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February 2020

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VOLUME 39 # 6

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Day

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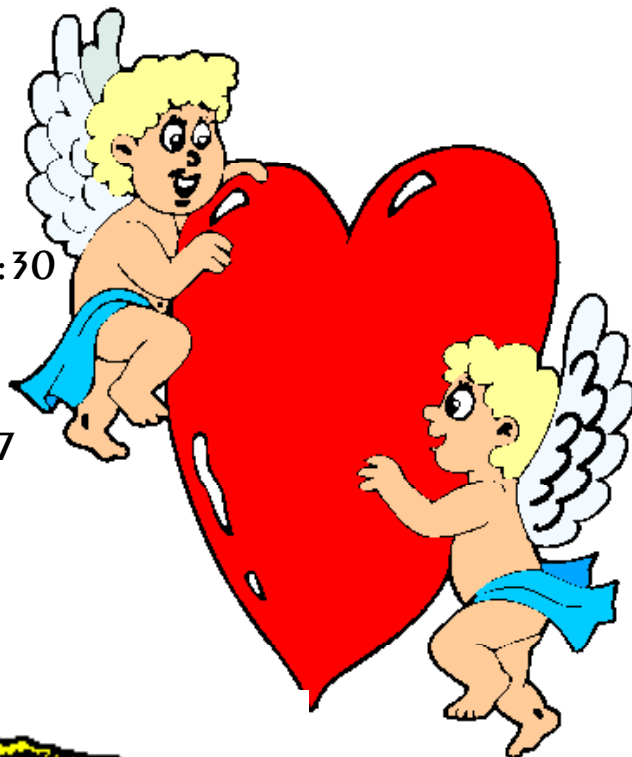
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FEBRUARY 2020 COMMUNITY CALENDAR

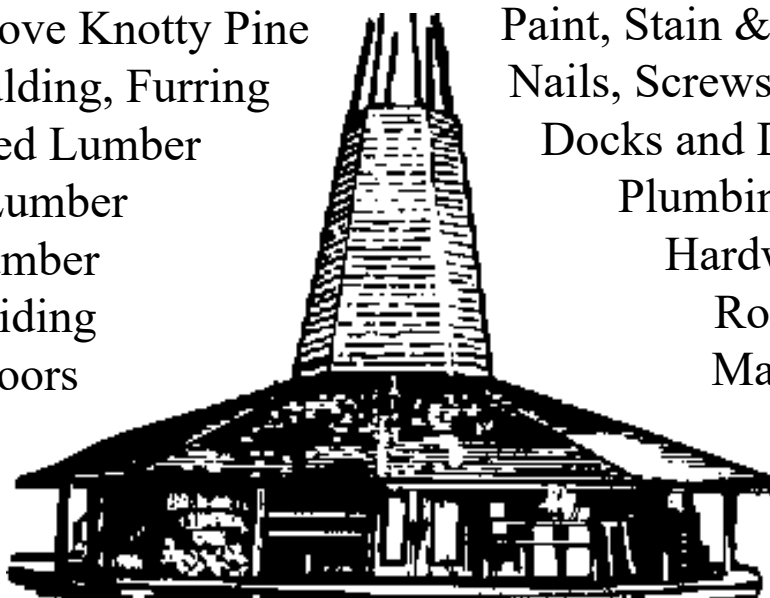
THURS	6	Edinburg Zoning Board 7pm
TUES	11	Edinburg School Board 5pm
THURS	13	Edinburg Town Board Meeting 6:30
Fri	14	Valentine's Day SACANDAGA SENIORS 1:00 pm
SUN	16	SACANDAGA SNOWMOBILE CLUB 20TH ANNUAL WINTER PARTY Pg. 7
MON	17	PRESIDENT'S DAY Holiday
TUE.	18	Edinburg Historic Society
THURS	27	Edinburg Planning Board 7pm
Fri	28	SACANDAGA SENIORS 1:00 pm



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Birthdays - Anniversaries & Other



*If you have a birthday that you would like to
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Happy Birthday

Ashley F.

Arch F.

Bill B

Tammy S.

Marge F.

Wimp E.

Cameron F.

Austin P.

Bruce G.

Laurie C.

From the Four Corners Diner Gang

Happy Valentine's Day

Happy Birthday in Heaven:

Justin Milnyezuk – Feb. 25

Love your family & your son, Hayden



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THANK YOU



We would like to thank you all for your sympathy and caring during our loss of our Mom & Grandma (Freda). The greatest comfort during our sorrow was the expressions of sympathy conveyed to us in many ways... We also would like to thank everyone at the Wells House for all their care and support. We deeply appreciate your thoughtfulness Bim, Gail and family

Fish House Lodge #298 F &AM

I would like to take this opportunity to give a heartfelt thanks for those who contributed to the holiday baskets. This year we gave out 15 Thanksgiving baskets and 9 holiday baskets.

The Thanksgiving baskets contained a full turkey dinner and enough food for a month. The Christmas baskets included a full turkey dinner with extra food staples depending on how much we had donated. This year we had donations from 38 members, 5 non-members, 2 Masonic organizations, 6 Lexington Houses, Price Chopper and the Edinburg Common School. We had help from 6 high school students, also. They packed 5 boxes per family and brought the boxes to be distributed. They each had earned 3 Community Service hours. We can't thank them enough. If you could see the appreciation and gratitude on the faces of the recipients, you would understand why we do this every year. It is caring people like you who make this program possible.

Thank you again.

Jim Lowerre, Chairman of the Food Baskets.

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EDINBURG TOWN REPORT

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by Jean Raymond



SNOWMOBILERS PLEASE BE VERY CAREFUL ON THE LAKE THIS YEAR. THE WATER WAS VERY HIGH AND AS IT IS LOWERED THERE WILL BE POTENTIAL ICE HEAVES. THERE ARE ALSO OBSTACLES FROZEN IN THE ICE. IN RECENT WEEKS IT HAS ALSO BEEN VERY WARM AND AREAS THAT WERE FROZEN OPENED UP AND ARE NOW THIN ICE. GO SLOWLY TO AVOID ACCIDENTS AND DO NOT RIDE ALONE.

This Article is Devoted to the Upcoming Decennial US Census

It is very important that everyone in Edinburg is counted this year. It can make a difference in funding for the town in many federal programs over the next 10 years. Anyone with questions can call or come to the town hall.

2020 US Census

Once every decade, the federal government conducts a census of the entire United States population. The decennial census is mandated by the United States Constitution. In 2020, for the first time ever, the US Census Bureau will accept responses online and phone, but you will still be able to respond by mail if you prefer. Strict federal law protects census responses. It is against the law for any census employee to disclose or publish any census information that identifies an individual or business. The penalty for wrongful disclosure is a fine of up to \$250,000.00 or up to five years imprisonment or both. The Census Bureau will NEVER ask for a social security

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number, bank or credit card information, money or donations, or anything on behalf of a political party. Census workers wear identification badges.

The population numbers are used to determine how federal dollars are disbursed in many government programs and how many representatives each state will have in Congress. It is estimated that in the last census (2010) that Saratoga County was undercounted by up to 30%. It is widely thought that the entire Adirondack region was undercounted. Every person who lives in the household, including young children, should be included. You should list where you live most of the time as your location. It does not affect your residency, your income tax filing or any other programs since no one sees your information. The data is compiled and is only available as numbers and not by household or address or anything that could identify individuals.

Beginning March 12th through March 20th of this year the census will be sending, by mail, "invitations" to participate in the count. Every household will have the option of responding online, by mail, or by phone. Most areas of the country are likely to respond online, so most households will receive a letter asking you to go on line to complete the questionnaire which will

have 10 questions. Areas that are less likely to respond online will receive a paper questionnaire along with their invitation and information on how to respond online or by phone as well as by mail. Between March 16th and 24th a reminder letter will be sent. If you have not responded a reminder post card will be sent between March 26th and April 3rd. If you have still not responded a reminder letter and paper questionnaire will be sent between April 8th and 27th. The census will then follow up in person to all households that have not responded.

Saratoga County will be working to identify locations where people can go to use a computer to fill out the census forms in March.

Census Workers

The census is also hiring part time and full time workers. Jobs begin at \$18.88-\$20.00 per hour plus \$0.58 per mile. Anyone interested can apply on line at: 2020census.gov/jobs

REMINDERS:

Monday, February 18th is Presidents Day. The Town Hall will be closed for the holiday. Garbage will be collected on Tuesday and Wednesday of that week.

Sacandaga Snowmobile Club Winter Party February 16, 2020 Noon-Dusk

"Party in the Pines"

Outside between Placid Pines and Ponderosa Pines

Food will be served from 1-4

The club will supply hamburgers, hotdogs, and chips.

Please bring an appetizer, side, salad, or dessert to share.

***All are welcome to attend!! Come by sled or car and join us for
a day of fun!! Make this one of your stops on the poker benefit run!***

- Lots of club apparel for sale -T shirts / sweatshirts / hats and more.
- www.sacandagasnowmobileclub.net





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Michael Burnett
Director 863-6922



The Library's award winning Local History & Genealogy Project continues to develop and is now in its 15th year. Parts of the project can be found on the library's website under the tab "Library Activities – Genealogy".

The main part of the project has been the establishment of "Sacandaga Families", a genealogical research tool that creates family trees for those that have lived around the Sacandaga Valley from the 1700's forward, including the Towns of Northampton, Hope, Benson, Wells, Edinburg, Day, Hadley, Providence, Mayfield, and Broadalbin. The database has 37,084 names and is synced to Ancestry.com, allowing it to be viewed all over the world. This is an ongoing project.

The Sacandaga Book Group will meet on

Hours: September to March	
Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

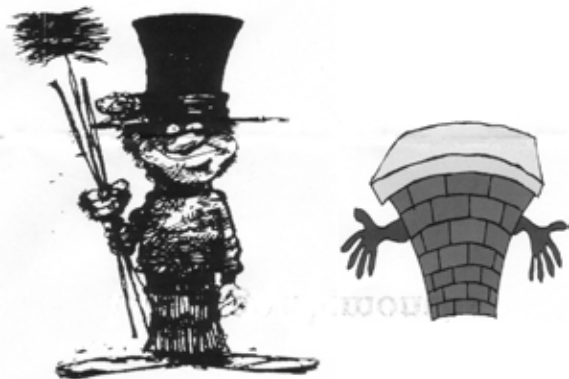
Tuesday, Feb 11 at 10 am in the library's program room. Terry Frank will lead a discussion of "Lillian Boxfish Takes a Walk" by Kathleen Rooney. It's the last night of 1984 and Lillian, 85 years old but just as sharp and savvy as ever, is on her way to a party. On a walk about Manhattan that takes her over 10 miles around the city, she meets bartenders, bodega clerks, security guards, criminals, children, parents, and parents-to-be, while reviewing a life of excitement and adversity, passion and heartbreak, illuminating all the ways New York has changed—and has not.

"Story Time" will be held on Sat, Feb 15 at 10 am, coordinated by Ondrea Filkins. Bring your pre-school children for stories, snack, and craft.

If you are looking for sources for what to read or the order that a series was written in, check out these websites: www.fantasticfiction.co.uk
www.stopyourekillngme.com
www.goodreads.com

Watch for these titles to be arriving:
Long Petal of the Sea – Isabel Allende
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DID YOU KNOW THAT—

*by Town of Edinburg Historian,
Priscilla L. Edwards*

John W. Latcher family-conclusion

John W. Latcher was a man of many talents. As a machinist he was known as one of the best in the area and was called on often to do work at his shop on the sharp bend in Beecher Hollow. He also serviced most of the woodenware mills that were located up and down the Sacandaga Valley. He repaired, tuned and replaced many parts in those mills. When not doing this he was planning and creating his inventions.

I have in my office files a list from the estate of Sherman Tenant of labor, repairs and parts that Latcher charged for work done at Tenant's woodenware mill in Tenantville from the years 1889-1903.

I wonder if the man ever slept? Not all of his

Continued Next Page ➡ ➡



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From Previous Page

ideas and plans worked out but that didn't stop him from forging ahead and trying something new.

John was very health conscious. He walked almost everywhere he went in the Valley and thought nothing of walking to Northville and back. He was very fussy about what foods he ate. He never ate meat-only poultry-also eating lots of eggs and cheese. I'm sure this was connected to his walking habits and his herbal medicine business.

Herbal medicine has been practiced for hundreds of years. Long before "doctors" did not spend years training at a real medical college and the local blacksmith was setting broken bones and pulling teeth as well as shoeing horses—folks practiced herbal medicine. In Edinburgh we had two other men besides John Latcher that mixed up compounds to help local folks with aches, pains and upset stomachs.

David Copeland, father of Arad, was well-known in the Towns of Day and Edinburgh for his treatments as well as William Zinstine who lived on the hill just below the Beecher Hollow School—now our Nellie Tyrrell Museum.

John Latcher sold little boxes of pills as well as bottles of sarsaparilla. A box of pills sold for 25 cents; 6 boxes by mail, postage paid, \$1. The Sarsaparilla: 1 bottle \$1. ; 6 bottles \$5. ; 12 bottles \$9. ,express charges paid by purchaser. The pills were advertised "Anti-dyspeptic Blood and Liver Pills, mild, safe, purely vegetable, sugar coated". "Remember that these pills do not contain Calomel, Croton Oil or any other injurious drug, but are compounded of the best and purest medicinal extracts." The pill boxes were small, oval wooden boxes made of thin wooden strips similar veneer. Latcher did his own printing of the labels with other testimonials and advertising pamphlets

which he distributed with the medicines. He did the printing on his own printing press. The folks that gave testimonials were all acquainted with Latcher and lived in the communities of Edinburgh, Batchellerville and Conklingville.

Some of the herbs used in Latcher's extracts were balmony, bitter root, blue flag, burdock, butternut, culver's root, dandelion, gentian (which has beautiful blue blooms), hops, mandrake, sarsaparilla and stillingia. These were also listed on his advertisements as well as the usage of each one. As an aside: mandrake has white fruit that is edible tasting like a cross between pear and apple. My grandmother made jelly from this fruit.

The Latcher family attended the Edinburgh Methodist Church and one of John's favorite pastimes after church was wandering the local woods looking for plants and trees from which he collected his herbal supplies.

Latcher dabbled in local politics to an extent as he served as town supervisor in 1873, also serving as a juror at times on local court cases.

In the 1890's John W. drew up detailed drawings and plans-his neatness and precise drawings are remarkable- for two different railroad lines. One line was to run from Schenectady to Edinburgh and the other one was to run from Glens Falls through Luzerne, Conklingville, Day, Fish House and into Broadalbin. The Schenectady to Edinburgh diagram was named the Schenectady, Sacandaga and Northern RR. Was it possible that John thought that railroads could bring new industry to the valley to take the place of the timber industry that was disappearing?

John and Rosena Latcher had children to be proud of:

Daughter Edith, after finishing her education

Continued Next Page



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From Previous Page

at Poultney Academy in Poultney, Vermont married local boy Everett Partridge. Sadly Edith died in childbirth at the age of 26 with the birth of their first child. Young Kenneth Partridge is the little guy one sees in many of Addie Allen's photos of Beecher Hollow taken in the early 1900's.

Daughter Helen graduated from Oneonta State Normal School, becoming a teacher. She married the Rev. Franklin Worden, settling in Wells, NY. Franklin was pastor of the Wells Methodist Church and Helen was a teacher at the local school, teaching until she was 70 years of age.

Sons Marshall and Buel attended the Beecher Hollow one-room school, then went on to Emily Person's Select School in Batchellerville. After Mrs. Person's school they also attended the Poultney Academy. From Poultney they moved on to the Albany Medical College-graduating in 1897. The Latcher brothers mark on Edinburgh is still visible. In or about 1894 the brothers were home in Edinburgh, probably on vacation from school, and they replaced the pews in the Edinburgh United Methodist Church. These new pews replaced the ones that had been there since the church was built in 1836. The pews built by the Latcher brothers are still in use in the church today.—2020.

I wish I could have known John W. Latcher. I think he was a remarkable and talented man. I don't think his mind ever stopped turning. Some Latcher/Copeland descendants considered John W. a poor businessman believing he could have done better if he'd paid more attention to business dealings and not had so many "irons in the fire" (maybe one of his sons should have been a lawyer and could have done all of John's business dealings for him).

On the other hand the Beecher Hollow home was HOME. John had only a few steps to go up the hill to his machine shop where he created so many wonderful machinist creations. He had many friends in Edinburgh, Northville and up and down the Valley. One could open a window at the Latcher home on a warm spring night and hear Beecher Creek flowing over the Falls and under the Covered Bridge on its way to the Sacandaga River. The church he'd attended for decades was close-by as were two general stores and the post office. John's wife Rosena was still by his side and their 3 living children checked in on their parents on a regular basis. He could wander his familiar woods anytime he wished.

In studying the huge collection of Latcher material I have in my files one thing really stands out: every invention, patent, herbal compound; even the planned railroad diagrams were designed for the benefit and improvement of mankind!

If you're happy, contented and surrounded by friends and family, what more does one need? Many Thanks to Marilyn Brooker, Roger Scott and Kathy Hoff for donating so much Latcher material to this office. If all goes well I'll have an exhibit on John Latcher ready for the Nellie Tyrrell Museum this summer.



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MLS #201917850

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rm with stone gas frplc, knotty pine
interior & french doors to screen
porch & deck, din area & kitchen. 1BR 1BA and newer family rm w/
bar downstairs. Upstairs offers 3 Br-mstr has private screen porch,
1BA & laundry. Shed/retreat workshop. LF100



MLS #201926149

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Lakefront directly across
road from lake. 7.13 acres.
Lake views, 200' road front-
age & 196.9' deep water
lake frontage directly
across the road. Surveyed
recently—shows topo,
rough driveway in, located on east side of lake to enjoy the sunset
views! Possible owner financing. LF200

MLS #201717061

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MLS #201934301

HADLEY



**50 Eastern Ave, Hadley
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home AS IS, dug well and
electric. Close to GSL and
public access short drive
away.

RS209

MLS #201933845

NORTHVILLE



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lage property!
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beach and marinas. RS202

MLS #201917586

\$39,600 NORTHVILLE. 5.91 Acres. Stream 4-6' wide
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Sacandaga Lake offering a nice town beach and NYS boat

launch in community. Walk to Northville Lake and village.
RS216

MLS #201312422

\$66,000 DAY. Horse Hill Road. Lake Access Land
11 wooded acres with 400' road frontage located
on quiet country road. Partial clearing area. 10' lake
access short drive away. LA200

MLS #201917987

\$140,000 EDINBURG. South Shore Rd. Lakefront
(Across road from lake) lot 14.33 acres with 150' road
frontage and 152.8' lake front. Surveyed, stream & pos-
sible owner financing. LF206

MLS #201604168



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The Newsletter Ad & Copy Deadline is the 17th of Every Month

Thomas McGroder installed as the 2020 GCAR President.

On Thursday, January 9, 2020, the Greater Capital Association of REALTORS® installed the 2020 Board of Directors at a dinner held Saratoga National Golf Club in Saratoga Springs, New York. More than 150 professional REALTOR® members and their guests were in attendance along with special guests, New York State Assemblywoman Mary Beth Walsh and New York State Senators George Amedore, Daphne Jordan, and James Tedisco. Assemblywoman Mary Beth Walsh performed the swearing-in ceremony for the newly elected directors. GCAR Past President, Marie Bettini, performed the swearing-in ceremony of Thomas McGroder of Thomas J. Real Estate, who was installed as the 2020 GCAR President.

**FOR RENT: Mountainside,
large, bright, 2 bedroom,
home. Garage in basement
area. Large deck On a
dead end road in the Town
of Day. \$800 per month.
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175 Horse Hill Rd, Day

MLS 201932541 **\$334,000**

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2BA & loft on 17 acres w/privacy.



396 Hope Falls Rd, Hope

MLS 201925594 **\$279,900**

4BR, 2BA on 57.8 acres! Many upgrades,
screened porch, fireplace, 2 sep garages.



325 River Rd, Benson

MLS 201927281 **\$74,000**

1 room camp overlooking the Sacandaga
River w/200' of riverfront across the road.



689 State Hwy 30, Northampton

MLS 201931837 **\$49,000**

Build your dream home - approved
building lot (55x100) w/views of the GSL.



520 South Main St, Northville

MLS 201917080 **\$229,900**

3BR, 1.5BA lakeside home w/charm &
character and 200' of direct waterfront.



River Rd, Benson

MLS 201927847 **\$18,000**

66x195 parcel w/gorgeous views of the
Sacandaga River in a peaceful country setting.



Washburn Rd, Benson

MLS 201931072 **\$79,000**

Approx. 10 acres w/stream. APA approved
for 2 structures. Existing unfinished cabin.



232 South Main St, Northville

MLS 201934100 **\$310,000**

Yr-round lakeside 2BR, 2.5BA home w/loft
& deck overlooking 70' on Northville Lake.



Elmer Brown Rd, Northville

MLS 201919858 **\$74,900**

Partially cleared +/- 5.02 acre parcel w/
lake access through Beach Assoc. Lot 7.



151 Sunset Acres Rd, Broadalbin

MLS 201930463 **\$245,000**

4BR, 1BA cottage w/sunroom, lake & mtn
views and 10' lake access w/sandy beach.



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at 518-736-1120 or
email healthlink@nlh.org
to attend programs or
for more information.**

Topic	Date-Time	Place	Details
Wellness Walkers	2/3 – 2/24 9 – 10 am	Johnstown Mall	4 sessions (Mondays). Indoor walking group open to anyone wanting to get active and have some fun! Walking is one of the best and easiest forms of physical activity to stay healthy. FREE! Attend 1 session or all
Chair Yoga	2/3 – 2/24 4 – 5 pm 2/7 – 2/28 10 – 11 am	HealthLink Littauer Johnstown	4 sessions each (Mondays/Fridays). Experience gentle, peaceful yoga with the support of a chair. For everyone...no matter what age you are, or what condition you are in! \$7 fee/session. Attend 1 session or all
Gentle Yoga	2/3 – 2/24 5:30 – 6:30 pm	HealthLink Littauer Johnstown	4 sessions (Mondays). For anyone interested in relaxing, gentle yoga sessions. Benefits include improved strength, flexibility and a positive effect on internal systems. \$7 fee/session. Attend 1 session or all
Zumba Gold	2/5 – 2/26 9 – 9:45 am	HealthLink Littauer Johnstown	4 sessions (Wednesdays). Time to dance those calories away! For active older adults with easy-to-follow choreography focusing on balance, range of motion and coordination. \$5 fee/session. Attend 1 session or all
NEW... Physical Activity For All!	2/5 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Wednesday). Learn the many health benefits of an active lifestyle! Attend this session to learn how much daily activity you need, easy chair-based exercises, and sample a heart-healthy snack! FREE!
NEW... Make A Flake	2/6 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Thursday). Experience the relaxing benefits of mindfulness as we 'make-a-flake'! We'll use simple, basic materials to create our own unique 3D paper snowflake to hang on a wall or in a window. FREE!
Relax With Crafts	2/11 1 – 3 pm 6 – 8 pm	HealthLink Littauer Johnstown	1 session each (Tuesday). Experience the relaxing benefits of mindfulness with iris paper folding! Create an EASY rose or heart suitable for hanging, gift giving, or a greeting card. \$15 fee includes all materials
Diabetes Discussion	2/12 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Wednesday). Monthly educational session for anyone with diabetes. "Diabetes 101" ... We'll discuss the basics of what is happening in your body and what you can do about it. FREE!
Health Screenings	2/13 9 am – 1 pm	HealthLink Littauer Johnstown	1 session (Thursday). Is YOUR number up? Screenings include a Cholesterol+HDL+Glucose blood test \$18; diabetes risk assessment, blood pressure reading & BMI measurement at no charge. No appointment needed
Advance Directives	2/13 2 – 3 pm	HealthLink Littauer Johnstown	1 session (Thursday). Learn what you need to know about these medical documents! We'll discuss the different forms, importance of choosing a health care agent, assuring your wishes are honored, and more. FREE!
Chronic Disease Self Management	2/13 – 3/19 6 – 8:30 pm	Willow Tree Wisdom Amsterdam	6 sessions (Thursdays). Evidence-based series of classes for anyone with an ongoing health condition. Learn to manage and cope with the symptoms of your condition. FREE program...refreshments included!
Stop The Bleed!	2/20 7 – 8 pm	Nathan Littauer Gloversville	1 session (Thursday). Learn how to save a life! This training will prepare you to assist injured people following a traumatic event before professional help arrives. FREE! Call 518-773-5495
ViP Luncheon: All About Hospice	2/26 11:30 am – 1 pm	Nathan Littauer Hospital	1 session (Wednesday). Especially For Adults 50+... Enjoy a buffet-style luncheon followed by a presentation on end-of-life care decisions & hospice services offered locally. Lunch: \$5 ViP members, \$6 public. RSVP by 2/24

FEBRUARY GROUP MEETINGS: No enrollment necessary ~ For details, visit nlh.org or call 518-736-1120

→ Breastfeeding 2/6	Nathan Littauer 12:30 pm	→ Alzheimer's 2/20	Mayfield Presbyterian 10:30 am
→ Chronic Disease 2/12	HealthLink 1 pm	→ Parkinson's 2/20	Mayfield Presbyterian 2 pm
→ Alzheimer's 2/13	HealthLink 11 am	→ Breastfeeding 2/20	Twin Pine Chiropractic 5:30 pm
→ Better Breathers	May – December	→ Heart Disease 2/25	HealthLink 3:30 pm
→ Beyond Moms 2/13	HealthLink 5:30 pm	→ TOPS ~ Wednesdays	Nathan Littauer 5:30 pm



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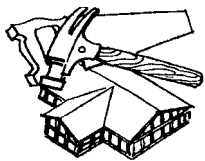
Sacandaga Seniors

Sacandaga Seniors meet every 2nd & 4th Fri. of each month at the Edinburg Senior Center. On Jan. 10th we had sever icing on our roads and had to cancel our regular meeting. We activated our "phone tree" to let everyone know we were cancelling our meeting. If you didn't get a phone call, please let me know and I will add you to our list. Carmen (518) 213-3536. In Jan. we helped Norma Porters celebrate her 101st Birthday!

If the winter is giving you some cabin fever, come and join us for some refreshment, friendly faces and Bingo if we don't have a speaker.

We will be having a Valentine's Party on Feb. 14th. Ashley Olmsted will be there to play some music for us! Come join us and wear something red if you can.

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Volunteer Income Tax Assistance Program Announces January/February Schedule

Volunteer Income Tax Assistance Program (VITA) sponsored by Cornell Cooperative Extension of Warren County is offering free tax help to families and individuals whose household income is below \$57,000. Trained community volunteers can help you with special credits, such as Earned Income Tax Credit and Child Tax Credit for which you may qualify. In addition to free tax return preparation assistance, free electronic filing (e-filing) will be offered.

Cornell Cooperative Extension VITA volunteers schedule for January & February is as follows:

Tuesday, January 28th 10am – 4pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Thursday, January 30th 9am – 3pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Friday, January 31st 9am – 3pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Saturday, February 1st 9am – 3pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Tuesday, February 4th 12pm – 6pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Thursday, February 6th 9am – 3pm,
Southern Adirondack Independent
Living, 71 Glenwood Avenue,
Queensbury, NY.

Friday, February 7th 9am – 3pm,
Queensbury Senior Center, 742 Bay
Rd., Queensbury, NY.

Saturday, February 8th 9am – 3pm,
Cornell Cooperative Extension, 377
Schroon River Road, Warrensburg,
NY.

Tuesday, February 11th 9am – 3pm,
Town of Johnsburg Public Library,
219 Main Street, North Creek, NY.

Friday, February 14th 9am – 3pm,

Southern Adirondack Independent Living, 71
Glenwood Avenue, Queensbury, NY.

Saturday, February 15th 9am – 3pm, Cornell
Cooperative Extension, 377 Schroon River Road,
Warrensburg, NY.

Thursday, February 20th 9am – 3pm, Village Green,
1 S Delaware Avenue, Glens Falls, NY.

Friday, February 21st 9am – 3pm, Warren County
Municipal Center, 1340 State Route 9, Lake George,
NY.

Saturday, February 22nd 9am – 3pm, Cornell
Cooperative Extension, 377 Schroon River Road,
Warrensburg, NY.

Friday, February 28th 9am – 3pm, SUNY
Adirondack, 640 Bay Road, Queensbury, NY.

Saturday, February 29th 9am – 3pm, Cornell
Cooperative Extension, 377 Schroon River Road,
Warrensburg, NY.

You MUST call to schedule an appointment at any of
these locations 1-800-211-5128 ext. 200.

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20th Annual Indoor Garage Sale

On February 1, 2020 there will be an indoor garage sale held at the Community Hall in Wells, NY from 9 am to 2 pm. There will be food for sale from the Hope Diner. Free tables are available. Phone John at 518-332-4189 to reserve a table.

To The Edinburg Community

I'd like to take the opportunity to thank all the volunteers that made the 18th annual tree lighting a huge success. There are too many individuals to thank everyone separately. They are responsible for donating their time and money to buy, wrap presents, and set up and clean up the fire house after. We had horse drawn wagon rides, people to bake cakes and face painting. Every child that came to see me received at least one gift.

Again I'd like to take this opportunity to thank all the volunteers for making the Edinburg Tree Lighting such a special event.

Love Santa

Nigra Arts Center Presents "MURDER & MALICE AT THE PRAGUE PALACE,"

**Performances scheduled for
Friday, 2/7, and Saturday, 2/8**

The Paul Nigra Center for Creative Arts, located at 2736 State Highway 30, Gloversville, will present "Murder and Malice at the Prague Palace," a murder mystery dinner theater event featuring an original play written by Roberta Esposito and starring performers from Foothill Family Productions. There are two performances scheduled, the first on Friday, February 7, and then on Saturday, February 8, both from 6-9 PM.

The storyline of "Murder and Malice at the Prague Palace" features Prince Phillip Hyacinth Lobkowicz, who is throwing a costume ball/masquerade party to benefit restorations to his palace in Prague in the year 2000. Attendees are encouraged to come dressed in masquerade costume attire.

Tickets for the events are \$45 per person, with a 20% discount offered to members of the Nigra Arts Center. Tickets can be purchased on www.eventbrite.com or through the Nigra Arts Center by calling (518) 661-9932. Tickets include a three-course, family-style dinner. There will be a cash bar available. Seating for both events is limited – please do not wait to reserve your tickets.

For more information, visit www.pncreativeartscenter.org or the Nigra Arts Center Facebook page, or call (518) 661-9932. For more information about Foothills Family Productions, please visit www.facebook.com/FoothillsFamilyProductions. The Nigra Arts Center's gift shop and art gallery will also be open during the events and attendees are welcome to view the current art exhibit at no additional charge.

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Cornell Cooperative Extension

Seeking Youth 12 + for Adirondack Guide Program

Camping, fire starting, map and compass skills, outdoor cooking, wildlife identification, hiking, and more! If you are a youth between the ages of 12-19, and love the outdoors, then come and see what our 4-H Adirondack Guides program is all about.

Youth will have the opportunity to go on 2-3 camping trips per year and to attend environmental education programs once a month between the months of April-October. Enrollment in Warren County 4-H is required, but also allows the youth to take any age appropriate classes 4-H has to offer throughout the year. Enrollment for the year is \$10 per youth, or \$15-30 per family. Some events require a program fee to cover the cost of food, or canoe & campsite rentals.

A new Guide orientation program will be held on the evening of Thursday, January 30th, from 6:30-7:30 PM. All prospective or interested youths and their families are welcome to attend. Pre-registration is required, and there is no cost for this event.

For further information, please contact John Bowe at Cornell Cooperative Extension of Warren County at 518-623-3291, or email: jfb32@cornell.edu.

Flower Talk

by Sally Peck of The Flower Barn

The Violet

In the midst of all the excitement and romance for February 14, very few know of the flower or the saint who started it all: the Violet and the martyred youth, Valentine. St Valentine, persecuted by a Roman emperor was in prison when he continued his good works by encouraging other believers with messages of friendship and love. According to legend, Valentine crushed the violet flowers growing outside his cell, making an ink to write with and delivered them via dove. It is also said that this priest maintained a friendship with his jailer's blind daughter, who he wrote to daily and cured of her ailment. He was executed on February 14, 269 A.D. This coincided with the pagan festivals of Lupercalia, held in honor of the goddess Juno, who favored women and marriage. Thanks to Valentine, this festival was now associated with romantic love, fertility rites and the coming of spring. Violets, linked to faithfulness

Continued Next Page ➡ ➡

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From Previous Page

or the "I return your love" sentiment, were a symbol as well as a popular offering between lovers. Because of this, violets are the original Valentine Flower.

Viola plants from the family of Violacea consists of Violets and Pansies and have been cultivated by the ancient Greeks since 500 BC or earlier. The name 'pansy' is derived from the French word pensee meaning 'thought'; the way the flower bends, it looked like the face of a man in thought. The pansy is a hybrid of three species of wild violets. There are around 500 types of violets in the world. These, however, do not include the African Violet, which is a different genus altogether. One quirk of some Violets is their elusive scent. This is because of a component of the scent (a ketone) which dull the sensory receptors in the nose preventing any further scent being detected from the flower until the nerves recover. Yet the Sweet Violet has a distinguishable sweet scent.

Sweet Violet are edible and are used to decorate meals and desserts or flavor desserts with essence of Violet flowers. The young leaves are edible raw or cooked as a somewhat bland leaf vegetable. The entire plant has been said to have medicinal properties and its tea has large amounts of vitamins A & C. Violets contain substances which act like antioxidants and show antimicrobial and antiviral properties Ancient Greeks, Romans and Chinese medicine use violets for herbal remedies, wine and in cough syrup as a chest congestion relief. The Greeks also used violets in love potions because it was considered a symbol of fertility and love.

In Central Russia, violets may have helped the bands of invading Tartars as they moved across the plains. Always on the move, they were often forced to live off the land. An account by the 17th century Russian traveler Gmelin, who was the first to travel as far as Siberia, claims that among tubers in the ground, the Tartars ate the roots of violets which were cooked down into a pasty soup which aided in keeping them full as they

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migrated westward.

In France, Napoleon Bonaparte declared Violets his signature flower, and used the blooms to cover his wife Josephine's grave when she died in 1814. In fact, he was called Corporal Violet by friends, after promising them he would return from his exile on Elba before violet season.

The first Violet Day was held on July 2, 1915 in Australia. Violets were sent from as far away as Melbourne and the western district of Victoria. Tiny bouquets of violets with purple ribbons printed with the words "In Memory" were sold in the streets of Adelaide.

The US has embraced the Violet, making it the state flower for New Jersey, Illinois, Wisconsin, and Rhode Island.

In conclusion, for a nice tribute to the Violet Flower and Valentine's Day, I found it fitting to share this poem:

Ad & Copy Deadline is the 17th of Every Month

Trust & contact your Local Florist direct. Avoid the impersonal Order Gatherers, e-Commerce 'flower' dealers with their middleman and added fee\$.

*The story of Saint Valentine Is a legend, it is true.
But legends are delightful and very lovely, too.
The legend says Saint Valentine, imprisoned in a cell,
Was thinking of his little flock he had always loved so well.
He wanted to assure them of his friendship and his love,
So he picked a bunch of violets and sent them by a dove.
And on the violet's velvet leaves he pierced these lines divine...
They simply said "I LOVE YOU and I'm your Valentine."
So through the years that followed from that day unto this,
Folks still send messages of love and seal them with a kiss.
Because a Saint in prison Reached outside his bars one day
And picked a bunch of violets and sent them out to say
That Faith and Love can triumph no matter where you are,
For Faith and Love are greater than the strongest prison bar.
author ~ Helen Steiner Rice.*

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by Brian DeFeo

YOUR SAFETY COMES FIRST

Santa was not the only one rather active over the Holiday Season. Starting Christmas Eve EVFC had two calls, EMS Driver Assistance and an MVA. Christmas Day it was Mutual Aid to Northville. On December 30th the ice storm hit with the result being four calls for down Power Lines. New Year's Eve went out with a bang again with four calls: CO2 Detector Alarm, Mutual Aid to Northville and two down Power Lines.

No rest for the weary on the first day of the New Year, with another Power Lines call. This was followed with five calls from January fourth through the tenth. These included: a Fire Alarm, EMS Driver Assistance, Mutual Aid to Providence, Mutual Aid to Northville, and Good intent. All and all a very busy seventeen days! But we're not complaining. We're dedicated to your safety.

On another topic; one of the most painful and potentially long lasting injuries is a serious skin burn. Many of these accidents with some fore thought might have be prevented. This is particularly true of scalding injuries. These are caused by hot liquids or steam. Particularly at risk are: the elderly, infants, and especially those very mobile toddlers.

So many of these injuries occur in the kitchen. Here are a few simply safety tips geared toward younger children Keep pot handles turned inward, use back burners when possible, avoid using table clothes, heat baby formula separately before putting it in the bottle, hold a hot beverage or hold your child, but don't do both at once.

You may even consider establishing a safety zone. Keep small foot stools and high chairs away from your range/stove, while teaching the little ones it is not okay to be standing there or playing nearby. Consider supervising older children who may understand how your microwave works yet do not fully appreciate the dangers.

Speaking as an adult who was seriously burned as an toddler, never take home safety for granted.

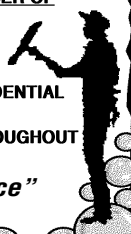
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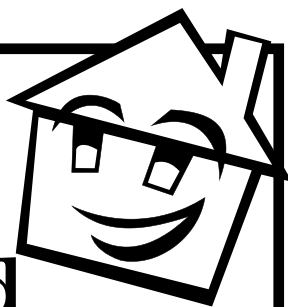
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Craig



Red Rooster Programs

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at 99 N. Main St, (the corner of Bridge and Main) Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time. Note: Ony is taking Jan. Feb. and March off. In her absence, Marlene Guiffre will be teaching the class. Call 518 774- 4634 to join.

Additional information about STFSL can be found online at STFSL.org. To request volunteer medical transportation or for information about bus trips, call 752-8737

Feb. 6th OFA Congregate Meal 11:30-12:30
Ham Dinner. Scalloped Potatoes, Peas and Carrots, Brownie. We will also celebrate all Feb. birthdays with a Birthday Cake provided by Danny Mead. Red Rooster Program at 12:30
Brian Correll will provide a brief update on the Five and Dime renovations and will also talk about his new restaurant venture, "The Five and DINE". Following Brian's presentation we will hold several rousing games of Bingo.

Feb. 13th OFA Congregate Meal 11:30-12:30
Chili, Corn Bread, Green Beans, Yogurt Whip
Red Rooster Program at 12:30
John Fergusson will talk about, "Growing up in Northville".

Feb. 20th OFA Congregate Meal 11:30-12:30
Turkey Divan with Broccoli Sauce, Egg Noodles, Peas, Peaches.

Red Rooster Program at 12:30
Becky White, Fulton County Office for Aging will discuss Medicare Coverage for Behavioral Health. Becky will also be on hand from 11:30 to assist Seniors with any issues.

Feb. 27th OFA Congregate Meal 11:30-12:30
Beef Patty with Peppers and Onions, Baked Beans
Carrot Coins, Cookie
Red Rooster Program at 12:30
Larry Cramer will entertain with recordings of "Obscure Old Songs". Also, Home Care Partners will hold their monthly blood pressure clinic.



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HealthLink Littauer's WELLNESS WORDS

Submitted by Alicia DeRuscio B.S.

EYE HEALTH

When you think of good health, you probably picture someone free of illness or chronic conditions. What about someone with good eye health? Your eyes are an important part of your body – they help you see, connect with, and experience the world around you.

According to the American Academy of Ophthalmology (AAO), your eyes experience many changes as you age. For example, some of the cells in your eyes, called rod cells, are more likely to break down over time. These cells are responsible for helping your eyes focus and adjust, and are affected by certain lifestyle factors including smoking or excessive sun exposure. As rod cells break down, you may experience trouble with your vision.

The AAO lists several common problems that older adults experience with age:

A gradual loss in ability to see things up close, known as presbyopia.

Difficulty adjusting or focusing eyes when moving from a poor-lit area to a well-lit area, or vice versa. Difficulty adjusting to light or dark when driving, especially in the rain.

Contrast sensitivity, or trouble separating an image from its background with a similar color or tone.

Aging also makes you more likely to develop eye diseases such as age-related macular degeneration, diabetic retinopathy, glaucoma or cataracts. Many eye diseases do not have any signs or symptoms, so it's important to keep your eyes healthy and get them checked regularly.

In order to maintain good eye health, the National Eye Institute (NIH) recommends:

Getting a dilated eye exam every year to check for eye diseases.

Wearing sunglasses that block 99 to 100 percent of UVA and UVB radiation.

Wearing protective eyewear such as goggles or safety glasses when playing sports or performing manual labor.

Giving your eyes a rest every 20 minutes when looking at a computer or TV screen.

Washing your hands before putting in or taking out contacts.

Disinfecting contact lenses and replacing them regularly

As with any health-related disease, it's also important to maintain good physical health in order to protect your eyes. Adopting healthy lifestyle habits like eating a nutritious diet, getting adequate sleep, quitting smoking and getting regular physical activity can decrease the risk of developing eye diseases.

Certain foods, like spinach, kale, tuna, halibut and salmon are beneficial to eye health. Sleeping also promotes eye health by providing continuous lubrication, helping eyes to rid themselves of dust or other irritants that may have built up during the day.

While some changes in vision naturally occur because of age, others do not. Low vision, or vision loss that makes daily activities difficult, is usually the result of an eye disease. Low vision can include both losses of central and side vision, as well as blurred or hazy vision. Common symptoms include difficulty reading, driving, shopping or recognizing faces.

If you experience low vision or have trouble with any of these tasks, be sure to contact your eye doctor. Scheduling a visit with an eye doctor will help determine if you have an eye condition and provide you with resources to aid with low vision.

For more information on healthy lifestyles, contact HealthLink Littauer at 518-736-1120. You can email us at healthlink@nlh.org or visit our wellness center at 2 Colonial Court in downtown Johnstown. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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Edinburg Historical Society

PO Box 801,
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www.EdinburgHistoricalSociety.org

EDINBURG HISTORICAL SOCIETY NEEDS VENDORS/CRAFTERS FOR TWO FESTIVALS

The Edinburg Historical Society is accepting applications from area crafters and vendors for its upcoming Historic Edinburg Day and the Edinburg Fall Festival at the Nellie Tyrrell and Rural Museums. Old time demonstrations will be held at the Rural Museum, a bake sale and free horse and carriage rides by J & D Percherons.

The Historic Edinburg Day will be held on Saturday, July 18 and the Edinburg Fall Festival will take place Saturday, September 26. Both Festivals will be held from 10 a.m. to 3 p.m. A 10% commission of sales is asked as a donation to help to defray costs associated with these events. There is no charge for admission to the museums or the festivities.

Application forms are available on line at <http://edinburghhistoricalsociety.org>. Forms can be emailed to aponi@frontiernet.net or snail mailed to George and Andrea Blackwood, 4 Morris Road, Edinburg, NY 12134.

For more information, contact George and Andrea Blackwood, 518 863-6772.

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MOUNTAIN VALLEY HOSPICE SEEKS VOLUNTEERS

There is no better way to honor a loved one who has passed than by serving as a hospice volunteer. MVH seeks caring and compassionate volunteers to provide support to hospice patients and their families throughout Fulton, Montgomery, Hamilton and Saratoga Counties. Volunteers may also assist with administrative work at the Nancy Dowd Hospice Home (NDHH).

Hospice Patient & Family Support Volunteers typically make visits to patients' homes, nursing facilities, hospitals and the Nancy Dowd Hospice Home once a week. These volunteers provide emotional support and companionship to patients and family members, assist with errands, or provide respite for caregivers. Hospice Volunteers do not perform personal care, such as feeding or administering medication. MVH makes every effort to match volunteers with patients according to the volunteer's comfort level.

Many volunteers report a great deal of personal satisfaction as a result of their service. "Through my experience I have found that MVH has proven to be important to both patients and volunteers. It's a special feeling to be able to ease a patient's anxiety while they share their memories and their stories," said Susan Hathaway-Ringland, a Patient & Family Support Volunteer at MVH. "It's a delight to bring a smile to our patients' faces. As a Volunteer, we listen... we laugh... we just love what we do."

Hospice Volunteers complete an application and receive eight hours of training that covers the medical, psychological and spiritual aspects of hospice volunteering. Orientation and training is offered on a rolling basis at the convenience of the volunteers, with some of the coursework offered online.

To learn more about volunteer opportunities contact Manager of Community Outreach & Volunteer Services, Kelly Montanye at (518) 725-4545 or visit mvhcares.org/get-involved/hospice-volunteers/.

The mission of Mountain Valley Hospice is to enhance the lives of those we serve by supporting what matters most to them. Mountain Valley Hospice supports patients and families in the Fulton, Montgomery, Saratoga and Hamilton Counties of New York State. The Nancy Dowd Hospice Home is an elegantly rustic, 8-bed facility with 24/7 care for those seeking comfort. Anyone can make a referral or request a tour of the building. For details, visit mvhcares.org.



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**NAV-ED SERVICES
GROUP**

Winter is upon us! In December we shared information on the New York State snowmobile operator requirements, registration and safety pointers. In January, we looked at pre-ride planning, personal preparation, snowmobile apparel, safety helmets and eye protection. In February, we would like to present a few pointers on navigation, riding, speed, alcohol, drugs and emergency response.

New York State has many resources available for both new and experienced snowmobilers. Access to these resources provides the reader with useful information on New York State requirements as well as safety. Our source of information is the New York State Snowmobilers Guide found at: <https://parks.ny.gov/recreation/snowmobiles/documents.aspx>

We recommend that everyone download a copy! Let's share some highlights from this information with you.

Navigation – how do I get from here to there?

The simplest way to navigate is to follow a friend or acquaintance who is familiar with the area. You may have to travel together for awhile but you will always find your way as you keep your eyes open for landmarks! Of course, up-to-date trail maps when available are a great resource. Ask for help in finding and reading the maps before you venture out.

A compass is a useful tool which should be carried and understood. Compasses are available from multiple sources but a Global Position System (GPS) can also be used and certainly is a device which is readily known from other applications. It would be worthwhile to talk to other riders and conduct some google research to understand the pros and



cons as well as the prices!

Trail markers and signs provide essential information for snowmobilers. These signs are available in the New York State Snowmobilers Guide and indicate permitted trails and areas where snowmobiles are NOT permitted. Signs designate hazards, stops and yield actions. Other signs instruct riders to temporarily slow their vehicle. There are bridge markers, directional arrows, trails, speed limits and secondary trails. Facilities' signs indicate gas, food, lodging, telephone and repair services. The State also lists "No Entry - Trail Closed", "Skiers On Trail", "Winter Wheat", "New Seeding", or "Snowmobile Trail - No Wheeled Vehicles". Be aware and be safe but also be careful because the State warns that "sign theft is a growing problem" so some signs may be "absent from their posts"!!

Riding Patterns – are you part of the group?

Group riding is safe, provides companionship and fun. The first step is to designate a leader as well as a tail rider to ensure that members are accounted for. Group riders should stay together and maintain their positions and when leaving the group communicate their intentions to the tail rider.

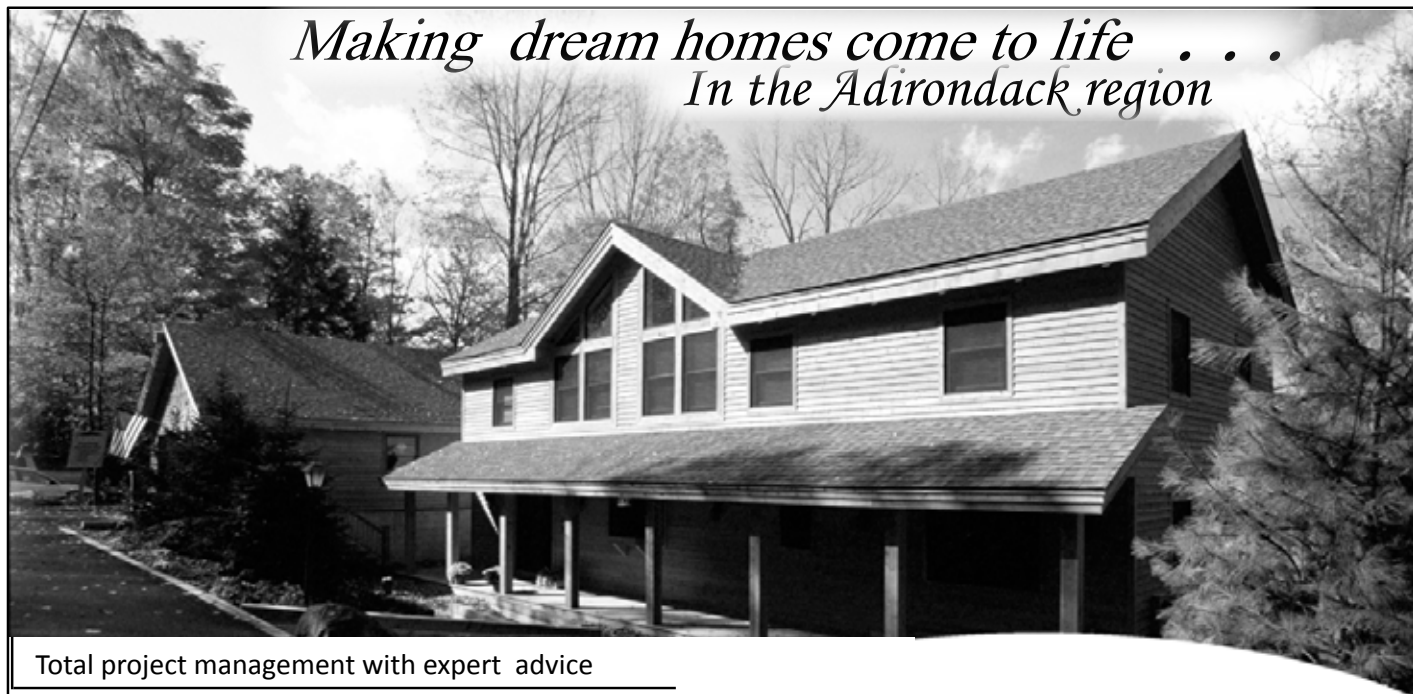
The State has very appropriate suggestions to make the ride safe. They write in their Guide that the: "Riders should leave adequate following distance. Three or four sled lengths is a good following distance for reasonable trail speeds. Increase following distance as trail speeds increase. All riders must relay hand signals to the rider behind them. This is critical at turns. Make sure the rider following makes the correct turn. If the following rider is out of sight, stop and wait for the rest of the group to catch up." The Guide recommends safe ways to cross roads, trail etiquette with other riders and respect for landowners.

Speed, Alcohol, and Drugs – a warning worth repeating and remembering!

The State warns that "excessive speed on the trails has become a serious problem, leading to accidents, injuries, landowner reluctance to allow trails, and outright trail closures. It is one of the two major factors in most of the fatal snowmobile accidents in New York State." They also warn "Never ride under the influence of alcohol or drugs."

Continued Next Page ➡ ➡

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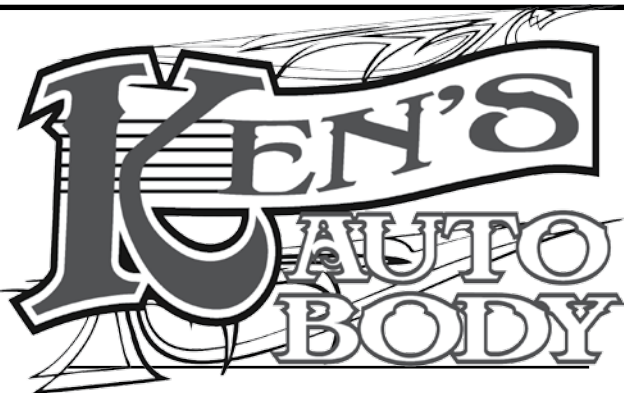
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From Previous Page

Alcohol distorts your perceptions, lowers your body temperature, slows your reaction time, and impairs your natural sense of caution. Operation under the influence of alcohol is the other of the two leading contributors to serious and fatal snowmobile accidents in our state. Don't drink and ride, and don't let other people talk you into drinking before or during a ride. You can always relax with your choice of a social beverage when the ride is over. For the safety of everyone, zero tolerance for alcohol is the only way to ride. Remember, you may never get a second chance to turn down that drink The threshold for snowmobiling while intoxicated is .08 Blood Alcohol Content (BAC). New York State law provides tough penalties and sanctions for people convicted of snowmobiling while intoxicated or impaired by drugs. If someone is convicted of these charges, then their privilege to operate a snowmobile, as well as their snowmobile registration, could be suspended. Refusal to submit to a chemical test is grounds for immediate suspension of one's privileges to operate a snowmobile, pending a hearing."

Emergencies – thoughts to remember and hopefully not need!

We often hesitate to discuss the issue of emergencies but avoiding the issue can prompt more problems. Sled maintenance is essential as well as dressing appropriately for a safe ride. Riders should be situationally aware! Remember the path home! The State recommends

"Snowmobilers can be even better prepared to deal with a medical emergency if they have had Red Cross training in first aid and cardiopulmonary resuscitation (CPR). Contact the local Red Cross chapter for more information. Above all else, in any emergency, clear thinking is absolutely necessary. Stay calm. Stay together. Plan a course of action. Conserve resources and use them wisely. If you can get to help, get it as quickly as possible." New York State has many resources available for both new and experienced



snowmobilers. Access to these resources provides the reader with useful information on New York State requirements as well as safety. A recommended source of information is the New York State Snowmobilers Guide found at: <https://parks.ny.gov/recreation/snowmobiles/documents.aspx>

The outdoors are great. Regardless of the activity, it is important that you be prepared and safe. Whatever the activity **DON'T FORGET THE BASIC SAFETY RULES!**

Share our message with a friend.

Be SAFE in the Winter!



STFSL SAVE THE DATE!

The Sacandaga Task Force for Senior Living will be holding their annual Pasta and Wine Tasting Event on March 7th of 2020 from 5 to 8 PM. This event will be held at St. Francis of Assisi Church in Northville. The tickets will be \$20 if purchased ahead of time from the Northville Liquor Store, or if reserved by calling the STFSL number: 518-752-8737, and leaving a message with your name, phone number, and how many people are coming. Otherwise the cost at the door will be \$25. Proceeds from this affair will go to the Wheels Program for Senior Transportation, which includes both medical and entertainment transport. Many of your favorite local restaurants will take part in this fun evening by providing one of their own unique dishes. There will also be a selection of great wines from the Northville Liquor Store especially chosen to complement the food. Music will be supplied by Mike Catalina. Finish off the night with some fabulous desserts. So come on March 7th for a great night out with friends and neighbors that also benefits the older adults in our community.

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Northville Baptist Church

by Barbara Klueg

111 North First Street, Northville
518.863.8001 bconny.org
Sr. Pastor: Rev. Andrew Larson

Feeling Anxious?

This probably sounds like an odd way to start out a church column for the month of February, better known as the month-of-LOVE! But, let's face it, in life there are times when we feel extremely anxious, whether it be about our finances, family matters, health problems, or even about matters of . . . LOVE. It's just the way it is. We cannot control everything! In fact there are very few things we can control in life.

But, here is the good news! We can trust the one who is in control of everything, God ... our Maker, Savior, and Sustainer. He forgives us, saves us, provides for us, answers our prayers . . . and cares more about us and everything we're dealing with than anyone else ever could or will because, well, He is God.

Not only did He create the world and everything in it, but He provided a way for us to be forgiven for our sins by offering His Son, the perfect sacrifice! This is just the tip of the iceberg. There is more! After receiving God's perfect gift by repenting and believing on Him, He leads us each day as we read the Bible, His guidebook for living! Some good Bible verses to help us with our everyday anxious thoughts are Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (I figured that someone out there reading this month's Valentine's Issue, the month-of-love, must need some encouragement regarding life, love or just feeling overwhelmed with anxiety.)

I also want to take this month's issue as an opportunity again, to thank our dear church family for the wonderful Retirement Dinner and Service they had for my husband and me and Pastor Hopper and his wife, Cathy the end of 2019. We were overwhelmed by everyone's kind words, gifts and love shown to us. We feel VERY loved and blessed! We also feel very humbled and grateful for God's faithfulness to us. God is good! So far retirement is great and we LOVE it. We are excited about the future of our church, which has been around for 217 years now! (I know – WOW!) We know the church is in good hands with God's man leading it, our new Sr. Pastor, Rev. Andrew Larson. We are excited about the future of the church and what God will do in the next 217 years, or until Jesus returns!

Next month I will give an update on our two week missions trip to the Philippians, as at this writing we are busy preparing for our trip and packing our suitcases. Until then, we'll keep loving and serving Jesus. See ya' in church!

Church Weekly Schedule: Sunday: Sunday School (8:45 a.m.) Worship (10 a.m.) Evening Service (6 p.m.) Monday: Ladies Bible Study (11 a.m. & 6:30 p.m.) Bible Club (2:45 – 4:00 p.m. at church). Wednesday: BCON Corner: Food Pantry (10 a.m.) Youth Groups Jr. High 6 p.m. Sr. High 7:30 p.m. Thursday: Bible Study/Prayer @ 7 p.m. 3rd Thurs: Nursing Home Service @ Nathan Littauer (10 a.m.) Saturday: Men's Bible Doctrine Study & Coffee Hour (6 a.m.)

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Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134

****We must receive mailed entries by Friday February 14th****



Northville United Presbyterian Church News

We are pleased, as always, to welcome in the Lenten season with two February activities. First, the men of our parish will host our annual Shrove Tuesday Pancake Dinner. Cooking will be done by our gents and they will be serving our congregants and the community on Tuesday, February 25, from 5pm to 7pm. This will be a chance to fill up with great food (pancakes, sausage and fixin's) prior to the traditional beginning of Lent.

Second, Ash Wednesday services will be held at our Reed Street parish at 7pm on Wednesday, Feb. 26. This will be an ecumenical service with the First United Methodist Church of Northville. All are welcome !

Another annual event and opportunity to assist the needy of our community will be NUPC's "Soup Bowl Sunday" where cans and/or packages of soup will be collected prior to February 2 10am Sunday services inside the entry to our church. Even if you are not a member of our parish, please feel free to drop off some soup for the needy on that Sunday (and we would LOVE for visitors to stay for our services if they wish.) All soup donations will be then be given to the area food pantry for distribution to those in need.

We would also like to thank all who helped make our participation in the December 7th craft fair, with 10% of the funds received by our church being donated to the Northville school PTO.

Kids, Kids, KIDS !!!

Can you tell that we are proud of our parish kids? Well we are, and there are some upcoming

events our youth group will be sponsoring or participating in, as well as several notable recent accomplishments. First, the recent past accomplishments.

Our Youth Group had very busy months of December and January. On December 1, the children went grocery shopping during Sunday School and bought \$156 worth of food and delivered it to the local food pantry. It was a nice way to kick off the Advent Season! Then, on December 15th the kids presented the annual Christmas Pageant during services. And later, we hosted a caroling party on December 22nd. We have about two dozen carolers, with half being our church kids and friends. It was nice to see new faces joining us and we heard from many residents how our visit brightened their day.

And in the upcoming year, our children and their mentors are planning a full docket of events. The Youth Planning Committee met on January 5th and planned the rest of this Sunday School year (through June). Some of the activities include the following:

Our kids will participate in "Scout Sunday" a service project where they will collect pet food and supplies for the community's animal friends. We will also reach out to our Scout families in church and see if they want to do another Scout Sunday in the upcoming year.

The children will continue to collect items for the food pantry during Sunday School and continue to collect quarters during coffee hour. In May, we will do another field trip to grocery shop and deliver to the food pantry as we understand pantries have a hard time keeping shelves stocked in the summer. We will also participate in the next year's Soup Bowl Sunday, as that is part of a great national Presbyterian initiative to help feed the hungry and give us a chance to remind the congregation of the kids' local mission.

And the kids always look forward another "Pizza with the Pastor" event, tentatively scheduled for March 22nd. This is where the kids get together with Reverend Becca after services and ask her religious questions (between chews.) And, of course, we will do our annual egg hunt during Easter. More is to come, as plans evolve, so stay tuned and take the opportunity to say thanks to our kids and their religious education teachers and Sunday School staff.

Until Next Month, PEACE, LOVE, AND GOD'S BLESSINGS TO YOU ALL !

(Please note that these are the thoughts of Frank Ralbovsky, Congregant and Elder of the Northville United Presbyterian Church)

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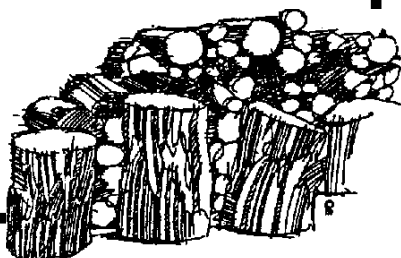
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Northampton Ambulance Service

Kimberly Sadadolsky, Secretary

Northampton Ambulance Meeting was held on January 14, 2020 with 15 members in attendance. In December 2019 NAS responded to the following: Town of Northampton 8, Village of Northville 8, Town of Hope 3 and Edinburg 1.

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FEBRUARY

Saturday February 1

Introduction to Soap Making with a Vegan Twist with Roberta Devers-Scott. #1642-0201. 1/2 day. 1pm-4pm. Tuition \$55. Member Tuition \$45. Materials fee \$15.

NOTE: Students should wear or bring an old long-sleeved shirt.

Sunday February 2

Introduction to Woodturning with John Kingsley. #1564-0202. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$15.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

Sunday February 2

Soap Swirl and Design with Roberta Devers-Scott. #1643-0202. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$20.

NOTE: A basic knowledge of soap making is needed for this class. Students should wear or bring an old long-sleeved shirt. The February 1st class will be with a "Vegan" Twist using a cruelty free, no animal product recipe.

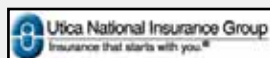
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Saturday February 8

Mountain Gathering Basket with Barbara Boughton. #1679-0208. 1 day. 9am-5pm. Tuition \$105. Member Tuition \$85. Materials fee \$40.

Saturday & Sunday, February 8-9

Rustic End Tables with Jim Schreiner. #1540-0208. 2 days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$50.

Sunday February 9

Rustic Cottage Shade with Elisa Schneider. #1627-0209. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$45.

NOTE: Students should bring one or two photos of the window they are creating for, and the overall width and height measurement of the window, including the window frame. Students should also bring a spool of thread in a light ivory or cream color, scissors that will cut fabric, a ruler or soft tape measure and dressmaker straight pins. Students may bring their own sewing machine if they wish.

Thursday February 13

AFS Sewing Circle with Various Instructors #1694-0213. 1/2 day. 10am-2pm. Tuition \$0. Member Tuition \$0. Materials fee \$0.

NOTE: Registration is not required, and tuition is free for AFS Sewing Circle.

Friday February 14

Woven Hanging Hearts with Barbara Boughton. #1730-0214. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$20.

Friday February 14

Hanging Hardwood Splint Snowflake with Barbara Boughton. #1729-0214 1/2 day. 1pm-4pm. Tuition \$55. Member Tuition \$45. Materials fee \$25.

Saturday February 15

Introduction to Beading with Susan Arehart. #1608-0215. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$10.

NOTE: Students may bring any drilled stones or charms they wish

to incorporate into their creations.

Saturday February 15

Earring Design and Construction with Susan Arehart. #1609-0215. 1/2 day. 1pm-4pm. Tuition \$55. Member Tuition \$45. Materials fee \$20.

NOTE: Students may bring any favorite beads or charms to include in their creations.

Saturday & Sunday, February 15&16

Introduction to Chip Carving with Dennis Wilson. #1622-0215. 2 days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$21.

NOTE: Chip carving knives will be supplied by the school. Students wishing to purchase a chip carving knife should do so from either

Continued Next Page ➡ ➡




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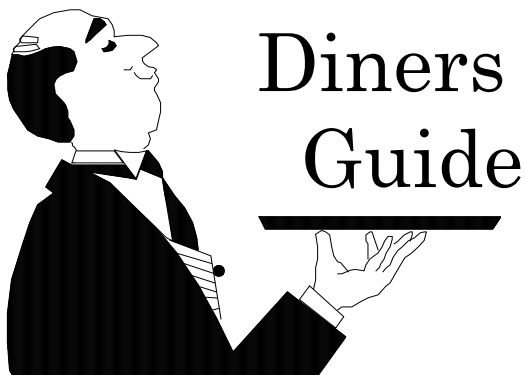

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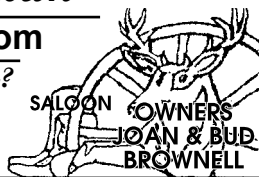
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From Previous Page

mychipcarving.com or chipcarving.com. An Introductory Chip Carving book may be helpful, as well.

Sunday February 16

Traditional Soap Making with Christine

Eberhardt. #1598-0216. 1/2 day. 1pm-4:30pm.

Tuition \$55. Member Tuition \$45. Materials fee \$15.

NOTE: Make sure to wear old clothes and bring an apron.

Tuesday February 18

Hiker (Small) Adirondack Pack Basket with Linda Scherz. #1657-0218. 1 day. 9am-5pm. Tuition \$115. Member Tuition \$95. Materials fee \$72-\$92.

Wednesday February 19

Picnic Basket with Linda Scherz. #1734-0219. 1 day. 9am-4pm. Tuition \$115. Member Tuition \$95. Materials fee \$132.

NOTE: Instructor will bring all materials to make the basket and the tools students will need during class.

Saturday February 22

A Beekeeping Journey: Basics & Benefits with Tim



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Norray. #1553-0222. 1/2 day. 9am-1pm. Tuition \$55. Member Tuition \$45. Materials fee \$0.

Saturday February 22

Wooden Step-Stool with Bart Pisha. #1623-0222. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee will vary from \$22 - \$43.

NOTE: Materials Fee will be based on the type of wood chosen for your project and can vary from \$22 - \$43.

Sunday February 23

DIY Backyard Maple Sugaring with Sue and Ernie Wilder. #1610-0223. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$50.

NOTE: This class is suitable for students ages 14 and up. Students should dress for the weather, as a portion of the class will be spent outside.

Sunday February 23

Wooden Children's Toys with Bart Pisha. #1633-0223. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$20.

NOTE: Students should wear clothing that is suitable for working with paints. Students are also welcome to bring their own tools for their project.

Saturday February 29

Introduction to Woodturning with John Kingsley. #1564-0229. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$15.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

Saturday February 29

The Art of Cheesemaking: 101 with Sheila Flanagan & Sal Speights. #1735-0229. 1/2 day. 9am-1pm. Tuition \$55. Member Tuition \$45. Materials fee \$10.



Edinburg United Methodist Church

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Service Sunday 9: AM

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In Leviticus, Old Testament 19 verse 18, God gives Moses instructions, one of many that he received while on Mount Sinai.

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In Mathew, New Testament 5: verse 43, we are again reminded to **"LOVE OUR NEIGHBOR"**.

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Edinburg School News



Edinburg School Happenings

by *Michelle Ellis*
Superintendent



On Friday, January 24th at 2:00 PM, author Elizabeth Macy and her dog Lucky visited

during Eagle Afternoon. Elizabeth is an author, photographer and entrepreneur who lives in her hometown of Saratoga Springs, NY. She is known for capturing the excitement of the Saratoga Race Course through her photography. When her dog, Lucky, was lost and found safely after a four-day search she decided to embark upon her own adventure with the writing of her first children's book, Lucky's Adventure in Saratoga. Her latest children's book, Lucky's Adventure in Winter Wonderland, continues to capture her passion for her fur baby and rescue pets to create another heartwarming adventure for children to experience and treasure.

The cast has been called! Edinburg Common School Drama Club is excited to announce the showing of the play, Annie. Students have already started practicing their lines and songs they will be singing. There will be two opportunities to see the show Friday, March 13th at 7:00 PM and Saturday, March 14th at 2:00 PM. Admission is free, but we are collecting pet care items to donate to the Adirondack Save-A-Stray and the James A. Brennan Humane Society. The Edinburg Common School Drama Club will also hold a bake sale during both shows. We hope to see you there!

Cast for Annie

Annie: Erin
Mr. Warbucks: Dane
Miss Hannigan: Elleah
Miss Grace Ferrell: Autumn
Orphans: Mackenzie (as Molly), Jeanette (as Tessie), Kendra (as Pepper), Madysan (as Duffy), Searria (as Kate), Zoey (as July)
Lily: Jordan
Rooster: Nathan
Sandy the Dog: Brayden

Dog Warden: Aiden
Bundles the Laundryman: Michael
Miss Drake: Sophia
Bert Healy: George
Apple seller: Peter
Usherette: Jayde
President Franklin Roosevelt: Trenton
Louis Howe, bodyguard: Porter
Chorus of Orphans: Addison, Jayde, Jayden, Emily, Willow, Tori, Payton

Chorus of New Yorkers: Addison, Ben, Jayden, Emily, George, Willow, Aiden, Payton, Joden

Servants to Warbucks: Servants: Peter, Ben, Jake, George, Jack, Aiden, Joden

Mark your calendars! On Wednesday, February 26th, Edinburg Common School will host a blood drive with the American Red Cross. Please be on the lookout for updates on exact times as they become available.

The students of the month for December were:

Quinn - Responsible
Katie - Perseverance
Gabrielle - Compassion
Iris - Engaged
Eastyn - Engaged
Zoey - Engaged
Jayde - Commitment

For more information please go to our school website at www.edinburgcs.org and/or like our school Facebook page.



Dates to remember:

Feb. 4th - PTO Meeting 6:00 PM
Feb. 11th - ECS Board Meeting 6:00 PM
Feb. 14th - Discovery Kids 1:45 pm - 2:45 pm
Feb. 14th - Eagle Afternoon 2:15 PM
Feb. 17th - 21st No School - Winter Break
Feb. 26th - American Red Cross Blood Drive
Feb. 28th - Early Dismissal at 11:45 AM



TOPS NY 1005 Northville

Winter has arrived ... get out those snowshoes and cross country ski's! A good way to get outdoors and exercise!

Our members continue the process of being healthy by exercising, losing weight as well as commiserating with each other through support and camaraderie by attending meetings!

Our TOPS best loser for the month was Barbara Klueg and the KOPS Best loser was Terry Poulin.. Kudo's to both!! We also welcomed back Joyce Griesemer and Nancy Franks back to our TOPS group!!

TOPS (take off pounds sensibly) is a nonprofit, noncommercial network of weight loss support groups. TOPS offers tools and programs for healthy living and weight management with exceptional fellowship and recognition!

TOPS does not sell foods, endorse products, or push a one-size fits all meal plan. On the TOPS meal plan, we encourage you to choose foods you enjoy in moderation. The flexible guidelines help you control calories while eating real food that you make at home or order in a restaurant.

Join us at TOPS NY 1005 Northville on Tuesdays! Weigh in and meetings generally begin at 4 pm but might vary during the Winter months... call the number below to check for times...

We meet downstairs at the Bradt building (South Main St in Northville)

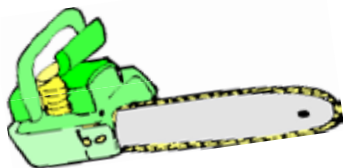
The first meeting is free.

For more information, call 518-848-6062, or visit us at www.tops.org on the web.

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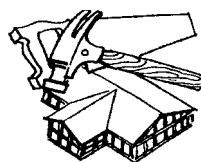
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	Tues, Wed, Thur 12-7 Sat 8-1	
EDINBURG	Fri 12-3 & Sat 9-3	
NORTHAMPTON/N'VILLE	Mon, Tue 8-4, Sat 8-1	
TOWN CLERKS		
DAY	Carol Vaillancourt	696-2698
EDINBURG	Denise Ferguson	863-2034
MAYFIELD	Dorothy Hart	661-5414
HADLEY	Pauline Smead	696-2055
NORTHAMPTON	Elane Milhalik	863-4040
STATE POLICE		
HADLEY		696-2535
MAYFIELD		725-3034
FONDA		853-3415
BROADALBIN		883-5433
SARATOGA COUNTY		911
FOREST RANGER		
EDINBURG/DAY		383-1005
FIRE & BLDG. INSP.:		
EDINBURG	Matthew Ginter Sr.	863-2034
NORTHAMPTON	Matthew Ginter Sr.	863-6580
NORTHVILLE	Matthew Ginter Sr.	863-2419
DAY	Ken Metzler	696-5164
TOWN HALLS		
BROADALBIN	883-4657	
DAY	696-3789	
EDINBURG	863-2034	
HADLEY	696-3112	
NORTHAMPTON	863-4040	
MAYFIELD	661-5414	
DOG WARDENS: (HOME)		
BROADALBIN	Joe Passino	762-6342
DAY	Garrett Metzler	696-3937
EDINBURG	Bill VanNostrand	774-1401
HADLEY	Jim Jenkins	696-3757
NORTHAMPTON/N'VILLE	Vernon Duesler	863-6313
ELECTRIC INSP.		
	Mike Kratky	863-8800
	Ron Royal	924-7661
	Joe Swanson	863-2020
	Brian Sweet	673-5123
EDINBURG TAX COLLECTOR	Faye Frasier	863-2034
EDINBURG ASSESSOR	Ron Beckering	863-2034
EDINBURG TOWN JUSTICE	Paula Blackwell	863-2034
HIGHWAY SUPER	Wayne Seelow	863-8126

BINGO

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819 North Shore Rd. - Thanx!

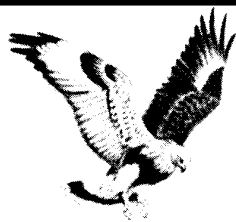


From Hawk On Back Page

to listen to directions. You are allowed to butt in line, save seats for people who have not arrived yet or be basically rude because the rules were meant for others. If this had been a date or a special date or event I would have been devastated. We did, in fact, meet some very nice people, who were as appalled, as we were, when common courtesy went out the door. The act of kindness goes a long ways in every situation. We did not let this ruin our mood and we ended up having a great day.

Valentine's Day is coming up. It is a day of high expectations thanks to marketing and the media. They tell us what to buy and what we are supposed to do, so others can make money. We do not need marketing campaigns to dictate our decisions and ultimately our experiences. As a young bride and mother, I used to be jealous of the women who got jewelry, flowers, chocolate and fancy dinners. In my mind I knew better. Bill and I have always done a lot of things together and he shows me how much he cares through out the year. It was later in life when I truly understood this. I am not saying that you should not celebrate Valentine's Day or you should not get the candy or the flowers. Sometimes though, the special event or anticipated dinner can be similar to our experience, at yesterdays breakfast. We cannot let one holiday or event, each year, define our relationships. Love, honor and cherish your soul mate every day throughout the year. Communication is so important. We need to be able to talk to each other. We need to be able to sit and listen to each other. We need to share our thoughts, our dreams and our concerns. We need to share the responsibilities in our relationship. We need to demonstrate our affection on a regular basis. It can be as simple as a smile, a hug, a touch. It can also be demonstrated by taking care of a chore, that the other person normally does. In my life it can be as simple as putting clothes in the hamper or changing the toilet paper roll. These little things show our love and respect. Sometimes, however, we just need to let things go. It is amazing how one little shift in our day can take us on a journey in the opposite direction. Leave the bed unmade if it gives you time to play with your kids. Leave the dishes in the sink if it means you can go for a walk with your husband. Take yourself out of your comfort zone and do things together that you normally would not do. Life is going to move ahead no matter what we do. Sometimes we need to break our rules. These moments can help us learn new things about ourselves and each other.

We might find ourselves accomplishing or experiencing so much more than we ever expected in life. We all have one life to live. Let's make it a good one.



Hawk

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Did You Know

I woke up this morning with a list of things that I needed to do. Wham! Bam! One little change and my morning went way off course. Nothing went bad, it just went differently. My leg is propped up on a chair as I write this article. One of the things I was going to do this morning was increase my strength exercises for my knee. In my anxiousness to get well, I overdid it a few days ago. Today my knee is tight and screaming no! I have to listen to my body and slow down or else I am going to make things worse. Life is not the way I expected it to be lately. I did not expect to be a gimp. Truthfully my knee is getting better every day. I just need to be more patient. I am moving at a much slower pace and am appreciative of the things around me. I think it is God's plan to get me to slow down! I know I talk about creating goals and plans to guide our lives, but sometimes we go over board. We have an expectation of how we want things to be. When our life does not go the way we imagined, we are disappointed. The truth is I am semi retired. I do not have to wake up in the morning and attack my to do list. I can sleep

in. I can take time to sit, relax and admire the view. If I do not exercise today I can do it later or I can do it tomorrow. There are certain deadlines that we all have to meet each month and there are days where we have more structure. Yesterday was one of them. We attended an orientation breakfast for an event we are working at this weekend. It was an interesting morning. Last year we arrived 15 minutes before the event took place and had nowhere to sit. This year I wanted to make sure we had a seat. We arrived an hour early and found at least 50 people waiting in line. There was a procedure that we were supposed to follow. It was simple and if people did what they were told, things would have gone smoothly. Apparently when you hit the age of 70 or have been retired for a while, you do not have

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