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JANUARY 2017

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VOLUME 36 # 5

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JANUARY 2017 COMMUNITY CALENDAR

DECEMBER

SUN 25 MERRY CHRISTMAS

JANUARY

SUN 1 Happy New Year

MON 9 Edinburg School Board 6pm

Fri 13 SACANDAGA SENIORS 1:00 Edinburg Community Center

THURS 19 Edinburg Town Board Meeting 6:30

THURS 26 Edinburg Planning Board 7:00

Fri 27 SACANDAGA SENIORS 1:00 Edinburg Community Center

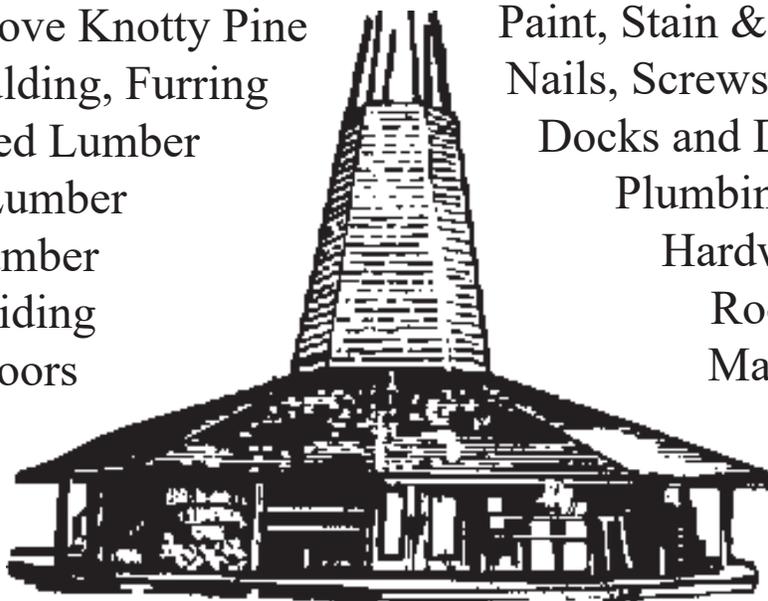
SAT 28 GSLFF Fishing Contest - See Pg. 39



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Birthdays - Anniversaries & Other



Paul F
Wendy F
Wayne S
Kelly F
Todd F

Butch R
Brendan T
Christina P
Grace M
John W

Belated Birthday Ann Blanchard
From: The Four Corners Diner
"Happy New Years"

Special Happy 91st Birthday to a Special Lady
Lena Boyd.

In loving memory Cathy Ferguson one year
January 3. We all love and miss you Everyday.
John, Tammy, Chad, Timothy, Maddy and
families.



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Thank You

The family of David G Winn would like to thank everyone that has supported our family in the last few months and over the last few weeks. David always had a kind word for everyone, even strangers. He really was a simple man who did not ask for much. That is why it was so easy to love him. Our family has received so many kind words in person and cards since his passing and we all appreciated each and every one of you. This holiday season will be hard for our family but we know that he is celebrating with his parents, dog, and many car buddies up there, and we will be sharing our memories of Christmas past.

Merry Christmas from the Winn Family.

VICKI J. PRAGER
ATTORNEY AND COUNSELOR AT LAW

LAW OFFICE OF VICKI J. PRAGER

111 Bridge St. PO Box 78
Northville, NY 12134

vpragerlegal@gmail.com

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HOURS BY APPOINTMENT

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Thanx!

Annual Sportsman Swap Meet

January 21, 2017
9:00 am – 1:00 pm

Wells Community Hall
1382 Route 30



Admission \$2.00
Rent a table \$20.00

Come to swap, buy, or look
Food Available

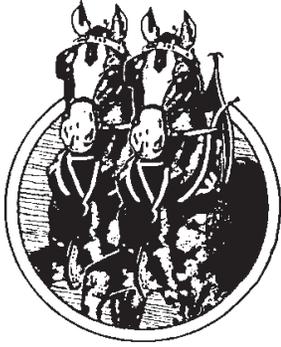
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DON BOWMAN REMEMBERS

Tales of the Sacandaga Valley

Many years ago we had a column titled Don Bowman Remembers. It was written by a gentleman who lived in this area for many years, and worked on the dam and bridge. He lived in a bygone era of simpler times and strong resourceful people. We have access to many stories of the time and have decided to start printing them in our publication again.

I hope you enjoy them as much as we do.

The Borderers

Colin told us that his ancestors had been borderers. That they came to America from the border between England and Scotland. But that the borderers owed allegiance to themselves before they owed allegiance to Scotland or England. No matter which side of the border they lived on.

Colin said as a boy he was told stories of the border and the people. They were bandits and vagabonds. They stole sheep, chickens and rustled cattle and did some holdups.

That was why the family that came to the valley settled in the vast reaches of the Big Vly. At first in those long ago years some of the fold in the Big Vly (Big Fly) were called the "Swamp Angels". But they became law abiding citizens.

Stage Coach Ride

This was written many, many years ago by a worker on the Dam.

"Oh, I took a trip down river in the Conklingville Stage to Luzerne on the Bay. On the way, I ate some crullers just to pass the time away. But the road was so bumpy that those crullers would not stay. So I left them down at Luzerne."

Luzerne on the Bay.

Face Down

We used to see it in the Sacandaga when a body was found. The dead man's body. "The dead man's float", it was called.

Because the body usually floated face down.

The arms either wide spread or the hands reaching downward.

Oft times after payday there was a body of a drunk to be found in the water.

Some Valley Humor

Jess from Conklingville met Lloyd and asked, "What are you looking so glum about?" "Well today is my birthday and Pop gave me a solid-state, nonmagnetic, lifetime guaranteed, shatterproof, waterproof, wristwatch." "Gee, that's great," said Jess. "But why are you so sad?"

Lloyd said, "I can't tell time."

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Northville Rotary Grows "Service Above Self"

Northville Rotary Gives Back to the Community

In an attempt to give back to the community that has supported our fundraising events - the Woodworking and Fine Arts Show, Christmas Party, and Beer Fest - the Northville Rotary has provided financial support to a number of local projects. Through our grants process, we have donated \$1550 to three initiatives at the Northville Central School, provided \$250 toward the Edinburg Tree Lighting activities, and have pledged \$1,000 towards the playground project at the Edinburg School.

The money given to NCS will provide the reinstatement of a Community Garden through the schools Green Club, a Tobacco Prevention Program for grades 3-9, and items of personal hygiene for a Care Closet that are of no cost to students.

In addition to monetary donations, the Club has again participated in the Rotary Wreath

Program where members provide gifts for children through the Fulmont Community Action Agency in Northville.

In honor of Veteran's Day in November, the Club spearheaded a drive along with the Interact Club at NCS for items that were donated to the Veteran's Miracle Center in Albany. Through grants, cash donations were made to the Victoria Acres Equine Facility which assists veterans and others with physical and developmental challenges through equine activities, and to our local Sacandaga Post 1060 of the American Legion to help with their pavilion electrification project.

The Northville Rotary will be a major sponsor of this year's Winterfest on February 4th and will provide the money necessary to fund many of the activities.

In order to continue this good work, Northville Rotary is looking for more people in the community to join. We welcome new members who are interested in pursuing our motto "Service Above Self"!

Rotary meets 5:30 on Thursdays either at the Sport Island Pub or the Timeless Tavern. Check our website NorthvilleRotary.com. If you have an idea for a grant, contact Sue Owens for an application at sowens26@nycap.rr.com. or on our website.

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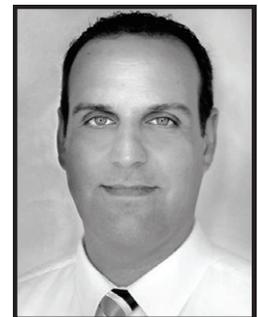
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EDINBURG TOWN REPORT

www.edinburgny.com

by Jean Raymond



Happy New Year & Best Wishes For 2017

Four Corners Tree Lighting

The annual tree lighting was held on December 3rd. Once again the event was a complete success thanks to the efforts of Jackie Nichols and Sandy Moore and the many dedicated volunteers. The face painting and horse and wagon rides were supplied by the town and enjoyed by everyone. Thank you to everyone who volunteered, participated and attended.

STAR and Enhanced STAR

Any homeowner who has not signed up for the STAR program to receive a reduction in their home's assessment and a reduced school tax bill should do so before the end of February. You do

not have to sign up annually for regular STAR. Seniors who are eligible for Enhanced STAR will receive a larger assessment reduction but MUST sign up each year before the end of February.

E-Waste Recycling Grant Application

The town has been notified that our application for an E-Waste Grant has been approved for the full 50% of the amount spent from 4/1/16 to 3/31/17. The amount was estimated at \$1849.50. This will help reimburse the town for the cost of disposing of electronic waste.

County Launches new "Code RED" Reverse 911 Alert System

Saratoga County is updating the reverse 911 phone alert system. The new "Code Red" system will deliver emergency notification messages during natural disasters, community emergencies, industrial accidents, wildfires, floods, severe weather, chemical spills or when Fire, Police or EMS deem necessary. Residents are encouraged to register their cell phones, unlisted numbers or VoiP (internet) phone numbers by logging onto the county web site at www.Saratogacountyny.gov and follow the link to the "Code RED Community Notification Enrollment" page. Questions regarding the system should be directed to the Saratoga County Office of Emergency Services at 885-2232.

REMINDER

Town Hall Closed for Christmas & New Years
The Edinburg Town Hall will close at noon on December, 22nd and reopen January 3rd. Officials will be available at home if needed.

The Recycling and Reuse Center Closing Early
The Recycling and Reuse Center will be Closing at 1:00 pm on Saturday December 24th & December 30th.

Garbage Collection Moves to Tuesday and Wednesday for Holidays.

The Week of December 26th and January 2nd garbage collection will be on Tuesday and Wednesday because Monday of both weeks are holidays.



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Topic	Date-Time	Place	Details
Alzheimer's... Early Detection	1/5 1 – 2 p.m.	HealthLink 2 Colonial Court	1 session (Thursday). Interactive workshop on the 10 warning signs of Alzheimer's disease and why early detection matters! We'll separate myth from reality and discuss commonly-held fears about Alzheimer's and dementia. FREE! To attend, call 736-1120
Chair Yoga	1/6 – 1/27 10 – 11 a.m.	HealthLink 2 Colonial Court	4 sessions (Fridays). Experience gentle, peaceful yoga with the support of a chair. For everyone...no matter what age you are, or what condition you are in, you can experience the health benefits from this easy form of yoga. \$7 fee per week. Attend 1 session or all 4...call 736-1120
Gentle Yoga	1/9 – 1/30 5:30 – 6:30 p.m.	HealthLink 2 Colonial Court	4 sessions (Mondays). For anyone interested in relaxing, gentle yoga sessions. Benefits of the regular practice of yoga include improved strength and flexibility, and a positive effect on internal organs and systems. \$7 fee per week. Attend 1 session or all 4...call 736-1120
NEW... Gypsy Dancing	1/10 – 1/31 10 – 11 a.m. or 5:30 – 6:30	HealthLink 2 Colonial Court	4 sessions (Tuesdays). Learn gypsy folk dances from around the world! All are welcome to enjoy and experience the many benefits of this creative workout from a professional dancer. Beginners welcome – ages 12+. \$8 fee per week. Attend 1 session or all 4...call 736-1120
Relax With Coloring	1/12 11 – 12:30 or 6:30 – 8 p.m.	HealthLink 2 Colonial Court	1 session each (Thursday). Coloring books aren't just for kids anymore! Experience the relaxing benefits of mindfulness as we use our creativity to color the beautiful pages of nature or assorted patterns. \$3 fee payable at door. To attend either session, call 736-1120
Snowshoe Hike	1/16 Meet 10 a.m.	Nine Corner Lake	1 session (Monday). Rated Easy ~ 2 Miles RT. Keep moving this winter! Join us as we snowshoe along a beautiful stream that separates into several waterfalls on the way to this popular Southern Adirondack lake. \$6 guide fee...kids free with an adult! To attend, call 736-1120
Managing Stress: Goal Setting & Decision Making	1/17 11:30 – 12:30 or 1/18 6 – 7 p.m.	HealthLink 2 Colonial Court	1 session each (Tues/Wed). It's easier to score a touchdown when you can see the goal line! Reduce YOUR stress by learning to set clear, realistic goals which will guide your decision making to help you achieve them. FREE! To attend either session, call 736-1120
NEW... Make A Flake	1/18 11 a.m. – 12 noon	HealthLink 2 Colonial Court	1 session (Wednesday). Experience the relaxing benefits of mindfulness as we create our own unique 3D snowflake! We'll use simple, basic materials to make a beautiful paper snowflake for hanging on a wall or in a window. FREE! To attend, call 736-1120
NEW...Core 4 Adult Weight Management	1/18 – 4/5 3:30 – 4:30 or 5:30 – 6:30	Nathan Littauer Hospital	12 sessions (Wednesdays). Want to lose weight and improve your overall health? Approved by the Academy of Nutrition & Dietetics, this program includes nutrition, physical activity and behavioral modification. \$125 fee (\$100 if paid by 1/11). To attend either session, call 736-1120
Map & Compass	1/19 & 1/26 6 – 9 p.m.	Nine Corner Lake	2 sessions (Thursdays). Don't leave home without them! Adults & Teens: Learn to read a 'topo' and use a compass, plot your current position, navigate to new locations, the significance of 'magnetic north' and much more! \$15 fee payable at door. To attend, call 736-1120
Winter Fitness ~ Winter Fun	1/20 10 a.m. – 4 p.m.	Lapland Lake Nordic Ski Center	1 session (Friday). Cross-Country Skiing, Skating, Snowshoeing ... Join us for a few hours or stay all day! Open to the public (any age – beginners welcome). \$14 day pass with our group payable upon arrival (rentals/lessons available with prior notice). To attend, call 736-1120
NEW... Thai Yoga Massage	1/21 9 a.m. – 3 p.m.	HealthLink 2 Colonial Court	1 session (Saturday). Thai Yoga massage is a series of postures combined with applying pressure along the body's energy lines & pressure points. Benefits include relief of muscle tension, improved circulation, and boosted immunity. \$35 fee. To attend, call 736-1120
ViP Luncheon: Prevent Choking!	1/25 11:30 a.m. – 1 p.m.	Nathan Littauer Hospital	1 session (Wednesday). Especially For Adults 50+... Enjoy a buffet style luncheon followed by a presentation on how medications, illness, and everyday habits may be putting you at risk for choking! Luncheon fee: \$5 ViP members, \$6 general public payable at door. Call 736-1120 by 1/23
Tai Chi For Arthritis	1/27 – 3/31 1 – 2 p.m.	HealthLink 2 Colonial Court	10 sessions (Fridays). For anyone with arthritis, joint or muscle problems. Learn 12 gentle movements of Sun-style Tai Chi to improve flexibility, strength, balance, mental focus & performance of daily activities! \$50 fee...attend first session at no obligation. To attend, call 736-1120



Edinburg Historical Society

PO Box 801,
Northville, NY 12134

www.EdinburgHistoricalSociety.org

The Edinburg Historical Society held its meeting in November and asked members for ideas to update or change the exhibits at the Rural Museum. Some very good ideas were expressed and they will be researched further in January and presented to the membership during the year.

The Volunteer of the Year Award is given to a member of the Edinburg Historical Society who has volunteered many hours to the betterment of the Society. This year the award was presented to George Blackwood. He has been an official member of the Society for 6 or 7 years but an unofficial member for 25 years. He has helped the Edinburg Historian and also his mother-in-law, Priscilla Edwards, on many projects that needed his skill

with tools. He has built and donated Adirondack chairs, stools and a settee for the raffles. He is the chairman of the Copeland Site, inspecting the Copeland Covered Bridge for needed repairs and making sure the grounds are liter free and the plants are watered. He watches over the Nellie Tyrrell and Rural Museums and hires Museum Attendants to open the museums during the summer. George volunteers his time at both EHS Festivals every year setting up tents, tables and chairs and cleans up afterwards. George has been a Trustee since 2012 and a contributor to discussions at the Board Meetings suggesting ways to make things better or coming up with new ideas.

Volunteers are very valuable to any organization and very hard to come by in this day and age. With women working full time and caring for the house and family, men have had to change their role in the household and help out around the house while still maintaining the cars and yards. We could not achieve what we do if we didn't have volunteers. They are the backbone of the EHS.

The John Bennis DVDs second printing has arrived. John Bennis was a photographer and author of "A Town Divided" a book on Edinburg and "A Town Nearly Drowned" about Northampton. John's wife Jean donated all of John's photos of Edinburg to the Society. President Maria Spaeth and Edinburg Historian Priscilla Edwards and the committee, Andrea and George Blackwood, the late Fran Mazzoli, Maureen and Joe Raiola have been working on producing this DVD for a couple of years. The DVD sells for \$15 and is available for purchase at the Historian's office at Edinburg Town Hall from 9 a.m. to 12 noon or contact George Blackwood at 863-6772.

Upon receipt of your donation, a certificate will be sent to the recipient you request and the name will be posted in the Copeland Covered Bridge. Send your request to the Edinburg Historical Society, PO Box 801, Northville, NY 12134. The contribution funds restoration and maintenance of the Copeland Historic Site. Shares have recently been purchased by Karen Lee in honor of Robert and Sharon Hines and Karen Lee and Jon Barton and in memory of Lisa Hines Wilder.

Visit the Society's website: www.Edinburghistoricalociety.com. All meetings and programs are free and open to the public.

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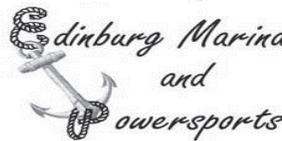
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Mayfield Historical Society's 25th Annual Christmas Open House

The Mayfield Historical Society's 25th Annual Christmas Open House at The Rice Homestead will be held Saturday and Sunday, December 3rd and 4th, from 11 AM to 4 PM each day. Visitors are asked to take a step back in time to an old-fashioned Christmas with costumed ladies serving hot mulled cider and cookies, music in the Victorian Parlor, lovely seasonal decorations, its famous pie sale, tours of the house, weaving demonstrations by Eileen Wrightsman in The Loom Room, and much more. The musical entertainment on Saturday will be "Harry, Larry & Norm" from 1 - 3 pm and on Sunday Gary VanSlyke will perform "Ancient Carols, Kiddy Favorites, & Winter Songs" from 1 - 3 pm. The Rice Homestead is located at 328 Riceville Road in Mayfield. Call 332-0538 for additional information.



**The Sacandaga
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**Presents its
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TOPS 1005 Northville

TOPS Club, Inc. is a weight-loss support organization with a network of thousands of local chapters across the United States and Canada. TOPS® doesn't pay celebrities to endorse us, and we don't promise quick fixes or promote unrealistic images of the "perfect" body. TOPS® focuses on making small, steady lifestyle changes that provide lasting weight loss and better health. Your first visit to any chapter is free. Each chapter is a little different, so we recommend you try more than one to get the best fit for you. If you like it, TOPS® membership costs \$32 per year in the U.S. and \$36 in Canada, plus nominal chapter dues, which average \$5 per month.

TOPS 1005 Northville meets every Tuesday at the Bradt building on South Main Street in Northville... Weigh in is from 4:15-4:45 with the meeting to start soon after! Come check us out as we have a fantastic group of men and women who are there to reach their goal weight or maintain their weight on the way to better health!!

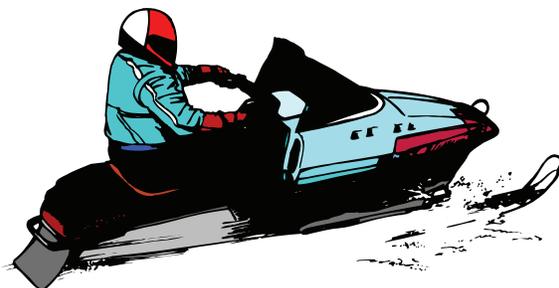
KOPS (keep off pounds sensibly) best loser was Terry Poulin, TOPS best loser for the month was Jean Briscoe. Other losers were...Cathe Bard, Ellen Descharnais, Judy Frasier, and Marsha Miller.

Our group raffled off a Thanksgiving basket and the money generated from this was given to two families in need.

We will be saying goodbye for the winter months to many of our members who travel South Returning to our group in the Spring!

We have been talking about strategies for losing weight with much discussion amongst members....some keys are to this is to plan ahead and by menuing and substituting lower calorie ingredients when cooking....

We celebrated our Christmas party at the Timeless Tavern with twenty two members in attendance....we had a wonderful dinner followed by a Xmas grab bag! Feel free to stop in and visit our meeting and for more information, call Nancy Bassett @ 863-8389 or visit us at www.tops.org on the web.



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As the price of magazine subscriptions increases, the library is the most cost-effective way to get your magazines. Current ones are on

display and back issues may be borrowed. Also, the library has a new service offering e-magazines through Zinio. Go to: <https://www.rbdigital.com/schenectadycony/service/zinio/landing>.

The Sacandaga Book Group will meet on Tuesday, Jan 10 at 10 am in the library's program room. Pat Paton will lead a discussion of Nora Ephron's "I Feel Bad About My Neck". The book is a candid, hilarious look at women who are getting older and dealing with the tribulations of maintenance, menopause, empty nests, and life itself.

"Story Time" will be held on Tues, Jan 24 at 10 am, coordinated by Hadley Jacobs. Bring your pre-school children for stories, snack, and craft.

Meagan DeMento, Program Manager for the Alzheimer's Assoc. will hold the program "Healthy Living for Your

Brain and Body: Tips from the Latest Research" on Jan 17 at 10 am. At any age, there are lifestyle habits we can adopt to help maintain or even potentially improve our health. These habits may also help to keep our brains healthy as we age and possibly delay the onset of cognitive decline. This workshop covers four areas of lifestyle habits that are associated with healthy aging:

- Cognitive activity.
- Physical health and exercise.
- Diet and nutrition.
- Social engagement.

In each area, we will discuss what we know, drawing on current research, as well as what we can do — steps to take now to improve or maintain overall health in each area. This program is designed for individuals of any age.

A reduced amount of tax forms will be available in paper form. Most forms can be located on-line and printed.

Hours:	
September - March	
Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

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SACANDAGA TASK FORCE FOR SENIOR LIVING

Jan 5th OFA Congregate Meal 11:30-12:30
 Macaroni and Cheese, Stewed Tomatoes and Zucchini, Green Beans, Wheat Bread Pie. We will celebrate all January birthdays with a cake provided by Lorraine Williams .
 Red Rooster Program at 12:30
 Nancy McCormick, of Balanced Health Physical Therapy will discuss Aqua Therapy.

Jan 12th OFA Congregate Meal 11:30-12:30
 Ham Dinner, Scalloped Potatoes, Lima Beans, Wheat Bread, Pineapple
 Red Rooster Program at 12:30
 Christian Kleug, realtor, will discuss "Things to Consider When Thinking of Selling Your Home".

Jan 19th OFA Congregate Meal 11:30-12:30
 Turkey Divan with Broccoli Sauce, Egg Noodles, Brussel Sprouts, Italian Bread, Rice Pudding
 Red Rooster Program at 12:30
 A Representative from the Gloversville Social Security Office will provide information on Supplemental Security Insurance for Seniors.

Jan 26th OFA Congregate Meal 11:30-12:30
 Baked Fish on a Bun with Tartar Sauce, Sweet Potatoes, Spinach, Pudding Square
 Red Rooster Program at 12:30
 Fulton County Sheriff, Richard Giardino will provide information on the Sheriff's Department's Canine Unit.

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville. The fourth Thursday of each month Home Health Care Partners holds a blood pressure clinic during lunch and the program.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. For information about trips, the Handyman project or to request volunteer medical transportation, call 752-8737

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 is the 17th of Every Month**

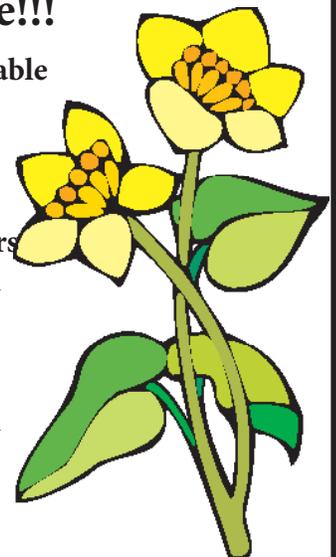
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Dormers	



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REAL ESTATE

Page 1 of 4

Edinburg United Methodist Church

3 North Shore Road, Four Corners Edinburg, NY
Phone: 518-877-8045 - Sunday Worship: 9:30 am
Website: www.edinburgumc.org

Gary DiLallo Certified Lay Minister

OPEN HEARTS - OPEN MINDS - OPEN DOORS

Our Sunday Worship hours for the months of January, February & March will change from 8:45 am to 9:30 am. In April the worship hour returns to 8:30 am.

We are looking for someone who can play either Piano and/or Key Board for our Sunday Worship music program. If interested contact Linda Hurst at 518-863-2764.

Saratoga County Office for the Aging

Got an hour???.....Why not give it back by spending time volunteering in your community? The Saratoga County Office for the Aging is in immediate URGENT NEED of volunteers to help deliver meals to homebound seniors in the following areas: Ballston Spa, Greenfield, Malta, Saratoga, Wilton and Mechanicville. We are also currently seeking substitute drivers for many communities throughout Saratoga County. This program helps many seniors remain independent in their own homes. Nutritious meals are prepared, packed and ready for transport. Delivery takes about an hour. A training/ orientation is provided.

Being a volunteer for this program is a gratifying experience – seniors look forward to seeing a friendly face with their meal delivery. Please call Billie Jo or Ashley at The Office for the Aging at 363-4020 or 363-4033 for details.



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Fax: 1-866-211-3920

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PH: 917-514-8220

EMAIL: HOMES@THOMASJREALESTATE.COM

WWW.THOMASJREALESTATE.COM

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140 Glass House Creek Rd
\$167,900

Take a look at country living from this year round, private and inviting 2 BR, 1 BA log home w/ loft. 2 car det. garage on 12.06 acres. **MLS# 201610583**



10 Volpe Dr Day \$150,000

Looking for privacy? This estate sale consists of 9 parcels totaling 85 ac's, 2 BR log cabin and several additional out buildings & a pond. **MLS#201617201**



140 Haydens Haven La. Northampton \$399,000

This Great Sacandaga Lake Home offers over 200ft of direct lake frontage & 6.80 acs. Come view it today. **MLS# 201609472**



119 Tange Rd Edinburg \$42,900

Between 2 towns is where you will find this one bedroom 1969 single wide mobile home w/ 5.46 ac's **MLS# 210621748**



107 Morey Rd Broadalbin \$129,900

Comfortable 3 bedroom, 1 BA country home in the Broadalbin-Perth School District. Recent updates include, new well, septic and solar panels. Heated 2 car detached garage **MLS# 201526309**



2055 Benson Rd Benson \$60,000

Looking for a get away? Take a look at this older farm house with 3.50 wooded acres. State land directly across the road. **MLS# 201614581**



2959 North Shore Rd Day \$135,000

Great Sacandaga Lake seasonal cottage with 2 Br's, 1 BA, living room, screened in porch and 81 ft of lake permit. **MLS# 2016524319**



37 Barker Rd Edinburg \$249,000

Enjoy bright & sunny country living from this 2 BR, 2BA post & beam home. Property has deeded lake access adjoining the Edinburg Marina with boat launching. **MLS# 201610464**



Big Buck Contest Winners

The Fulton Montgomery Regional Chamber of Commerce hosted the 2016 weekend-long Big Buck Contest and Wild Game Dinner on Saturday November 19 and Sunday November 20 at Loopie's Pub, 410 Mohawk Drive, Tribes Hill, NY.

Contest winners are as follows:

Heaviest Buck; Most Points and Largest Outside Spread were all won by Dave Allen of Mayfield with his 159-pound, 8-point buck that he weighed in on Saturday, 11/19. Closest to 125 pounds without going over (buck or doe) was won by Ben Russo of Johnstown with his 122 pound buck, also weighed in on Saturday, 11/19. Heaviest Doe was won by Nate Craig of Fonda at 103 pounds. Four guns were raffled and won by Dave Allen; Mark Kruger of Ft. Johnson; James Hoagboon of Gloversville; and Bob Hayes of Johnstown. Eric Wiedermann of Johnstown won the \$250 gift card to Runnings.

The event committee, comprised of Tom Georgia of Tribes Hill, Event Chairman; Terry Swierzowski of the Chamber; Brent Phetteplace of Amsterdam and other volunteers, wished to thank the event sponsors:

10-Point Sponsor – Frank's Gun Shop
 4-Point Sponsors – Runnings; Kingsboro Lumber; Brown's Ford; Mohawk Valley Firewood; Senator George Amedore; Judith-Ann Realty, and Loopie's Pub.

There were a total of 65 registered hunters. Each registrant won a hunting-related table prize and was treated to a lunch at Loopie's Pub on each day of the contest, as well as a wild-game dinner on Sunday at Loopie's Pub.

For more information on the contest contact Terry Swierzowski at the Fulton Montgomery Regional Chamber of Commerce at (518) 725-0641 or via email at terrys@fultonmontgomeryny.org.

The Fulton Montgomery Regional Chamber of Commerce is the leading voice of business in the region providing advocacy, resources and solutions for its members.



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Cynthia Gifford
 NYS Associate RE Broker
 (c) 518.669.4481
 (o) 518.863.8904
 cindygiffordcmk@gmail.com



Happy New Year!



83 Northville Rd, Edinburg
 MLS 201600405 **\$79,900**

Great starter home! 2BR, lg LR, eat-in kitchen, screened-in porch. Many updates!



957 State Hwy 30, Northampton
 MLS 201607695 **\$199,900**

Large commercial property at great location w/ 300+ ft. of road frontage on Rt. 30!



279 Snow Rd, Day
 MLS 201516363 **\$165,000**

Country living, 4BR, 1BA yr-round home on 15.91 acres! DR w/ fireplace, woodstove in LR!



332 N Third St, Northville
 MLS 201611244 **\$109,000**

Well-maintained 2-family home w/ large yard, spacious units, lg porches, & 2-car garage!



655 St Hwy 30, Northampton
 MLS 201614749 **\$134,750**

Waterfront 2BR home on GSL w/ expansive views of the lake and mountains!



Cameron Rd, Day
 MLS 201611870 **\$22,900**

Surveyed lot only 1 block from Great Sacandaga Lake w/ 10' HRBBD lake access permit!



103 Seven Hills Rd, Northville
 MLS 201402575 **\$60,000**

2568 sq. ft. building, currently American Legion. Lg meeting hall, 2 offices, 4 bathrooms!

CMK & Associates Real Estate, 122 Bridge St, Northville, NY



REAL ESTATE



Page 3 of 4

Edinburg Emergency Squad News



OCTOBER STATS

8 Calls, all in Edinburg, Advanced Life Support - 5
Man Hours - 34 Miles - 245

NOVEMBER STATS

4 Calls, 3 in Edinburg, 1 in
Galway
Man Hours - 22
Miles - 175

THANK YOU

Thanks to all who donated
toys for the TOYS4TOTS,
it was another tremendous
success!

Thank you to all that
donated &/or came out in
crappy weather to support
our Chinese Auction and
Bake Sale.

MEMORABILIA

Do you have any pictures,
stories or history you can
share as it relates to our
Emergency Squad? We'd
love to hear from you -
please call Jay at 863-2674

BINGO

2017 Bingo - Jan 4th, Feb 8th, March 8th (1 time
per month until April)
Come join the fun! Wednesday night at the
Edinburg Fire Department, 7 North Shore Road,
doors open at 6pm. Bingo begins at 7pm SHARP,
\$3 admission, refreshments available, cards start
at \$4, minimum total payout is \$500.

VOLUNTEER

We're always looking for more members, no
experience necessary. Please contact Paula
Blackwell at 863-6969 or inquire on our 'Edinburg-
Emergency Squad' Facebook page.

MONTHLY MEETING

Our next monthly meeting will be held on Monday,
January 9th, 6:30pm at the Emergency Squad
Building, 30 North Shore Road, come check us out!

CLOSING THOUGHTS

Winter weather is upon us, please drive carefully
and allow extra travel time.

With snowmobile and ice fishing season knocking
on our doors, here's a few tips before heading out
on the ice:

Contact a local bait shop or lakeside resort to ask
about ice conditions.

Check ice thickness once you get there.

Temperature, snow cover, currents, springs and
rough fish all affect the relative safety of ice. Ice

is seldom the same
thickness over a single
body of water; it can
be two feet thick in
one place and one
inch thick a few yards
away. Check the ice at
least every 150 feet.
For new, "clear ice"
only:

2" or less - STAY OFF
4" - Ice fishing or
other activities on foot
6" - Snowmobile or
ATV
8" - 12" - Car or small
pickup
12" - 15" - Medium
truck

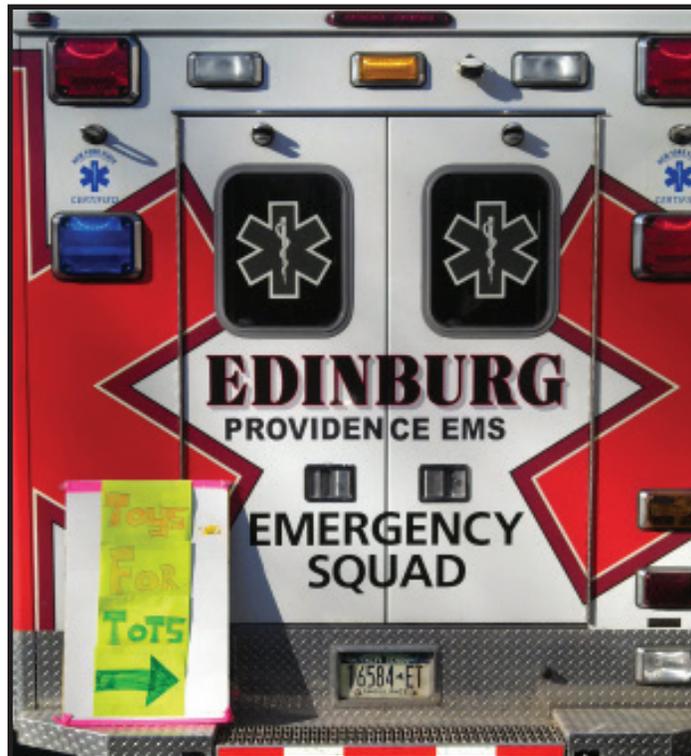
Many factors other
than thickness can
cause ice to be unsafe.
"White ice" or "snow
ice" is only about half

as strong as new "clear ice". Double the above
thickness guidelines when traveling on "white ice".
Never ride alone, Plan ahead and carry supplies,
Slow down and use extra caution while riding after
dark or in a snowstorm.

Don't drink & Drive

STAY SAFE AND "GOD BLESS"

Merry Christmas





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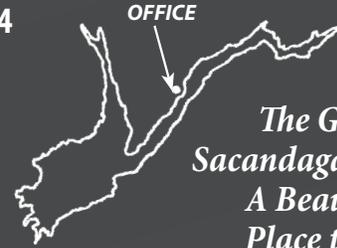
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*The Great
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NORTHVILLE LAKESIDE



\$310,000

**252-262 South Main St,
Northville**

4 BR, 3 BA Victorian on 1.4 acres with 200' on Northville Lake. Post & beam 3 car garage/barn, shed w/workshop. Perennial gardens and more. Excellent condition. LS101 **MLS #201506616**

GREAT SACANDAGA LAKEFRONT



\$259,900

10 Lakeview Terrace, Day

Fully furnished 2 BR+ double loft, 2 BA home. Knotty pine interior, living room w/ fireplace, dining room, updated kitchen & enclosed porch. 1 car garage & 2 sheds. 30' sandy beach w/ newer dock, deck & mooring —enjoy lake views & sunsets. LF105 **MLS #201606646**

GREAT SACANDAGA LAKEFRONT



\$329,000

**2082 South Shore Rd.
Day**

Chalet style 3 BR, 2 BA home. Open floor plan: kitchen, dining area & living room w/ cathedral ceilings, stone fireplace, fully windowed

front facing the lake. Master bedroom w/ private bath & loft. Full basement, attached 2 car garage + spacious 2 story barn. Private setting. 100' beach. LF103 **MLS #201603866**

GREAT SACANDAGA LAKE ACCESS



\$398,000

**102 Longvue Lane
& 7 Hills Road,
Northampton**

Beautiful home on 1 acre. 3 BR 2 BA open floor plan: great room w/cathedral ceiling, fireplace & cherry floors. Full walk out basement. Stunning lake and sunset views. 10' beach. LA105 **MLS #201313373**

GREAT SACANDAGA LAKE ACCESS



\$139,900

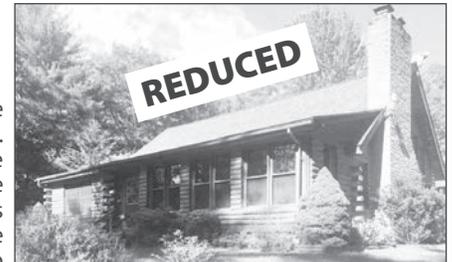
**14 Horse Hill Rd.
Edinburg**

Charming cottage: 2 BR 1 BA w/whirlpool tub. Country kitchen w/dining area open to knotty pine living room w/gas stove. Sitting room & enclosed porch. Stream

in rear w/walking bridge, 10' beach. LA102 **MLS #201621406**

GREAT SACANDAGA LAKE ACCESS

\$379,000
**465 Seven Hills Rd.
Northville**



3 BR 2 BA Log home on 20+ wooded acres. Open floor plan, wide plank floors, stone fireplace, stainless appliances & granite countertops. Walk to 10' beach. Private setting. LA101

MLS #201611999

NORTHVILLE VILLAGE

\$118,000

**151 North Main St.,
Northville**

3 unit apartment w/1-2-3 Bedrooms. Efficiency apartment. Deep lot commercial zoning. RS106 **MLS #201312677**



LAND & LOTS

\$39,500 EDINBURG. Skytop Plateau on Barker Rd. Hilltop building lot: 3+/- acre. Private setting w/views. Nearby shared beach w/boat launch & parking. Possible owner financing. LA210 **MLS #201318949**

\$75,500 KING RD., NORTHAMPTON. 72 acres: nice terrain w/stream, waterfalls, abundant wildlife., old logging road. RS209 **MLS #201519621**

REDUCED \$39,500 EDINBURG. 19 Wilder Hill Rd. GSL Lake Access: Secluded building or mobile home lot with nice sandy 10' beach nearby. LA202 **MLS #201404521**

\$21,500 PROVIDENCE. 268 Drager Rd. 1.22 acres w/500' road frontage, plus 12' x 20' shed. RS203 **MLS #201619481**



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Northville Baptist Church

by Barbara Klueg

111 North First Street, Northville
 518.863.8001 bconny.org

Sr. Pastor: Rev. Richard C. Klueg
 Associate Pastor: Rev. George Hopper

2017 Here We Come!

By Barbara Klueg

Well, you survived another year of the hustle and bustle of the holidays! You probably attended some Christmas concerts or parties, made (or ate) more than your share of cookies, watched umpteen Christmas movies and wrapped a gazillion presents (if you are the Mom). Guys just wrap one gift, right? And now – you are ready to hang up your new calendar and move on to 2017!

Feeling a little apprehensive about 2017? Had a tough 2016? Here is a good word of advice from the Bible. Philippians 3 says, “Forget what lies behind and strain forward to what lies ahead. Press on toward the goal for the prize of the upward call of God in Christ Jesus.” We all like to receive a prize, don’t we? Well, God promises us a prize when we keep on striving toward the goal. The goal is our high calling in Jesus Christ! The biggest goal ever is being His child and pleasing Him with our whole lives.

Now, we look back over the last month of 2016. The Northville School auditorium was packed out last month for the Christmas production, Magi, performed by the Word of Life singers and actors. They did an excellent job and made the Christmas story come alive. No one left wondering why Jesus came to earth. On Christmas Eve our Kids’ Choir and Adult Choir also presented the Christmas Story in song and drama at our church. This is one of my favorite events each year!

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It focuses on the reason for the season (and all of life!), plus we get to hold a lighted candle at the closing while we all sing Silent Night. It really brings joy to your heart and tears to your eyes!

And, we look forward to January and beyond! Three folks from our church will be flying out in early January to the other side of the world to visit a young lady who grew up in our area. She has been working in Southeast Asia the last few years and is doing an amazing job serving others. We are very excited for the opportunity these folks have (one of them being her dad) to assist her and get a personal tour of the work there. Speaking of opportunities, we have another big one coming up in February. Several of our teens, some adult leaders, including my husband and myself, will be travelling to Dominican Republic for a short term mission trip. The teens have been busy working hard to raise support money to help with the cost of the trip. Maybe you need shoveling done, wood stacked, or some other household tasks completed. If so, you can hire any of these kids to help them out financially with their trip expenses. Contact the church at 518.863.8001 for more information.

Come join us on Sundays at 10 AM for praise and worship at the Baptist Church of Northville. If you come earlier, you can attend Bible classes too. Classes start at 8:45 AM for all ages. Hope to see you soon! Come early to get a good seat! And – keep pressing toward the goal of Jesus Christ. 2017, Here we come!

Church Schedule:
 Sunday Staffed Nursery Provided
 8:45 AM Sunday School for all ages
 10:00 AM Worship
 7:00 PM 1st Sun: Video; 2nd Sun: Question & Answer Time;
 3rd Sun: Something Special; 4th Sun: Bible Study Classes 5th Sun: Potluck Dinner
 Monday
 Bible Club (after school till 4 PM) at the church for grades K-5
 Man Up Bible Study and Girls Bible Study – both at Pink Chicken @ 7:30 PM
 Wednesday (at The Pink Chicken)
 6:00 PM Jr. High YG (Grades 6-8)
 8:00 PM Sr. High YG (Grades 9-12)

Thursday
 10:00 AM FREE Baked Goods at BCON Corner
 10:30 AM 3rd Thurs. only: Nursing Home Service at Nathan Littauer
 7:00 PM Prayer/Praise at Church

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**120° Intercollegiate Regional
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The Arts Center Gallery at Saratoga Arts
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Entry Deadline: Wednesday, January 25, 2017
No Entry Fee - All Media Welcome
Guest Juror: Ginger Ertz, Museum Educator at the
Tang Teaching Museum

Saratoga Arts, The Arts Center of the Capital
Region, and Lower Adirondack Regional Arts
Council (LARAC) present the 120° Intercollegiate
Regional, a juried fine art exhibition for students
attending an accredited College or University
located within 120 miles of Saratoga Springs, Troy,
or Glens Falls, NY.

The exhibition travels to a different host site
each year highlighting the best of collegiate art
students in the region.

For full guidelines and to apply, please visit
Saratoga Arts' website [HERE](#).

Questions? Contact Emma Huneck, Exhibitions
Coordinator at Saratoga Arts, at [ehuneck@
saratoga-arts.org](mailto:ehuneck@saratoga-arts.org) or 518.584.4132.

SARATOGA COUNTY OFFICE FOR THE AGING

Happy Holidays! Come join us for our
Christmas Special on 12/21/16. Saratoga County
Office for the Aging sponsors the senior nutrition
program in Saratoga County. We have a 60+
program which provides a daily lunch at each of
our 15 meal sites throughout Saratoga County.
Meal site locations are located in: Ballston Spa,
Charlton, Clifton Park, Corinth, Edinburg,
Galway, Greenfield, Hadley, Halfmoon, Malta,
Mechanicville, Moreau, Saratoga, Schuylerville,
and Waterford. Lunch is served at 12 noon.
A reservation is required (at least one day
in advance by 12 noon) and completion of a
registration form is needed. NO food/ drink can be
taken to go. Participants will receive a contribution
letter in the mail – suggested contribution is \$2.00
per meal.

Menu is Stuffed Pork Roulade w/Gravy, Garlic
Mashed Potatoes, Peas w/Onions, Cranberry
Sauce, Dinner Roll and Cherry Pie for Dessert.
Milk, Coffee and Tea are available on site.

For more information about the special and our
daily meals please call Billie Jo @ The Office for
the Aging, 884-4996.

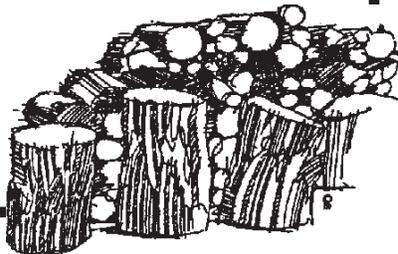
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Northville United Presbyterian Church

New Year 2017
Reflections

Resolution Time Again!

Why does it seem that each year, our New Year's Resolutions melt away quicker than the winter snow? (even North Country snow!) And are there ways we can improve both the quality of our resolutions as well as improve how long we keep them throughout the new year?

I have some suggestions that have worked for me... not always, but often enough that I thought it might be useful to share them. And I am certainly open to the thoughts and method of others.

"Resolution" (def.): "A firm decision to do or not to do something." This is derived from the root word "resolute."

"Resolute" (def.): Admirably purposeful, determined and unwavering."

Wow, a lot of strong words there that need some reflection. "Firm decision?" Yes, of course. "Unwavering?" Ah, not so much as it always turns out. "Admirably purposeful?" Well, we can all agree that this is true most of the time, but could always be improved.

Here is where I began a few years ago. In terms of improving the quality of my resolutions, I started by not just doing things for my sake... losing weight, quitting smoking, etc., but I always added a resolution aimed at helping others as well. Last year, the main focus of my resolution was "Compassion" which to me meant showing either deliberate kindness or charity or both to another person. I am still working on a resolution for this year, but I know it will be along the same lines as last year.

Now you may ask, how does one remember such a resolution, particularly

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one so general, for the next 365 days?! The method I chose was to use my daily calendar (the little skinny one I can keep with me in my back pocket every day, and without which I would be totally lost and forgetful of appointments, events, birthdays, commitments, etc.) This is the calendar I look at every day, and sometimes multiple times a day. And I chose to write my resolution, "Compassion" at the top of every new monthly page. I use bold ink, so I can't miss seeing it, and it is my prompt to actively look for and perform acts of compassion in my daily life.

Another method that I have not tried yet, but would work well.... again tied to a pocket calendar, or even a wall calendar, would be to write in a meaningful letter perhaps one day per week that prompts your resolution. For instance, if you choose to eat more veggies, write in a bold capital "V" on a selected day or days of the month to remind you to eat an additional helping (or try a new veggie with dinner) those days. "F" could stand for Fruit; "K" could stand for a special act

of kindness; "P" could stand for more prayer that day, etc. Get the picture? The key thing is to create prompts or ticklers to help us remember our resolutions all year.

Earlier in this article I mentioned that I wasn't sure what this year's resolution would be, but was still working on it. After writing this article and thinking more about it, I have decided to start with a resolution or maybe more based on the Beatitude (Matthew 5:1-12), perhaps one for the year or a new one each month. What do you think?

More importantly, what "admirably purposeful", "firm" and "determined" resolution will YOU make this year? I hope you will try the monthly calendar method to prompt you to be "unwavering" about your resolution throughout the year.

As always, I thank God for the opportunity to share my thoughts.

(Personal thoughts and views of Northville United Presbyterian Church congregant Frank Ralbovsky)

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A Report from the Great Sacandaga Lake Association

by Peter M. Byron, President

We had our first 'cold snap' and now we have also had a thaw! Welcome to the great Northeast!

WISHES FOR THE SEASON: Greetings and the best of the holiday season to everyone. We have a chance to take a break from the busy days and take a deep breath!

The Great Sacandaga Lake Association is extremely grateful in the holiday season for the support of all of our members and friends on the lake. Enjoy the holiday.

GSLA Board Update(s): We were sorry to receive a resignation from long time GSLA Board Member, John Ferguson. John was a great resource for the Association for his knowledge of the lake community both present and past! We miss John and thank him for his years of service to the GSLA Board.

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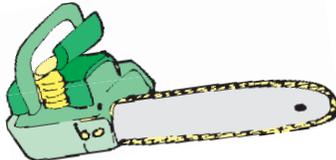
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however, remained the same with the addition of a new Board member, Mark McDonnell. Welcome aboard, Mark! Mark joined us and has already offered to assist in our Boater Safety program. We can take a few more Board members if YOU are interested.

2016 IN REVIEW

Boater Safety Class: A select group of our members welcomed the boating season by completing our Boater Safety class. We have hopes of expanding our program in 2017 with the addition of another instructor. It is time to do a needs assessment on your family of boaters! Is it time for a class? Keep your eye for our schedule and make your member reservations. A BIG thanks to the Mayfield Fire Department for providing their great meeting facility free-of-charge to us as they have done in previous years!

Citizenship Awards

Once again, our members provided citizenship awards to deserving graduates of our lake community high schools. This year the GSLA Board is working on increasing the amount of the individual awards to offer more support!

Lake Patrol

Boaters on the Great Sacandaga Lake were welcomed by the return of the lake patrol from Fulton County. Our new Sheriff Rick Giardino who is also a member of the GSLA worked overtime to return the patrols with a little support from our members. The Sheriff's is planning to extend other services in 2017. The GSLA met with Saratoga County Sheriff Michael Zurlo and Sheriff Giardino during the fall and will work with both Sheriffs to support their programs through our boater safety classes and materials distribution.

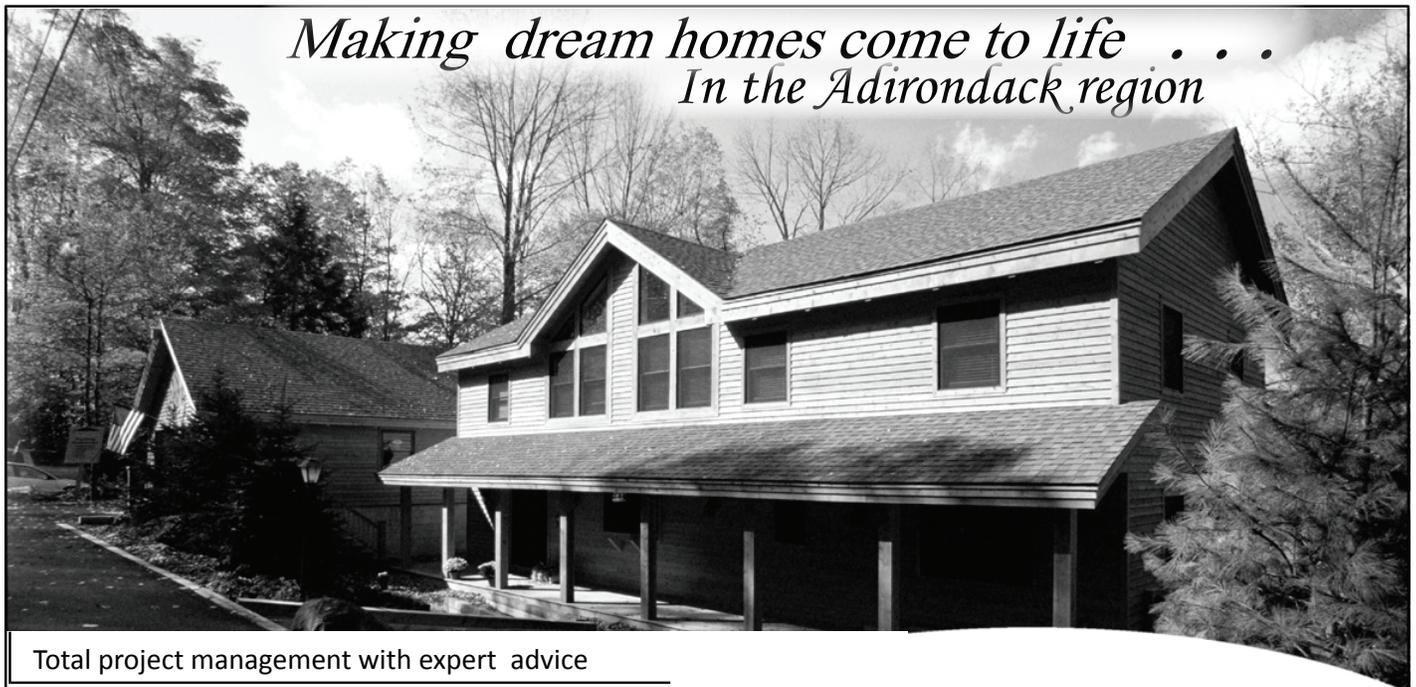
Water Quality

The GSLA on-going water quality program continued during the summer months. Our reports which are prepared by Darrin Fresh Water Institute from Lake George once again comforted our community with the knowledge that we are enjoying clean waters on our lake.

Water Level

Our water level committee chair, Dave Smail, reports that Saratoga County and the New York

Continued Next Page ➡ ➡



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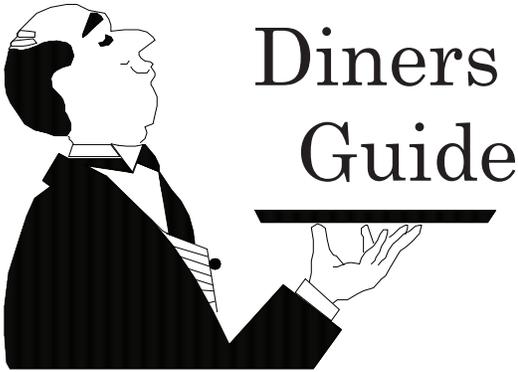
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From Previous Page

State Department of Environmental Conservation (DEC) took the opportunity of unusually low Great Sacandaga Lake levels this fall to extend the Saratoga County boat launch ramp located on the North Shore Road in the Town of Day. On October 17th, the DEC closed the Boat Ramp on North Shore Road and removed the floating dock and extended the boat launch ramp by adding twenty feet of concrete at the end of the existing blacktop. In addition the large rocks at the end of the ramp were removed and gravel was used to fill in potholes. The work should extend the boating season at the north end of the lake even when the lake levels are below the Target Elevation.

Saratoga County, the DEC and the Army Core of Engineers should be thanked for quickly acting and completing the design, issuing needed permits and authorizations while completing construction in a very short window. During the month of November the normal precipitation increased the lake level by one foot and the current lake level (756.5 feet) is about one foot above the Target Elevation. [Special Announcement: Congrats to new grandparents Dave and Vicky Smail!]

Lake Environment (Steward Program)

Continuation funding was approved to assist in the GSLAC Lake Steward Program which provides the voluntary inspection of boats. The program protects the Great Sacandaga from 'visiting' invasive species.

Lake Environment (Aquatic Plants)

As the summer came to a close and the water level went down, members noticed aquatic plant growth which was identified as Variable Leaf Pond Weed. GSLA Board Member, Ed Ludlum, contacted the Adirondack Park Agency (APA) and was provided with their publication, HAND HARVESTING OF AQUATIC PLANTS. If you have aquatic plant issues, you might want to read this document and prepare for next season! We thank Ed for raising the issue and identifying information which we can share! We also thank the Adirondack Park Agency (APA) for their response to our concern. NOTE: The original text along with other informational flyers can be found at <http://apa.ny.gov/Documents/Flyers.html>

MEMBERSHIP OPPORTUNITIES ARE STILL AVAILABLE: The Great Sacandaga Lake Association (GSLA) membership is open to anyone who enjoys the Great Sacandaga Lake. Family members receive FREE Boater Safety classes for their entire family! Members receive details through the member-only e-burst and as well as through www.gsla.org. Our family membership is a deal at \$25 annually! This membership category ensures that you receive the latest lake community news, listen and ask questions of lake community leaders as well as access our FREE NYS Boater Safety program at GSLA-approved sites!

Visit the membership tab on www.gsla.org for our easy enrollment process and for other membership options and donation programs. You can join electronically or you can mail your information to our Northville address!

Have a great holiday season.

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New Year's Eve Party on December 31st

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Sat - Seafood and Steak Specials

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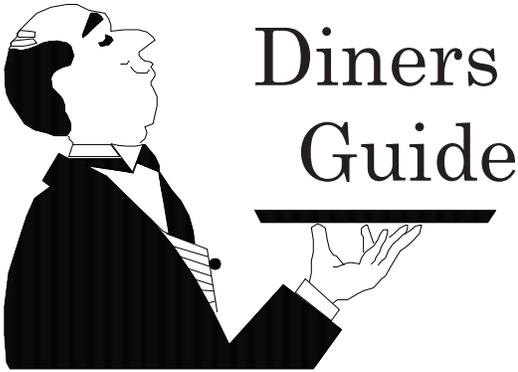
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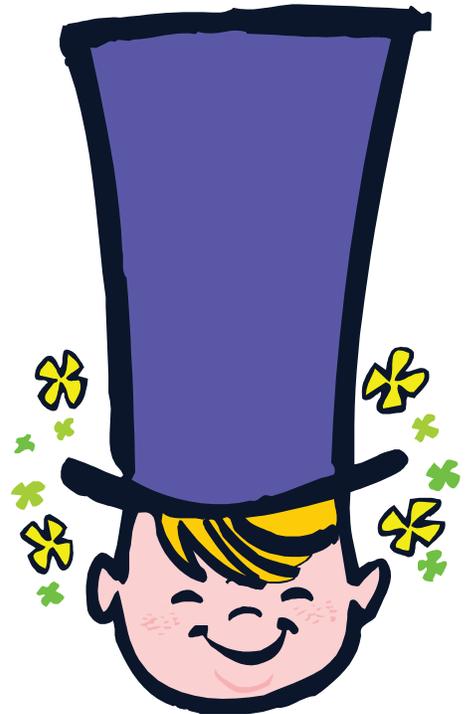
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Menu:

Chicken in gravy, Bev's Fabulous Biscuits,
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*Submitted by Carol Tomlinson R.N.
B.S., Community Health Educator*

A HEALTHY START TO A NEW YEAR

The holiday season is upon us with its many traditions, often including lots of food and quite a bit of stress. As we look forward to a new year, many of us will make resolutions to get and stay healthier in 2017.

The first promises often include changes in diet and upping our exercise. Diet programs and gyms will soon be offering incentives for their programs. However, according to the National Institutes of Health (NIH), between 15-50% of those who start new programs will give them up during the third week of January through the end of February.

It's not that these people are simply 'weak-willed.'

According to NIH, the fact is that we often have unrealistic goals and expectations. Those who share their goals with others, and make plans that include accountability, are far more likely to succeed than those whose intents remain private.

There are no foods or pills that magically burn fat, and no product will miraculously make you slim and fit while you watch TV or sleep. Some supplements and OTC diet products can actually be harmful to your health.

Steer clear of any plans, pills or products that make the following claims:

- Rapid weight loss
- Specific food combinations for health
- Rigid menus
- Unlimited quantities or severe restrictions in certain foods
- No need to exercise

If 2017 is the year you really want to set a routine that will improve your health and fitness, then some of the keys to succeeding include, but are not limited to:

- Setting realistic goals with a competent professional
- Meeting regularly in groups or 1:1 with someone who you will be accountable to
- Learning to make better choices from a reliable, evidence based program

A Sodexo program approved by the Academy of Nutrition & Dietetics, among other national organizations, is called CORE 4 ADULT WEIGHT MANAGEMENT. This program encompasses nutrition education, physical activity, and the role of behavioral therapy in weight management.

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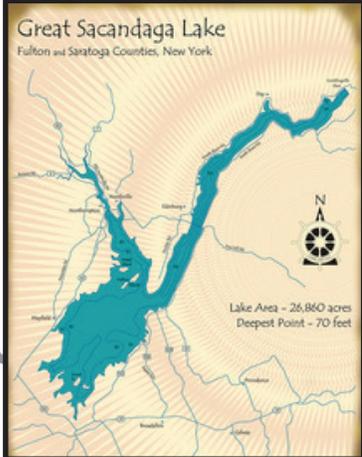
Nutrition education focuses on the macro and micro nutrients, calorie composition, food portions, fad diets, food preparation, dining out, food labels and shopping tips. The physical activity module addresses the benefits of exercise, fitness components and the basics of planning a personal exercise program. Behavior modification consists of weekly assignments and discussion under the guidance of professionals. A workbook is included which addresses how to listen to your body and overcome overeating, and obsessions with food.

There are individual meetings with a dietitian that focus on your personal needs, developing a treatment plan and individual goal setting. Classes meet for an hour once each week for 12 weeks. The program then goes to monthly meetings for a minimum of another 12 weeks, but may be extended as the needs of the group dictate.

HealthLink, and Registered Dietitians of Littauer's Nutritional Services trained in Sodexo's CORE 4, will be offering this program on Wednesdays beginning January 18, 2017.

For more information or to attend this program, call HealthLink Littauer at 736-1120. You can e-mail us at healthlink@nlh.org, see our website at nlh.org, or visit our NEW wellness center at 2 Colonial Court in downtown Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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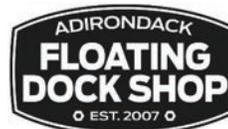


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Adirondack Folk School Schedule for 2017 - January

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All classes are held at the Adirondack Folk School unless otherwise noted.

All classes start at 9 am unless otherwise noted.

JANUARY

Saturday January 14

Sew a Blanket Shirt with Brian Manning.
#1029-0114. 1 Day, 9am-4pm. Tuition \$105.
Member Tuition \$85. Materials Fee \$14.

Through the ages the blanket has been a source of warmth and comfort. In this relaxed class students will design and learn how to utilize that blanket to create a garment that can be worn when the cold winds blow. Topics will include learning hand stitching, the design of your shirt, the use of wool in regulating the body's core temperature, the simple match coat and how to wear one and the history of blanket shirts, coats and cloaks. Some knowledge of sewing is helpful but not required. Needles, thread and scissors will be provided.

NOTE: You may bring your own blankets. They should measure at least 65" x 80". One blanket will work well for small to large sizes. Two or more blankets may be needed for XL or greater. Blankets can also be provided at a cost of \$28 each. Please call AFS at 518-696-2400 if you want to purchase a blanket from the instructor.

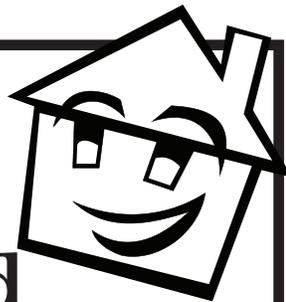
Sunday January 15

Introduction to Inkle Loom Weaving with Caroline Dvorak. #1044-0115. 1/2 Day, 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$5.

Join us for a morning of inkle loom weaving! Students will have a variety of patterns and colors to choose from. They will use the pattern to warp an inkle loom to create a colorful band that can be used for trim, a strap or a belt. The finished band can be up to seven feet long, or multiple shorter bands can be created. No prior experience is necessary. Students as young as 10 years old are welcome to join in.

NOTE: Parents should accompany a minor child.

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Saturday January 21

Needle Felted Snowman with Leslie Scarborough. #1001-0121. 1/2 Day, 9am-1pm. Tuition \$55. Member Tuition \$45. Materials Fee \$17.

Needle felting is the process of using a barbed needle to interlock wool fibers to form a dense material. Students will make a lovely whimsical snowman, perfect for the holidays or as a winter decoration. Basic needle felting techniques will be discussed and taught. Beginner level. No prior experience is required.

NOTE: If students bring their own felting pad, the materials fee will be \$7.00.

Thursday January 26

Introduction to Inkle Loom Weaving with Caroline Dvorak. #1044-0126. 1/2 Day, 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$5.

Join us for a morning of inkle loom weaving! Students will have a variety of patterns and colors to choose from. They will use the pattern to warp an inkle loom to create a colorful band that can be used for trim, a strap or a belt. The finished band can be up to seven feet long, or multiple shorter bands can be created. No prior experience is necessary. Students as young as 10 years old are welcome to join in.

NOTE: Parents should accompany a minor child.

Sunday January 29

Introduction to Woodturning with John Kingsley. #1005-0129. 1/2 Day, 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$15.

To every season turn, turn, turn! This course is for people who have an interest in learning how to turn. The emphasis will be on learning how to use the lathe and tools safely and correctly. In this class you will learn the basics of creating spindle-based objects. Then you will use your new-found skills to create a candlestick and a wooden pen. Friends and family will be truly impressed! You'll need to take this class before moving on to the more advanced turning classes.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

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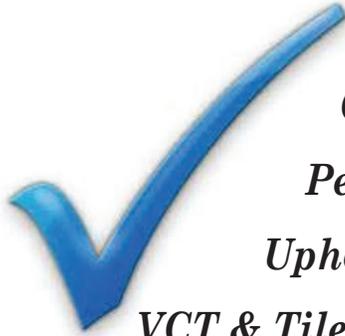


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Sacandaga Valley Arts Network
PO Box 660 Northville, NY 12134

SVAN Presents Steven Candlen

The Sacandaga Valley Arts Network continues its Winter Concert Series with well known area singer/songwriter Steven Candlen on January 21, at 6pm at the ST. Frances Church on Bridge St. in Northville. Steven Candlen played drums for many well-known area bands before starting his successful solo career. His breathtaking mellow vocals and excellent guitar playing will undoubtedly leave you smiling, even in the dead of winter.

Admission is \$12 per persons, \$10 for SVAN members. Refreshments will be available at the show. BYOB. For reservations, please call (518) 863-8047.

Other upcoming concerts in the series:
February 4 - Saratoga Soundtrack Chorus (1:00 on Northville Lake)
March 11 - Bob Warren Trio
April 8 - The Lustre Kings

SVAN is a non-profit organization supporting the visual and performing artists in the Sacandaga Valley region with gallery exposure, community concerts, and skill development workshops that are offered to the public. You can learn more at svanarts.org or visit SVAN Arts on Facebook.

Saratoga Arts made this program possible with a Community Arts Grant funded by the New York State Council on the Arts with the support of Governor Andrew Cuomo and the New York State Legislature

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Happy New Year from the GSLFF! We said our farewell to 2016' which was a record year for the Federation in successes of its participants for contests, which in turn allowed for the stocking of more Rainbows, Browns, and Walleye than ever before. The colder weather and snow are well settled in, early ice is forming, and Ice-fishermen are ready, pics are already coming in from the northern region where a good base has formed. Looking forward to the upcoming year, we here at the GSLFF are highly optimistic that our Winter Fishing Contest will have a great turn-out, as we welcomed many new members in 2017'. Our goals in this new year are to surpass our collective efforts to sustain, and enhance the fishery of the Great Sacandaga Lake, while working with our local businesses, and keeping the residents around the GSL informed.

Now that ice-fishing season is in full swing, there are many first time Ice-fishing anglers that are new to the sport and are interested in learning the basics. The GSLFF is happy to offer some information regarding this. First and foremost, You must carry your license with you when you're fishing. Next you want to protect yourself from getting hypothermia. The object of choosing clothes for ice fishing is to dress to stay warm in any type of weather. The old saying goes "You can always peel off layers if you're too hot, but you can't add them if you don't have them." This means dress in layers, and lots of them! Your feet take the most beating since they are on the ice and snow for hours at a time. Pack boots usually do the trick and offer several layers of insulation as well as a protective rubber layer to keep you dry. Keep your bearings on the Ice! On a large lake you can lose your sense of direction if you get caught in the dark or if the weather should turn nasty. Some anglers have a compass strapped right to their arm where it's visible or one in an accessible outside pocket. These anglers take a compass reading

Continued Next Page ➡ ➡

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(bearing) of their intended route before leaving shore.

Tools of the Trade- Toboggan or sled - This is a practical way to haul equipment onto the ice. Some anglers put their gear on top of their shanty, which is transported on runners. **Ice auger** - This tool is for drilling your fishing hole in the ice. The hole should be no more than 12 inches across.

Skimmer - This handy tool is needed to scoop out slush or chips from your fishing hole. It looks like a long-handled soup ladle, with a shallow, sieved bowl. **Ice chisel** - Called "spuds," ice chisels are used for chopping holes early in the ice fishing season when the ice is thinner. Be sure to secure these thin, but hefty, poles with a line tied to your arm. Many spuds have slipped from angler's grasp and plummeted to the bottom of a lake. **Bait bucket** - Holds live bait such as minnows. **Spud** - an ice chisel. (See ice chisel for description) **Gaff hook** - A special-purpose, large and heavy hook to help hoist a slippery fish through a hole in the ice. **Seat** - Something to sit on such as a small stool or folding chair, sometimes even a 5-gallon bucket. **Dip net** - Used to dip into minnow buckets to retrieve bait and keep hands dry. **Hook disgorger** - A tool like a needle nose pliers to help you get the hook out of the fish's mouth. **Jigging rod** - Light and flexible rods used mostly for panfish (bluegills) and walleye. A short, firmer rod is better for perch

.Tip-up - A clever device that signals when a fish hits on your line. A flag "tips up" when the fish strikes. **Hooks** - Small number 10 or 12 hooks are recommended for panfish. Short shank number 3 hooks are good for walleye. Northern pike go for large number 2/0 to 6/0 hooks. Swedish hooks, also called pike hooks, are used for northern pike. **Lures** - Ice flies and teardrop lures with live bait are recommended for panfish. **Jigs** - Walleyes can be caught on minnow imitation jigs. **Line** - Light monofilament (a thin plastic length of string), 2 to 4-pound test (breaking strength), is all you need for panfish. Game fish require at least 10-pound test. **Leaders** - A leader is a short wire that the hook is attached to. The fishing line is then tied to the other end of the leader. For walleye, take 2 or 3 monofilament leaders, at least 12-pound test (breaking strength) and about 3 feet long. For northern pike, 2 or 3 wire leaders, and about 15-pound test will do the job, but in most pike waters, some say, 8-pound test is enough. Most important is Fish can be recycled when you practice catch and release fishing. All fish below the legal minimum length limit must be released. Others that you don't want to keep can also be released. This type of recycling helps to keep the population and natural reproduction of a fish species at a high level in a lake and allows a fish the chance to grow to be an adult. Research shows that lakes need larger-sized fish to keep a balanced population. These strong, fast-growing fish have survived the early years when most fish die from

natural causes. These fish are the primary spawners and major predators.

As always, the Federation welcomes new members. GSLFF meetings are held every 3rd Tuesday of the month at 7pm at the Fish House Fish And Game Club located at 478 Fayville Rd, Broadalbin, NY. Additional Information can be obtained at our Website www.gslff.com COMMITTEE MEMBERS AND HELPERS: Randy Gardinier, Rachel Vickers, Bob Nielsen, Jack Smith, Rich Miczek, John Fura, Bob Burden, Brian Kedik, Rich Kedik, Tom Coughlin, Gus Muller



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ANNUAL ICE FISHING CONTEST

Saturday January 28, 2017 7:00am-4:00pm

\$2,250 CASH PRIZES \$18,000 TAGGED FISH PRIZES

\$20 ENTRY FEE PER ANGLER, \$25 DAY OF CONTEST UNTIL 10AM ONLY
(Children 12 and under are free with any paid adult)

Measuring and Awards at Sacandaga Boating Club

129 Merriam Road, Broadalbin, NY - park in designated visitor areas
BREAKFAST & LUNCH AVAILABLE AT THE BOAT CLUB (by land or lake)

Contest applications accepted through the mail or at:

Ross' Bait Shop - Hagaman, Jim's Bait Shop - Mayfield,
Frank's Bait Shop - Vail Mills, Fuel & Food - Mayfield, Sportsman's Choice - Caroga Lake

FISH ANYWHERE ON THE GREAT SACANDAGA - NYS GAME LAWS APPLY

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1st place - \$300 2nd place - \$200 3rd place - \$150 4th place - \$100

**There are 18 trout tagged with a grey tag, each worth \$1000
FOR GSLFF MEMBERS (join below if not a member) WITH PAID ENTRY
1/28/2017 CONTEST ONLY - TAG MUST BE ATTACHED TO FISH**

FOR UPDATED RESULTS ON CONTEST DAY CALL: 518-227-8298

FISH MEASURING (by length) TO TAKE PLACE FROM 7AM - 4 PM ONLY - NO EXCEPTIONS
DECISION OF THE JUDGES IS FINAL

FOR MORE INFORMATION: Randy Gardinier - 518-848-7248 / Jack Smith - 518-863-1062
Forms online at www.gslff.com / Email - chairman@gslff.com

2017 ANNUAL ICE FISHING CONTEST APPLICATION

Please Print Legibly

Name _____

Full Address _____

Phone _____ e-mail _____

Name of participating Child(ren) _____

Please check all that apply:

- Enclosed is my entry fee of \$20.00 (only current 2017 members are eligible for tagged fish prizes)
- I would like to become a 2017 GSLFF member for \$10.00 and be eligible for tagged fish prizes
- I have enclosed a donation of \$_____ to help stock and protect the fisheries of the GSL.

Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134

****We must receive mailed entries by Friday January 27th****



Edinburg School News



Edinburg School Happenings

by Ms. Kimberly S.

Armadada, Superintendent

HAPPY HOLIDAYS FROM EDINBURG COMMON SCHOOL!

Students at Edinburg Common School have been taking community service to heart this month. We have collected toys and delivered them to the Ronald McDonald House, baked cookies for our seniors, sang holiday tunes at the Sacandaga Senior Center and in conjunction with the Community we collected over 100 toys for Toys for Tots at our Holiday concert held on December 13, 2016.

Just one week before our concert date, sixth grade student Ms. Emma Ludwig asked if we could have a Toys for Tots event the night of our concert. She was so excited and passionate about this idea. We sent home a flyer to parents, put up some posters, put a post on Facebook and Emma's mother started making contacts to see if she could get the Sheriff's department and Toys for Tots Coordinators to attend the event.

Sergeant Pat Lurenz, and Gunnery Sergeant Vinny Roman were in attendance along with two members of the Sherriff's department and two representatives from the regional Toys for Tots center out of Rensselaer. Emma thanked the audience of community and family members saying

"It means a lot to me that every child gets a toy on Christmas morning. Some families have hard times, and it brings me joy knowing that there is a Toys for Tots program that can help families. As a child myself, I know that children love toys. I thank everyone for bringing a toy tonight because I could not have done this without you. Merry Christmas everyone and "Semper Fi."

Thank you to our music teacher, Mrs. Matthews, our staff and children for the beautiful holiday concert. Thank you Edinburg staff, family and community members for the success of the concert and the Toys for Tots drive. Thank you Emma for your passion and community service to others and thank you Angela Reynolds for making all of the contacts necessary to make this a true success. With a total of around 300 in attendance, this was an event for the children to remember.

On December 23, the PTO will be planning activities all day for the children and staff. There will also be some surprise visitors coming throughout the day. Thank you to those of you that are helping with these surprises, you know who you are!

The Offices and Building will be closed on December 26, 27 and January 2 in observance of the Christmas and New Year's Holiday. Children and 10 month staff are on holiday break from December 26-January 2.

The holidays is all about togetherness and kindness toward others. We are so fortunate to live in this community and I hope that everyone has the opportunity to connect with friends and family over the holidays.

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Eagle Eye on 4th Grade

By: Mr. Chad Sitts

Wow! The first trimester of the school year is already behind us. As a class we cannot believe how fast this year seems to be going by. We hope everyone had a great holiday break with friends and family. A couple New Year's resolutions that we came up with were to continue to improve our reading and technology skills. Don't forget to stick to your New Year's resolutions the best you can. We are excited to dive back into our learning after the nice holiday break. So far in ELA and social studies we have been learning all about the Iroquois and other Indians who inhabited these lands before us. We are now moving on to the first colonists to arrive and what early colonies looked like in the New World. In science we observed different reactions powders had when mixed with vinegar. We then used some of our five senses to describe our observations. In math we have been working very hard with multiplication and are now multiplying a two or three-digit number by a two-digit number. Soon we will be moving into division and then fractions. Writing has been all about comparing and contrasting two things. We will now be moving into narratives and informational pieces such as biographies. These are just some of the exciting things we will be working with throughout the rest of the year. This month also marks the start of our monthly family book reports. Families will be reading a book a month together and then creating a certain project that centers around their book. The idea behind this is to foster that love of reading and the school-to-home connection. I can't wait to see the great projects that families come up with throughout the year.

The Annual First Night Saratoga 5K

First Night Saratoga is the most affordable, accessible, safe and exciting way to spend New Year's Eve in the region. On Saturday, December 31st join more than 15,000 revelers as Saratoga Arts presents over seventy regional music, dance, comedy and magic acts in thirty venues throughout Historic Downtown Saratoga Springs, culminating with the fireworks in Congress Park at midnight.

Most people arrive downtown around 6pm when the entertainment officially starts, but for for the past nineteen years, a brave group of runners get a jump on the night at the Annual First Night 5k Roadrace. The athletes are old and young alike, veterans to the sport and newbie adventurers. With their friends and family cheering them on, they don their best holiday running attire and gather at the Skidmore College gymnasium at 5:30pm, where the 3.1 mile loop around campus begins.

How do I register?

You can register for this event online. You can also find a paper application to download there. Registration is \$30 and there will be no registration on New Year's Eve, so sign up in advance!

Can I still attend First Night if I participate in the race?

Yes! The performances begin at 6pm and run through midnight, so after the race you have plenty of time to take a hot shower right on campus, change into some warm clothes and then head downtown.

How do I get around?

All events are walking distance from each other, but CDTA provides First Night attendees free bus service to all venues as well as special stops at the Wilton Mall should your muscles be too sore to continue the journey on foot!

CDTA will also be running a new service this year from the Skidmore Case Center stop starting at 6:45pm. You can find the Wilton and Skidmore pick up times on our website, and expect buses to arrive about every 15 minutes at all other marked venue stops downtown.

A button is your ticket...

Buttons are \$20, but each race registrant is eligible for a \$5 discount and can collect their button after they finish the race. One child age

Continued Next Page  

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NORTHAMPTON/N'VILLE	Mon, Tue 8-4, Sat 8-1	EDINBURG	863-2034
		HADLEY	696-3112
		NORTHAMPTON	863-4040
		MAYFIELD	661-5414
TOWN CLERKS		DOG WARDENS: (HOME)	
DAY	Carol Vaillancourt 696-2698	BROADALBIN	
EDINBURG	Denise Ferguson 863-2034	DAY	Joe Passino 762-6342
MAYFIELD	Dorothy Hart 661-5414	EDINBURG	Francis Allen 696-3617
HADLEY	Pauline Smead 696-2055	EDINBURG	Bill VanNostrand 863-4880
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EDINBURG/DAY	383-1005	TAX COLLECTOR	Faye Frasier 863-2034
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EDINBURG	Matthew Ginter Sr. 863-2034	EDINBURG TOWN JUSTICE	Douglas Sterling 863-2409
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NORTHVILLE	David Edwards 863-2419		
DAY	Ken Metzler 696-5164		

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Wednesday Nights 7pm

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From Previous Page

12 and under is admitted for free with each adult button courtesy of GE Kids in Free Days.

For non-racers buttons can be purchased online or in regional Price Chopper Supermarkets, Stewarts Shops, at Saratoga Arts, and at other partner businesses and organizations.

In honor of Saratoga Arts' 30th Anniversary we are partnering with Price Chopper to offer a discounted rate on buttons. At Price Chopper locations, Saratoga Arts and online we will be selling buttons for \$15 from December 1st through December 25th. After December 25th our discount ends, and buttons will be priced at \$20 through New Year's Eve. So come and visit us early!

Where can I stay?

If you are coming from out of town and don't want to drive home after midnight, consider staying with one of our fabulous partner hotels who help us to make First Night a success each year: Courtyard by Marriott, Embassy Suites, Union Gables, The Holiday Inn, The Fairfield Inn & Suites, The Hyatt Place Saratoga/Malta, Marriott Residence Inn, The Pavilion Grand and The Saratoga Hilton. Like the 5k Race, hotels in Saratoga fill up early, so book now!

Thank you to the 5k Sponsors!

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From Hawk On Back Page

happen over night. Victories sometimes happen after a series of small steps. Regardless of the step size, just remember even small steps are moving you towards your dream.

4. Hug someone once a day. We just saw the movie Trolls with our grand-children. I personally loved it. The Trolls were a happy group and they wore alarms on their arms to remind them to take hug breaks every hour. We all need more hugs in our life. Maybe, just maybe, if we hugged more often we would all get along better.

5. Greet everyone you see. Sometimes I have to force myself to do this, especially in the morning. A friendly greeting can change someone else's day and change yours too.

6. Play fair. No one likes a cheater. We all need to learn to take turns and play together.

7. Go out for a daily walk. Sometimes we just need a change of scenery and we can always use some fresh air. It is amazing that even a 15 minute walk can change your outlook.

8. Help someone in need. Be a "do-gooder" whenever you can. Even simple acts of kindness can make a difference. You can bring a smile to someone and you will feel better too.

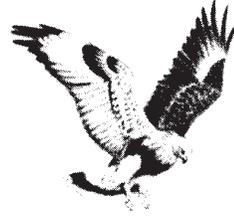
9. Find some YOU time. It is not as hard as you think to carve out some time for yourself.

You are important and you need to recharge. You can not take care of others if you do not take care of yourself.

10. Take a vacation. Many people do not take vacations because they feel they do not have the time or money. Make the time! There were many things you can do on a shoe-string budget. We did that for years and some of our best memories were from these trips.

Our response to life happenings should be "I can" and not "I can not". I have spent a lot of time in my life trying to practice the "I can" response. I am proud to announce that Hawk Drilling is celebrating it's 90th year in business in 2017. We have drilled thousands of wells since 1927. Thank you for helping to make my famil's dream come true. We wish you health and happiness in 2017. Make it the best year yet!

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Did You Know

Wow, it is hard to believe that 2017 is three weeks away! I am already hearing people talk about their resolutions for the new year. They say, "After Christmas I will _____" (you fill in the blank). In the past, I have told you that I do not believe in New Year's resolutions. I have read over the years, that most resolutions are broken two weeks into the new year and by the end of the month they are a distant memory. I believe that you should think about yourself all year long, not just a few days before January 1st. There are so many distractions in life that keep us from our goals. Life is not always great and things happen. We have to take each day as it comes because there are no promises that everyday will be perfect. I am reminding you of 10 simple rules, in no specific order, that we should all TRY to live by. Notice I said try!!

1. Smile no matter what life has sent you that day. I admit when someone tells me to smile

I, sometimes, want to punch them in the neck. I find when I get that "wake up" call, I do smile and when I do, I always feel better.

2. Treat every one with kindness. Even if you feel someone is mistreating you, take the high road. Treat them the way you would want to be treated. You can feel good knowing you have done the right thing. While it mostly diffuses people, sometimes it makes the other person angry. Some people would consider that a win-win for you!
3. Dream big. Do not settle for where you are in life. Think big and do not allow anything or anyone to stop you or set you back. Remember that good things seldom

Continued Inside Back Page

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