn and fellowship hall. This included a wide range of activities: costume parades and judging, donut bobbing, sack races, and more! Goodies were available, of course, for both the kids and their parents. Church members were also there to "supervise" (which means joining in the fun)

Thanks go out to Karen Marion for organizing this NUPC sponsored community event, along with so many others that I cannot remember the names of all of her helpers. Community support was great as well, with gallons of free ice cream from The Stewarts Shops, and food discounts or donations from Klippels (great pizza!) and Freihoffer donuts from Tops. An additional expenses to make this a free fun event for our Northville kids were covered by our church and individual contributors. THANKS TO ALL !

And For December...

We are thankful for our upcoming Christmas season activities, and all congregants and community members who help to make every December one of giving, compassion, love, and thankfulness. Some events include:

Our Giving Tree, where kids post wishes, and our congregants pull a wish-tag from the tree and provide the gifts. In this initiative, we work collaboratively with the Northville School district. Deadline for the tags this year is December 22nd.

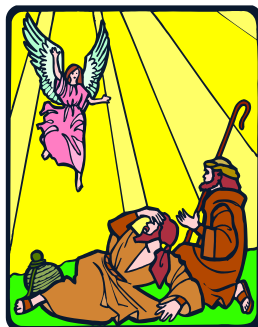
Our beautiful Christmas decorations, including the festive trees, once again donated by village saint Tom Shearer, and decorated by our congregation. This supplements the "Hanging of the Greens in our church in late November.

Our annual Christmas Eve service, at 7:00 pm Monday

Merry Christmas Dinner Chicken and Biscuits

Wednesday, Dec 5
4:00 pm-6:30 pm
(Or until food runs out)

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Menu:

**Chicken in gravy, Biscuits by Bev Peters,
Mashed potatoes, Green beans Carrots,
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the 24th. Please always remember that ALL are welcome to attend and celebrate the coming of the Christ Child.

And as a prelude to this event, we have planned our annual Children's Pageant for December 9th, with an alternative date of Dec. 11th.... Keep checking if the date has changed! It is a fun filled, glorious event, and again, ALL are welcome.

And another collaborative effort with our Northville schools, we participate in the "Many Mittens" collection to supplement the School's efforts to keep our kids warm in the upcoming cold and snowy season.

A Time of Reflection and Further Giving of Thanks

For me, December and November are both times of thanksgiving and reflection. In fact, I believe that the giving of thanks cannot be a totally fulfilling process if not preceded by meaningful reflection. Some bases for our thankfulness are fairly obvious, and usually dominate our prayers.... Thanks for the bounty of food, for family, for friends, for good health, and many of our very basic blessings.

But are there not so many, many more blessings that we can think of and give prayerful thanks for, if only we spend some dedicated time of quiet, serious, concentrated reflection? Many religions and denominations have their own manners of reflection and contemplation. Some teach this as a regular prayerful practice, not just limited to a particular time of year or Holiday. Often, these practices date back centuries.

To me, as a 21st century Presbyterian Christian, I try to make most of my prayers focused on giving thanks, rather than prayers of asking. The Lord, I am sure, knows all of my important "asks" already. But even though God also knows that I am thankful for so many of my blessings, I want to make sure that both the Lord (and I) recognize that I do not take them for granted.

So, after a bit of contemplation, (and each of us will have our own personal lists) I believe that I can add just a few more, which may be shared with other members of the Sacandaga community. Pending further reflection, which is just a form of prayer where we LISTEN to God, rather than TALK to God, I am thankful for a few more things, including:

My church community; they are a loving and continually expanding family to me Our Pastor and her family.

My country, where freedom of speech and the ability to disagree agreeably, is a treasure. A land where we live in relative safety and stability for us and our families.

Clean, plentiful water: one of life's true essentials that we often take for granted.

A medical system where we and our families have the best access to caring, competent doctors and nurses, since we will all need such caregivers at some point.

Other caregivers in our community, whether professionals or people on the street; those who volunteer at soup kitchens and food pantries, those who visit the sick and lonely, and those who care for the aged.

Our young people, who so often have to meet challenges similar to, but often more difficult than those we adults faced, and who (I believe) have the fortitude and values to continue to make our community and planet survive and thrive. Our senior citizens, who pass on so very much of their experience, knowledge, common sense, and loving values to their children and grandchildren.

Our education system, often strapped by budget cuts, less-than-wealthy tax rolls, yet typically driven by dedicated educators and wonderful, knowledge seeking kids.

The littlest of our worshippers, whose voices sometimes dominate the services with their giggles, cries, restless rants, and who are constant reminders that God wants us to "suffer the little children." They are our treasures and our future leaders, both secular and religious.

The Great Sacandaga Reservoir – a boon to the flood threatened cities of the Capital District, and playground for those rafters, boaters, swimmers, snowmobilers, and ice fisher persons among us.

The farmers and food service personnel who provide us with the best food that is available anywhere, assured by their hard work and knowledge.

And regardless of my sometimes grumbles, I do not rue the coming of Winter. I am an occasional snowshoer and ice skater, while I still have the physical ability. And If not, is there anything more lovely than sitting by a warm fire watching the snowy whiteness on the green pines?

I could go on and on and on, but I would be remiss in being MOST thankful for our freedom of religion, and the a place where we have the ability and freedom to not only silently contemplate and communicate with our God, but where we can shout out or sing songs of praise without fear of retribution. Thank you Dear God.

(Personal reflections of NUPC Elder Frank Ralbovsky)

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Sunday Worship, 11:15 am

Rev. Amy E. Winnie, Pastor

Open hearts. Open minds. Open Doors

Holiday greetings from the members and friends of First UMC. We've eaten all the turkey ... in every possible form ... and now we wait. We wait patiently, or not so patiently depending on your age, for Christmas. The season of Advent begins on December 2; we light one candle on the Advent Wreath and we wait. What are we waiting for? Are we waiting for presents; are we waiting for Santa; are we waiting for relatives to arrive; are we waiting for the cookies to cool so we can sneak a few when the baker is not looking; are we waiting for Christmas to be over? Advent is a time for lighting candles to dispel the darkness both in our homes and in our souls, to rejoice, to remember, to hope, to love. It's a time of peace and joy, a time to listen for angel voices, a time to make the journey to Bethlehem in our hearts to see the Christ Child – born among us and for us. Enjoy the season, embrace it in all its forms. Don't wait for it to be over, wait for it to begin in your heart. We wish you a joyous, safe, and happy Christmas and invite you to worship with us this holiday season.

The first Sunday in Advent will be celebrated

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on December 2 at 11:15 am with the lighting of the first Advent candle and a service of Holy Communion. Our choir and flute ensemble, under the direction of Jolene Crowley, will present special music throughout the Advent and Christmas season.

On December 3, there will be a Red Cross Blood Drive at the church from 1 pm to 6 pm. Please give the gift of life by registering to donate blood; walk-ins are welcome. For more information, please contact Joan Decker at 518-863-8031.

Our church family invites you to join us in worship on December 24, at 7:00 pm for a Christmas Eve candlelight service, including special musical selections by our choir.

United Methodist Women (UMW) meet the second Wednesday of every month from September to December and April to June. Please call Gayle at 518-863-4991 if you are interested in this group.

Choir meets weekly for rehearsals on Thursdays at 5 pm with Jolene Crowley, our music director. In addition to choral music during the worship service each week, occasionally we also have a flute ensemble and soloists providing special music. New singers are always welcome.

All children are invited to enjoy our Sunday school program - F.R.O.G.S. (Forever Relying On God's Son). We meet on Sunday mornings in the sanctuary and dismiss for time together following a moment with the pastor during worship. Call the church if you have any questions about our Sunday School program.

Thrift Shop Hours are: Tuesdays, 3:30-6:30 pm; Fridays and Saturdays, 9 am-12:30 pm. Clothing only please; NO household items. We accept CLEAN gently worn clothing, free of animal hair, stains, tears, and cigarette smoke. We appreciate donations from the community but respectfully request that these guidelines be followed. If you are interested in volunteering for this mission outreach project, please let us know. New workers are always welcome.

Scouts meet weekly on Thursdays starting at 6 pm. TOPS (take off pounds sensibly) meets on Wednesdays at 5:30 pm.

If you are looking for a church home, we warmly welcome you to First UMC ... open hearts, open minds, open doors.



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DIABETES

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What is diabetes?

The NIDDK defines diabetes as a chronic health condition that occurs when blood glucose levels, or blood sugar, get too high. When you eat, your digestive system breaks down much of your food into glucose. Glucose is then absorbed into your blood and eventually used as energy.

However, in order for your cells to absorb glucose they must be supplied with a hormone called insulin. Insulin acts as a key to "unlock" the cells and allow glucose to enter. When the body doesn't have enough insulin or cannot use the insulin properly, glucose is unable to enter

your cells and remains in your blood. This lack of insulin results in diabetes.

Over time, diabetes can cause major health problems including heart disease, stroke, kidney disease and more. It's important to educate yourself on the different types of diabetes, the risk factors, and the steps you can take in preventing diabetes.

Type 1 and Type 2 Diabetes

The American Heart Association classifies diabetes into two main forms: type 1 diabetes and type 2 diabetes. According to the NIDDK, if you have type 1 diabetes your body does not make insulin on its own. Therefore, you must take insulin every day.

If you have type 2 diabetes your body either does not make insulin properly or does not use the insulin that is made properly. Type 2 diabetes is the most common form of diabetes and can usually be managed through diet and exercise.

Other forms of diabetes include gestational diabetes, monogenic diabetes and cystic fibrosis-related diabetes.

Risk Factors

The National Institute of Diabetes and Digestive and Kidney Diseases lists several risk factors for developing diabetes including:

- Being 45 years of age or older
- Having a family history of diabetes
- Being overweight
- Lack of physical activity
- Race
- Other health problems such as high blood pressure
- Prevention

In order to reduce your risk for developing diabetes, the American Heart Association recommends managing weight by consuming

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a heart-healthy diet that includes all five food groups and limits saturated fat, trans fat, salt and added sugars.

Aim to get at least 150 minutes of physical activity each week at a moderate intensity. Moderate intensity activities may include brisk walking, light bicycling, or water aerobics

Other preventative measures include minimizing alcohol consumption, quitting smoking, lowering blood pressure and taking medications as prescribed by your healthcare provider.

Education

HealthLink currently offers a monthly 'Diabetes Discussion.' These free educational sessions are for anyone with diabetes, their family members and caregivers. A new topic will be discussed each month focusing on strategies to assist with managing this chronic condition.

For more information on diabetes, talk to your healthcare provider or call HealthLink Littauer at 518-736-1120. You can email us at healthlink@nlh.org or visit our wellness center on 2 Colonial Court in downtown Johnstown. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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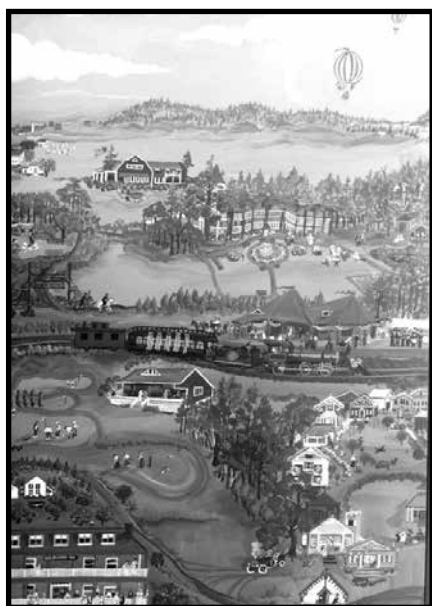
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would like to thank the sponsors and runners
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20th Annual 5K & 10K Sacandaga Road Race
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The Sport Island Pub for hosting the event.**



A Report from the Great Sacandaga Lake Association

*by Edward Ludlum,
President*

As I write this, we've had our first snowfall and the snowmobile community is starting to dust off their sleds. Personally, I'm not into winter activities, I crawl in a hole right behind a groundhog and the groundhog comes out first! As part of the GSLA's Safe Lake Initiative I spoke with Lou Stutske, an experienced snowmobile operator who operates Fuel and Food in Mayfield, NY, and would like to pass along some reminders.

All snowmobiles must be registered and insured.

Ages 14-17 can operate a snowmobile on their own if they have taken an approved snowmobile operators safety course.

10-13 year olds must be accompanied by somebody at least 18 years old. That means the adult must be within 500 feet of the 10-13 year old. NY State has a 55mph speed limit for snowmobiles.

In addition, for those of you who like to snowmobile on the Great Sacandaga Lake, here are additional tips from Lou.

Changes in lake levels can cause ice heaves and drop offs. As the lake level drops, islands and rock piles can poke through the ice. A smooth area a couple of weeks ago may now have obstacles.

There are obstacles like anchors and docks along the shore line, so ride farther out on the lake.

There may be open water where tributaries flow into the lake and there is often open water around Sinclair Point. The ice is thinner if you go past "Flag Pole" point on the north end of the lake. Snowmobile in groups so there is assistance if you have an accident or breakdown.

Don't go out on the lake until the ice is thick enough.

On overcast days you can become snow blind due to a lack of contrast so slow down.

Slow down at night, it's easy to "out drive" your headlights.

Lastly, Lou mentioned three factors that should



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NEVER be mixed together, SPEED, ALCOHOL AND DARKNESS! They don't mix and are often factors in accidents. We want everybody to have a good time on the lake.

The Christmas season is fast approaching. It's a time of celebrating, family gatherings and giving. There are many community organizations and charities that could use your help, either as a volunteer or through financial support. This year, the US Marine Corp's Toys-for-Tots campaign lost a major donor when Toys-R-Us went under. If you could donate a toy I'm sure they would greatly appreciate it and it will make a child's Christmas a little brighter. Did you just buy something at Stewarts Shops? If you toss the 50 cents in change in the donation jar, Stewarts Shops will match it. It's like you gave a buck! All of the money goes to local charities.

STAY SAFE! Enjoy snowmobiling and winter activities on the lake.

On behalf of myself, the GSLA board of directors and our members, I would like to wish everybody a Merry Christmas and a Happy New Year, as well as a Happy Hanukkah.



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Edinburg Historical Society

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HAPPY 100TH BIRTHDAY TO EHS MEMBER NORMA PORTEUS

Happy Birthday to Norma Porteus an active member of the Edinburg Historical Society serving on many various Board positions since 1993 and was voted 2003 Volunteer of the Year and in July 2015 became a Lifetime Trustee.

The Rural and Nellie Tyrrell Museums have been closed for the season. The Edinburg Fall Festival raised \$1,816.31 toward putting a new roof on the Sand Hill School House that was Willed to EHS by Roy Pearsall. The new Festival. Anyone wishing to donate toward the expense of the new roof can send a check to P.O. Box 801, Northville, NY 12134.

President George Blackwood has been busy this year overseeing and arranging the painting of the Rural Museum interior, gathering members to help take down the exhibits and personally putting up safety railings at the Copeland Site with the help of his wife Andrea and Rich Ege. George announced that we had 1,234 visitors at the Covered Bridge from 31 states and visitors from England, Indonesia, Australia and Porto Rico. Next year he looks forward to the new addition at the Rural Museum that will house the Hunting, Fishing and Trapping exhibit.

Unique Holiday gifts are share certificates in the Copeland Covered Bridge. The \$25 share certificate is tax deductible and helps with the restoration and maintenance of the Copeland Historic Site which is comprised of the Copeland Covered Bridge and Carriage Shop. Share certificates can be purchased as a gift, in honor of or in memory of a loved one. Upon receipt of your donation, a certificate will be sent to the recipient you request and the name will be posted in the Copeland Covered Bridge. Send your request to the Edinburg Historical Society, PO Box 801, Northville, NY 12134.

Visit the Society's website: www.EdinburgHistoricalSociety.com. All meetings and programs are free and open to the public.



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Christkindlmarkt in Lake George for the Adirondack Folk School.

Friday, Dec. 7- Sunday, Dec. 9, 2018

Lake George's first German-style Christkindlmarkt will be held at the southern end of the lake in the Charles Wood Festival Park. Food, music, dancing, craft and gift vendors and fun will abound! Entrance is free. Purchase food and craft items.

Dates: Friday Dec. 7 from 3 pm – 8 pm
Saturday Dec. 8 from 11 am – 7 pm
Sunday Dec. 9 from 11 am – 6 pm

Place: Lake George - Charles R. Wood Festival Park.

Phone: (518) 696-2400

www.adirondackfolkschool.org

“Make It and Take It” at the Adirondack Folk School.

The AFS is participating in Lake Luzerne's craft walk and tree lighting by presenting our first ever Make It and Take It family event. Children (and parents) of all ages will be able to make from one to six items at \$5.00 each to be used as gifts.

Date: Saturday, December 1, 2018

Time: 10:00 am until 3:00 pm

Place: Adirondack Folk School

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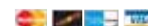
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A Different Pace!

Not many days are left in 2018 and yes, we are in complete holiday mode! As we approach this joyous (yet hectic) season, why not leave the rat race for the sacred pace? Throw any pretense out the window and celebrate the real meaning of Christmas. You can do it! Refuse to outdo, out-decorate, out-bake, and out-spend. This holiday season laugh more, smile at random strangers (they might think you're crazy, but who cares!), wish folks a Merry Christmas, spend more time with your loved ones, sing Christmas carols (if you can't sing, at least listen to Christmas music!), drink lots of hot cocoa, attend kids' Christmas

concerts, and most of all, take the time to worship the King of Kings and Lord of Lords. After all, Jesus is the reason for the season!

One of my favorite things to do over the month of December is to read about Jesus' birth in the Bible. It is a miraculous and amazing account. "And suddenly there was with the angel a multitude of the heavenly host praising God and saying, 'Glory to God in the highest, and on earth peace among those with whom he is pleased!'" Luke 2:13-14 (Can't you just picture this scene and hear the music?) It inspires me and draws me closer to God.

Check out the Christmas story in Matthew (chapters 1-2) and Luke (chapters 1-2). And, you can read the prophecy of Jesus' birth as foretold at least 700 years prior to the event! WOW! These prophecies are found in the Old Testament books, Isaiah and Micah. (I'll make you do some research as to what chapters and verses to read.)

OK – I'll give you one! Isaiah 9:6 says, "For to us a child is born, to us a son is given; and the government shall be upon his shoulder and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." (You might recognize these words from the ever-famous piece of music, The Messiah. Did you know that it was taken straight from the Bible?) My favorite part of The Messiah is the Hallelujah Chorus, when everyone stands respectfully, and you get goosebumps and tear up. (It gives me a little taste of Heaven!)

Why did Jesus (who is fully God and fully man) have to come to earth as a sinless baby? Matthew 1:21-23 puts it in a nutshell, "You shall call his name Jesus, for he will save his people from their sins. All this took place to fulfill what the Lord had spoken by the prophet: Behold, the virgin shall conceive and bear a son, and they shall call his name Immanuel (which means, God with us)."

God came to earth with a purpose! He came to live a perfect life and then die on the cross, to pay for the sins for all who will believe in Him. Wow! If that doesn't boggle your mind, nothing will. What a wonderful God and Savior! I am so very thankful He came to pay the price of my sins! If you have never repented of your sins, don't put it off. Trust in Jesus alone. I encourage you to give yourself to Him this Christmas. What better gift to give God . . . than to give Him yourself? It will change your life forever.

Take a break from the rat race . . . and seek the sacred pace! To help you do this, why not join us

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Sunday: Sunday School (8:45 a.m.) Worship (10 a.m.) Youth Choir (11:15) Evening Service (6 p.m.) Man-Up Bible Study @ BCON Corner (7:30)

Monday: Ladies Bible Study @ church (11 a.m. & 6:30 p.m.) Bible Club for K-5th (after school till 4 p.m.)

Wednesday: Youth Groups. (Jr. High 6:30) (Sr. High 8 p.m.)

Thursday: Food Pantry @ BCON Corner (10 a.m.), 3rd Thurs: Nursing Home Service @ Nathan Littauer (10:30 a.m.) Bible Study/Prayer/Praise @ church (7 p.m.)

Saturday: Men's Coffee Hour (6:30-8:00 a.m.)

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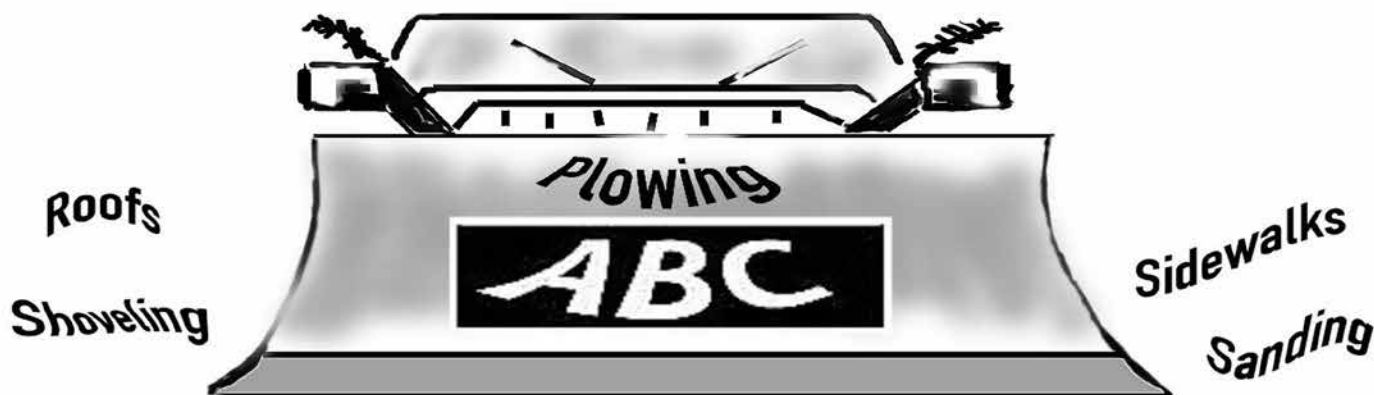


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Programs at the Red Rooster

Please note, Fulton County OFA is now serving meals at the Red Rooster Cafe on Tuesdays as well as on Thursdays. To make a reservation, please call OFA at 736-5650.

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. To request volunteer medical transportation or for information about bus trips, call 752-8737

December 6th OFA Congregate Meal 11:30-12:30
Lasagna, Tossed Salad, Garlic Roll, Lemon Lush.
We will also celebrate all December Birthdays with a Birthday Cake provide d by Lorraine Williams.
Red Rooster Program at 12:30
Steve Collins, member of the Community Preparedness Association will discuss Personal Emergency Preparedness.

December 13th OFA Congregate Meal 11:30-12:30
Beef Tips with Gravy, Fluffy Rice, Japanese Blend Vegetables, Rye Bread, Ambrosia.
Red Rooster Program at 12:30
Ashley Olmstead will perform a vocal selection of Holiday Music.

December 20th OFA Congregate Meal 11:30-12:30
Pork Chop, Sweet Potatoes, Sonoma Blend Vegetables, Wheat Bread, Pudding Square.
Red Rooster Program at 12:30
Kristy Matthews and the Northville Central School Choir will present a program of Holiday Music.
Becky White from Fulton Co OFA will be on hand from 11:30 to assist seniors with any issues.

December 27th OFA Congregate Meal 11:30-12:30
Beef Stew with Vegetables, Biscuit, Mousse.
Red Rooster Program at 12:30
Holiday Party with refreshments. Attendees will share a story about one of their Christmas gifts, be it funny, useful or useless!! Home Health Partners will hold their monthly blood pressure clinic.

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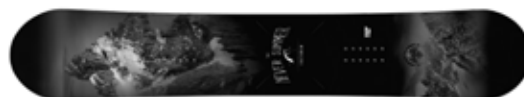
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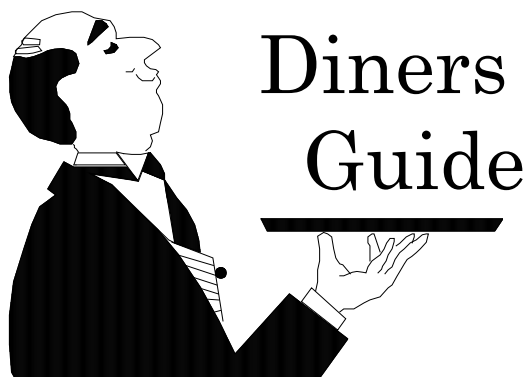
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Mayfield Historical Society's Christmas Open House

The Mayfield Historical Society's 27th Annual Christmas Open House at The Rice Homestead will be held Saturday and Sunday, December 1st and 2nd, from 11 a.m. to 4 p.m. each day.

Visitors will step back in time to an old-fashioned Christmas with hot mulled cider and cookies, music in the Victorian Parlor, lovely seasonal decorations, its famous homemade pie sale, and tours of the home. Musical entertainment on Saturday will be by Gary Van Slyke from 1 - 3 pm. Admission is free. The Rice Homestead is located at 328 Riceville Road in Mayfield. Call 518-332-0538 for additional information.



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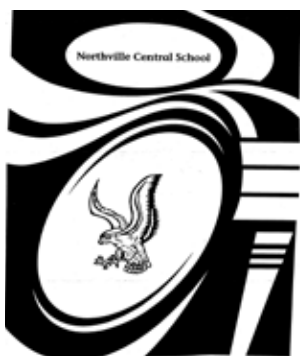
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Happenings at Northville School

NCS D Showcase
Highlights Programs and
Improvements
Board of Education
president John Sira and
district superintendent
Dr. Leslie Ford hosted

the Northville Central School District Showcase on November 13th. Despite the day's snow and cold, nearly 100 people attended the event to see Capital Project improvements, hear news on the

continuing work on the auditorium and learn about current and future programs at the school. Mr. Sira welcomed the crowd, and discussed the many positive changes, both inside and out, to the school as a result of the Capital Project. Dr. Ford elaborated on the improvements, and noted the auditorium work - which includes new lighting, new flooring and new curtains - is still underway, with an expected mid-December completion date. Dr. Ford also announced the dedication of the auditorium to Grace Torrey Grant and the upcoming installation of a time capsule celebrating the district's 85th year of operation. Grant, a 1930's-era Board of Education member, fought vigorously for Northville to have a separate

auditorium when the school was built, as opposed to the "cafeteriums" which were popular at the time. The time capsule, filled with items and artifacts from students, staff and classes, is set to be opened in 2068.

Showcase attendees were then invited to tour the school. The recently renovated gymnasium was a hit with the crowd, with many people remarking on the much-improved lighting and eye-catching new floor design. Community members were also able to see the new tile floors in several classrooms, the bright and efficient LED lighting in the school hallways, the re-worked and safer main entry, and many other new or improved features.

Band members were posted at various points throughout the building to provide entertainment, and students of all ages were available in hallways and classrooms to discuss their project-based learning work. Information about the soon-to-be installed TeleHealth resource room was available, and teachers Warren Hoffman and Justin Fredericks were

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on hand to show off the school's Fab Lab and talk about the Advanced Fabrication Technology pathway. In addition, the PTO generously provided an abundance of baked treats for all.

Thanks to everyone who took time out of their busy lives to attend the NCS D showcase!

Upcoming Events

Nov. 20: Emergency Early Release Drill, approx. 2:20 p.m.

Nov. 21-23: No School, Thanksgiving Recess - Happy Thanksgiving!

Nov. 28: *Girls Var. Bball Home Opener vs. Sharon Springs, 5 p.m.

*Boys Var. Bball Home Opener vs. Heatly, 6:30 p.m.

Nov. 30: *Girls Var. Bball vs. Hadley-Luzerne, 5:30 p.m.

Dec 1: NCS Band in Northville Christmas Parade

*Girls/Boys Mod. Bball at Galway, 10/11:30 a.m.

*Boys Var. Bball vs. Sharon Springs at FMCC, 4:45 p.m.

Dec. 3: *Girls Var. Bball vs. Bolton, 6 p.m.

Dec. 4: PTO Meeting, NCS Library, 6:30 p.m.

Dec. 5: *Boys JV/Var Bball vs. Canjo, 5:30/7 p.m.

*Girls JV/Var Bball at Canjo, 5:30/7 p.m.

Dec. 7: Half Day for Students, 11:30 a.m. Dismissal

*Girls JV/Var Bball vs. Galway, 5:30/7:00 p.m.

*Boys JV/Var Bball at Galway, 5:30/7:00 p.m.

Dec. 8: *Boys Mod Bball at Mayfield, 10 a.m.



Warren Hoffman discusses the NCS Fab Lab and the Advanced Fabrication Technology pathway with showcase attendees.

Continued Next Page ➡ ➡

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From Previous Page

*Girls Mod Ball vs. Mayfield, 10 a.m.
 Dec. 10: *Girls JV Bball vs. Mayfield, 5:30 p.m.
 Dec. 11: Board of Education Meeting, 6 p.m.
 *Boys JV/Var. Bball at Fonda, 5:30/7 p.m.
 Dec. 12: *Girls Var Bball vs. Fonda, 5:30 p.m.
 Dec. 13: ES Winter Concert, Gymnasium, 6 p.m.
 MS/HS Winter Concert, Gymnasium, 7 p.m.
 Dec. 14: *Girls JV/Var. Bball vs. Duanesburg, 5:30/7 p.m.
 *Boys JV/Var. Bball at Duanesburg, 5:30-7 p.m.
 Dec. 17: *Girls Var. Bball at Wells, 6 p.m.
 Dec. 18: *Boys JV/Var. Bball vs. Middleburgh, 5:30-7 p.m.
 Dec. 19: *Girls JV/Var. Bball at Middleburgh, 5:30-7 p.m.
 Dec. 20: End of MS/HS Q2 5-Week Marking Period
 Dec. 21: *Boys JV/Var. Bball vs. Waterford-Halfmoon, 5:30-7 p.m.
 Dec. 22: *Boys/Girls Mod. Bball vs. Fonda, 10/11:30 a.m.
 Dec. 24-Jan. 1: Holiday Recess - Merry Christmas and Happy New Year!
 Dec. 27-28: *Boys JV/Var. Basketball Woodward Tournament, NCS Gym
 Dec. 28-29: *Girls JV/Var. Bball at Mayfield Tournament

Please see the NCS website at tinyurl.com/ncsd-org for more information.
 Please visit <http://www.wacny.org/public/genie/973/school/31/> for all complete and updated sports schedules.

Northville Girls Reunion News

The participants of the 65th annual Northville Girls Reunion brunch, held on October 20, would like to thank the following merchants for their generous contributions of gift certificates and raffle baskets: Adirondack Country Store, Adirondack Mousse, Allen and Palmer, Cinda's Hair Salon, Clear Image, Johnson Family Farm, Klippel's Kozy Korner, Northampton Diner, Peck's Flowers, and Sacandaga Dog Supply, all of Northville; 4 Corners Diner, Brownell Lumber, Placid Pines, and Sacandaga Lake Eyes, all of Edinburg; Thomas Hallmark of Johnstown; and Momma's Secret of Saratoga Springs.

The money raised at these events is awarded to graduating senior girls in recognition of their community service. Due to the generosity of the above merchants, as well as additional gift baskets provided by some of the attendees at the brunch, we will again be able to sponsor several scholarships.

These annual events are open to any current or past female alumni, teacher or employee of the Northville Central School district. The next reunion is tentatively scheduled for September 21, 2019 to allow our many snow birders to participate before heading South for the winter.

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TOPS NY 1005 Northville

Summer is over and everyone was busy with family and friends.... We always seem to put ourselves on the back burner.... not having time for ourselves!

Being healthy is paramount.... That is why we attend our meetings at

TOPS NY 1005 Northville, listen to others and pick up pointers that keep us on track!

What exactly happens at meetings?? We begin with confidential weigh-in and then our program starts! These programs aim to help members achieve their weight loss goals.

A meeting is a time to share one's weight loss successes and challenges without feeling uncomfortable! Fellow members are there for support and to keep your spirits high!

Our TOPS best loser was Judy VanHeusen. Other losers: Diane Mack, Nancy Bassett, Fran Sculley, Wendy Beaulieu and Ellen Descharnais.

Our members attended their annual Fall Rally in Saratoga which celebrated 70 years as a weight loss group. President, Rick Danforth and Past President, Barb Cady gave inspirational talks

to the group. Our summer best loser was Judy VanHeusen. and our KOPS were recognized for the years that they have kept their weight off!

Our KOPS Honor Society met at Nicolina's Restaurant. Terry Poulin was recognized for 15 years at keeping her weight off! Cathe Bard and Marsha Miller were awarded yellow roses for being at or below goal since our last meeting. KOPS in the spotlight award were given to Nancy Bassett and Judy Johnson (TOPS NY 965). Officers were elected: Marsha Miller (Kaptain), Diane Mack (Ko-Kaptain), Terry Poulin (Kashier) and Nancy Bassett (Korrespondent). A great time was had by all!!

We celebrated our Holiday Dinner at the Timeless Tavern... Many thanks to Lisa and Tom for our wonderful get together and dinners! We had 27 members and guests that attended. Marsha Miller put together our lottery raffle (which was won by Helen Harrington) and grab bag for all. We celebrated our KOPS anniversaries... those that have kept off their pounds sensibly!! We thanked our officers for their dedication to our great TOPS group! Carmen Durkin made a beautiful quilt that was raffled off and was won by Nancy Franks. Congratulations to Judy VanHeusen and Carmen Durkin for winning our TOPS/KOPS contest for losing the most weight during the three week time given....

Come join us! We meet upstairs at the Bradt building (South Main Street) in Northville.

Weigh in starts at 4:15 with the meeting starting soon after. Feel free to stop in and visit our meeting (one is free) and for more information, call Nancy Bassett @ 774-9243 or visit us at www.tops.org on the web. "See you lighter".

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to attend programs or
for more information.**

Topic	Date-Time	Place	Details
NEW... Wellness Walkers	12/3 – 12/17 9 – 10 am	Johnstown Mall	3 sessions (Mondays). Indoor walking group open to anyone wanting to get active and have some fun! Walking is one of the best and easiest forms of physical activity to stay healthy. FREE!
Gentle Yoga	12/3 – 12/17 5:30 – 6:30 pm	HealthLink Littauer Johnstown	3 sessions (Mondays). For anyone interested in relaxing, gentle yoga sessions. Benefits include improved strength, flexibility and a positive effect on internal systems. \$7 fee/week. Attend 1 session or all 3
Zumba Gold	12/4 – 12/18 9:15 – 10 am	HealthLink Littauer Johnstown	3 sessions (Tuesdays). Time to dance those calories away! For active older adults with easy-to-follow choreography focusing on balance, range of motion and coordination. \$5 fee/week. Attend 1 session or all 3
Zumba!	12/4 – 12/18 6 – 7 pm	HealthLink Littauer Johnstown	3 sessions (Tuesdays). Exercise in disguise! Join the fun with this high energy, calorie-burning dance party. Modern fitness program appropriate for all abilities. \$7 fee/week. Attend 1 session or all 3
Health Screenings	12/5 9 am – 12 noon	YMCA Johnstown	1 session (Wednesday). Is YOUR number up? Screenings include a Cholesterol+HDL+Glucose blood test \$18; diabetes risk assessment, blood pressure reading & BMI measurement at no charge. No appointment needed
Infant Care & Parenting	12/5 6:30 – 8 pm	HealthLink Littauer Johnstown	1 session (Wednesday). Babies aren't delivered with instruction manuals! Learn parenting basics including how to calm a fussy infant, sleep patterns, feeding, sick child care, keeping them safe, and more. FREE!
Mommy & Me Yoga	12/6 5:15 – 6 pm	HealthLink Littauer Johnstown	1 session (Thursday). You'll feel more relaxed and less anxious while bonding with your child! Yoga with your baby helps you to 'get back in shape' and compliments your new life as a mom! \$10 fee payable at door
Chair Yoga	12/7 – 12/28 10 – 11 am	HealthLink Littauer Johnstown	4 sessions (Fridays). Experience gentle, peaceful yoga with the support of a chair. For everyone...no matter what age you are, or what condition you are in! \$7 fee/week. Attend 1 session or all 4
NEW... Diabetes Discussion	12/10 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Monday). For anyone with diabetes... "Preventing Complications & Managing Emotions." We'll discuss the causes and treatments for low blood sugar, decision making, managing emotions, and more. FREE!
Annual Holiday Celebration	12/10 2 – 3:30 pm	Littauer's Nursing Home	1 session (Monday). Annual celebration and tree lighting with our neighbors in the Nursing Home. Join us for bountiful holiday spirit, song and refreshments! Freewill donation to purchase gifts for residents in need
NEW... Healthy Eating, Active Living	12/11 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Tuesday). Monthly sessions focusing on nutrition & physical activity... "Eating Healthy On A Budget." Get tips on purchasing foods in season, making small changes, planning ahead, and more! FREE!
ViP Luncheon: Humor, Health & Holidays	12/12 11:30 am – 1 pm	Littauer's Auditorium Gloversville	1 session (Wednesday). Especially For Adults 50+... Enjoy a buffet-style luncheon followed by guest speaker, Susan McNeil, Director of Littauer's Volunteer Services. Lunch: \$5 ViP, \$6 public. RSVP by 12/10
Alzheimer's: Holiday Hints	12/13 2:30 – 4 pm	HealthLink Littauer Johnstown	1 session (Thursday). Overview of common causes of communication issues and barriers associated with Alzheimer's. Discussion on the best ways to communicate with someone affected by dementia. FREE!
NEW... Seasonal Crafts	12/19 6 – 8 pm	HealthLink Littauer Johnstown	1 session (Wednesday). Experience the therapeutic effects of creativity! Spread holiday cheer while crafting a unique tabletop tree decorated with festive ribbon and mini ornaments. \$15 fee includes all materials
JANUARY... Core 4 Adult Weight Management	1/3 – 3/21 3:30 – 4:30 pm	Nathan Littauer Hospital	12 sessions (Thursdays). Want to lose weight and improve your overall health? Led by Registered Dietitians and approved by the Academy of Nutrition & Dietetics, program topics include nutrition education, physical activity and behavioral modification. \$125 fee (\$100 if paid by 12/21).

DECEMBER SUPPORT GROUPS: No enrollment necessary ~ For details, visit nlh.org or call 518-736-1120

→ Breastfeeding 12/5	Nathan Littauer 12:30 pm	→ Breastfeeding 12/17	HealthLink 6:30 pm
→ Chronic Disease 12/12	HealthLink 1 pm	→ Alzheimer's 12/20	Mayfield Presbyterian 10:30 am
→ Beyond Moms 12/12	HealthLink 6:30 pm	→ Parkinson's 12/20	Mayfield Presbyterian 2 pm
→ Better Breathers 12/13	HealthLink 1 pm	→ Breastfeeding 12/22	Mohawk Harvest 3 pm
→ Alzheimer's 12/13	HealthLink 4 pm	→ T.O.P.S. Wednesdays	Nathan Littauer 5:30 pm



Edinburg School News



Edinburg School Happenings by Ms. Kimberly S. Hromada, Superintendent



E.C.S. HONORS VETERANS

On
November
9, 2018,

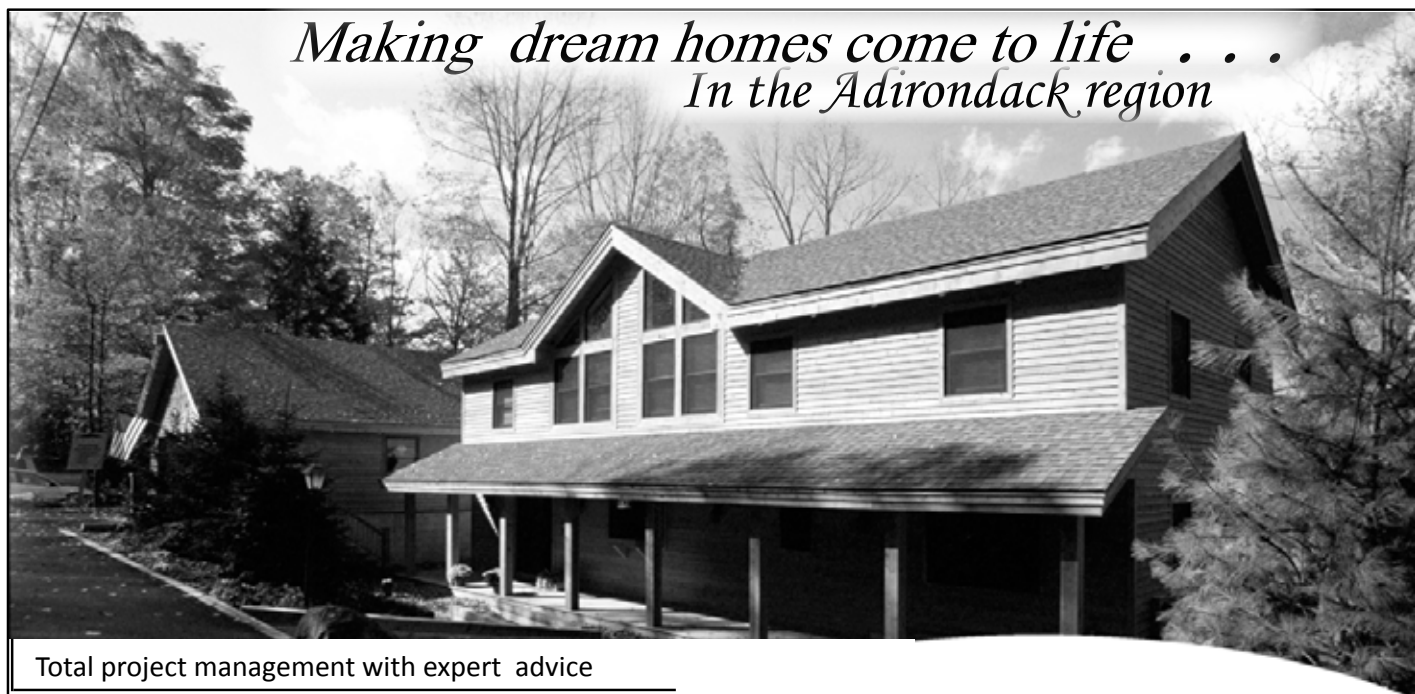
Edinburg Common School and the Edinburg Senior group honored our veterans with a special ceremony led by our very own Girl Scout and Boy Scout members. Students read poems and each service member was introduced as their service songs played proudly. Veterans in attendance received a little gift from the cafeteria staff and our local senior

center. The children in each grade level created artwork and/or poetry honoring the veterans and sharing their individual understanding of the importance of this special day. Thank you to all of the staff involved in making this event so memorable. A special thanks to Mrs. Trzaskos, Mrs. Monge, Mrs. Breda and Mrs. Rockwell for the program, decorations, planning and cookies.



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