

# The Edinburg Newsletter

SERVING THE SACANDAGA VALLEY & BEYOND

FEBRUARY 2015

REACHING OVER 30,000 READERS

VOLUME 34 # 6

Our **34<sup>th</sup>** Year of Service To The Sacandaga Valley

## Winter Fireworks

## Sport Island Pub

## Sunday

## February 15<sup>th</sup>

## at Dusk

Sponsored by the  
Great Sacandaga Lake  
Business Association

A large firework explodes in the night sky, creating a massive, colorful burst of light. In the foreground, the silhouettes of several people are visible, some standing and others on a motorcycle, all looking up at the fireworks. The scene is set in a dark, open field, likely near a body of water, with some distant lights visible on the horizon.



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***www.edinburgnewsletter.com***

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## The Newsletter

**Ad & Copy Deadline**

**is the 17th of Every Month**

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**Thanx!**

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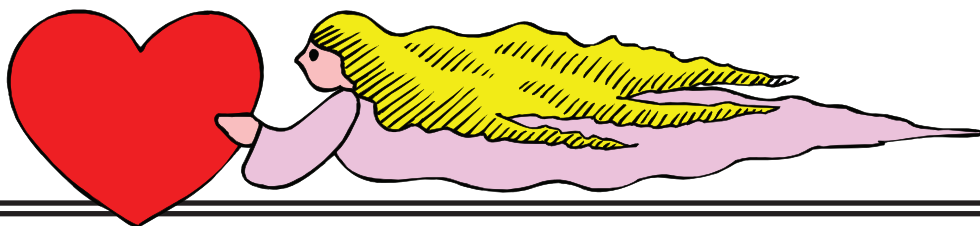
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## FEBRUARY 2015 COMMUNITY CALENDAR

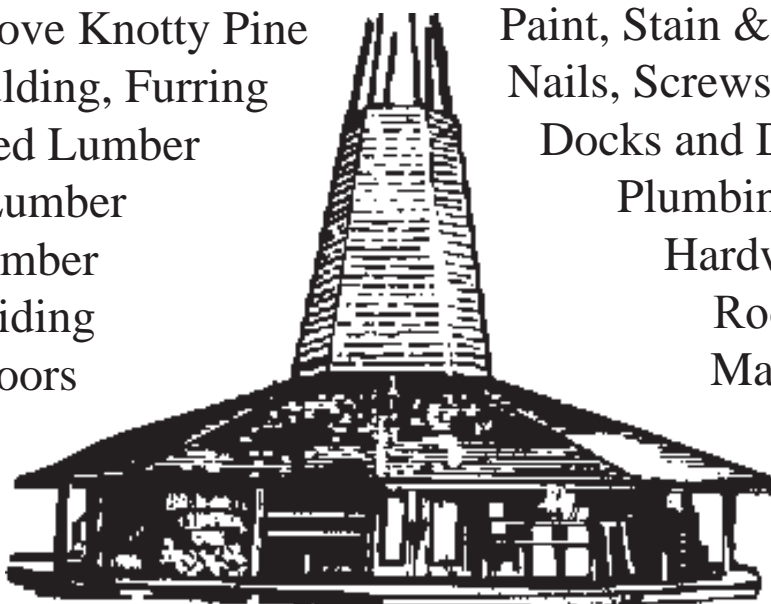
THURS	5	Edinburg Zoning Board 7pm
Fri	6	SACANDAGA SENIORS 1:00 pm
MON	9	Edinburg School Board 6pm
SAT	14	Valentine's Day
SUN	15	SACANDAGA SNOWMOBILE Club 18th ANNUAL WINTER PARTY Pg.
SUN	15	FIREWORKS @ Sport Island Pub
MON	16	PRESIDENT'S Day Holiday
TUE.	17	Edinburg Historic Society
THURS.	19	Edinburg Town Board Meeting 6:30
Fri	20	SACANDAGA SENIORS 1:00 pm
THURS	26	Edinburg Planning Board 7pm



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## Birthdays - Anniversaries



Happy Birthday!

Ashley F.

Archie F.

Justin M.

Tammy S.

Margie F.

Laurie C. (Happy 50th!)

Claudia

From the "Four Corner Gang"

Happy 21st Birthday Ashley!

Love Gram

Happy Valentine's Day to our awesome grand children, Caleb, Michael Avery, Aspen and Hunter. We Love You. Grammy & Grampy aka: Papa.

Happy Valentines Birthday to Teddy Burton.  
February 14th

Happy Birthday John J. Trzaskos. February 18th.  
Love you.

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## Wells 15th Annual Indoor Garage Sale

An indoor garage sale will be held in the Community Hall on Main Street in Wells, NY on Saturday, February 7 from 9 a.m. to 2:30 p.m. Refreshments are available for sale provided by the Hope Diner. To reserve a table, call Dee at 518-924-5371. Everyone is invited to come, browse, and/or buy.

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## Wells Pancake Breakfast

St. Ann's Altar & Rosary Society in Wells, will be having a St. Valentine's Day Pancake Breakfast on Saturday, February 14 from 8 to 11am, at the Wells Meal site, which is located directly behind the Wells Community Hall.

All you can eat Blueberry pancakes , or plain, sausage, juice and coffee for only \$6.00 per person/\$4.50 children 12 and under and under 3 free. Gluten free also available. It will be a sweet time!

There will also be raffle tickets on sale for a beautiful cream colored afghan and prayer shawl, crafted and donated by Evelyn Stephens, with the drawing on May 31st.



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## Northville United Presbyterian Church

On January 11 Northville United Presbyterian Church welcomed representatives of Sacandaga Helping Hands to receive recognition for the many ways that they care for those in the Northville Edinburg communities. Each week of January, the church will be thanking groups in our community who volunteer their time and talents to make our community a better place to live. Thank you.



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## Sacandaga Garden Club News

The year 2014 ended on a high note for the Sacandaga Garden Club. The month of December saw a flurry of activity beginning on December 4th in the basement of the Northville Presbyterian Church. There skilled hands and nimble fingers rivaled those of Santa's elves as members created holiday wreaths and door swags as well as decorated Christmas mugs with fresh balsam branches and festive trinkets and bows. All of these items were then delivered to local governmental offices, shut-ins, and nursing homes in the area. This yearly activity is one of the many ways the Garden Club looks to share its talents with our neighbors and to lend beauty to our community.

On Thursday, December 11th the Garden Club members literally traveled through a winter wonderland to the Northville Public Library. This time members gathered in the upstairs meeting room for their annual Christmas party. Each member contributed a delicious homemade finger food or a tasty dessert item that were placed on beautifully decorated tables with floral holiday centerpieces. After indulging in these gourmet offerings, those gathered participated in a Yankee Swap of beautifully wrapped presents. Everyone left with a full stomach and a gift, along with a memory of a good time shared with good friends!

The Garden Club will take a break from meeting during the winter months. However, members will be busy at their homes cultivating house plants for their plant sale on May 2nd. The next official meeting will take place on Thursday, March 5, 2015 in the meeting

room of the Northville Public Library. The entire community is invited to attend and the topic of the meeting is one that should appeal to many people. A presentation by Mr. Fred Breglia, Director of Horticulture and Operations at the Landis Arboretum in Esperance, NY will be offered. Mr. Breglia's topic will be "How to Prune Properly". Even if you are not an avid gardener, this topic should appeal to anyone who wants the plants inside and outside of their homes to remain healthy and look good too. So mark your calendars and join us for what should be a very informative session. Until then - stay safe and warm everyone!

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## You're Breathing All Wrong

"We all come into the world with the ability to take full, deep breaths, but as we get older we forget how to breathe properly," says Don Campbell, a journalist turned wellness expert who champions a new movement among doctors and athletes known as "conscious breathing." Poor posture, restrictive clothing, bad habits such as smoking, bad diets that lead to high blood pressure and racing hearts, emotionally stressful lives, lack of exercise, multitasking, polluted environments, and slouching in front of computers are just a few of the things that literally take our breath away. The average person only uses about a third of his natural lung capacity and draws about 15 breaths a minute.

"Up until the past 100 or 150 years, our daily activities – farm chores, hunting animals, hard manual labor – required that we use our diaphragms as our main breathing muscle," says Dr. Louis Libby, a pulmonary physician at the Oregon Clinic, in Portland. "In the past century we've become sedentary. We can go days without using our diaphragms. We've become lazy, sitting

in front of computers and using the weaker intercostal breathing muscles in the rib cage for breaths that are incomplete but adequate for living."

By practicing yoga and studying current scientific reports, Campbell discovered that 10 or fewer deeper, slower breaths per minute is best for overall health. "The main physiological benefit to slower breathing is that it increases oxygen saturation in cells, this unleashes a cascade of positive effects, including giving you more energy and increased cognitive abilities."

Perhaps more important, slow breathing tends to increase heart-rate variability, a measurement of the fluctuation in heartbeat during an activity. "If your heart rate fluctuates between 60 to 80 beats per minute, cardiac-wise that's healthier than someone whose heart rate varies between only 70 and 75 beats per minute," It means your system is not so rigid.

Professional athletes have a massive swing in heart-rate variability, whereas an unhealthy or older person has a much smaller one. The way to increase variability is to breathe slowly."

So I recommend you give conscious breathing a




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try. Do this five or six times a day to start, trust me, you'll notice your body functioning better. You may feel your focus improving, the tightness in your neck and shoulders relaxing, your energy improving and an overall better sense of well being.

#### Relearn How To Breathe

1. Place one hand on your belly and one hand on your heart
2. Inhale deeply into the belly
3. Exhale with a short burst (as if blowing out a candle) to activate your diaphragm continue exhaling with a long slow finish to completely empty your lungs
4. Inhale, slowly filling your lungs from your belly to your heart
5. Hold for a moment to allow oxygen to saturate the cells.
6. Exhale slowly and completely.
7. Repeat steps 4 through 6 for five minutes.

Do this exercise five times a day and you'll start thinking and feeling better in no time

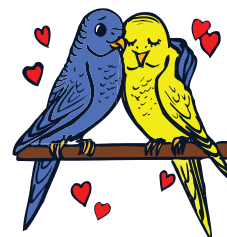
Ony Antonucci is a E-200 hr RYT and Kripalu 500-hr RYT yoga instructor for more information on yoga and breathing visit [www.onyyoga.com](http://www.onyyoga.com). You can contact Ony at 832-8249 or email [onyyoga@gmail.com](mailto:onyyoga@gmail.com)

## A Valentine Chicken 'n' Biscuit Dinner

Wednesday, Feb. 4

4:00 pm - 6:30 pm

(Or until food runs out)



## Wells United Methodist Church

### Cost:

**\$ 9.00 Adults**  
**\$ 4.00 Children 6 – 12**  
**Free Children under 6**

(Take outs are available)

### Menu:

**Chicken in gravy, Bev's Fabulous Biscuits, Mashed potatoes, Green beans and Carrots, Home-made desserts, Beverage (Gluten-Free option available)**

**Don't be a wimp! Brave the cold and snow for a great dinner out**

## Main House Gallery & Art Studio

### 2015 Winter Classes

[www.facebook.com/orendaga](http://www.facebook.com/orendaga)  
[www.orendaga.com](http://www.orendaga.com)



### 2015 Winter Instructor

Leah Junquera



**Grab a bottle and we provide the rest!**

January 31st

7:00-8:30

February 21st

7:00 PM - 8:30

February 7th

7:00 PM - 8:30

February 28th

7:00-8:30

February 14th

Valentine's Day

Special

\$25 including all materials

min. 5 students, max 12

\$25 including all materials

min. 5, max 12

### Kid's Cocoa and Canvas

The parent's can't have all the fun come join us for Kid's Coco and Canvas, we provide all painting materials, aprons, hot chocolate, and marshmallows of course!

February 6th

Step by Step I

3:00 PM - 4:30 PM

February 28th

Step by Step II

3:00 PM - 4:30 PM

\$20 including all materials

min. 5, max 12

### Studying Shape and Form

January 23rd, 24th, & 30th  
 Studying Shape and Form  
 6:00 PM - 8:30 PM

Three (two and a half hour) classes  
**\$100** including all materials  
 min. 4 students, max 12



### Painting from Life

February 6, 8, 13th  
 Still Life I  
 6:00 PM - 8:30 PM

February 22nd, 23rd, 25th  
 Still Life II  
 6:00 PM - 8:30 PM

Three (two and a half hour) classes  
**\$100** including all materials  
 min. 4 students, max 12





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## SACANDAGA TASK FORCE FOR SENIOR LIVING

Feb. 5th OFA Congregate Meal 11:30-12:30

Beef Stew with Vegetables, Biscuit, Fruit Crisp. We will celebrate all February birthdays with a cake provided by Nancy Herchenroder.

Red Rooster Program at 12:30

Larry Cramer will present a program on "The History of the Comedy Team, The Two Black Crows."

Feb. 12th OFA Congregate Meal 11:30-12:30

Turkey a la King, Mashed Potatoes, Brussels Sprouts, White Bread, Fruit Cocktail.

Red Rooster Program at 12:30

Steven J. Santa Maria, Fulton County Civil Defense Director/Fire Coordinator will talk about Fulton County's Emergency Preparedness Program.

Feb. 19th OFA Congregate Meal 11:30-12:30

Roast Beef with Gravy, Mashed Potatoes, California Blend Vegetables, Wheat Bread, Ambrosia.

Red Rooster Program at 12:30

Becky White, Fulton County Office for Aging presents, Medicare 101: Explaining the ABCD's of Medicare

Feb. 26th OFA Congregate Meal 11:30-12:30

Turkey with Gravy, Stuffing, Country Blend Vegetables, Dinner Roll, Sugar Cookie.

Red Rooster Program at 12:30

Diane Swartz, CPHQ, CPHRM, Director of Littauer's Performance Improvement, will discuss Advance Directives

Blood pressure clinics are held the 4th



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Thurs of each month by Home Health Care Partners. Also on the 4th Thurs, we will have board and card games following the program.

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. For information about trips, the Handyman project or to request volunteer medical transportation, call 752-8737.



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## Free Tax Assistance for Area Seniors

A Sacandaga Task Force for Senior Living volunteer with professional tax experience is available to help prepare taxes for seniors needing assistance with this task. Interested seniors can get more specifics about the tax preparation assistance by calling the Task Force phone line at 752-8737. (This is not a long distance call.) Leave your name, phone number and reason for the call and someone will return your call as soon as possible.





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## EDINBURG TOWN REPORT

[www.edinburgny.com](http://www.edinburgny.com)

*by Jean Raymond*



### Changes to Recycling Program

The recyclables collected by the Town of Edinburg are taken to the county regional recycling site in Corinth. Beginning toward the end of February Saratoga County will transition to a system known as "Single-Stream". The county has awarded a contract to County Waste to transport, sort and market the recyclables. County Waste will take the items to an automated separation facility and then market the items and the county will receive some revenue. This process will save the county several hundred thousand dollars annually in transportation costs and provide greater efficiency. It will mean that as the town collects recycling at road side all of the items in the blue boxes will be placed together into

the truck. If you bring your recycling to the center it will all go into one compartment of the truck without being sorted. Residents who place items at curbside will not do anything differently.

### Town Insurance

The town has received notification from our liability insurance carrier, the New York Municipal Insurance Reciprocal, that our rates will remain the same for 2015. The Reciprocal is owned by local governments and works very hard to hold down costs and this has resulted in substantial savings which are returned to the members in the form of lower rates.

### Body Cameras for Sheriff's Department

The County Public Safety Committee has formed a subcommittee to study the possibility of providing body cameras for deputies. Items that will be considered include positive attributes, concerns, storage of data, use of data, policies and procedures with camera use, experience of other policing departments and costs.

### Sand for Public

The Highway Department has sand available for town residents. It is located to the right of the Community Center. It is there to be picked up. Please bring a shovel and containers. It is not meant for commercial use.

### REMINDERS:

Garbage will be collected on Tuesday and Wednesday the week of February 16th due to the Washington's Birthday holiday.

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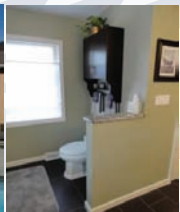
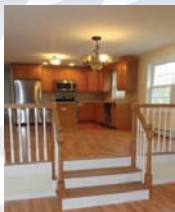
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| • 2014 Phazer XTX ( New) | Demo  | <b>\$1,995</b> |
| • 2002 Viper ER          | Studded, Elec. Start & Reverse. Great Shape | <b>\$7,899</b> |
|                          |   | <b>\$2,195</b> |

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## Edinburg Historical Society

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Northville, NY 12134

[www.EdinburgHistoricalSociety.org](http://www.EdinburgHistoricalSociety.org)

The calendar says, "late winter." Anyone who has lived in the Sacandaga Valley knows that what the calendar says is supposed to happen and what is happening can be two very different things. Winter weather often "marches" right through the month of March, and some of April, leaving many of us in a sloppy muddy mess. In contrast, we, at the Edinburg Historical Society, love the month of March!

March is the beginning of a brand new season. The Edinburg Historical Society (EHS) will host it's annual welcome meeting on March 17th at 7PM at the Edinburg Community Center this year. St. Patrick's Day! Treats will follow our business meeting. Our meetings are open to anyone interested in local history. Our Board of Directors

have been hard at work to ensure that the 2015 season is a wonderful season filled with festivals, programs, and exhibits.

This year we will be hosting an EHS crafter's group. Fiber, fabric, and paper artists as well as "recyclers" and just plain "crafty" folks can come and learn, share, and spend time picking each other's brains on different crafting techniques and items. It's a great excuse to get out of the house and try something new in a supportive and fun atmosphere, plus there's food! Items from this exchange will be sold at EHS festivals to raise funds for the Copeland Historic Site restoration project. Membership to this group is free to any EHS member and only \$5 for others.

The EHS continues to raise funds for the Copeland Historic Site through shares as well. Your donation of \$25 will purchase a share certificate for restoration and maintenance of the Copeland Covered Bridge and the Copeland Carriage Shop. Shares can be purchased for yourself, in memory of, or in honor of a loved one. Upon receipt of your donation, a certificate will be sent to the recipient and the name will be posted in the Copeland Covered Bridge. Send requests to the Edinburg Historical Society, PO Box 801, Northville, 12134. Thank you for your continued support.

Visit us at [www.EdinburgHistoricalSociety.com](http://www.EdinburgHistoricalSociety.com) or contact Maria Spaeth at 863-7063 for further information about the Society, merchandize for sale, shares, or the new crafters group. And don't forget to come to our annual welcome meeting. It's St. Patrick's Day, so wear something green and forget that it may still be "winter!"

**The Newsletter**  
Ad & Copy Deadline is the  
17th of Every Month Please Call  
The Newsletter With Your Copy  
or Drop it Off At Our Mailbox at  
819 North Shore Rd. - Thanx!



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# Northville Winterfest 2015

February 7th (10am-4pm)  
Northville Lake - S. Main Street



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Follow us for more updates:

[www.facebook.com/NorthvilleMerchantsAssociation.com](http://www.facebook.com/NorthvilleMerchantsAssociation.com)



Music Concert By "REVIVAL" to follow fest,  
4pm @ the Pink Chicken

## Winterfest Activities Include:

Vintage Snowmobile Exhibition  
Ice Fishing Demonstrations  
Cross Country Skiing Demonstrations  
- Sponsored by the Mayfield High School  
Hot Air Balloon - Weather Permitting  
Local Restaurants Food Tent  
Model Rocket Demo's  
Snow Sculptor Demo's

Ice Hockey & Ice Skating  
(free skates to borrow)  
Dog Sled Rides  
Turkey Bowling  
Mini Golf  
Snow Sculptor, Phil Singer  
Pond Hockey  
...and more



## NORTHVILLE PUBLIC LIBRARY

*Michael Burnett*

*Director 863-6922*



The Library's award winning Local History & Genealogy Project continues to develop and is now in its tenth year. Parts of the project can be found on the library's website under the tab "Library Activities – Genealogy".

The main part of the project has been the establishment of "Sacandaga Families", a genealogical research tool that creates family trees for those that have lived around the Sacandaga Valley from the 1700's forward, including the Towns of Northampton, Hope, Benson, Wells, Edinburg, Day, Providence, Mayfield, and Broadalbin. The database has over 32,500 names and is synced to Ancestry.com, allowing it to be

### Hours:

#### Sept - March

Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

viewed all over the world. This is an ongoing project.

The Sacandaga Book Group will meet on Tuesday, Feb 10 at 10 am in the library's program room. Marge Decker will lead discussion of "Cane River" by Lalita Tademy. The novel tells the story of four generations of African-American women and the choices they made in order to survive slavery and tragic losses, and to create a legacy for the generations to follow.

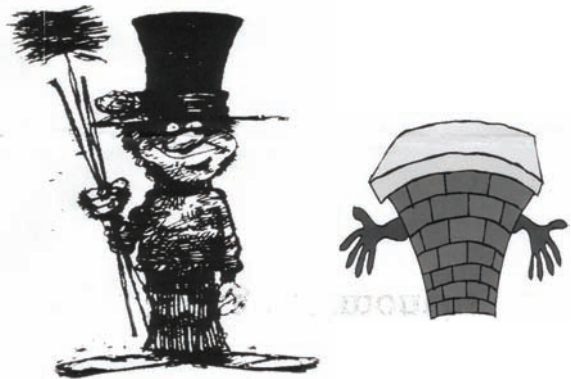
On Tuesday, Feb 24 (6 – 730pm), Library Bingo will be held in the program room. This program is for kids and their families.

If you are looking for sources for what to read or the order that a series was written in, check out these websites:  
[www.fantasticfiction.co.uk](http://www.fantasticfiction.co.uk)  
[www.stopyourekillingme.com](http://www.stopyourekillingme.com)  
[www.goodreads.com](http://www.goodreads.com)

Watch for these titles to be arriving:  
 Nightingale – Kristen Hannah

Crash & Burn – Lisa Gardner  
 Spool of Blue Thread – Anne Tyler  
 Motive – Jonathan Kellerman  
 Twelve Days – Alex Berenson

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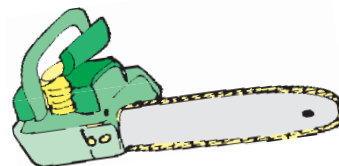
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## “Tyler Schrader to Exhibit “Blue” at the Northville Library SVAN Art Gallery”

Johnstown artist, Tyler Schrader will exhibit his oil paintings at the Northville Public Library located on 341 S. Third St. from now till February 26th. The exhibit will be open during library hours: 9-noon Mon/Fri/Sat, 9-8 Tues, 9-4 Wed/Thurs.

Tyler lives in Johnstown, NY and is currently a student at Fulton Montgomery Community College studying fine arts. He is a 2013 graduate of Johnstown High School and credits his art teacher, Roberta Fariello with launching his motivation in fine art. Tyler is just getting his feet wet in the art scene. He had his first solo show in September 2014 at the American Hotel, Sharon Springs, NY where he displayed his series “Blue”.

Tyler is currently working with a regional artist, Jon Swartwout, learning the art of designing and building Adirondack rustic furniture. This experience influenced his series “Blue”, and more specifically, his work with frames. Tyler has taken his acquired skills and applied them to his frame designs resulting in a pleasing combination, seeing both the painting and the frame as an interconnected whole. Right now he is working on his next series, “Miniature World” based on a group of his miniature photos. He will be displaying this series during the summer of 2015.

The artist describes his artwork as spontaneous, adventurous, escapist, and meditative; inspired greatly by music and the Adirondacks. His artwork is an abstract representation of the culmination of his past

experiences, emotions, and information...all of which are a part of him.

SVAN is a nonprofit organization supporting the visual and performing artists in the Sacandaga Valley region with gallery exposure, community concerts, and skill development workshops that are offered to the public. You can learn more at [svanarts.org](http://svanarts.org) or visit Sacandaga Valley Arts Network on facebook.

## 2nd Annual Great Sacandaga Lake Bed Race Championship

First Sunny Saturday or Sunday after the Winter Fireworks  
from 1-5pm

Event will be held at the Edinburg Marina  
with proceeds to benefit the Edinburg Emergency Squad

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\$20 Sponsor Fee, 3 Person Teams, Best Dressed Team Wins a Prize  
Winner Gets 50% of the pot with the other 50% going to the Emergency Squad

If you would like to donate and keep this as a Annual Event or  
Have any questions call Carl 518-332-3095

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## Edinburg United Methodist Church

3 North Shore Road, Edinburg Four Corners  
Worship Service Sunday at 8:45AM  
Rev. Judy Humphrey-Fox, pastor

Valentine's Day makes February a time when our thoughts and hearts turn toward love. Some of us will make plans for a romantic evening (or even weekend!) with that special person in our lives. Others of us would rather forget that Valentine's Day even exists.

Human love can be a wonderful thing! It can

also cause us great heart-ache. When we become involved in a relationship with another person we never know what the outcome will be. Will this be a lasting relationship that adds meaning to our lives? Will we be looking for another love next Valentine's Day?

There's is one love that is completely predictable and reliable. God has always loved us and always will. God's love for us is unchanging.

This February as you think about love, why not join us on Sunday mornings to experience God's love together in Christian community? We'd "love" to meet you!

### The Sacandaga Snowmobile Club's



**18th Annual Winter Party & Vintage Ride In**  
**Sunday February 15th 2015 11am - till ?**

Open to all members, their guests & prospective members

**NEW LOCATION:** This year's event will be held on Placid Pines beach (adjacent to The Ponderosa Pines).

**Truck & Trailer Parking is Available at the Saratoga County Boat Launch**



**The Club Provides Hamburgers & Hot Dogs**

**All we ask is that You "Bring a Dish to Share"**

**Attention:** There will be No Judging of Vintage Sled's this year but please feel free to come anyway as we all enjoy your old sleds so much.





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Northampton, \$154,000**  
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**MLS 201425193**



**118 St. Thomas Ln, Mayfield**  
**\$ 178,900**  
*3BR, 1.5 BA Cape Cod!*

**MLS 201425313**



**1734 N. Shore Rd, Day**  
**\$625,000**  
*Waterfront Home of GSL!*

## Market Update January 2015 -- By CMK Broker Christian C. Klueg

To assess the health of a real estate market, it's essential to focus on the comparison of yearly numbers. Every time January 1st rolls around, I can't help but feel like a kid on Christmas morning! I just can't wait to look at the stats from the whole previous year, and then compare them to other years in the past. This comparison paints the best picture of where the market currently is, and allows us to make the most accurate prediction of where it is going.

2014 closed with similar stats to 2013: flat, and a mixed bag of numbers. The market in the larger Greater Capital Region, Mohawk Valley and Southern Adirondacks is varied. Some areas have a balanced supply and demand and can be labeled as "healthy" markets. Other areas continue to struggle with an oversupply of inventory. The MSI (monthly supply of inventory) is always the best indicator of a market.

Even further digging will show local markets with MSI's as low as 5.0 and others as high as 22.1 within the counties (go to our blog at cmkandassociates.com for a graph). This shows just how localized the market can be. When thinking of buying or selling our agents at CMK know the market and, with accurate information on the market, can guide you.

Overall, there were 4.3% less sales in 2014 than in 2013, but there were still 1.6% more listings on the market. Simply put, supply went up and demand went down. Fortunately these numbers are not alarmingly high. Supply and demand remained close to level with each other. Even with this 4.3% drop in sales in the market CMK sales grew 10.7% in 2014. Sales volume grew from 47.6 million in 2013 to 52.7 million in 2014. CMK's energy and focus on its principles of innovation and a strong work ethic continue to be the recipe for success.

CMK starts 2015 with 40+ agents and staff in our 5 offices. In addition, our sister company CMK Marketing brings new resources to the table to further push the envelope of what CMK can accomplish. CMK Commercial is also poised for another successful year with many large commercial deals already in the works as a follow up to a successful year in 2014.

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 Christian Klueg (c) 518.332.0218  
 Christine Gerber (c) 518.848.7425  
 Cynthia Gifford (c) 518.669.4481  
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 Ron Royal (c) 518.369.5199  
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 Sarah Wilson (c) 518.774.3066  
 Susan Blazejewski (c) 518.986.1315  
 Tammy Reidell (c) 518.222.8973



## Adirondack Folk School Schedule for February 2015

51 Main Street, Lake Luzerne, NY 12846  
(518) 696-2400 www.adirondackfolkschool.org

**All classes are held at the Adirondack Folk School unless otherwise noted.**

### FEBRUARY

#### Sunday, February 8

Woodturning - A Place for Small Things with John Kingsley. #740-0208. One day. 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$25.

Note: For your safety: no loose fitting clothes, hair tied back, comfortable shoes, and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

#### Sunday, February 8

Animal Tracking: Nature's Morning News with Dan Yacobellis. #846-0208. One day, 9am-4pm. Tuition \$95. Member Tuition \$85.

NOTE: Bring your snowshoes and dress warmly for a day outside.

#### Sunday February 8

Let's Weave a Colorful Sock Rug with Caroline Dvorak. #762-0208. Half Day, 12pm-4pm. Tuition \$75. Member Tuition \$70.

NOTE: Tuition includes all materials.

#### Saturday, February 14

Felted Twig Cowl with Robin Blakney-Carlson. #828-0214. One day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$15.

Note: Students should bring to class: 2

Old Towels, a heavy or waterproof apron, and wear sleeves you can push up.

#### Saturday & Sunday, February 14&15

Fraktur House Blessing with Carol Maher. #714-0214. Two half days, 1pm-5pm. Tuition \$95. Member Tuition \$85. Materials Fee \$15.

#### Sunday February 15

Soap Making with Chrissey Eberhardt. #753-0215. Half day, 1pm-4pm. Tuition \$50. Member Tuition \$45. Materials Fee \$15.

#### Sunday, February 22

Let's Weave a Rag Place-mat with Caroline Dvorak. #763-0222. Half day, 12pm-4pm. Tuition \$50. Member Tuition \$45. Materials Fee \$15.

#### Saturday, February 28

American Tinsmithing Basics with Walt Fleming. #736-0228. One day, 9am-4pm. Tuition \$100. Member Tuition \$90. Materials Fee \$10.

NOTE: This class is held at 3 Pheasant Run, Ballston Lake, NY 12019. Students must be 14 years of age or older.

### *Northville Rotary WINE & FOOD PARING:*

PLACE: *THE ALPINE*

DATE PROPOSED: *APRIL 30*

TIME: *6-8 PM*

WINE: *WINES OF NYS with Vince from Southern wine and Spirits co*

**\$60.00 pp**

**6-6:30: WINE AND CHEESE RECEPTION:**

**6:30: APPETIZER:** *artichoke crostini*

**6:50: SALAD:** *wedge with blue cheese and bacon*

**7:00: PALATE CLEANSER:** *sorbet*

**7:10: MEAL CHOICES:**

- **CHICKEN:** *herb roasted w/ grilled asparagus & whipped potato*
- **BEEF:** *Jack Daniels flat iron w/grilled asparagus & whipped potato*
- **FISH:** *encrusted cod w/grilled asparagus and whipped potato*
- **VEGETARIAN:** *eggplant Florentine with caramelized onion layered with parmesan cream sauce*

**7:50: DESSERT:** *molten lava cake*

*Call 863-2646(Cristen Shepard) for details/tickets, seating is limited*





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**EDINBURG \$483,000** 1658 South Shore Rd. Energy efficient Adirondack Custom Home: 3 BR, 2 BA, Master BR suite. Many unique features. 123.4' beach w/dock: Sunset & Lake views. **LF116**

**GSL LAKEFRONT**



**DAY \$189,900** 2432 South Shore Rd. Post & Beam; Charming rustic Home; 2 BR, + sleeping loft „ knotty pine, cathedral ceiling. 100' beach **LF107**

**GSL LAKEFRONT**



**EDINBURG \$339,000** 718 South Shore Rd. Circa 1880 Farmhouse w/upstairs guest apartment: 4 BR, 2.5 BA, wide pine plank floors, Beautiful landscaping. Spectacular Sunset & lake views. 200' beach. **LF106**

**GSL LAKESIDE**



**EDINBURG: \$399,000** 3 BR charming Adirondack home on 1.2 acres. Granite countertops, hardwood floors, Lake views, 100' sandy beach w/aluminum dock, comes furnished. **LS132**

**GSL LAKESIDE**



**EDINBURG \$339,000** 34 Wozniak Lane. Prime location, pine tree setting w/great lake & mountain views. 2 + BR Cottage, full basement, large enclosed porch overlooks 100' beach. **LS111**

**GSL LAKESIDE**



**NORTHAMPTON \$199,900** 669 Old State Rd. Lakeside 2 BR log sided, furnished cottage w/great lake views. 294' beach w/ dock and buoy, Close to village of Northville. MLS#201422038. **LS133**

**GSL LAKEFRONT**



**EDINBURG \$369,000** 837 North Shore Rd. Energy efficient & totally renovated 3 BR home w/guest apartment. Fireplace, vaulted ceilings, skylights, lake views, many custom features. Beach association. **LF101**

**GSL LAKE ACCESS**



**BROADALBIN \$64,900** 127 Chase Rd. Lake Access: 4 BR, 2 BA, 2001 Champion Double-Wide. 28' X 52' in very good condition. Open floor plan, fireplace, on quiet dead end road. 10' beach with mooring nearby. **LA113**

**GSL LAKE ACCESS**



**DAY \$159,900** 55 Carey Rd. 2 BR cottage, on 1.3 acres. knotty pine walls, vaulted ceiling, fireplace., newer appliances, Membership in Town of Day Beach Association. **LA130**

**GSL LAKE ACCESS**



**DAY \$145,000** 9 Carey Rd. Renovated 2 BR furnished cottage on 2.72 acres. Great Room w/Vermont casting gas stove, cathedral ceiling w/skylights .Membership in Town of Day Beach Association. **LA141**

**GSL LAKE ACCESS**



**DAY \$ 45,999** 50 Ash Frasier Rd. Cozy, rustic 2 BR cottage, Open floor plan, enclosed porch, membership in Town of Day Beach Association. Needs TLC. **LA127**

**Northville: 205 Ridge Road**



**\$170,000** Raised Ranch Slab Log 3 BR, 2 BA Home on 7.6 acres. Open floor plan, fireplace, 2 car Garage. Near Village. **RS104**

**N'ville Village: 222 Center St.**



**\$169,000** 4 BR, 1.5 BA charming old style home w/front and rear open porches on large corner lot w/separate adjoining building lot. Living room w/brick fireplace w/insert, spacious entrance foyer, newer roof & replacement windows. **RS107**

**Edinburg 1402 S. Shore Rd**



**\$169,000** Lots of charm. On 14+ acres is this renovated fully furnished. 3 BR + 2 lofts, 1 BA home. Detached 1 1/2 car garage. Great Sacandaga Lake with town beach, marina & boat launching nearby. **RS119**

**Bleeker: 1400 Cnty Hwy 125**



**\$145,000** Mountain Top Energy-efficient earth home on 10+ acres, borders state land. Great room w/woodstove & cathedral ceiling. Includes 1 BR log cabin. Awesome views. Near Great Sacandaga Lake, Caroga Lake, & Lapland Lake. MLS#201318515 **RS111**

**LOTS, LAND & ACREAGE**

**\$44,900 EDINBURG LA205** Plateau Sky top: GSL Lake access: 3+/- ac. Lake view potential. Low taxes.

**\$49,500 NORTHVILLE LA209** Hunter Heights Rd.: 5+ ac, stream. Northville Lake Beach Rights.

**\$6,900 NORTHVILLE RS200** Route 30: 150' x 150' Lot, owner financing.

**\$16,500 NORTHVILLE RS208** Route 30: 200' x 125' lot, near village, owner financing.



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## Edinburg Bible Chapel

*Pastor John Trzaskos*

### Greetings Folks,

By and far, February has a tradition of being a Lover's Month, Valentine's Day is February 14th. May I digress for a moment. It is a good thing that love, true love, surpasses a box of chocolates, red roses, Hallmark card, and a dinner. These expressions are cute and appreciated, but, chocolate adds an extra pound, flowers dry and are thrown away, the card gets discarded or placed with the other 50 cards, and the dinner sets you back a week!

Yet God is so concerned about true love, lasting love, that he had the apostle Paul dedicate a whole chapter in the Book of 1 Corinthians. Chapter 13 has been dubbed the "Love Chapter". Paul introduces the Love Chapter with these words, "And now I will show you the most excellent way." That way is the character and the very essence of Love. We want to express that love to our community, The Town of Edinburg. The town is the legal name and is governed by laws and

regulations. But, the town is more than just laws, it is the people. The Town cannot comfort. People comfort people.

In the past 4-5 years it seems like our "town" has had more than our share of grief, pain, death, devastating illnesses and the cries of an anguished heart asking "Why? Why, Lord?" Being a pastor does not mean that I have all the answers. I also ask that deep, probing question of "Why, Lord?". If I stop living at the "Why Lord?", I can succumb to the doubt and darkness and fade away. I am existing, but not living.

These times can bring out the worst in us or the best in us. We, the town's people have been blessed with the best. We have seen the character of people rise above the "Why?" and become the answer that ministers to the need. It is expressed as: friends and friendships, caring and concern, helping and hoping, sharing and sympathy, loving and listening, encouraging and enduring, meeting and ministering, praying and patience and so many other ways. This is the reason we can say "I Love You" and really mean it. We reach out to one another with the Love of Jesus. It might not satisfy the "Why?", but it touches the emotion of need. It does not matter if it's friends, close friends or acquaintances, we can say "I Love You". God created us with the need to be loved and to love others.

The Edinburg Bible chapel has an open door to our community, an open invitation to come and learn about the Love that Jesus has for each one of us. This unequivocal love changes lives. It is a love that wants to be a part of our being. The apostle Paul concluded 1 Corinthians Chapter 13 with these words, "And now these three remain: Faith, Hope and Love. But the greatest of these is Love."

If you have questions about this topic or something else, please give me a call at 863-6174 or send your concern to Edinburg Bible Chapel 3 Sinclair Road Edinburg, NY 12134, or send an email to [jjtrzaskos@yahoo.com](mailto:jjtrzaskos@yahoo.com)

Our services are:

Sunday Morning Worship 10:00

Sunday School for all ages 11:15-12:00

Sunday Evening Worship 7:00

Wednesday Prayer and Praise 7:00 p.m.

There is a nursery available.

There is a (free) Fellowship Luncheon held on the 2nd Wednesday of each month.

We look forward to seeing you.

P.S. Don't forget the box of chocolates!!

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## DID YOU KNOW THAT—

*by Town of Edinburg Historian,  
Priscilla L. Edwards*

The first half of the 1940's saw little business activity around the Edinburg 4-Corners. Our young men were off to war while those left behind were doing their best to help their families and the war effort here at home. Shortly after the war things started to pick up.

In July 1946 Al Boudreau and his wife Beatrice of Northville purchased for \$500. the second lot west from the Methodist Church from Harold and Rosina Wessels. A few months later-Boudreau's Garage was born.

Eldon "Al" Boudreau was born in Inverness, New Brunswick into a family of over a dozen siblings. In 1927 Al, his friend the late Ed Arsenault along with 2 others came to our area to work on the Sacandaga Reservoir project. Al's job was clearing the land by cutting trees and burning buildings.

With the completion of the reservoir Al decided to stay in the area but needed to find work. For a short time he worked in the cities of Gloversville

and Johnstown delivering ice; then worked at the car dealership, H&P Motors in Gloversville. From there he came back to Northville to work at Mert Rhodes garage(now Esler's) on S. Main Street. Al's work at Rhodes eventually advanced him from mechanic to manager.

In 1938 Al married Beatrice Roblee of Northville. The newlyweds moved into the Roblee family home on S. Main in the village 2 doors south of the Methodist Church. (See the Northville-Northampton Historical Society's January newsletter for more on this house.)

Al and Bea raised 3 children in this home: Louise Melise, Philip and Cheryl Eileen. Bea passed away in 1972. The house was torn down in 1988 and replaced with a new smaller home.

Al started his own garage in 1946 using the same layout as Rhodes garage except he never installed a restroom or a portico out front. Al and Ed Arsenault did all the cement block and concrete work on the building.

Boudreau's Garage started as an Esso gas station, changing to Getty in 1972 and remaining this until Getty went out of business in New York State in about 1997. The physical building is still the same except for a small addition built on several years ago to "square up" the building.

The large overhead door was a design of Al's own creation. It ran into the attic section of the building with a Model A transmission to power the motor that ran a combination of gears and cables. The door is still in the ceiling—still in working condition-having been replaced with a more modern door.

Anyone needing tools and equipment shortly after WWII had the opportunity to acquire supplies from army surplus which is what Al did.



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*Continued Next Page* ➡ ➡



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**We also offer heated shantys @ \$50.00 per day**



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**17TH ANNUAL**

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2<sup>nd</sup> - \$400  
3<sup>rd</sup> - \$200  
4<sup>th</sup> - \$100  
5<sup>th</sup> \$50  
6<sup>th</sup> \$25

**Northern**

1<sup>st</sup> - \$500  
2<sup>nd</sup> - \$300  
3<sup>rd</sup> - \$200  
4<sup>th</sup> - \$100  
5<sup>th</sup> \$50  
6<sup>th</sup> \$25

**Trout**

1<sup>st</sup> - \$300  
2<sup>nd</sup> - \$200  
3<sup>rd</sup> - \$100  
4<sup>th</sup> - \$75  
5<sup>th</sup> \$50  
6<sup>th</sup> \$25

**Perch**

1<sup>st</sup> - \$200  
2<sup>nd</sup> - \$150  
3<sup>rd</sup> - \$100  
4<sup>th</sup> - \$75  
5<sup>th</sup> \$50  
6<sup>th</sup> \$25

Drawings

**Boat Motor  
& Trailer**

\$100  
Longest Mud  
Puppy

\$50  
Longest  
non-game fish

Fishing judged by length. All Fish measured at "Wally's Driftwood Park, Vandenberg Point Road, Mayfield. Measuring station will be open from 7AM -4PM Sat & Sun. Prizes will be given at "FUEL & FOOD" after 4PM on Sunday. Power Auger and other Prizes will be drawn after cash payouts. No Need to be present to win Power Auger. In case of a tie, first and second place will be added together and divided between the winners! *Pig Roast at Wally's at 3PM on SATURDAY.*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

email \_\_\_\_\_

*Please drop off or send by mail to Fuel & Food, 3006 St Hwy 30, Gloversville, NY 12078*



# BINGO

**Wednesday Nights 7pm**

## EDINBURG FIRE HOUSE

*Help Support The Edinburg Emergency Squad!*



**Ad & Copy Deadline  
is the 17th of Every Month**

### From Previous Page

Welders, drill presses, grinders and whatever other necessary equipment was purchased from army surplus at a great savings.

Two things of interest are in the back of the building over the original work bench. Hanging at the end of an older electrical cord is a light bulb that has hung there since the building was built, never having been replaced. The bulb gives off a distinct yellowish glow much different than today's bulbs. On the wall above the bulb is a metal sun, painted yellow, made from a wheel rim by Al's son, Phil.

Like many men from his generation Al Boudreau was very talented when it came to repairing or rebuilding all kinds of equipment. He was an expert welder, building his own forge and hardening steel with the best of them. If he couldn't buy a tool or a part he needed-he made one. As friends Ed Arsenault, Paul Bradt, Vic Brownell and Robert Clark started their own businesses, Al became the "go to" guy for machinery installation and repairs.

Al repaired the Edinburg Common School buses from "day 1" until 1990-always making bus repairs the priority. The town highway trucks and equipment were also repaired for over 30 years. Log trucks and customers' vehicles completed the work load, keeping the garage full every day.

In 1959 upon graduation from NCS Al's son, Phil, started work at the garage. Phil went into

*Continued Next Page* ➡ ➡

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For Clunkers  
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**Fri 10-5 Sat 10-4**

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**<http://www.lakestoves.com>**



## From Previous Page

military service from 1960-1964; then returned to the garage-taking over ownership from his father in 1972.

Al's grandson Bobby Clemons started full time at the garage in 1990, although Bobby will tell you "he's been there every single day since Oct. 1973-when he was only 3 years old". As soon as old enough he'd do odd jobs about the garage. When he got his driver's license he played "gopher", chasing parts as far as Albany and Roosevelt & Son in

Canajoharie. Bobby also jockeyed school buses back and forth to the school bus garage-legally-as long as he covered up the words "school bus" on the vehicle.

A great place for men to gather- many stories of events have circulated around Boudreau's garage in the past 70 years-some can be repeated, others not. One I especially like is how the stately outhouse out back was moved over from Northville.

Shortly after garage completion in 1946 an outhouse was needed and the Northville Methodist Church had one available. Al and his friend Clarence LaPrairie-Clarence had been in charge of the "outdoor crew" when Al worked on the reservoir project-put their heads together and decided the building could be moved.

The building was jacked up; 18" diameter logs placed underneath for rollers, a village truck was borrowed and the two headed for Edinburg. The story goes that the logs were worn down 4" in diameter when the outhouse was placed in its new location. It's also told that the state trooper in charge of village law enforcement coincidentally received a phone call of an emergency in Wells at the same time that Al and Clarence were headed for Edinburg. The outhouse has its original siding, is still in use; only the roof having been replaced.

Al Boudreau passed away Nov. 1, 2004, one month short of his 101st birthday. Bobby Clemons took over the garage a short time before his Uncle Phil's death on June 10, 2010.

Since Bobby was always at the garage hanging out with his grandfather and uncle he gradually gained the name "Bobby Boudreau" from friends and fellow firemen." Bobby Boudreau" is on the new sign recently erected out front. With help from his wife Andrea, Bobby still offers gas and diesel fuel along with vehicle maintenance and repairs.

How good to see a business of 70 years still in the family!

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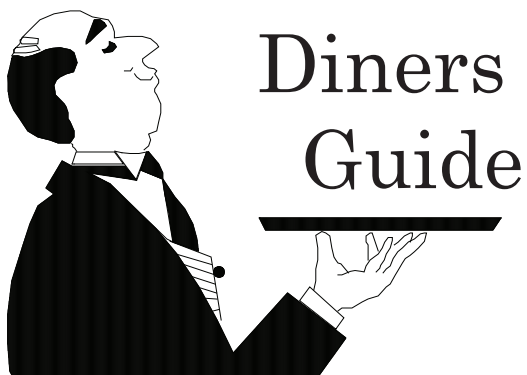
**FEBRUARY 2015  
CALENDAR**

ALL PROGRAMS ARE OPEN  
TO THE GENERAL PUBLIC



Topic	Date-Time	Place	Details
<b>Give Gifts From The Heart</b>	2/9 2 – 3:30 or 6 – 7:30	HealthLink 2 Colonial Court	1 session each (Monday). <b>...And Feel Your Stress Depart!</b> Learn the beautiful art of German paper cutting and tap into your own creativity. You'll cut, mat and frame two unique pieces that can be given as gifts! \$5 fee payable upon arrival. <b>To attend either session, call 736-1120</b>
<b>Stress &amp; Disease</b>	2/11 11:30 – 12:30 2/12 6:30 – 7:30	HealthLink 2 Colonial Court	1 session each (Wed/Thurs). <b>Learn about the mind-body connection and how stress may be affecting your health!</b> Learn how to recognize your own stress response, improve your coping skills, and lead a healthier life. <b>FREE!</b> <b>To attend either session, call 736-1120</b>
<b>NEW... Infant Care &amp; Parenting</b>	2/11 6:30 – 8 p.m.	Nathan Littauer Hospital	1 session (Wednesday). <b>Babies aren't delivered with instruction manuals!</b> Come learn parenting basics including how to calm a fussy infant, sleep patterns, feeding, sick child care, keeping them safe, and much more! <b>FREE!</b> <b>Call 736-1120</b>
<b>Winter Fitness ~ Winter Fun</b>	2/12 10 a.m. – 4 p.m.	Lapland Lake Nordic Ski Center	1 session (Thursday). <b>Cross-Country Skiing, Skating, Snowshoeing ...</b> Join us for a few hours or stay all day! Open to the public (any age – beginners welcome). \$14 day pass with our group payable upon arrival (rentals available - lessons available with prior notice). <b>Call 736-1120</b>
<b>♥ Blood Pressure Screening</b>	2/20 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). <b>One in four people have high blood pressure, which increases their risk for heart attack and stroke!</b> Since there are usually no symptoms, this condition is often referred to as the 'Silent Killer.' <b>GET IT CHECKED...FREE! No appointments necessary</b>
<b>Body Fat Analysis</b>	2/20 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). <b>Measuring body fat is a better indicator of overall health than total weight!</b> With a simple, non-invasive test, learn your percentage of body fat & body mass index (BMI), and get the recommended range for your physique! <b>FREE! No appointments necessary</b>
<b>Cholesterol + HDL + Glucose Screening</b>	2/20 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). <b>Are YOU at risk for heart disease or diabetes?</b> Professional blood test results in 5 minutes (for glucose, 3 hour fasting suggested). Cholesterol + Glucose \$10, Cholesterol + HDL \$15. All three tests only \$18! <b>No appointments necessary</b>
<b>Snowshoe Hike</b>	2/21 Meet 9 a.m.	Bennett Lake	1 session (Saturday). <b>Rated Easy ~ 3 Miles RT.</b> Keep moving this winter! Join us as we snowshoe along a century-old road, with remnants of settlements and an abandoned iron ore mine, to this small Adirondack lake. \$6 guide fee payable in advance. <b>Call 736-1120</b>
<b>NEW... Character Counts</b>	2/23 6 – 7 p.m.	Gloversville Public Library	1 session (Monday). <b>For families with kids of all ages!</b> Listen to a reading of <i>Bullies Are A Pain In The Brain</i> and other stories about preventing bullying. Come learn what you and your friends can do if confronted by a bully! <b>FREE!</b> <b>Call 736-1120</b>
<b>ViP Luncheon: You Are What You Eat!</b>	2/25 11:30 a.m. – 1 p.m.	Nathan Littauer Hospital	1 session (Wednesday). <b>Especially For Adults 50+...</b> Enjoy a buffet style luncheon followed by a presentation on how what you eat (or don't eat) can help you achieve optimal health and wellness! Luncheon fee: \$5 ViP members, \$6 public. <b>Call 736-1120 by 2/23</b>
<b>Advance Directives</b>	2/26 12:30 – 1:30 p.m.	BCON Corner 99 N. Main St. Northville	1 session (Thursday). <b>Learn the importance of putting your healthcare wishes in writing!</b> Get a better understanding of 'end of life' healthcare decisions, and how to choose the advance directive that is best for you! <b>FREE!</b> <b>Call 736-1120</b>
<b>Memory Loss, Dementia &amp; Alzheimer's</b>	2/26 2 – 3 p.m.	HealthLink 2 Colonial Court	1 session (Thursday). <b>Alzheimer's disease is not a normal part of aging!</b> Learn the basic difference between normal memory loss, dementia and Alzheimer's disease. Program designed by the Alzheimer's Association. <b>FREE!</b> <b>Call 736-1120</b>
<b>HealthLink Wellness Walkers</b>	2/26 6 – 7 p.m.	Warren Street School	1 session (Thursday). <b>Monthly walking group for anyone interested in getting fit and having fun!</b> Bring your friends and family as we continue the fitness journey inside a different location each month during the winter. <b>FREE!</b> <b>Call 736-1120</b>

➔ **MONTHLY SUPPORT GROUPS:** For details, visit [www.nlh.org](http://www.nlh.org) or call HealthLink 736-1120 ➔



## PONDEROSA PINES RESORT

on Great Sacandaga Lake

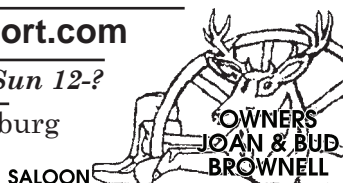
*Happy Birthday Addison, Becky & Todd*  
*Wed & Thurs 4-6 Back to the 70's Specials*  
*Benefit Run Feb. 21 For the*  
*Edinburg Emergency Squad*

[ponderosapinesresort.com](http://ponderosapinesresort.com)

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**Home Cooking**  
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**Snowmobile Runs at Lulu's Bar & Bistro at The Inn begin Jan 10th**  
**Visit us off the Great Sacandaga Lake, just north of The Northville Bridge**  
**Host Party Benefit Run for Northville Fire Department March 7th**  
**Saturdays 12pm-9pm**



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**MUSIC at Lulu's Bar & Bistro at The Inn:**

**Jan 17 5-8pm D'Raeled (classic rock)**

**Jan 24 5-8pm J&J Acoustic (classic rock, blues)**

**Feb 14 6-9pm Valentines at The Inn**  
**with Frank Manning**  
**(piano bar/ piano man with a Billy Joel feel)**

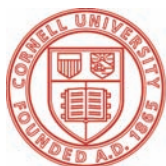
**Feb 21 5-8pm Doc Orloff Blues Elixir Band (blues)**

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## Cornell University Cooperative Extension Saratoga County

NY Forest Owners Association SE Adirondack Chapter to Host Presentation on Deer Impacts in Woodlots and Suburban Landscapes

The Southeastern Adirondack Chapter (SAC) of the New York Forest Owners Association (NYFOA) will host a presentation titled *Deer Impacts in Woodlots and Suburban Landscapes* given by Dr. Paul D. Curtis on Saturday, January 31, 2015 at the Crandall Library in Glens Falls, NY. Dr. Curtis has coordinated the Wildlife Damage Management Program for Cornell University Cooperative Extension during the past 25 years. His research interests include human-wildlife conflicts in suburban, forested, and agricultural landscapes, wildlife fertility control, and resolving community-based wildlife issues.

Dr. Curtis' presentation will discuss how detrimental deer impacts on forest ecosystems are evident across a range of deer densities and forest habitats in New York State (NYS). Foresters practicing in New York estimated that forest regeneration, in stands opened up for regeneration, was moderately or highly successful only 30% of the time. They identified deer browsing and interfering vegetation as a primary cause of the problem. Development of standardized assessment protocols for deer browse impacts on forest regeneration (e.g. seedling density, composition, recruitment) is needed to improve our understanding and documentation of forest health and deer impacts in various regions and habitats in New York. Through a partnership between NYS DEC, SUNY-ESF, and Cornell Cooperative Extension (CCE), researchers are currently working to identify appropriate indicators and monitoring approaches to assess deer impacts on forests and compile existing data on forest condition in New York. They will then develop a mobile device application to aid in collection of vegetation and deer impact data by volunteers and professional partners.

Dr. Curtis' presentation will start at 2 PM in the Crandall Public Library Community Room following the Chapter's annual meeting. All members are welcome to attend the annual meeting that starts at 10 AM. The afternoon presentation is open to the general public, free of charge. Members will be available for more information regarding the organization, its activities, and benefits for those that are interested.

NYFOA has over 1800 members across NYS. The SAC has over 180 members across Saratoga, Warren, Washington, Hamilton, and Fulton counties. The

chapter regularly has woodswalks for enjoying the outdoors and discussing woodland owner experiences and sharing information with other members. There are many opportunities to share information across the state with other chapters as well. Chapters also publish newsletters to keep members informed of activities, share ideas and present new forest related practices. For more information, please contact Lou Inzinna at [sac.chair.info@gmail.com](mailto:sac.chair.info@gmail.com). The organization's web site is [www.nyfoa.org](http://www.nyfoa.org).

Location: Crandall Public Library, 251 Glen Street, Glens Falls, NY, Community Meeting Room  
Date & Time: Saturday January 31, 2015, 2:00PM

## Brooks Bay Country Store

*Candy ~ Coffee ~ Soda*

*Beer ~ Groceries ~ Ice ~ Gifts*

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*Daily  
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### *on the 14th*

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**Hours:**

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Sun 6:00am-6pm



## HealthLink Littauer's WELLNESS WORDS

*Submitted by Wendy Chirieleison M.S.*

*Ed. Community Health Educator*

### STAY SAFE THIS WINTER

Winter weather can definitely be frightful! There are things you can do to be better prepared for winter weather situations. Making good choices is one way to stay safe, such as staying indoors when it is extremely cold and windy, or staying outside for just a short time if you must go out. When you do go outside, wearing layers, hats, gloves, scarves, coat, and boots helps prevent frost bite, which is damage to the body from the cold that can affect a person from the skin to the bone. Cheeks, ears, nose, fingers, chin, and toes are at the greatest risk of frost bite so be sure to cover up all areas of your body when heading outside.

Here are some other tips for staying safe this winter:

#### **Walking**

Be sure walkways are cleared, shoveled, salted,

and free from ice. If not, find a different path. Purchase shoe grips and cane grips to help you stay steady on icy or snowy grounds.

Re-purpose empty parmesan cheese shakers by filling them with sand or salt. Take one with you wherever you go and sprinkle the sand or salt whenever you feel you need it.

#### **Driving**

Keep a coffee can or bucket filled with sand or salt in your car.

If it is very cold, windy, snowing, or if the roads are icy, stay home.

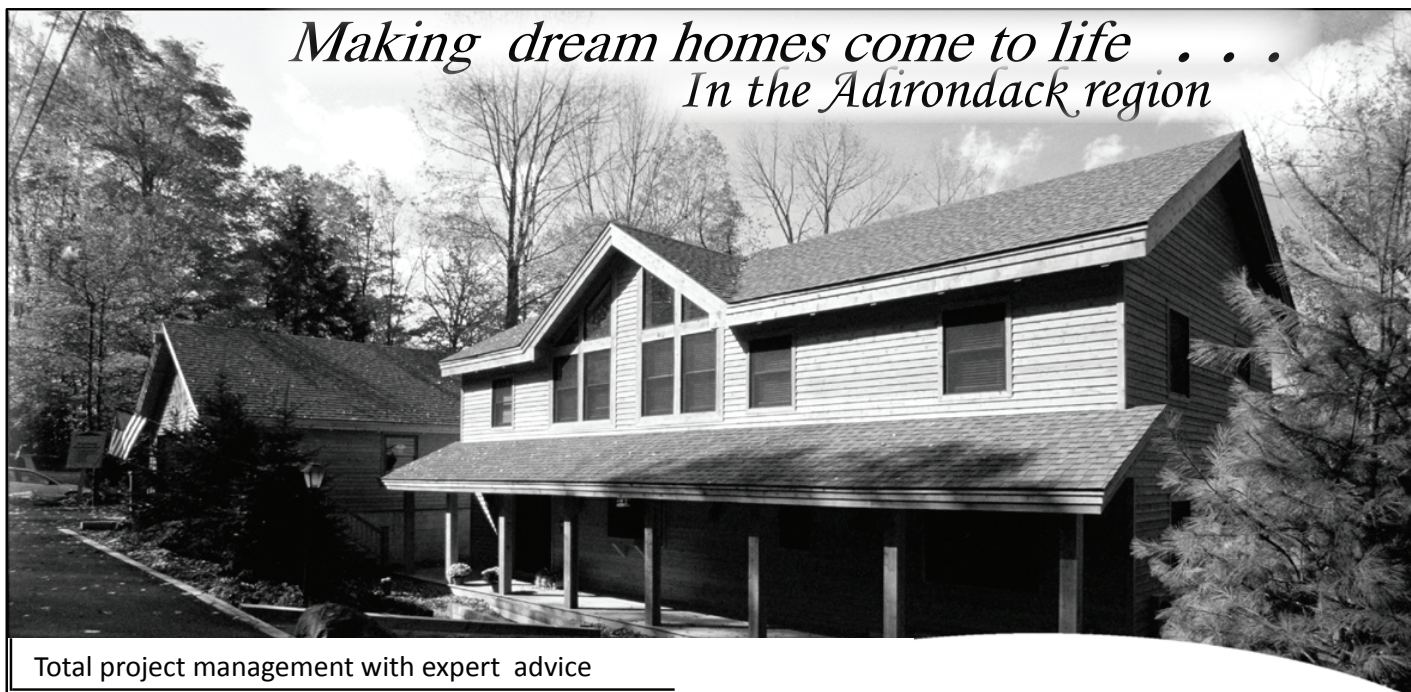
Plan ahead by stocking up on things you need, and running errands on good weather days. Make sure your car is ready for winter. When you have your oil changed, ask the mechanic to also check the anti-freeze, windshield wipers, and tires, and have them replaced if needed.

Be sure to have a blanket, extra hat, gloves, and a sweatshirt in your car for an emergency, along with a shovel, flashlight, snow brush, and even a first-aid kit.

#### **Communication**

Always take your cellphone with you in case of an emergency. If you don't have one, consider

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purchasing a pay-as-you-go phone that requires you to buy inexpensive "minute cards" or "airtime" periodically.

When traveling, arrange to check in with someone when you have arrived at your destination. That person can also call to check on you if they have not heard from you.

#### At Home: Outside and Inside

Make sure your walkways are cleared, sanded or salted, and properly lit.

If you are shoveling, be mindful of your body. Shoveling snow can be hard work. Talk to your doctor to be sure that this is something that you can do safely. If you are not able to do this on your own, ask a neighbor, friend, local Boy Scout troop, etc. to assist you.

Check the batteries on smoke detectors and carbon-monoxide detectors. Make sure your fire extinguisher is in working condition. If you do not have one, consider purchasing one that can be used in a variety of fires.

Always have a lantern, flashlight, plenty of blankets, non-perishable food, and bottled water

on hand in the event of a power outage. Make arrangements ahead of time to stay with family or friends if there is an extended power outage.

Have a list of emergency numbers by the phone for your use as well as a list of your emergency contacts posted somewhere visible, such as the refrigerator.

The winter months can be a beautiful time of year, but winter can also be dangerous if you are not taking the proper precautions to stay safe. Be sure to check in with family and friends on a regular schedule, make good decisions, bundle up when going out, and have a safe and happy winter!

For more information, visit [healthinaging.org](http://healthinaging.org) or contact HealthLink Littauer at 736-1120. You can e-mail us at [healthlink@nlh.org](mailto:healthlink@nlh.org), see our website at [nlh.org](http://nlh.org), or visit our NEW wellness center at 2 Colonial Court in downtown Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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All Roofing Done By  
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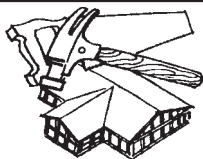
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## TOPS 1005

Winter has finally arrived ... get out those snowshoes and cross country ski's! A good way to get outdoors and exercise! Our members continue the process of being healthy by exercising, losing weight as well as commiserating with each other through support and camaraderie by attending meetings!

TOPS (take off pounds sensibly) is a nonprofit, noncommercial network of weight loss support groups. TOPS offers tools and programs for healthy living and weight management with exceptional fellowship and recognition!

Our best loser for the month was Kristen Williams who also reached her goal weight in December!! Congratulations go out to her!! The KOPS best loser was Helen Harrington. Other losers included Joyce Callahan, BillieJo Vrooman, Diane Mack, Bev Morgan and Laurie Dimick. Carmen Durkin lost after the holidays! Quarterly perfect attendance went to Helen Harrington, Cathe Bard, Judy Frasier and Nancy Bassett. Yearly perfect attendance went to Cathe Bard, Nancy Bassett and Judy Frasier.

We have a winter contest going amongst a chapter from Scotia! This helps to keep up our motivation while getting healthy. New Years is always when one sets a resolution and ours at TOPS is to give out tips and strategies to take off pounds sensibly!

We meet every Tuesday at the Bradt Building on Main Street in Northville. We are adjusting our time for the upcoming Winter months from 4:15 to 5:00 for weigh ins, with our meeting to start soon after. One meeting is free. For more information, call Nancy Bassett @ 863-8389 or visit us at [www.tops.org](http://www.tops.org) on the web.

"See you lighter".

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# GREAT SACANDAGA LAKE FISHERIES FEDERATION INC.

## Miscellaneous Ice Fishing Rules and Regulations

Anglers are allowed to use up to three lines and five tip-ups except as noted in special regulations for specific waters. No person shall operate a tip-up that has more than 5 lures or baits or a combination of both, or has more than 15 hook points in any combination of single, double or treble hooks.

Ice shanties must be marked on the outside with the owner's name and address in letters at least 3 inches high. Shanties must be removed from all waters by March 15 to prevent them from falling through the ice in spring and becoming navigational hazards.

It is illegal on New York State waters to possess walleye, black bass, brook trout, lake trout or Atlantic salmon that have been cut, dismembered, filleted, skinned or otherwise altered so that the species and total length of such fish cannot be easily determined. However, these fish may be gilled or gutted. Other species of fish may be filleted provided that the skin is not removed from the fillets. This regulation allows more effective enforcement of harvest regulations on protected game fish.

It is illegal to discard any fish carcass, or parts thereof, into the freshwaters of the state within 100 feet of shore or upon any public or private lands contiguous to and within 100 feet of such water, except:

On private lands by owners of such lands.

If properly disposing into suitable garbage or refuse collection systems or by burial.

Where incidental cleaning of fish for consumption is permitted. However, resulting waste may not be disposed of within 100 feet of any public launching or docking site unless into a suitable refuse collection system.

Live fish and fish which must be returned to the water because of size limits, open seasons and creel limits are not subject to the fish carcass disposal law.

## Ice Fishing Contests January 25 thru March 2015

January 31 Great Sacandaga Lake Fisheries Federation

January 31 – Fuel n' Food 6th Annual Walleye Challenge

February 21 – Reid Hill Fish and Game Club Derby

March 6 through March 8 – 17th Annual Fuel-n-Food Ice Fishing Contest

Our ice fishing contest will be held on Saturday 31, 2015 from 7AM to 4PM at the Sacandaga Boating Club located at 129 Merriam Road, Broadalbin NY. Additional information can be obtained at our website [www.gslff.com](http://www.gslff.com) or by contacting: Randy Gardiner at 843-6329 or Jack Smith at 863-4271.

Below is a brief listing of the various Outdoor Shows in February or March of this year.

Feb 7-15 Great American Outdoor Show - Harrisburg, Pa.

Feb 14-15 Adirondack Outdoorsman Show – Johnstown, NY

March 5-8 World Fishing & Outdoor Exposition, Rockland Community College Field house – Suffern, NY.

March 27-29 Big East Camping & Outdoor Sport Show, Turning Stone Casino – Verona, NY

The federation always welcomes new members. The next meeting will be held at 7PM on February 17th at the Fish House Fish and Game Club, 478 Fayville Road, Broadalbin, NY.

## REGULATIONS FOR GREAT SCANDAGA LAKE

SPECIES	OPEN SEASON	MINIMUM LENGTH	DAILY LIMIT
TROUT	ALL YEAR	ANY SIZE	5
BLACK BASS	DECEMBER 1 - FRIDAY PRECEDING THE 3RD SATURDAY IN JUNE	CATCH AND RELEASE ONLY	ARTIFICIAL LURES ONLY
NORTHERN PIKE	1ST SATURDAY IN MAY THROUGH MARCH 15	18"	5
PICKEREL	1ST SATURDAY IN MAY THROUGH MARCH 15	15"	5
WALLEYE	1ST SATURDAY IN MAY THROUGH MARCH 15	15"	5
YELLOW PERCH	ALL YEAR	ANY SIZE	50
SUN FISH	ALL YEAR	ANY SIZE	50





P.O. Box 991, Northville, NY 12134 – www.gslff.com

## **ANNUAL ICE FISHING CONTEST**

**Saturday January 31, 2015 7:00am-4:00pm**

**\$2,250 CASH PRIZES \$5,000 TAGGED FISH PRIZES**

\$20 ENTRY FEE PER ANGLER, \$25 DAY OF CONTEST UNTIL 10AM ONLY

(Children 12 and under are free with any paid adult)

### **Measuring and Awards at Sacandaga Boating Club**

129 Merriam Road, Broadalbin, NY - park in designated visitor areas

BREAKFAST & LUNCH AVAILABLE AT THE BOAT CLUB (by land or lake)

### **Contest applications accepted through the mail or at:**

**Ross' Bait Shop** - Hagaman, **Dave's Bait & Tackle** - Mayfield, **LaPort's Bait** - Edinburg,  
**Jim's Bait Shop** - Mayfield, **Frank's Bait Shop** - Vail Mills, and **Fuel & Food** - Mayfield

**FISH ANYWHERE ON THE GREAT SACANDAGA - NYS GAME LAWS APPLY**

### **Cash Payback In Each Species: Northern Pike, Trout, Yellow Perch**

1<sup>st</sup> place - \$300

2<sup>nd</sup> place - \$200

3<sup>rd</sup> place - \$150

4<sup>th</sup> place - \$100

**There will be 10 trout tagged with an green tag, each worth \$500  
FOR GSLFF MEMBERS WITH PAID ENTRY - 1/31/2014 CONTEST ONLY  
TAG MUST BE ATTACHED TO FISH**

**\*FOR UPDATED RESULTS ON CONTEST DAY CALL: 518-227-8298\***

FISH MEASURING (by length) TO TAKE PLACE FROM 7AM - 4 PM ONLY - NO EXCEPTIONS  
DECISION OF THE JUDGES IS FINAL

**FOR MORE INFORMATION:** Jack Smith – 518-863-1062 / Randy Gardinier - 518-848-7248  
Forms online at www.gslff.com / Email - chairman@gslff.com

## **\*2015 ANNUAL ICE FISHING CONTEST APPLICATION\***

**Please Print Legibly**

Name \_\_\_\_\_

Full Address \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Name of participating Child(ren) \_\_\_\_\_

Please check all that apply:

- ☐ Enclosed is my entry fee of \$20.00 (only current 2015 members are eligible for tagged fish prizes)
- ☐ I would like to become a 2015 GSLFF member for \$10.00 and be eligible for tagged fish prizes
- ☐ I have enclosed a donation of \$\_\_\_\_\_ to help stock and protect the fisheries of the GSL.
- ☐ I have enclosed a check made out to the GSLFF in the amount of \$\_\_\_\_\_

**Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134**

**\*\*We must receive mailed entries by Friday January 30<sup>th</sup>\*\***



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*Water/Smoke/Mold Remediation*



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## Northville Baptist Church

*by Barbara Klueg*

### Don't be Snookered!

Have you ever been snookered?

When my husband and I were newlyweds this very nice man told us how we could buy anything we wanted at a much lower price; "practically wholesale" he said. And we could also purchase all of our cleaning products at amazingly low prices, if we just joined this wonderful program he was promoting. It was so easy, and made so much sense. We would be crazy to say no to this awesome offer. (Yes, we were being snookered.) Since we were young and naïve, we believed him and signed on the dotted line. Can you relate to our experience? As they say, "If something sounds too good to be true, it probably is!"

Or perhaps you have received the same email that I have saying that a doctor from Naiobi is having trouble getting money out of his country. If only I would give him my bank account information, I could help him. I could wire money for him, less the 10 percent fee for my services, which he would happily pay me for helping him out. Scams like this happen all the time! (They even have the nerve to ask for our Social Security numbers!) Many times these people prey on our emotions and compassion. I am especially angry when I hear of the elderly in our community being targeted by these wolves in sheep clothing.

I'm sad to say that this also happens in some churches. We need to be careful not to be snookered spiritually. The Bible gives a strong warning in the book of Acts to pastors, our spiritual overseers; "Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood. I know that after I leave, savage wolves will come in among you and will not spare the flock. Even from your own number men will arise and distort the truth in order to draw away disciples after them." I hope none of us will be drawn away from the truth by such people. This is a good reminder for us to pray for our spiritual leaders to stay close to God and His Word, so they continue to guard us and lead us in the truth.

In January our church sent a Missions Team to Mali, Africa for three weeks. The team reported that Mali was very careful regarding the Ebola crisis, taking every person's temperature at the airport, and making sure that they check their temperatures every day while they were in Mali. Upon their return the

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team must also take their temperatures every day for the next three weeks.

Our team was glad for the opportunity to assist our faithful missionaries, Rich and Anna Marshall, who have been serving in Mali for over 20 years now. (Rich's parents, Frank and Eleanor Marshall, who are retired missionaries of Timbuktu, Mali now live in Perth NY.) While in Mali Pastor Klueg taught at a Bible Institute (with a translator, of course) for one week, while Shawn Darling and Bill Donnan worked on needed repairs at the mission and college. The guys did small jobs like fixing a child's teeter totter and a broken wheel barrow, besides larger projects such as building beds for students, welding broken parts, and working on whatever other projects our missionaries gave them. Pastor Klueg had the opportunity to preach at a small village church. They also worshipped with a local congregation at a large Baptist Church in Bamako, the capitol city. (If you have facebook, type Richard Klueg on the search line, and you can see pictures of their trip and view a short video to hear an African church choir at this Baptist Church, the largest church in the country we were told.) Our Mali Team also flew on the UN plane to Timbuktu to view the mission work there and to encourage the believers in this Al-Qaida torn city. I was there just three years ago with my husband, before the coup took place in Mali. I was very impressed with the work there and so glad that this team could go there to help them as they are still in recovery. Timbuktu is located on the edge of the Sahara Desert. When I was touring there I saw small groups on camels travelling across the desert sands, making me feel as though I had gone back in time. (I could almost hear music from the movie, Casablanca.) The team also visited the city of Gao where there is a small Bible Institute which trains pastors and spiritual leaders for the country. Upon their return the team will share about their trip to Africa, showing pictures and giving details about their work and adventures. If you would like to hear their presentation, call the church office at 863.8001 to find out the date and time. I personally can hardly wait to hear what they have to share!

We would love to have you join us this Sunday at Northville Baptist. We have a staffed nursery for your babies and preschoolers, a dedicated Praise Band, Youth Choir and Adult Choir who lead us in worship, and a Jr. Church time downstairs for the younger crowd during the sermon in the sanctuary. We also have Sunday School classes for all ages, if you are able to attend them. Our prayer is that you will feel welcomed, loved and be drawn closer to God as you worship with us. Almost forgot (it is February) so have a Happy Valentine's Day, giving lots of hugs and showing love to everyone!

Call the church office at 863.8001 or check our church website ([baptistchurchofnorthville.org](http://baptistchurchofnorthville.org)) for church events.

Sunday (Church: Staffed Nursery Provided)  
8:45 am (Sunday School for all ages)  
10:00 am (Worship)  
11:30 am (Sunday School for adults only)  
7:00 pm (Family Service)

Monday (Church)  
After school – 4 (Bible Club for K-5th grades)

Wednesday (BCON Corner)  
6-7:30 pm (Jr. High Youth)  
8-9:30 pm (Sr. High Youth)

Thursday  
10:00 am (FREE Baked Goods at BCON Corner)  
7:00 pm (Prayer/Praise at Church, Staffed Nursery Provided)

Friday (BCON Corner)  
8-10:30 PM Pink Chicken (Grades 8-12) (call or check our website calendar for details)



**We are looking for your help!**

**The Providence Volunteer Fire Department is looking for NEW MEMBERS to join our ranks!**

**Come learn valuable skills and become a GO TO person within the Community!**

**There are many jobs that YOU can help with!**

**By joining the Emergency Service Community many friendships are made and resources developed!**

**We are neighbors helping neighbors every day!**

**Stop by any Wednesday night and see if The Fire Service is for you!**

**Look for us at the Hagadorn Station on Fish House Road or the Barkersville Station on Barkersville Road.**





# Edinburg School News



**Edinburg Eagles  
School News**  
*by Mr. R. W. Teetz,  
Superintendent*

Edinburg Family and Friends,

Our annual Spelling Bee will be held on January 26, 2015 and will be coordinated by Mrs. Celeste English. The winner and runner up this year will be announced in the March edition of the Newsletter, and the winner will represent Edinburg Common School at the Capital Region Spelling Bee at Proctor's Theater on February 24, 2015.

Edinburg Common School has started its 2015-2016 school budget meetings, with the first meeting being held on January 26. Meetings will be held on Mondays, from 3:30-5:00 p.m. in the school library, on an as needed basis. Budget meetings are open to the public so feel free to join in and learn the budget process for the school district.

## DID YOU KNOW:

Scientists estimate that up to 80% of infections

are spread by hand. That means a simple step "HAND WASHING" is the top way to stay well and avoid missing school.

Here are some helpful tips to share with your child:

Wash Properly – Wet hands, lather with soap, and wash for 20 seconds. It takes about this long to sing the "Happy Birthday" song twice.

Include all parts of the hands – front, back, fingernails, between fingers, etc.

Wash hands often – especially before eating. Soap and water work best.

Sneeze or cough – into your elbow instead of your hand to reduce the spread of germs to others.

Source: C. Lau and others, "BMC Pediatrics"

With the arrival of winter weather, school closings and delays can be viewed on local television channels and/or their web sites.

Please drive carefully and allow extra time for the road conditions.

# DISCOUNT PROPANE

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401 - 700 gal.	+ \$ .65 per gal.	+ \$ .95 per gal.
701 - 1500 gal.	+ \$ .55 per gal.	+ \$ .85 per gal.
1501 - 2999 gal.	+ \$ .35 per gal.	+ \$ .65 per gal.
3000 gal. +	+ \$ .35 per gal.	+ \$ .45 per gal.

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## Students of the Month for December: Character Education focused on "Responsibility"

First Grade  
Emily Brownell

Intermediate  
Elizabeth Finley

Second Grade  
Kerry Gill

Fifth Grade  
Rebecca Johnson

Third Grade  
Alexa Poulin

Sixth Grade  
Jaycee Frasier

Fourth Grade  
Landon Frasier



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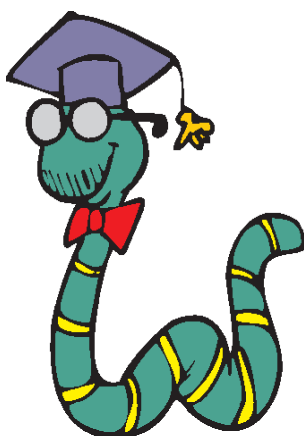
## Honor Roll Students for the First Trimester

Third Grade  
Elizabeth Colvin  
Keandra Farrington  
Alexa Poulin  
Hunter Haley  
Micah Jensen

Fourth Grade  
Joseph Artikuski  
Logan Colson  
Landon Frasier

Fifth Grade  
Kailyn Ginter  
Josiah Jensen  
Rebecca Johnson  
Ethan Moore  
Daniel VanNostrand  
Dominick Wadsworth

Sixth Grade  
Jaycee Frasier  
Kaydince Williams-LaBrake



## The Eagle's Eye on Sixth Grade

*by Mr. Thomas Moore*

With the extremely cold temperatures, it is no surprise that both the 3rd and 4th grade and the 5th and 6th grade Edinburg Eagles basketball teams are anxious to start their seasons. Practices are already well underway, with the first game for both teams on February 5th, at home, against Mayfield. This year, the 3rd and 4th grade team has a four game schedule with some additional interscholastic competitions. The 5th and 6th grade team is looking at a seven game season.

Also this year, we are happy to announce that both teams will be getting new uniforms. In order to make this happen the players have been holding a "candy bar" fundraiser. Additionally, the Edinburg PTO has agreed to match the amount of money raised by the players to help with the purchasing of the new uniforms. So, if you see one of the players, please help by making a purchase or donation to this worthwhile cause.

WE HOPE TO SEE YOU AT THE GAMES.....  
GO EAGLES!!!!!!

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**EDINBURG**  
Fri 9-3 & Sat 9-3  
**NORTHAMPTON/N'VILLE**  
Mon, Tue 8-4, Sat 8-1

### TOWN CLERKS

**DAY**  
Carol Vaillancourt 696-2698  
**EDINBURG**  
Denise Ferguson 863-2034  
**MAYFIELD**  
Dorothy Hart 661-5414  
**HADLEY**  
Pauline Smead 696-2055  
**NORTHAMPTON**  
Elane Milhalik 863-4040

### STATE POLICE

**HADLEY** 696-2535  
**MAYFIELD** 725-3034  
**FONDA** 853-3415  
**BROADALBIN** 883-5433  
**SARATOGA COUNTY** 911

### FOREST RANGER

**EDINBURG/DAY** 383-1005

### FIRE & BLDG. INSP. :

**EDINBURG**  
Matthew Ginter Sr. 863-2034  
**NORTHAMPTON/N'VILLE**  
Matthew Ginter Sr. 863-6580  
**DAY**  
Ken Metzler 696-5164

### TOWN HALLS

**BROADALBIN** 883-4657  
**DAY** 696-3789  
**EDINBURG** 863-2034  
**HADLEY** 696-3112  
**NORTHAMPTON** 863-4040  
**MAYFIELD** 661-5414

### DOG WARDENS: (HOME)

**BROADALBIN**  
Joe Passino 762-6342  
**DAY**  
Francis Allen 696-3617  
**EDINBURG**  
Bill VanNostrand 863-4880  
**HADLEY**  
Jim Jenkins 696-3757  
**NORTHAMPTON/N'VILLE**  
Vernon Duesler 863-6313

### ELECTRIC INSP.

Mike Kratky 863-8800  
Ron Royal 924-7661

### EDINBURG TAX COLLECTOR

Faye Frasier 863-2034

### EDINBURG ASSESSOR

Ron Beckering 863-2034

### EDINBURG TOWN JUSTICE

Douglas Sterling 863-2409

### HIGHWAY SUPER

Wayne Seelow 863-8126

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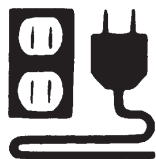
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## TRADING POST

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## From Hawk On Back Page

The problem with that theory is we know a lot of couples, married for the same amount of time, that do not get along. However, this article did finally confirm the soul mate theory to me. Here are some of the identifying characteristics of soul mates from that article:

1. Soul mates have a quiet space that is a peaceful place. They are right; Bill and I are together almost all the time and we are comfortable in our silence. We do not need to talk all of the time.

2. Soul mates can hear the other person's thoughts. I cannot count the number of times we have opened our mouths and said what the other person was thinking. Sometimes that is a good thing but other times I really do not want to know!

3. Soul mates feel each other's pain. When you have been together as long as we have it easy to recognize how the person is feeling and know what they are thinking. Intuitively I know when to keep my mouth shut and lay low. We know when to speak, when to be quiet and when to apologize. We respect each other and we respect our differences in opinion.

We talk when we need to, we are quiet when we want to be, we love being together and although we rarely are apart, we can do things on our own. We have found through the years that we have more fun together than apart. Remember that moment in the movie Jerry McGuire, where he tells Dorothy "I love you .... you complete me"? This article, quotes that quote and ends by stating soul mates complete each other. Some of you are laughing and some of you are gagging and making faces. At one point in time I would be laughing with you but the article was so accurate as it pertains to us it was scary. There are just some things you cannot explain.

I know for a fact this relates to so many other couples as well. If you have not found your soul mate yet...apparently you will! Love is in the air! Happy Valentine's Day!

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is the 17th of Every Month**



# Hawk

## DRILLING COMPANY, INC.

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### Did You Know

I am tired and overwhelmed. We have been working nonstop for 10 months now. Bill and I are getting a little crusty around the edges which translates into we annoy each other more than usual. There is generally nothing good on TV so I have resorted to reading articles online. The article entitled "18 Signs You've Found Your Soul Mate" ( [www.lifehack.org](http://www.lifehack.org) ) was recently posted on Facebook. I admit I was not very open minded when I started reading. The premise is before we are born, the name of our spiritual soul mate is determined and each soul has a perfect match....that would be our soul mate. I was skeptical and my obvious response was no way. Our mothers' obviously subscribed to this theory because they told the world how they handpicked Bill and I, for each other when we were younger. It used to drive us crazy! The article stated that soul mates often do not fit

together when they first meet, however, there is supposed to be a mysterious force pushing us together. All this time we thought it was just our mothers! Apparently soul mates have crossed paths before; that was true with us. Way back when, Bill would rather run me over than to speak to me. It is my understanding that souls have to meet and connect at the right time. The right place and time for us was at Schroon Lake Village on July 6, 1974. I have always believed that it was my bust and long blonde hair that caught Billy's attention and not my soul. I have to admit that this article might be right. Our 39th anniversary is in July. Based on this fact alone one could argue we are soul mates.

*Continued Inside last Page*

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## EDINBURG NEWSLETTER

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Hadley, NY 12835



**GOD BLESS AMERICA**

September 11, 2001

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