

OCTOBER 2015

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**VOLUME 35 # 2** 





#### The Edinburg Newsletter Comes To You

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EDINBURG NEWSLETTER

819 North Shore Rd.

Hadley, NY 12835

Phone & Fax 863-2075

or NEW E-Mail Address is: edinburgnews@frontiernet.net www.edinburgnewsletter.com



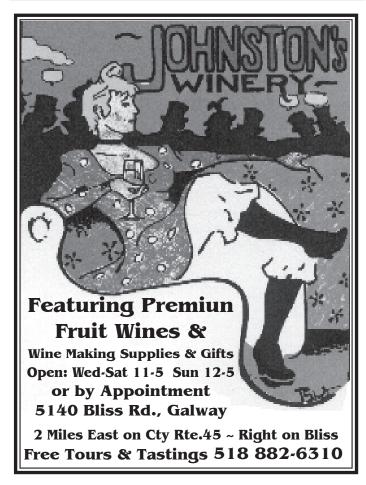
#### ADVERTISING RATES

1/8 Page - \$30 1/4 Page - \$55 3/8 Page - \$80 1/2 Page - \$100 3/4 Page - \$145 Full Pg. - \$180

**Call For Contract Prices** 

#### The Newsletter

Ad & Copy Deadline
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Weather
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#### Birthdays -Anniversaries & Other



October Birthdays Billy & Robin Marcia Shepard George Reynolds Connie Dodge

Happy Anniversary to Deb and George From the gang at "Shelby's Diner"



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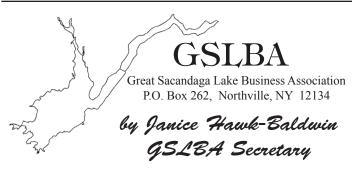


#### **David Downs**

146 Hampton Point Rd. Mayfield NY

863-1069





#### We have two events this month.

Chowderfest is Saturday October 10 from 12:00 to 4:00 at Captain Nauti's. Come and enjoy chowder made by the local eating establishments from around the Great Sacandaga Valley Region. This popular event has boasted some of the best chowders around. The cost of admission is \$ 8.00 per person.

Redneck Cocktail Party is Thursday October 22 from 6:00 to 9:00 at Sport Island Pub. The cost of admission is \$ 100.00 per couple. Music is provided by Pat Decker. There will be a silent and live auction. Dresscode is redneck. We are looking for the best dressed redneck couple who will reign as King and Queen. Tickets are available online at lovethesacandaga.com, from Lanzi restaurants, Brownell Lumber, Fuel n Food, Edinburg Marina, Captain Nauti's or from any board member. If you need further information send email to hawkdrilling@aol.com

Many thanks to Bob Campbell and Lou Stutzke for organizing and working at the Sand Island Party. I understand that Joe Roy was a hit and everyone had a good time. There were a number of comments on FB about the garbage situation on the island. The area in which the party was held was cleaned up by volunteers at the end of the day! Thank you to all of the people who helped do this. We need to continue to protect our lake!

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#### "Northville United Presbyterian Church"

The Northville United Presbyterian Church has decided to make some changes to our service schedule for the Fall and Winter seasons,

As usual, every year after Labor Day, our church services are moved from our Batchellerville church location to our Reed Street church location in Northville. While this is still the case this year, we have decided to change our Sunday morning service



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time from 9:00am to 10:00am, starting in October. Nursery school for our younger congregants will also be available at this time.

We hope this schedule change will serve two purposes. First, it should make it a bit easier for our congregants who have younger children to get them and their breakfast ready in time to come and participate with a church that is very welcoming, loving and very eager for their participation. Second, for the older segment of our congregation (well, in fact for all of us) the later service time will make it easier in the winter months, when more morning time is often needed for roads to be plowed and sidewalks cleared sufficiently for our trip to worship to be made more safely.

As usual, our church's fellowship gathering will immediately follow the services in our downstairs gathering room for those who wish to enjoy light snacks, beverages and great conversation with their neighbors.

Please come join us in worshipping the Lord. Ample parking at our brand new parking lot, adjacent to the church is available, and our church elevator is also available for those who find steps difficult.

We hope to see you all there!

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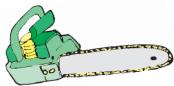
#### October SVAN Art Workshops

www.svanarts.org
October 15, 22, 29, Nov. 5, 12 (Thursdays)
Beginning Handweaving — Part 2
Arlène Rambush, Fiber Artist 518-863-8647
Deerhaven Studio, 130 North Road, Benson
5 sessions, 1–4 pm; maximum 3 students
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#### DID YOU KNOW THAT—

by Town of Edinburg Historian, Priscilla L. Edwards

As one drives around the town of Edinburg you'll spot many metal blue and gold historic signs-18 to be exact plus 7 cemetery ones. Prior to 1988 the only signs to be seen were traffic signs and markers. In 1988 our town supervisor Jean Raymond and the town board commissioned sign artisan Conrad Johnson to make wooden signs for each of our seven cemeteries. The signs were installed on fences or steel posts and put in place by our highway superintendent Marvin Wilson and his highway crew. In 1989 Conrad made 2 signs for Edinburg's town park and another for our landfill entrance.

In 1998 our town supervisor Jean Raymond was elected chair of the Saratoga County Board of Supervisors. Each chair is allowed an "initiative" or project to be carried out within each town in the county. Jean chose "historic signage" for each town. Also in 1998-unknown to Jean- our town clerk Denise Ferguson applied for a Wal-Mart grant in Jean's name. The 1998 "An American Hometown Leadership Award" was awarded to Jean. Everything was falling into place-with the county money to "Celebrate 2000" and the grant money Jean was ready to get her signage project underway.

The first signage to be done was to replace the cemetery signs which by 1999 were worn by time and Mother Nature. (Conrad passed away in 1999 but his signs can still be seen at our Rural Museum.) The 12 historic signs were my responsibility. I was to select each site, get permission from each owner to place the sign and



write the text for each one. It required research but was fun to do. During all of this I kept thinking about some photos my sister had sent to me.

In the 1990's when my sister Linda and her husband were living in Kentucky she sent me photos of interpretative signs at a national park near their home. I really liked the idea and if placed in the proper way we could do a "drive by" history lesson. I gave Jean Raymond my idea/ argument and she gave the O.K. I contacted Edinburg building contractor Fred Bleyl with my diagrams. Fred built three signs to start with and installed them for me in 2000. Two were placed in Batchellerville to complement the metal historic signs and the third was placed next to the Nellie Tyrrell Museum.

These signs are of treated wood app.2x4 feet, 3 feet above the ground with plexiglass covers. I prepare displays of historic interest on posterboard and- with the help of my son-in-law and grandson, George and Elijah Blackwoodinsert the display into the sign frame, changing them every 2-3 years.

Fred made and installed the fourth sign in 2002, placing it at the Copeland Covered Bridge site. The last one was made in 2009 and placed at the end of Tennantville Rd. to tell the story of the Tennant family and woodenware mill.

Edinburg already had one historic signdone in 1998 by the Stone Arabia and Saratoga chapters of the Sons of the American Revolution for Revolutionary War veteran Samuel Downing. The sign reads "Early settler-soldier-patriot and one of the last Rev. War pensioners in the US. Samuel Downing, 1761-1867 grave site" and was placed roadside at the Clarkville Cemetery on Tennantville Rd.-near Samuel's gravesite.

The first of our historic signs was placed on N. Shore Rd.-Co. Rt. 4- just pass the marina to indicate the "Old road leading to the Congregational Church, Beecher Hollow Cemetery and Batchellerville Covered Bridge sites. All of which are now underwater". The 2nd is located on corner of Military and Co. Rt. 4. "Beecher's Store-early stage coach stop and site of town's first post office. Original house built 1802. Post office moved to Edinburg 4-corners in 1948". The 3rd was placed on opposite corner of Military and Co. Rt. 4. "Barker's Store-built in 1847 by John Barker. Operated continuously as a store until 1945. Believed to be a stop on the Underground Railroad.". This building was placed on the New York State and National Registers in 2002.

"Historic Signs conclusion-next month



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#### SACANDAGA TASK FORCE FOR SENIOR LIVING

Oct. 1st OFA Congregate Meal 11:30-12:30 Roast Turkey with Gravy, Stuffing, Red Cabbage, Dinner Roll, Cinnamon Cake with Glaze. We will celebrate all October birthdays with a cake provided by Terry Frank.

Red Rooster Program at 12:30

Liz Blodgett, Fulton Co. Nutrition Outreach and Education Program will present, "Stay Health with SNAP"

October 8th OFA Congregate Meal 11:30-12:30 Baked Ham with Mustard Sauce, Scalloped Potatoes, Peas, Dinner Roll, Pudding

Red Rooster Program at 12:30

Peter Betz will discuss the 1760 visit of Warren Johnson to Sir William Johnson.

October 15th OFA Congregate Meal 11:30-12:30

Salisbury Steak, Au gratin Potatoes, Squash, Wheat Bread, Brownie.

Red Rooster Program at 12:30

Becky White, Fulton Co. OFA will discuss Medicare Coverage of Hospital Care.

October 22nd OFA Congregate Meal 11:30-12:30 Roast Turkey with Gravy, Stuffing, Sonoma Blend Vegetables, Wheat Bread, Ambrosia Red Rooster Program at 12:30

Lisa Queeney, Certified Financial Planner and Certified Retirement Counselor, VP of Investments, Well Fargo will discuss the state of the Economy. There will also be a blood pressure clinic sponsored by

Home Health Care Partners.

October 29th OFA Congregate Meal 11:30-12:30 Lasagna, Tossed Salad, Italian Blend Vegetables, Garlic Roll, mandarin Oranges.

Red Rooster Program at 12:30

Cindy Bartlett, Public Health Nurse, Fulton Co. Public Health will discuss current immunization recommendation.

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You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. For information about trips, the Handyman project or to request volunteer medical transportation, call 752-8737



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Date-Time	Place	Details
10/7 – 10/21 6 – 9 p.m.	Nathan Littauer Hospital	3 sessions (Wednesdays). Prepares expectant parents mentally and physically for the childbirth experience. Includes options for managing pain during labor and delivery. \$45 fee payable in advance to reserve your space (scholarships available). To attend, call 736-1120
10/12 Meet 10 a.m.	Erie Canal Trail	1 session (Monday). Rated Easy ~ 5 Miles RT (can be less depending upon group ability). Experience the benefits of the great outdoors on a scenic autumn hike along the historic Mohawk River in Fort Hunter. FREEkids welcome with adult! To attend, call 736-1120
10/14 11 – 12 noon or 6 – 7 p.m.	HealthLink 2 Colonial Court	1 session each (Wednesday). Learn about this painful condition that radiates along the path of the sciatic nerve from your back down through your leg. Topics include causes of sciatica, treatment options available, preventative measures, and more. FREE! Call 736-1120
10/15 11:30 – 12:30 or 6:30 – 7:30	HealthLink 2 Colonial Court	1 session each (Thursday). It's easier to score a touchdown when you can see the goal lineand know which direction to run! Reduce YOUR stress by learning to set clear, realistic goals which will guide your decision making to help you achieve them. FREE! Call 736-1120
10/16 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). One in four people have high blood pressure, which increases their risk for heart attack and stroke! Since there are usually no symptoms, this condition is often referred to as the 'Silent Killer.' GET IT CHECKEDFREE! No appointments necessary
10/16 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). <i>Measuring body fat is a better indicator of overall health than total weight!</i> With a simple, non-invasive test, learn your percentage of body fat & body mass index (BMI), and get the recommended range for your physique. <i>FREE! No appointments necessary</i>
10/16 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). Are YOU at risk for heart disease or diabetes? Professional blood test results in 5 minutes (for glucose, 3 hour fasting suggested). Cholesterol + Glucose \$10, Cholesterol + HDL \$15. All three tests only \$18! No appointments necessary
10/20 – 11/12 10:30 – 11:30 a.m.	HealthLink 2 Colonial Court	8 sessions (Tues/Thurs). For anyone with arthritis, joint or muscle problems. Learn six gentle movements of Sun-style Tai Chi to improve flexibility, strength, balance, mental focus & performance of daily activities! \$25 fee payable in advance to reserve your space. Call 736-1120
10/21 6:30 – 8 p.m.	HealthLink 2 Colonial Court	1 session (Wednesday). <i>Known for centures in ancient cultures, it's new thinking for the Western mind!</i> Learn about the human energy system, explore how energy centers and pathways have an effect on personal health and well-being, learn some energy balancing techniques, and more! \$10 fee payable at the door. To attend, call 736-1120
10/28 11:30 a.m. – 1 p.m.	Nathan Littauer Hospital	1 session (Wednesday). <i>Especially For Adults 50+</i> Enjoy a buffet style luncheon followed by a presentation on the latest information on Medicare, open enrollment, EPIC changes, HEAP guidelines, and more. Luncheon fee: \$5 ViP members, \$6 public. <i>Call 736-1120 by 10/26</i>
10/28 6:30 – 8 p.m.	Nathan Littauer Hospital	1 session (Wednesday). Learn what you NEED to know to insure a positive breasfeeding experience. Healthcare experts agree that breastfeeding is still the best way to feed your baby during the first year! FREE! To attend, call 736-1120
	10/7 - 10/21 6 - 9 p.m. 10/12 Meet 10 a.m. 10/14 11 - 12 noon or 6 - 7 p.m. 10/15 11:30 - 12:30 or 6:30 - 7:30 10/16 9 a.m 1 p.m. 10/16 9 a.m 1 p.m. 10/16 9 a.m 1 p.m. 10/20 - 11/12 10:30 - 11:30 a.m. 10/21 6:30 - 8 p.m.	10/7 – 10/21 6 – 9 p.m.  10/12 Meet 10 a.m.  10/14 11 – 12 noon or 6 – 7 p.m.  10/15 11:30 – 12:30 or 6:30 – 7:30  10/16 9 a.m. – 1 p.m.  10/20 – 11/12 10:30 – 11:30 a.m.  10/21 6:30 – 8 p.m.  Nathan Littauer Hospital

#### OCTOBER SUPPORT GROUPS: No Enrollment Necessary ~ For details, visit nlh.org or call 736-1120

→ Breastfeeding 10/7 Nathan Littauer 12:30 p.m.

→ Better Breathers 10/8 HealthLink 1 p.m.

→ Alzheimers 10/8 HealthLink 4 p.m.

→ Cancer 10/13 Nathan Littauer 5 p.m.

→ Diabetes 10/19

→ Breastfeeding 10/19

→ Heart Disease 10/27

**→** TOPS Wednesdays

Nathan Littauer 10 a.m. Nathan Littauer 6:30 p.m.

HealthLink 4 p.m.

Nathan Littauer 5:30 p.m.



#### EDINBURG TOWN KONIN OF Edinbury REPORT

www.edinburgny.com

by Jean Raymond



#### **Concealed Carry Pistol Permits**

Saratoga County Sheriff Michael Zurlo has started a new program that will allow residents who possess restricted pistol permits for a year to apply for an unrestricted permit as long as they conceal them and do not bring them to gunfree zones. They will have to take an 8 hour qualification course, pass a written test and live fire safety exam. Currently approximately 19,000 county residents have gun permits, up from 16,500 in 2013. For additional information contact the Sheriff's office.

#### Edinburg Town Park and Beach

The Town Park and Beach are closed for the season This was a very slow summer for the park and beach with many days no one using the facility at all, in spite of many hot days. Thank you to Jason and Tyler for their hard work this summer cleaning up and preparing for reopening, after

being closed for the bridge construction. We wish them both Good Luck as they return to college.

#### REMINDER

Garbage collection will be on Tuesday and Wednesday the week of October 12th due to the Columbus Day holiday.

Beginning in November the Recycling and Refuse Center will be open on Fridays from 12:00 noon until 3:00 through the winter.

#### **Demolition Permits**

#### by Matt Ginter, Building Inspector

One of the most common inquiry's the Assessor and I often get is "why am I being taxed for a structure that I removed from my property?" The most likely reason is because a demolition permit was never issued. A demolition permit is the best method of maintaining a correct assessment of your property's value. This permit is issued by the Building Inspector and a copy is given to the Town Assessor notifying him that the structure has been removed from the property. An application is available at town hall and there is no fee for the permit. Please contact the building department at 863-2034 for additional information.



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## October at The Wells Revival

Saturday, Oct. 10, 7:30 pm, After a brief break, The Revival is happy to get the music going again with the "Holly and Evan Band"- a blend of soul, jazz, blues, and originals. Should be a fantastic night!!!

Namesakes Holly Taormina and Evan Conway have joined together with drummer Bob Morris, and Josh Greenberg on Sax, to push the boundaries of traditional blues music into the 21st century. Holly's songwriting comes from a lifetime of listening to, reading about, and living the blues. Her original songs, such as "Parchman Prison" and "Satisfied," were inspired by the hardships endured by many of the Mississippi blues greats, and harken back to the days of dilapidated juke joints, and work farm prisoners toiling in the hot Delta sun. Though they may take their primary influence from the Blues, the Holly & Evan Band have their eyes on the future; taking this oftenweary genre to a new level by incorporating heavy influences of Rock, Soul, Funk, and Jazz. The result is an exciting blend that is wholly original, yet true to its roots. This has led to two appearances at the International Blues Challenge in Memphis TN in 2013 and 2014. \$10.00 donation.

Saturday, Oct.17, 7:30pm-"Big Edna"- Indi, Rock, Jazz- Upstate NY trio that specializes in playing the music you forgot you loved. Greg Young - Vocals, Bass, -Michael Porter, Drums,-

Eddie Harrington, Guitar, vocals.

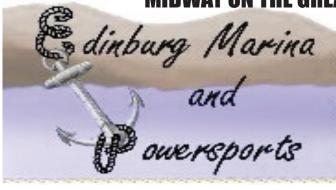
"Big Edna "are three friends with extremely diverse musical backgrounds and a great command of their instruments. Coupled with years of experience performing and touring with various regional bands, and amazingly eclectic musical tastes, you have a band that sounds like...well, Big Edna. See them live. \$10.00 donation

The Revival is located at 1441 Route 30, Wells, N.Y. For more info. 518 924-2041/TheRevivalHall@gmail.com





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#### **SVAN** to Present "The Bluebillies" At Northville's Octoberfest

As part of the Village of Northville's Fall Octoberfest weekend, the popular group "The Bluebillies" will present a lively concert featuring close harmony traditional bluegrass and country music. The concert will take place on Saturday, October 10, 2015 from 2pm to 5pm at the Northville Waterfront Park, Main Street, Northville, NY. This special music event is sponsored by the Sacandaga Valley Arts Network (SVAN).

The Bluebillies are a close harmony singing and songwriting band who live in the foothills of the Adirondacks in the small town of Hartford, NY.

With vocals styled after the old-time "brother acts" like the Everly Brothers, Louvin Brothers and Blue Sky Boys, the Bluebillies feature Melody Guarino (guitar and vocals); Orien Kribs (mandolin & vocals); and David Bevins (national dobro champion) on dobro

Those who remember the Bluebillies performing in Waterfront Park last year, also sponsored by SVAN, will recall the rousing music and equally rousing audience reception. Come join SVAN members and other all others who enjoy the experience of some of the best live music available this vear!!

Admission is free at outdoor SVAN music events, with voluntary good-will donations gladly accepted. Come join us to enjoy the experience of some of the very best music available this year!

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#### "Sparky and Rhonda" to Give a Special SVAN Performance in Northville

The talented duo of Sparky and Rhonda will present an afternoon of rousing music and history on Sunday, October 25 at 3:00 PM at the St. Francis of Assisi Catholic Church on Bridge Street, Northville, NY. The event is sponsored by the Sacandaga Valley Arts Network.

Sparky and Rhonda weave their music into captivating stories that the history books don't always tell, and they share this knowledge in many schools, colleges, and libraries. Their educational programs span over three centuries of African-American history, including slavery, the Underground Railroad, the Civil War, the birth of blues music, and the civil rights movement. Each era is interspersed with stories and popular songs from the time period, celebrating the diversity of the nation's history

Sparky and Rhonda Rucker perform throughout the U.S. as well as overseas, singing songs and telling stories from the American folk tradition. Sparky Rucker has been performing over forty years and is internationally recognized as a leading folklorist, musician, historian, storyteller, and author. He accompanies himself with fingerstyle picking and bottleneck blues guitar, banjo, and spoons. Rhonda Rucker is a musician, children's author, storyteller, and songwriter. Her blues-style harmonica, piano, old-time banjo, and bones add musical versatility to their performances. Their music includes a variety of old-time blues, slave songs, Appalachian music, spirituals, ballads, work songs, Civil War music, railroad songs, and a few of their own original compositions.

Over forty years of performing, Sparky and Rhonda have performed at the Kennedy Center in Washington D.C. and the Smithsonian Folklife Festival as well as NPR's On Point, Prairie Home Companion, Mountain Stage, and Morning Edition. Their recording, Treasures & Tears, was nominated for a W.C. Handy Award, and their music is also included on the Grammy-nominated anthology, "Singing Through the Hard Times."

DO NOT miss this very special musical treasure of a performance. For this performance, admission is \$12 for the general public and \$10 for SVAN Members. Children are always free with an adult at SVAN Music Events. Tickets are available at the SVAN Arts Center on Main Street in Northville, NY or at the door of the venue.



Hours:

September - March

9am - Noon

9am - 8pm

9am - 4pm

9am - 4pm

9am - Noon

9am - Noon

Monday

Tuesday

Wednesday

Thursday

Saturday

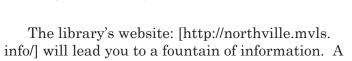
Friday





#### NORTHVILLE PUBLIC LIBRARY

Michael Burneti Director 863-6922



new website look is being developed. Our genealogy page has many links, one being old local newspapers. The library catalog will allow you to place a request for an item from any computer and any mobile device, and check your account.

Our Facebook page gives out information on events, programs, and new additions to the library's collection.

The Sacandaga Book Club will meet on Tuesday, Oct 13 at 10 am in the library's program room. Doris Guyon will lead a discussion of

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"Woodswoman" by Anne LaBastille. This memoir (the first in a series) chronicles the life of the noted Adirondack author and ecologist, and her personal relationship with the wilderness. Copies of the book can be picked up at the library and the discussion is open to all.

Story Time will be held on Tues, Oct 6 (Apples) and 27 (Halloween) at 945 am, coordinated by Hadley Jacobs. Bring your pre-school children for stories, snack, and craft.

Teen Time is scheduled for Tuesday, Oct 20 from 330 - 430 pm. Board games and Wii games are available as well as a teen book discussion.

Teddy Bear Picnic will be held on Sat, Oct 24 at 11 am for ages 2-7 years. Bring your own teddy and enjoy snacks and stories.

SVAN Art Exhibit continues this month with the photography of Harry Wirtz in the gallery until Oct 29.

This month Halloween books and DVDs will be on display.

Watch for these titles to be arriving:
Bazaar of Bad Dreams – Stephen King
Banquet of Consequences – Elizabeth George
Knight of the Seven Kingdoms – George R R
Martin

Big Magic – Elizabeth Gilbert



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#### Sacandaga Garden Club

Respectfully submitted by: Bette Flynn - Sacandaga Garden Club (Publicity Person)

Neither the excessive late summer heat nor the threat of afternoon thunderstorms stopped the Sacandaga Garden Club from beginning their 43rd season. The program for 2015-2016 began with a picnic held at the home of the Flynn sisters, Bette and Ronnie. Every member brought a dish to share and a feast was enjoyed by all who gathered. After sampling the delicious food and renewing old friendships, an important business meeting was held. Club Advisor, Mrs. Doris Guyon presented gifts of appreciation to last season's officers. Margreet Monster, Bonnie Desfosse, Gale McGowan, Joyce Callahan, and Ruth Ralston were all thanked for their service to the Garden Club. Members recalled with sadness the passing of Kathy Klena, last season's Co-2nd Vice President, who died in March while vacationing in South America. Kathy's service was acknowledged, with gratitude. She will be greatly missed.

Mrs. Guyon then installed the new officers:

Bonnie Desfosse Gale McGowan Janet Mitchell - President

Vice President2nd Vice President

Joyce Callahan - Secretary Dianne Knapp - Treasurer

Mrs. Desfosse then conducted the new business portion of the meeting. She presented each member with a copy of the information booklet for this season which lists all of the activities planned for 2015 - 2016. After a brief overview of the upcoming events it became obvious to all the members that there is much to look forward to in the Garden Club this season!

First and foremost is the next meeting of the Garden Club which will take place on Thursday,

October 1, 2015 in the Northville Library. This meeting is open to the public. Liz Gee, who is a master gardener and President of the Schuylerville Garden Club, will offer a presentation entitled "Leaf Manipulation in a Floral Design". So if you are interested in floral design and are looking for some new and fresh ideas why not join us for what promises to be an informative session?

Garden Club members will also be gathering at the Northville Presbyterian Church on Thursday, October, 15th for a workshop. Those in attendance will be busy creating favors for their upcoming Holiday Luncheon.



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#### Redneck Cocktail Party

Hear ye, hear ye! It is that time of year again. We are so excited to be announcing the 4th Annual Redneck Cocktail Party. This event is sponsored by the Great Sacandaga Lake Business Association to support the Sacandaga Protection Committee (SPC). Come and hear about the SPC's latest court victory and learn how this money is being spent.

These are the important things you need to

Date: October 22 from 6:00 to 9:00

Where: Sport Island Pub

How much: \$ 100.00 per couple Dress code: REDNECK of course!

This year we are looking for the Best Dressed Redneck Couple. The winning couple will reign supreme as Redneck King and Queen for 2015-2016.

Entertainment: Pat Decker

Once again, we will be having a silent and a live auction. Christmas is a few months away and this is a good place to start your Christmas shopping.

Tickets are available at all Lanzi restaurants, Brownell Lumber, Captain Nauti's, Fuel N Food and Edinburg Marina. They can be purchased on line at lovethesacandaga.com or from any GSLBA or SPC Board Member.

For further information you can contact Janice Hawk Baldwin at hawkdrilling@aol.com

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#### SECRETS OF LIFE

by 7oni Simon, C74

Today is a day for you to begin creating a joyous, fulfilling life. You can change your life for the better. You already have the tools within you to do so. These tools are your thoughts and your words. Every thought you think and every word you say matters, good or bad. Whether you know it or not, you are creating your life experiences with every word and thought. Simply begin choosing words that will either help eliminate something from your life or help create something new in your life. You see, the subconscious mind runs your whole body. But it doesn't do anything until it's asked and told to do something. You've had that experience.

Before you get out of a chair to walk, first you think about it. And once you make a decision to do something, your mind activates your walking program. It moves the muscles necessary to carry out and fulfill your thoughts. All the mind is doing is carrying out and fulfilling your desires, your messages. Think about that! Your subconscious mind fulfills your wants, needs and desires by acting on your thoughts and words.

Start today by paying attention to your thoughts and words so that you can begin to eliminate the ones creating experiences you do not want in your life.

Repeat these words over and over for one month and notice what happens. Choose the ones that work for you:

 $\boldsymbol{I}$  hate my body becomes -  $\boldsymbol{I}$  love and appreciate my body.

I never have enough money becomes - Money flows into my life in an abundant way.

I'm tired of being sick becomes - I allow my body to return to its natural, vibrant health.

Nobody loves me becomes - I radiate love, and love fills my life.

I'm not creative becomes - I am discovery talents I did not know I had.

I'm stuck in a lousy job becomes - Wonderful new doors are opening for me all the time.

I'm not good enough becomes - I am in the process of positive change, and I deserve the best.

My favorite is: Every day in Every way I am better and better!

AND SO IT IS!

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#### **Edinburg United** Methodist Church

3 North Shore Rd.. Edinburg

"The Friendly Church"

It certainly was a wonderful summer... in September! That's one of the things that those of us who live here year-round are accustomed to - the unpredictability of the weather. We always have something to talk about!

We've learned to deal with unpredictable weather, but most of us don't like it when other areas of our lives are uncertain. Things like how our kids will do in school, family crises, and changes in our health. We would prefer that our lives be stable, changing only when it's convenient and helpful for us. Of course, that isn't how life works.

In the midst of life's changes, there are still some truths that will always remain the same; some things that we can always predict. God's love for us is one of them. God's love is something that we can build our lives upon.

Another thing that we can predict with some certainty is the the Edinburg UMC will be here, worshiping, every Sunday morning at 8:45, every season. You will always be welcome to come experience God's love here with us!

Rev. Judy Humphrey-Fox

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2044 North Shore Rd, Day MLS 201516021 **\$610,000** 

Waterfront house w/ spectacular panoramic views and 129' HRBRRD on GSL!



8 McKinley Ave, Amsterdam MLS 201505803 \$109,900

Nice 2 family with 2 bedrooms in each unit. Close to Veterans Park!



37 N Boulevard, Gloversville MLS 201500564 \$94,500

3 bedroom home in move-in condition w/ back deck. Great for entertaining!



127 Delaney Rd, Mayfield MLS 201504530 **\$249,900** 

Great retreat or year round 3 bedroom house w/ 400' HR-BRRD access permit on GSL!



163 Donje Lane, Mayfield MLS 201410464 **\$20,000** 

Wooded lot nestled in the woods with easy access to Route 30 and GSL!



529 Sinclair Rd, Northampton MLS 201510658 **\$659,900** 

Impeccably maintained waterfront contemporary house w/ 123' HRBRRD on GSL!



385 S Third St, Northville MLS 201410787 \$499,000

Newly remodeled house w/ 115' direct lakeside permit on GSL!

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II MES (E)



#### Cynthia Gifford, CBR

NYS Licensed Associate Broker 518.669.4481 Cell 518.863.8904 Office cindygiffordcmk@gmail.com



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#### LISTINGS - More photos and information available at cmkandassociates.com



#### 118 Theurer Rd, Benson MLS 201517717 \$279,000

Open concept 4BR, 2.5BA chalet on 225' Sacandaga River!



#### 122 Hemlock Ter, Northville MLS 201518740 \$129,000

Immaculate 3BR, 2BA home, ready to move in!



688 South Shore Rd, Edinburg MLS 201510725 \$259,000

3BR, 2BA home w/148' of lakefront! Amazing sunsets!!



#### 422 Division St, Northville MLS 201405146 \$139,000

Two family, easily converted back to one family, separate utilities, only 2 blocks from the lake!!



#### 222 Ridge Rd, Northville MLS 201508088 \$234,900

Amazing property, just outside the Village of Northville, +/-26 acres, log cabin with privacy!!



#### 21 Rosebloom Rd, Hadley MLS 201415497 \$99,900

Get on the lake! Two 10' permits come with this cottage!



125 West Bush Rd, Johnstown MLS 201423004 \$3,900

Lot in country setting with power!



#### 318 Kassan Dr, Caroga MLS 201513066 \$449,000

Waterfront home on Canada Lake w/ boat house!



199 Sinclair Rd, Edinburg MLS 201512727 \$369,000



337 Center Line Rd, Providence MLS 201516364 \$69,000

South Shore Rd, Day MLS 201412072 \$39,000 Wow! 10' Lake access and building lot!

Cameron Rd, Day MLS 201222438 **\$20,000** 

Surveyed parcel, public lake access and boat docking nearby. Great price!

Ridge Rd, Northville
MLS 201403500 \$19,500
6.5 acre buildable parcel in the Adirondacks!

. . . . . . . . . . . . . . . . .



131 Sinclair Rd, Edinburg MLS 201508910 \$239,000



314 County Hwy 143, Northville MLS 201512138 \$169,000







#### First United Methodist Church

301 South Main Street, P. O. Box 476, Northville, NY 12134 518-863-4911

"I'm so glad I live in a world where there are Octobers." —L.M. Montgomery, in Anne of Green Gables

Pumpkins, harvest time, colorful mums in gardens, colorful leaves falling from the trees, cooler temperatures, night time warmth from

fireplaces, children in silly costumes begging treats, fall festivals ...

October is a magical time and we are so lucky to live in an area where we can experience all of God's splendor, all of God's gifts. The people at First United Methodist Church in Northville, invite you to experience God at worship with us on Sundays at 11 am. Our choir sings every Sunday and worship is often enhanced by flutes, oboe and African drums. Our worship is open to everyone.

Thrift Shop Hours are: Tuesdays, 3:30-6:30 pm; Fridays and Saturdays, 9 am-12:30 pm. We accept CLEAN gently worn clothing, free of animal hair, stains, tears, and cigarette smoke. We appreciate donations from the community but respectfully request that these guidelines be followed.

Choir Rehearsals are Thursdays at 6:30 pm

Following are events planned for October: Oct 10 – Annual Pie Sale, 9 am – 12 pm; sponsored by United Methodist Women Oct 10 – Soup/Sandwich Lunch with a Christmas sale table, 11 am - 2 pm; sponsored by the Outreach Team

#### Make your own

## SCARECROV

Make your own Scarecrow and take it with you on October 17 4 18 10:30am - 2pm \$10

Purchase a Make It Yourself Scarecrow Kit at Some Favorite Things Gallery to make at home. Includes: Sack face, two poles for shoulder and back support, 2 wing nuts, and gloves for hands, no clothing included. \$5 kit only

> Some Favorite Things GALLERY Next to the Hadley Post Office 315 Old Corinth, Hadley NY







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#### **GSL LAKEFRONT**



**EDINBURG \$729,000** 868 North Shore Rd. 3 BR, 2+ BA, lakeside, custom luxurious home. Beautiful landscaping, many elegant amenities. 145' beach **LS131** 

#### N'ville Village: Lakeside



\$360,000 252-262 South Main St. Beautiful historic Victorian spacious 4 BR, 3 BA home on 1.4 acres (2 parcels) w/many unique & custom updates. 3 car post & beam barn/garage. 200' lake frontage on Northville Lake. LS101

#### **GSL LAKESIDE**



**DAY \$329,000** 69 Pine Ridge Rd. 2 BR furnished home, fireplace, open floor plan in excellent condition. Many newer updates. 166.7' Beach **LS104** 

GSL LAKEFRONT

**DAY \$299,000** 1157 North Shore Rd. Spacious 4 BR, 3 BA Furnished Home, open floor plan, stone fireplace, finished lower level, garage. 93.3' beach w/dock. **LF103** 

#### **GSL LAKEFRONT**



DAY \$239,000 2614 South Shore Rd. Cozy LOG HOME: 2+ BR w/fire-place on large lot. Large pole barn (14' x 30'). Lake views, 50' beach. MLS # 201516461 LF107

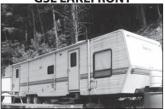
# GSL LAKEFRONT

**DAY \$178,500** 1867 North Shore Rd. Charming 2 BR + loft furnished cottage w/lake & sunset views. Open floor plan, knotty pine, glass sliders to enclosed porch, lots of privacy. 75' Sandy Beach & Dock in a protected cove. **LF109** 

# 2 HOMES FOR PRICE OF 1

EDINBURG \$389,000 1538 & 1542 South Shore Rd. 3 BR 2 BA custom chalet, fireplace, wood interior, + 4 BR, 2 BA farmhouse, both w/many special features. On private 5.44 acres. 50' beach, dock & Mooring. LF104

#### **GSL LAKEFRONT**



**DAY \$99,900** 2338 South Shore Rd. 2 BR camper on 5.27Acres w/underground electric & driveway, lake & sunset views. 150' beach w/dock.**LF102** 

#### **GSL LAKE ACCESS**



BROADALBIN \$225,000 739 County Highway 110. Charming 3 BR 1.5 BA home on 2.55 beautiful landscaped acres. Newer updates, wood floors, large open porch, sun room. 3 car detached garage/barn. 10' beach.

#### **GSL LAKE ACCESS**



BROADALBIN \$87,500 160 Shady Bay Ln. Unfinished chalet w/loft. 10' beach nearby. Owner financing 5% 15–20 yrs. variable rate, prime +1.25%. MLS#201517345 LA108

#### **GSL LAKE ACCESS**



BROADALBIN \$149,900 116 Cayuga Ave. 2BR 2BA Home in good condition located on dead end road. Knotty pine interior, cathedral ceilings, 2 sheds.10' sandy beach w/2 moorings. LA106

**GSL LAKE ACCESS** 



DAY \$259,000 40 Pine Ridge Rd. Contemporary 2 BR 1.5 BA home on 2.6 acres w/lake views. Country kitchen, hardwood floors, fireplace. Garage, 10' beach. LA146

#### **GSL LAKE ACCESS**



**DAY \$69,500** 1947 North Shore Rd. 2 BR rustic Cottage across the road from lake w/views and 10' beach. Open floor plan, enclosed porch & deck. No well or septic. **LA133** 

#### Benson: 1644 Benson Rd.



**\$295,000** On 30 acres: 3–4 BR farm house w/ large barn, bordering Stoney Creek. Mountain views, Northville and Sacandaga Lake nearby. **RS114** 

#### **Wells: 129 Sunset Circle**



\$45,000 Mint condition: 2 BR 2 BA. Manufactured home on large cul-desac lot. Open layout, updated features, Master BR suite w/ bath & whirlpool tub. Rear deck, garage. Town Beach nearby, MLS#201409490 R5128

#### Lots, Land & Acreage

**\$45,000 EDINBURG LA203** Private 2 lots near Edinburg Marina 10' beach nearby. Owner financing.

**\$49,500 NORTHVILLE LA211** 5+ ac. in Hunter Heights. Beach rights

\$129,000 MAYFIELD RS213 52 acres w/panoramic GSL view, well, electric, camper & timber value.

**\$45,000 NORTHVILLE RS216** Ridge Road: 5+ ac.



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## "NUPC Columbus Day Fall Festival Activities"

The Northville United Presbyterian Church (NUPC) is pleased again to participate in the Village of Northville's annual Fall festival during the Columbus Day weekend.

Our Church's two most popular events will again be held at the Red Barn on Main Street, adjacent to the Fire Department. (Thank you again to the Breda and Sedon families.) Activities will take place on October 10th, from 10am-1pm

First, join us again this year for the everpopular "Basket Bonanza Silent Auction." Baskets of all sizes and themes will be available, for all

Northville Civic Association
-Presents-



#### **October Fest 2015**

When: Saturday October 10<sup>th</sup>

Time: 1pm-7pm

Where: Waterfront Park, Northville (Behind The Timeless Tavern)

Please join us for a day full of fun!

There will be: 1<sup>st</sup> Annual Car Show, Hayrides, Interactive Bounce Houses, Craft Vendors, Zombie Painting, Music, Magic Show "Jak Creatlach: Visual Deception Artist" from 1pm-3pm, Physic Autumn, Pumpkins will be for sale, and also from 2-5 Action Photo Booths (action booth is weather Permitting)!

All Proceeds from this event will go towards the 4<sup>th</sup> of July Doins & Fireworks display in Northville!

(B)(B)(B)(B)(B)(B)(B)

ages, wants, and needs! Come and browse, and bid early and often. You are sure to see some great bargains. Why not take home one (or two or more!) They always make terrific gifts (and the holidays are not too far away!) And just as popular, the NUPC food concession, located in the vellow barn, adjacent to the red barn, will offer a variety of home-made chilis and soups, accompanied by crackers and breads! Awesome baked goods and other treats will also be available for purchase. You'll just have to come and see and enjoy all the great food available while you make your basket bids, or just congregate with friends having fun! Again, please save the date and time: October 10th 10am-1pm At the Red Barn on Main St. Bidding on the Baskets ends at 1pm (Come early, the chilis and soups often go fast!) Proceeds all go to help continue doing the Lord's work through our church.

We hope to see you all there!





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#### Featured Properties



356 White Birch Rd. Northampton \$149,900 Adirondack style 3BR home!



109 Spruce Ave, Northampton \$225,000 Private 4BR near Nville Lake!



\$349,000 4 BR, 103' permit on GSL!

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#### CMK: Why We Do What We Do

mission statement is a statement of the purpose of a company, organization or Apperson; its reason for existing; a written declaration of an organization's core purpose and focus that normally remains unchanged over time.

hy do I do what I do? That was the question I had to answer after reading the book, "Start with Why" by Simon Sinek. It seemed like a simple question but deeper into it I realized this is not so simple. Beyond answering that question for myself, I also had to answer it for CMK. At CMK, Why do we do what we do?

s the founder and CEO of CMK and Associates Real Estate, I began with a Areflection on my personal mission statement and my further responsibility to ensure that the company also has a clearly defined sense of "why?". What is the "why", or the mission statement of CMK? I believe that this is it:

\*\*To pursue life with passion while seeking our full potential and having a positive impact on the world around us. To be content with where we are while having a desire to pursue even further." This is Why we do what we do. We have a desire to be our best. Not just for ourselves, but for those around us. We want to give it our all, and continually learn and develop our skills and abilities. This is much of the reason why CMK, in just 7 years, has found the level of success that we have. Our goal was to be the best that we can be and to help others. The result has been success.

t CMK we are passionate about life. Family, faith, friendships, nature. We A look to make a positive impact every day, which is one of the joys of helping people accomplish their goals in Real Estate! The emotional experience is incredibly rewarding, and never gets old. At age 34 I look back and say, 'Wow, what a ride!'. However, I look forward and say, "What else can I do?" CMK at age 7 can look back and say the same thing. It has been a great ride. In 7 years we have gone from a startup to a successful company with over 50 agents and staff helping hundreds of clients every year buy and sell Real Estate. We are excited about what is next. What will the next 7 years look like? We are passionate about being the best we can be and having a positive impact on the world around us. We are content with where we are, however our desire is to go further. Thank you for being part of the journey!

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#### Northville Baptist Church by Barbara Klueg

Hear & Follow!

The other day someone asked me if I knew the name of a certain woman in our church. She described where she sat each Sunday and gave me a physical description, but I still didn't know who she was asking me about. But then she said you know, she's a hugger and hugs everyone! Well, then I knew exactly who she was asking me about - Rose! We are actually more identifiable by our actions than any other characteristics, aren't we? Jesus said in John 10:27, "My sheep hear my voice; I know them, and they follow me." Hearing is not enough. We must know Him personally, and follow Him! It is our behavior that demonstrates that we are a believer and follower of Jesus. Our identity is proven by what we do! It kind of goes along with that old saying – actions speak louder than words! Do folks know that you believe and belong to Jesus when they observe you? And how about when you are under pressure or things are just not going right in your life? Is it easy for them to see then, too? Here is a good quote, "The soul is like a sponge when squeezed – whatever is in it, comes out!" When you are squeezed by life's pressures do your actions indicate that you know and love the Lord? The Bible says, "Those who hear Jesus' voice and follow Him are His children." May others easily see that we are God's Children - followers of Jesus! October is a special month at our church. We have guest speakers every Sunday (10 AM and 7 PM). October 4th Juan Cortado of Gospel for Asia is speaking in the morning service and in the evening service a national pastor from the

Philippines. October 11th one of our own young adults, Jaime Donnan, is sharing about being a worker in Southeast Asia in the morning. Then in the evening service Gary and Carole Allen are speaking about their work in Turkey. Perry Jones, director of Capital Rescue Mission in Albany, is speaking Sunday morning on October 18th and in the evening Donn and Cyndie Truax are sharing about their Change of One Ministries in Gloversville (Cyndie was also brought up in our church). On October 25th our daughter Sarah and her husband Will are sharing in the morning service about their new church work in Philly (and yes, Sarah was a Northville Baptist girl, too). In the evening James Wittenberger of Bibles International is speaking. Come visit us to hear these great guest speakers. I think you will be glad

We want to be an encouragement and blessing to you! Join us any Sunday. We would love to meet you and get to know you better! We are just regular folks, who need to know God better and to hear His truth preached. We all long for a deeper purpose in life and finding friendship. You will find it at our church. We don't have all the answers, but we know the one who does!

#### Church Schedule:

Sunday (Staffed Nursery Provided)

8:45 AM (Sunday School for all ages)

10:00 AM (Worship)

11:30 AM (Sunday School for adults only)

7:00 PM (1st Sun: Video) (2nd Sun: Question & Answer Time)

(3rd Sun: Something Special) (4th Sun: Bible Institute) (5th Sun: Potluck Dinner)

Monday (Check church website)

Bible Club (after school till 4 PM for K-5th Grades) Girls Bible Study (HS girls at Philos)

Man Up (Bible Study for HS boys at Pink Chicken)

Wednesday (Check church website) 6:00-7:30 Jr High Youth (6th - 8th grade) at BCON Corner

8:00-9:30 Sr. High Youth (9th - 12th grade) at BCON Corner

Thursday

10:00 AM (FREE Baked Goods at BCON Corner) 10:30 AM (3rd Thurs. only: Nursing Home Service at Nathan Littauer)

7:00 PM (Prayer/Praise at Church, Staffed Nursery Provided)

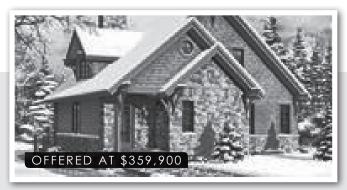
Friday (Check church website) 7:00 – 10:00 PM Pink Chicken (8th-12th grade)





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## TRIATHLON DONATES TO LOCAL CHARITY

79 athletes participated in the Sixth Annual Peck's Lake Challenge Sprint Triathlon, held on Saturday, August 1 on and around Peck's Lake, located in the towns of Johnstown and Bleecker in Fulton County. \$1,000 was raised by the event to benefit the Child Advocacy Center, a service of the Mental Health Association in Fulton & Montgomery Counties. The event was co-presented by the Peck's Lake Protective Association and the Fulton Montgomery Regional Chamber of Commerce.

"We are pleased to help present a positive event such as the Triathlon in our community and to be able to donate a portion of the proceeds to such a worthy cause," stated Gina DaBiere-Gibbs, Director of Tourism for the Chamber. "Fulton County is fortunate to have such a great event that showcases the area to visitors. And the Child Advocacy Center is an essential service providing a safe environment for children and families."

The Child Advocacy Center in Fulton County (CAC) is a child-focused, facility based program in which representatives from many disciplines – law enforcement, child protection, mental health, medical, district attorney's office, and victim advocacy – work together, conducting joint forensic interviews and making decisions regarding the investigation, treatment, management, and prosecution of child abuse and maltreatment cases. The Child Advocacy Center provides a comfortable, private child-friendly setting which is physically

and psychologically safe for children and families. For more information about the CAC, please call (518) 736-2443 or visit www.mentalhealthassociation. org.

Triathlon results for all participants can be found on the Fulton County Tourism website at www.44lakes.com/blog. Photos from the event can be found on the Visit Fulton County, NY Facebook page.







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#### Fall Fun Trail Ride/ Woodland Walk & Harvest Lunch

Saratoga Springs, NY: Join us for a Trail Ride and Woodland Walk on Sunday, October 4, 2015 from 9:30 am – 1:30 pm at Bob's Trees, Galway, NY. Ride your horse on marked trails or take a guided woodland walk. Sponsored by Cornell Cooperative Extension of Saratoga and CCE Equine to benefit the 4-H Training Center.

This Trail Ride will last approximately 2 hours and can be shortened if needed.

Enjoy a leisurely educational walk through the woodlands at Bob's Trees. Learn about the flora and fauna of the local area.

Children must be accompanied by an adult and must be 8 years old to ride. Trail ride \$20 for adults and \$15 for children under 12. Woodland Walk \$10 adults and \$8 for children under 12. Lunch is included.

For registration forms or more information contact Cornell Cooperative Extension of Saratoga County at 518-885-8995. Tour information can also be found at www.cceequine.com



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#### CROP Walk for the Wells/ Speculator/Lake Pleasant Area

Contact person: Alice Megargle 924-2220

A walk to raise money for impoverished hungry people around the world is scheduled for Sunday, October 4, 2015. CROP is an acronym for "Communities Responding to Overcome Poverty". CROP is part of Church World Service that sponsors such walks all around the United States. This particular walk is hosted by the area churches in Wells, Speculator, Lake Pleasant, and Piseco. Walking symbolizes the miles that people in many poorer countries must walk to reach clean water and food.

The walk will be held in Wells starting and ending at the Wells United Methodist Church on Main Street. Those who are able will walk around Lake Algonquin (three and one half miles) but shorter distances can be walked. Registration will

begin at 1:30 pm at the Church with the walk starting at 2:00pm. There will be water and rest stops along the route with refreshments at the Church following the walk.

Walkers should sign-up sponsors and can receive donation envelopes at any of the local churches. Twentyfive percent of the funds raised will be returned to food pantries in the area with the rest used to support selfhelp development programs, meet emergency needs, and help address the root causes of poverty around the world.



### The Newsletter

Ad & Copy Deadline is the 17th of Every Month

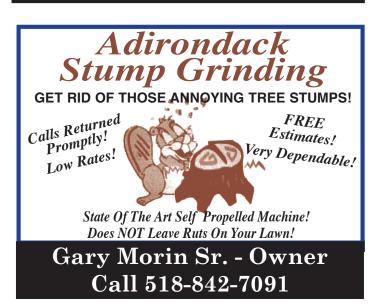




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# THE Sacandaga Protection Committee Wins Lawsuit In Federal Court!

After six years and many thousands of legal dollars, The Sacandaga Protection Committee (SPC) emerged victorious when Senior U.S. District Judge Norman A. Mordue granted the Committee's motion for Summary Judgment against Niagara Mohawk Power Corp. (d.b.a. National Grid). This is a major victory for the SPC and the entire lake community.

In 2009 Niagara Mohawk (NM) filed a lawsuit in Federal Court against the Hudson River Black River Regulating District (HRBRRD) challenging the authority of the District to charge NM for the benefits NM derives from the Conklinville Dam for property NM owns on the Hudson River. In the lawsuit NM claimed that privately-owned properties and permit holders surrounding the Great Sacandaga Lake (GSL) "are beneficiaries and should be assessed" the same as all downstream beneficiaries. NM also made a number of additional causes of actions, including "preemption", "equal protection", and 'taking claims".

The Sacandaga Protection Committee (SPC) and its legal representatives Hodgson Russ took major

exception that permit holders should be subject to the same beneficiary assessments as the downstream beneficiaries. The SPC legal team filed for and was granted intervenor status to gain protect the rights of the property owners on and around the Great Sacandaga Lake.

On September 8, 2015, the Federal Judge Mordue issued a verdict granting SPC's motion for summary judgement. Summary judgement is issued when the facts of the case are indisputable and can have only one verdict – that the permit areas are NOT the same as downstream beneficiaries and do not have to be considered beneficiaries for the purpose of

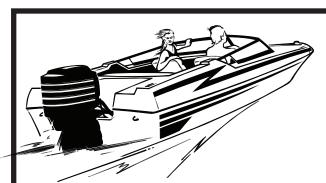


downstream assessments.

The Judge clearly distinguished that the benefits of flood protection are not the same as recreational benefits enjoyed by the users of the lake. The Court found that the HRBRRD can reasonably distinguish between entities having flood protection and Lake permit areas. The fact that the Reservoir confers on the permit holders' properties benefits – primarily recreation, view, and resultant increased property value – are categorically distinct from the flood protection benefits conferred on the properties downstream of the Conklingville Dam. The fact that the State owns the land immediately surrounding the Reservoir and the adjacent properties have permits to access that land, was an important factor in the decision.

Unfortunately, the summary judgement in favor of the SPC does not end the entire lawsuit. In the very complicated lawsuit, Judge Mordue ruled that NM's equal protection claim against the HRBRRD cannot be decided on a summary judgement and the case will proceed to trial. The Court did rule in favor of the District and dismissed a portion of the \$5 million claim because the claim was limited by a three year statute of limitations. There was no ruling on the claim for the three year period, and the case will proceed to resolve that issue.





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#### Edinburg Historical Society

PO Box 801, Northville, NY 12134

#### www.EdinburgHistoricalSociety.org

On Tuesday, October 20, 7 p.m. the Edinburg Historical Society will hold its monthly meeting at the Edinburg Community Center on Military Road. The program will feature Steven Engelhart Executive Director at Adirondack Architectural Heritage. He has fascinating comments on Adirondack structures, bridges, fire towers, great camps and even prisons. His talk and slide presentation will be about architectural home styles you see in the Adirondacks.

Thanks to the community for their wonderful support of the Edinburg Fall Festival. It was a great success. Thank you to those who donated their time, chili, soup and baked goods. The new 2015 t-shirts are still available. Contact George

Blackwell at 863-6772 for further information. They make great Christmas presents.

Don't forget to send us your recipes for our new cookbook which will have an historic twist. You do not have to be a member of EHS or reside in Edinburg. All recipes are welcome. Mail your recipes to Andrea Blackwood, 4 Morris Road, Edinburg, NY 12134 or email them to cckoza@ yahoo.com.

The Edinburg Historical Society continues to raise funds for the restoration and maintenance of the Copeland Historic Site. Your donation of \$25 will purchase a share certificate for yourself, as a gift, in honor of a loved one or in memory of a loved one. Upon receipt of your donation, a certificate will be sent to the recipient you request and the name will be posted in the Copeland Covered Bridge. Send your request to the Edinburg Historical Society, PO Box 801, Northville, NY 12134. Forms are available at our website.

Visit the Society's website: www. EdinburgHistoricalSociety.com. All meetings and programs are free and open to the public.

Contact Maria Spaeth, president for further information at the spaeths@ymail.com or 863-7063.

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## Can't Wait For The Fall Colors

Home Cooking Homemade Soups & Pies

# Edinburg Bible Chapel Pastor John Trzaskos

#### Greetings Folks,

Summer, Winter, Spring and Fall Praise the Lord! We enjoy them all!!

No doubt we have enjoyed summer. Yet we know summer is fading and the Fall season is in full bloom. The tell tale signs are evident. The water levels of the Great Sacandaga have receded. The leaves and pine need have changed in color and have fallen to the ground. The leaf rakes and the leaf blowers have piled up mounds of leafs. The animals know the seasons are changing and are preparing for the Fall season too. They are busy gathering and storing up food. The birds will come together in preparation for their flight to warmer climates. Many of us will finish splitting and stacking up firewood to warm us on those chilly nights. Think about it, all of us engage in some kind of preparation. For example, students prepare for tests, a patient prepares for a medical test, a surgeon prepares for surgery, a jogger prepares for a marathon and on it goes. Preparation affects everyone. It does not matter if we self-prepare or someone does it for us. Either way it brings change to our lives. I wouldn't be surprised if a poll was taken on this topic and found that 60% of the people take preparation lightly and the effects of it are inconsequential. Other way of saying it-Preparation is a waste of time!!

Preparation can be the difference between life or death, better or best, success or failure, victim or victor, acceptance or rejection, abundance or lack. All of these possibilities are just the beginning of the benefits of preparation.

Just think! God created us in His image! WOW!! (Genesis 1:27) We read in Genesis 2:8 that God prepared the Garden of Eden for Adam and Eve. In Ephesians 2:10 the Apostle Paul wrote that we are God's workmanship created in Christ Jesus to do good works, which God Prepared in advance for us to do.

God's purpose for us was included in his preparation for the good works assigned to us. The Bible is the standard for all that we do in Jesus name. Just one other example, begin reading 2 Timothy 3:16, then read 2 Timothy 2:15, go to Ephesians 5:1, then to Matthew 6:33 and end with John 3:16. You will see that this series of scriptures reveal the Sovereignty and Providence of God in preparing our spirit for His divine plan

and purpose for our lives. As the seasons change so do the seasons of life.

So my friends; as we prepare for the coming changes why not consider is your spiritual walk. Do you feel that everything is A-okay. Do you have a yearning inside your spirit, you are restless and do not know how to bring an inner peace? Have you lost sight of God's purpose for your life? Do you have a church home, are you searching for a place to worship? Why not come to Edinburg Bible Chapel this Sunday. Join with us as we worship our Lord Jesus. Come see and experience the joy of worship. As you renew your spirit you will be refreshed as you find God's divine purpose again and prepare your life for the coming changes.

Remember that change is necessary in our lives. It let's us know that we are growing and maturing in our relationship with Jesus and thus with others.

#### Our schedule: Sunday Morning Worship:

10:00---Nursery is available

Sunday School: 11:15-12:00---All Ages

Sun. Evening: 7:00

Wednesday Evening Prayer & Praise-Bible Study

7:00



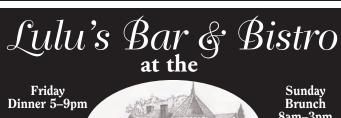
Home Cooking Homemade Soups & Pies Breakfast ~ Lunch ~ Dinner

## Look For The Fall Colors

Check Out Our **Everyday** Breakfast -Lunch - Dinner **Specials Board** 

#### **Hours:**

Mon-Thur 5:00am-8:00pm Fri-Sat 5:00am-9:00pm Sun 6:00am-6pm Closed 11am Labor Day



Saturday Lunch & Dinner Noon-9pm



8am-3pm

Monday Dinner 5-9pm



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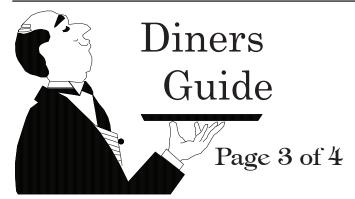


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# Ad & Copy Deadline is the 17th of Every Month

#### Thank You

A Big Thank You to Danny Allen and his sons Dan and Matt of Hadley/Day.

They recently logged my land and did a great job. They did everything they promised and more. They were honest, did a very neat job, and were hard working and efficient. If more people had their work ethic, we would all be better off. I highly recommend these guys if you need some land logged.

George Hanstein Horse Hill Rd. Hadley, NY.

# Wells United Methodist Church COLUMBUS DAY DINNER



**Chicken & Biscuits** 

Wednesday, Oct 7 4:00 PM-6:30 PM

(Or until food runs out)

## Cost:

**\$ 9.00 Adults** 

\$ 4 Children 6 – 12 Free Children under 6 (Take outs are available)

#### Menu:

Chicken in gravy
Biscuits by Bev Peters
Mashed potatoes
Green beans & Carrots
Home-made desserts
Beverage

(Gluten-free option available)

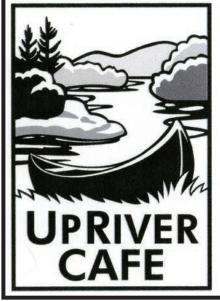


# The Sacandaga Task Force Has Two Exciting Trips For October

Friday, Oct.2nd - the STFSL bus will be heading to Skene Manor in Whitehall for lunch at the historic inn. Then it's on to Fort Edward to the Old Fort Museum to tour five buildings from the 1800's. The buildings, including a "Toll Keepers" house and a law office, are filled with local authentic furnishings.

Tues., Oct 27th - it's the Empire
State Youth Orchestra presenting
their Annual Free Concert at
Proctors. We'll have lunch beforehand.
The bus stops in Northville, Mayfield, and Vail
Mills.

If you are interested in joining us, call 752-8737 and leave your name and phone number on the answering line. Someone will get back to you with the details



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#### Northville Rotary Grows "Service Above Self"

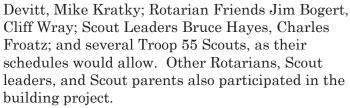
Northville Rotary Presents Boy Scout Troop 55 with Check

The Northville
Rotary Club
presented a check
for \$915.00 to the
Northville Boy Scout
Troop 55 at a regular
Rotary meeting on
September 3, 2015.
Rotary President
Adam Reimers gave
the check to Scout
Master Todd Payne

Master Todd Payne and Board Member Charles Froatz. The check represented the profits from raffling a 12 foot Shellback Dinghy at the Rotary's Seventh Annual Woodworking and Fine Arts

Weekend on July 19, 2015. Both Troop 55 and the Northville Rotary built the boat and sold the raffle tickets.

Rotarian Jeff Meuwissen led the boat building project, which began in the fall of last year. He was assisted by Rotarians Chas Owens, John Mc



Rotarians Cliff Parker and Brad Buyce, who is also a Scout parent, assisted with the ticket selling. Many members from both groups joined in

this effort.

The boat was built in Bill Coffey's shop at 332 North Third Street, Northville. where Mr. Coffey now also has a gallery. The purpose of the project, in addition to being a fund raiser for Troop 55 activities. was to teach woodworking and boat



building skills. Mr. Meuwissen estimated that there are about 500 man hours of work represented in the finished dinghy. He wishes to thank all who participated in making this collaborative effort between the Northville Rotary and Northville Boy Scout Troop 55 a success.



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GSLFF Fall Fishing Contest Sept. 12, 2015

#### NUMBER OF PARTICIPANTS 126



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2 Dean Fisher Sr.	Gloversville,	NY	18 3/4 "	200
3 Gary Godfrey	Northville, N	Y	17 3/8 "	100
4 Andy Cozzolino Jr.	Broadalbin, l	NY	17 1/4 "	50
WALLEYE 1 Brent Mulhlberger 2 Art Georgelas 3 Nolan Paro *4 Brent Mulhlberger *4 Katie Hauser *TIE FOR FORTH	Gloversville, Scotia, NY Fort Plain, N Gloversville, Gloversville,	IY NY	19 1/4 " 19 1/8 " 18 7/8 " 18 3/4 " 18 3/4 "	300 200 100 25 25
PIKE				

Feura Bush, NY

Amsterdam, NY 23 5/8 " 200

TROUT No Entries

1 Dale Jones

2 Wayne Gottobed

3 & 4 No Entries





#### COMMITTEE MEMBERS AND HELPERS

Bob Nielsen, Jack Smith, Harry Lattin, John Fura Randy Gardinier, Gus Muller, Brian Kedik Rich Kedik, Mike Meilunas, Tom Coughln Frank Maguire, Mike Meilunas

GSLFF would like to thank the Sport Island Pub for hosting this event.

This was our final fishing contest for this year. Our next contest will be the ice fishing contest in January, 2016. More details will follow in December.

We will be completing our stocking program for this year with the stocking of walleye shortly. Be aware of the expiration date of your current fishing license as the expiration dates now vary depending upon when the license was purchased.

Visit our website www.GSLFF.COM for down loading entry forms, membership forms, contest results and other information.

The federation always welcomes new members. The next meeting will be held at 7PM on October 20 at the Fish House Fish and Game Club, 478 Fayville Road, Broadalbin, NY.

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#### Adirondack Folk School Schedule for October 2015

51 Main Street, Lake Luzerne, NY 12846 (518) 696-2400 www.adirondackfolkschool.org

All classes are held at the Adirondack Folk School unless otherwise noted.

Friday - Monday, October 2-5 Build the Sagamore Chair with Larry Benjamin. #852-1002. 4 Days, 9am-4pm. Tuition \$465. Member Tuition \$425. Materials Fee \$245.

#### Saturday, October 3

Swirling Star Bowl/Basket with Beverly Cornelius. #730-1003. 1 Day, 8:30am-5:30pm. Tuition \$95. Member Tuition \$85. Materials Fee \$30.

NOTE: Students to bring to class: Basin for water, sheetrock knife, old towel and washcloth, clip clothespins, and a spray bottle.

#### Saturday October 3

Pastels Plein Air with Robert Selkowitz. #794-1003. 1 Day, 10am-5pm. Tuition \$95. Member Tuition \$85.





NOTE: A materials list will be provided upon enrollment.

Saturday & Sunday, October 3&4 Introduction to Bladesmithing with Matthew Parkinson. #809-1003. 2 days, 9-4. Tuition \$230. Member Tuition \$210. Materials Fee \$45. NOTE: Hard shoes and long pants are required for student safety.

Sunday October 4 Soap Making with Chrissey Eberhardt. #753-1004. Half day, 1pm-4pm. Tuition \$50. Member Tuition \$45. Materials Fee \$15.

Sunday October 4 Adirondack Floral Art: Corn Husk & Flower Wreath with Roberta Games. #838-1004. Half day, 1pm-4pm. Tuition \$50. Member Tuition \$45. Materials Fee \$20.

Sunday October 11 Fall Lakes and Waterways at Dawn Photo Tour with Carl Heilman II. #851-1011. One day, 6am-2pm. Tuition \$205. Member Tuition \$195.

NOTE: Equipment requirements include: a DSLR and/or full featured point and shoot camera (preferably with screw-on filter capability), a sturdy tripod, and a remote release. In addition, bring along your widest angle lenses (shortest focal lengths), longer focal length zooms (that can be used with extension tubes), macro lenses, extension tubes, tele-extenders, and close-up diopters you have in your camera bag.

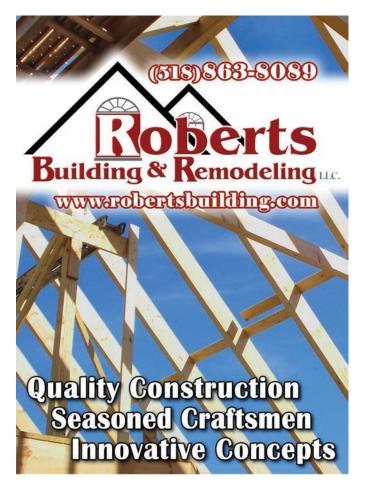
Continued Next Page



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#### From Previous Page

Monday – Friday, October 12-16 Adirondack Cabin with Sam Caldwell. #827-1012. Five days, 9am-4pm. Tuition \$475. Member Tuition \$425. Materials Fee \$900.

Saturday October 17

Tole Painted Cutting Board with Carol Maher. #722-1017. One day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$20.

Saturday October 17

Build A Classic Shaving Horse with David Salvetti. #818-1017. One day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$40.

Saturday & Sunday, October 17&18 Forging A Toasting Iron with Derek Heidemann. #856-1017. Two days, 9am-4pm. Tuition \$230. Member Tuition \$210. Materials Fee \$65. NOTE: Hard shoes and long pants are required for student safety. Sunday October 18

Lampworking: Beyond the Basic Glass Bead - Fun with Floral with Renee Kingsley. #750-1018. One day, 9am-1pm. Tuition \$70. Member Tuition \$60. Materials Fee \$20.

Sunday October 18

Woodturning - Live Edge Bowl with John Kingsley. #741-1018. One Day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$25. NOTE: For your safety: no loose fitting clothes,

NOTE: For your safety: no loose fitting clothes, hair tied back, comfortable shoes, and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

Sunday October 18

Let's Weave a Colorful Sock Rug with Caroline Dvorak. #762-1018. Half Day, 12pm-4pm. Tuition \$75. Member Tuition \$70.

NOTE: Tuition includes all materials.

Monday & Tuesday, October 19&20 Drawing for the Crafts Person with Daniel

Bennett. #855-1019. Two evenings, 6pm-8pm. Tuition \$50. Member Tuition \$45.

Saturday October 24
Adirondack Berry Picker
Basket with Beverly
Cornelius. #733-1024. One
day, 8:30am-5:30pm. Tuition
\$95. Member Tuition \$85.
Materials Fee \$40.
NOTE: Student to bring
to class: Basin for water,
sheetrock knife, old towel or
washcloth, clip clothespins
and a spray bottle.

Saturday October 24 Felting - Nuno Collage Scarf with Robin Blakney-Carlson. #829-1024. One day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$35.

NOTE: Students should bring to class: 2 Old Towels, a heavy or waterproof apron, and wear sleeves you can push up.





Open Forge Night with Steve Gurzler Wednesday October 21. 6:30 p.m. – 8:30 p.m.

Steve Gurzler will fire up our forges to both demonstrate the art of blacksmithing and supervise others as they try their hand at the anvil to heat, bend, and create for the first time. This might be just the thing to prompt you to take one of the many blacksmithing classes offered at AFS. Open Forge Nights are May 20, June 17, July 15, August 19, September 16, and October 21.

Admission is free, but donations are welcome. Donations go towards the materials and expenses and are appreciated.



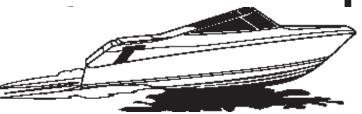


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# HealthLink Littauer's WELLNESS WORDS

Submitted by Carol Tomlinson R.N. B.S., Community Health Educator

#### DO'S & DON'TS OF MEDICATION SAFETY

According to the Institute for Safe Medicine Practices, 40% of adverse drug reactions requiring hospitalization occur in people over age 60. This is, in part, due to the facts that people in this age group use 30% of all prescription drugs and 40% of all over-the-counter (OTC) medication.

Don't gamble with your health! What you don't know CAN hurt you. Every drug, whether prescribed or

OTC, has potential side effects and may interact with other meds or food in a way that may not be safe. For example, antacids can affect blood thinner absorption as well as make some antibiotics ineffective.

To keep safe when you are taking medication, you need to follow this simple list of do's and don'ts to make sure your medication works safely to improve your health.

#### Do's:

Do take each medication exactly as prescribed. Do make sure all of your doctors know about all of your medications.

Do tell your doctor(s) about any OTC medications you are taking including vitamins and other supplements.

Do use the same pharmacy so they can help you understand how to use all of your drugs safely and identify possible interactions.

Do keep medications out of the reach of children and pets.



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Don'ts:

Don't change your medication dose or schedule unless you talk with your MD.

Don't use medication prescribed for someone else.

Don't crush or break pills unless your doctor or pharmacist advises you to.

Don't store your meds in locations that are humid, too hot or too cold. It is recommended that you don't store medication in your bathroom, near your stove or in the refrigerator, unless the pharmacist indicates particular temperatures for the drug.

Don't use medication beyond its expiration date.

Dispose of Medications Safely

When medications have passed their expiration dates, disposing of them safely will protect you and others, including children and pets, and anyone who might find these meds in your trash. Safe disposal of meds also protects the environment from toxic pollutants.

Continued Next Page









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#### From Previous Page

The Federal Drug Administration (FDA) recommends the following disposal guidelines: Remove drugs from their original containers and remove or scratch out identifying information from labels.

Do NOT crush pills or capsules. Mix medications with kitty litter, coffee grounds, or another substance that will absorb them or make them undesirable.

Put this mixture into a sealable plastic bag or a bottle with screw-on lid and place in trash. Check with your local police department or pharmacy for their drug take back plans.

For more information about prescription drug disposal, contact the HFM Prevention Council at 736-8188, check with your local police agency or pharmacy, or call HealthLink Littauer at 736-1120. You can e-mail us at healthlink@nlh. org, see our website at nlh.org, or visit our NEW wellness center at 2 Colonial Court in downtown Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.



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#### **TOPS 1005**

TOPS (take off pounds sensibly) can help you reach your weight loss goals by providing you with the tools, information, support and accountability you need to be successful. After all, this has been a winning formula for tens of thousands of TOPS members for over the last 60 years!!

You only get out of TOPS what you put into it. We can't guarantee weight loss just by attending meetings. But we can offer support throughout each stage of the journey, including after you reach your goal weight! Weekly meeting can help you take an honest look at the changes you need to make, and help you appreciate who you are on the inside and on the outside!

What inspirational meetings we have at TOPS 1005 Northville! At one such meeting we had our annual TOPS view with several members speaking about their journey's ....

Joyce Callahan talked about how she changed her eating habits and how she stays away from pasta and bread! Laurie Dimick spoke about how Ryan (Cathe Bard's grandson) was an inspiration to her and how the support from the chapter is key to her success. Sherri Chamberlain talked about what her turning point was at losing her weight...she sets small goals and has been successful at doing so with being our biggest loser these past few months! Ronnie Flynn came out of her comfort zone and found the support from our members in her journey to lose those last few pounds until her goal! Diane Mack is able to do so much more since losing weight.... She needed to do

this for HERSELF! She looks better, feels better and what more can one want!! Kudos to all and thanks for the wonderful testimonials!!!

We welcomed two new members to our group! Nancy Franks from Northville and Ellen Bardwell, from Wells! Great having you both join us!

Our best KOPS Loser for the month was Terry Poulin and the best TOPS loser was Sherri Chamberlain. Other losers for the month are: Diane Mack, Doug Hodes, Ellen Desharnais, Ginger Driscol, Joyce Callahan and Nancy Franks.

Join us at TOPS NY 1005 Northville on Tuesdays! Weigh in is from 4:30-5:15pm with the meeting beginning soon after. We meet downstairs at the Bradt building (South Main St. in Northville) and the first meeting is free.

For more information, call 863-8389 or visit us at www.tops.org on the web.

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## **Edinburg School News**



Edinburg Eagles
School News
by Ms. Kimberly S.
Hromada, Superintendent



The Edinburg Common School opened its doors to 81 children PK-6 on September 8, 2015. Students are settling in to a new Morning Program routine that

runs from 7:45-8:20 daily. Following a nutritional breakfast and announcements by our sixth grade leaders, all students K-6 spend 15-20 minutes with a different special area teacher each morning. Music Mondays, Terrific Tuesdays, Walking Wednesdays, Sketch book Thursdays and Funky Fridays provide our students with a variety of

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health and fitness ideas as well as an additional dose of the arts. This is a positive and active way to start each school day  $\square$ 

The Edinburg Common School staff worked hard this summer to develop the foundational goals for a long range, multi-year plan geared toward increasing student performance and further engaging students, families and community members in the learning process and school environment. The theme for this year is "Edinburg Common School, A great place to grow and learn together." This year it is our collective hope that parents, staff and community members alike will unite in our mission "to provide a quality education and a caring environment for all students so that they may grow, achieve, and make a positive contribution to our ever changing world." We are looking forward to an exciting school year working together with parents and the community. New this year, parents will receive math tips that align with your child's homework and math curriculum and will serve as a guide to help with understanding of the math expectations and strategies. Although the role out of the common core standards and NYS assessments was not smooth and there are many groups touting the negatives, there are so many positives that we hope to share with you throughout the school year regarding the benefits of aligned standards and assessments in ELA and Math. So please keep an open mind regarding common core standards and NYS aligned assessments and remember that not all sources are equal and there are two sides to every debate.

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#### FIVE TIPS TO HELP YOU SUPPORT THE COMMON CORE AT HOME

#### From Patrick Daley, Senior Vice President & Publisher, Scholastic Classroom & Community Group

- 1. Talk about books, especially the great ones. The Common Core says that children need to read "books worth reading." We all know that reading ANYTHING is great for kids, but they should be exposed to great writers and challenging content too. Lead by example!
- 2. Ask your children questions about what they're reading.

One of the key shifts with the Common Core is its requirement that students (both orally and in writing) cite evidence from the texts they're reading to make an argument. Try asking questions that require your kids to talk about the content of the books they're reading. For example, have them give reasons why a favorite character was heroic or clever or forgiving.

- 3. Push your kids to read nonfiction. Reading fiction is still a critical and wonderful part of learning to read, but the Common Core elevates the importance of nonfiction, or "informational text," as the authors of the standards call it. Does your son love gross bugs? Get him a book about cockroach infestations and let him dig deep into a topic that interests him. You might have a future scientist in your house!
- 4. Encourage your kids to write, write, write. The Common Core State Standards emphasize the fundamental link between reading and writing. Writing to persuade by citing evidence is a key 21st-century skill. Encourage your children to keep a journal or blog, or write a letter or an e-mail to a favorite author.
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5. Talk math with your kids.

The Common Core requires students to learn important math "reasoning" skills in addition to learning their multiplication tables and memorizing formulas. Parents: Try talking to your kids about mathematical practices they use every day. Have them estimate time and distance, compare the value of products in a store, or calculate the tip when you're out to dinner.

6. Use the ENGAGE NY website. This website posts all of the Common Core Math modules, lessons and examples. You can go on this site and see exactly how it was taught in school that day and what examples and notes your child should have. It can be a tricky site to navigate, but once you find the modules for your child's grade, you can bookmark it for future reference. There is a link to this site on the Edinburg Common School webpage.

## The Newsletter

Ad & Copy Deadline is the 17th of Every Month

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#### TOPS #NY 0776 Northville

HELLO....We hope that everyone has had a great summer....we certainly had a nice one weatherwise and Fall is looking good also. It is such a great time to get out and really enjoy our beautiful area and get some exercise in the process. Walks in the cool mornings before the day heats up are very invigorating and makes us feel better about tackling the day. Visiting our many apple orchards and picking our own and enjoying all the wonderful farm fresh fruits and vegetables is very healthy. So, we hope you can get outside and enjoy the beautiful high peaks of the Adirondacks in all their glorious colors and the valley areas with their farms and orchards to provide us with healthy local products. That is just the tip of the iceberg of what you can find on a Saturday or Sunday ride through the area.

Our chapter meets every week to support each other in our journey of losing weight and eating healthy. Each week a member gives a program on a multitude of subjects in regard to weight loss and healthy choices. Whether it be binge or emotional eating, which has been a topic we have been covering in the past few meetings with programs presented by Bonnie Bushnell, Janet Witts and Marie Ruby or just a group discussion on whatever new and healthy

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ways to eat and exercise.. After the programs, we have group discussions, which are very enlightening and helpful to all of us in attendance. We are looking forward to our Fall Rally the end of this month in Saratoga and getting together with all of our other TOPS & KOPS friends and hearing about all their accomplishments.

Every month at our meetings our members receive special recognition and certificates for accomplishing weight losses during the month and other milestones. For the months of June, July and August, the following recognitions have been presented:

JUNE:

TOPS Loser of the Month –Dolores Margies – She received a charm. Other TOPS members who received Certificates for a Weight Loss During the Month are: Marjorie Decker, Jeannine Hillman, Janet Witts, Jane Smith, Kathy Povey, Jackie Long, Terry Moeller, Peg Mesnick and Dolores Margies. Great Job Ladies!!!

JULY: TOPS Loser of the Month – Marie Ruby KOPS Loser of the Month – Georgia Jacquard (Who is in her 24th year of maintaining her KOPS Status)

Holiday Winners- July 4th - Georgia Jacquard,

Bonnie Bushnell, Marjorie Decker, Jeannine Hillman, Kathy Povey, Eileen Quinlivin CERTIFICATES of LOSS FOR THE MONTH: Marjorie Decker, Jeannine Hillman, Janet Witts, Kathy Povey, Dolores Margies, Bonnie Bushnell, Eileen Quinlivin, Rita Smith, Marie Ruby, Georgia Jacquard. (Another great month) AUGUST:

CERTIFICATES of LOSS FOR THE MONTH: Eileen Quinlivin, Peg Mesnick, Bonnie Bushnell Nice Job!!!

We would welcome anyone who would like to attend a meeting to see what TOPS is about and how TOPS and the support of your fellow members and yourself can reach the goals you are striving for.

We meet every Wednesday night at the First United Methodist Church at 301 S. Main Street in Northville in the Youth Room upstairs. Weigh In is from 5:15 pm to 5:45 pm and our meeting is immediately after weigh in time. We would enjoy having you join us for a meeting to learn more about TOPS and what it can do for you. If you have any questions in regard to our meetings and our chapter, please feel free to drop in on our meeting night and we can provide you with answers to your questions. Look forward to having you Join us!!

HAPPY FALL.....









Wednesday Nights 7pm

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For Sale - Napoleon 1100 cast iron wood stove. Painted black. Good condition, \$300.00

Call: 696-2828 (leave message)

For Sale Sunfish Sailboat with trailer. Asking \$600.00 Alagesh Guide Canoe. Asking \$250.00 Dock barrels, 2 for \$25.00 Call 315-765-0476 or 518-696-5988

#### **Lost Canoe**

My canoe came loose last week at 25 Lakeside Ave by Batchellerville Bridge. It is red/orange in color. Please call Honora if found 863-8653



## The Newsletter

Ad & Copy Deadline is the 17th of Every Month Please Call The Newsletter With Your Copy or Drop it Off At Our Mailbox at 819 North Shore Rd. - Thanx!

#### From Hawk On Back Page

shut down. I also learned that the Mohawk people do not pray because they do not request anything. They believe that they have everything they need because it was all provided by the creator. When the Chief blessed the spring he asked people in the audience to help with thanks, kindness, greetings and love in order to lift it up to universe. His message really struck a chord with me and many others. We take too many of the things we are given for granted but seriously, can you imagine a world without water? We do not think about it when it is there but when it is gone we realize how important it is. It reminded me of the importance of the service that we provide.

We at Hawk Drilling, were proud to be part of this historic moment. My great grandfather came to this area in 1927 to drill piling holes for Conklingville Dam. He stayed in the area and became involved in working on the springs in the 1940's. My great grandfather, my grandfather, my father, my husband and son have all worked on the springs and on the day of drilling there were four generations of Hawk's onsite. I told the crowd that we are proud to be part of the history of Saratoga and we are proud that Saratoga is part of the Hawk Drilling history,

The next time you are in Saratoga stop and visit the newly rededicated spring in High Rock Park. The water is flowing from a fountain and we believe it will become the favorite spring in Saratoga. The water belongs to the people and is there for all to enjoy.









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#### **Did You Know**

Last Saturday our family got to meet Sir William Johnson at the rededication of the High Rock Spring, which was part of the Centennial Celebration in Saratoga Springs. He recounted his trip to the famous spring in 1771. He had a leg injury he obtained in the Battle of Lake George. He was brought by the Mohawk Indians, to bathe in the healing water. When he was rested and told everyone he walked back to Johnstown. The drive from Saratoga to Johnstown can be tedious can you imagine walking? The program was a truly educational event and it was fun to be part of the ceremony. When I had my chance to speak I asked Sir Johnson if he really went back to Johnstown or if he went to his famous fish camp in what is now known as Fish House. Seriously 1771 was a long time ago and his memory must be going! I caught him off guard but Jamie Parillo, the City Historian, played his role

\*Registered with the State of New York DEC \*Certified Well Drillers and Pump Installers











Chief Porter's great great grandmother was married to Sir William Johnson. The Chief was invited to bless the spring and provided some interesting history and sage advice about water. He said he was taught by his mother and grandmother to never sell water because water belongs to the creator, people, animals and all life. He said if water was bought and sold there would not be any left and it belonged to the whole world. Ironically the original spring was sold to be developed to bottle the water. It bankrupted the original investors and, over time, the spring eventually dewatered and had to be

well. We also got to meet a real Mohawk Indian Chief, Tom Porter. Interestingly,

#### $Continued\ Inside\ Back\ Page$

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GOD BLESS AMERICA September 11, 2001 We will never forget.



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