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The Edinburg Newsletter

Distributed throughout Hamilton, Warren, Fulton, Montgomery and Saratoga Counties

APRIL 2024 VOL 43 #8



Total Solar Eclipse New York April 8, 2024

cover story page 45

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NORTHVILLE KICK-OFF EVENT

MAY 31- JUNE 2

ADVENTURE BEGINS (AND ENDS!) IN NORTHVILLE

Fulton County Tourism & the Village of Northville is planning a 3 day Olympic-style kickoff event to recognize National Trails Day and the NPT 100 Celebration, May 31 through June 2, A great time to Discover Northville - the celebration will be fun, informative and educational for hikers and visitors alike. We take great pride in being such an integral part of this Adirondack history. The celebration will encourage many to visit Northville, invite more hikes on the NPT Trail and other trails in our area!

The village, merchants, clubs, organizations and Northville Central School are invited to participate. Northville's Waterfront Park will host vendors, food, entertainment and information. A trolley will bring visitors throughout the village to various participating locations.

OPENING CEREMONY – Friday, May 31, 6 pm at Northville's Waterfront Park entrance NPT Arch, - presentation of the NPT100 Centennial Medallion created by artisan William Coffey

SATURDAY, JUNE 1 – National Trails Day village-wide celebration starting at 9 am, vendors, storytellers, activities, trolley... with live music in Northville Waterfront Park 6—8 pm

CLOSING CEREMONY – 1 pm at Northville Waterfront Park, ceremonial passing of the ADK Walking Stick - designed by William Coffey, to Hamilton County to continue on the trail.

Visit 44LAKES.com, NPT100.com or villageofnorthville.com





APRIL 2024 COMMUNITY CALENDAR

Here's a list of some notable dates and meetings. Please send your information to the Edinburg Newsletter at edinburgnews2023@gmail.com

Mon	8	3:00	Solar Eclipse
Tues	16	6:00 pm	Edinburg School BOT Meeting
Tue	16	4:00 pm	Edinburg Historical Society Meeting
Thurs	18	4:00 pm	Edinburg Town Board Meeting

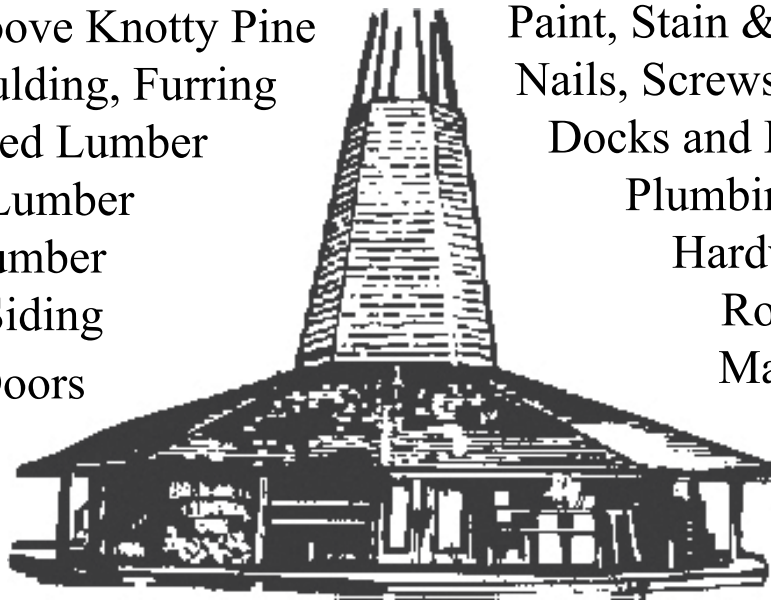


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 Sundays 7:30-12:00



DID YOU KNOW THAT---

By Town of Edinburg Historian,
Priscilla L. Edwards

Many of Edinburg’s earliest settlers came from established communities in New England into an unknown wilderness here in the Sacandaga Valley after the Revolutionary War. Many of those earliest settlers were Revolutionary War Veterans.

What went through the mind of Abijah Stark in the spring of 1787 as he loaded his wife Elizabeth and children into their wagon to head west into the wilderness of “York” State?

Coleraine, MA is several miles southeast of Bennington, VT and many miles east of the New York State border.

Was there a knot in the pit of Abijah’s stomach wondering what lay ahead? Would they pack all that they needed? There would be NO stores to run to---what about other dangers?

The wagon probably contained bags of beans, buckwheat, wheat and corn for planting and eating. Traps, guns, skinning knife, blacksmith

and farming tools were also a necessity. Elizabeth’s spinning wheel and Bible, a year’s supply of clothing, linens, bedding (feather ticks, quilts, coverlets), sewing and knitting supplies and medicinal herbs were essential to have on hand. Staples (flour, lard, maple syrup, honey, salt, cornmeal), dishes, cooking utensils, crocks, beds, candles and maybe just maybe if Elizabeth was lucky-- a favorite possession from their old home-- such as a rocking chair or hutch to store her dishes in. So many things were left behind. Tied onto the wagon was a crateful of chickens, with a team of horses or oxen to pull the wagon and the family milk cow trailing along behind.

There would be no roof over their heads in this new land until Abijah built one and then this new home would be very small--a two-room log house not much bigger than 20’ x 24’with a large fireplace on one end of the home to be used for cooking and heating. Then imagine some of these homes packed with eight or more children stacked like cordwood in the loft at night. Did Abijah consider turning back?

There were very few wagon roads leading from New England into New York State in the 1780’s so the Starks probably headed northwest to Bennington, this road being familiar to Abijah since he fought here during the Revolutionary War. From Bennington they headed west passing into New York State, then on through Balls-Town (Ballston) and on to the Sacandaga River, settling on the east side of the river near the west line of Lot #23 of the Northampton Patent just north of Sir Wm. Johnson’s little settlement of Fish House.

Abijah built their home in what –at the time– was the Town of Providence. Edinburg did not exist until 1801 when she broke away from Providence, becoming “Northfield”; changing the



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name to Edinburgh in 1808.

It makes sense that other families traveled with the Stark family for protection, moral support and to help each other clear the land and build their homes.

Why did these people have itchy feet? The Revolutionary War certainly had a great deal to do with it. Many of these men had seen military service and quite possibly had marched through the valley several years before. There probably was a scattering of people here--mostly trappers, hunters and Native Americans-- during or right after the war but no records have been found prior to the Stark family's arrival in 1787. Perhaps these families heard the same rumor that Samuel Downing later heard in Antrim, NH--"better living for less work and cheap land in the Sacandaga Valley". Dream on! Land promoters throughout the ages have told the same story-- the grass is always greener just over the next hill-- but then again some people are naturally restless.

For whatever the reason the Stark, Bass, Anderson, Westcott and Randall families set to work creating a settlement which would be known as the Anderson District.



Edinburg Historical Society

PO Box 801, Northville, NY 12134
 EdinburgHistoricalSociety.org
 Claudette Koza - Secretary

If weather permits and the heat can be turned on at the schoolhouse, the Edinburg Historical Society will have its first meeting, on Tuesday, April 16 at 7 p.m. at the Sand Hill School House on Tange Road. Priscilla Edwards, Edinburg's Historian, will narrate the DVD "Harnessing Nature: Building the Great Sacandaga."

The book on Edinburg history and families, "My Mountain, My People" by Priscilla Edwards is available for purchase at the Edinburg Town Hall on Tuesdays and Wednesdays from 9 a.m. to 12 noon.

EHS is looking for people who would like to demonstrate the old-time crafts for a few hours at our July 13 Historic Edinburg Day when the town becomes alive with a Dave Winn Car Show at Fuller's Store, Edinburg Fire Department, Edinburg Methodist Church, Edinburg Emergency Squad, and the Rural and Nellie Tyrrell Museums.

Copeland Shares are available for \$25 and can be purchased by sending your check to the above address including the name and address of the person to be honored or in memory of a loved one. Recipient's name will be posted at the front of the Rural Museum on the bulletin board.

Judy and Ed Webster have purchased shares in memory of Laurette and Bob Reagan, Linda and Jim Lasada, John (Elmer) Karbowski and Connie and Dewey Webster. Donations received for the Copeland Historic Site is much appreciated and helps our Society to maintain and preserve Edinburg's rich heritage and historic sites for generations to come.

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EDINBURG VOL. FIRE CO.

by Brian DeFeo

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From February 12th through March 12th the Fire Company responded to fourteen calls for emergency assistance. Our run sheet is posted for your inspection.

- 2/18 Mutual Aid to Northville
- 2/20 EMS Assistance, North Shore Road
- 2/20 Mutual Aid to Northville
- 2/23 EMS Assistance Bradt Hill Road
- 2/28 Mutual Aid to Northville
- 2/28 Lines Down, Tennantville Road
- 2/28 Mutual Aid to Hadley-Luzerne
- 3/1 Mutual Aid to Northville
- 3/6 Lines Down, Lakeside Avenue
- 3/7 Mutual Aid to Galway
- 3/8 Land Zone Established, Airport Road
- 3/10 Lines Down, Hadley Hill Road
- 3/10 Mutual Aid to Northville
- 3/10 Lines Down, Tennantville Road

Keeping with last month's review on home safety, here are some basic tips, which we often prefer to overlook: We just had a time change last month - did you swap out the batteries in your smoke detector? If you do so every six months, you will likely never have an issue with it not working. Yes, batteries are pretty expensive. Yet nothing in comparison to replacing your house. And those units guaranteed to last ten years without replacement - well you can trust them if you like, but I'm not.

Well, mowing season is upon us. People like to really stock up on gas for the lawn motor. That's okay, but how are you storing all this highly explosive material? Please don't do so in your attached garage. If you don't have many options, purchase a modest plastic garden shed and if possible store the gas and other flammables a good fifty feet from the house.

One last thought, summer barbecuing - can't wait. But pull the grill a good ten feet away from the house when cooking. Never leave the grill unattended. These things can go south in a hurry. Go to You-Tube and watch a twenty-five pound LP cylinder explode. That is what you have attached to your grill. I guarantee you will be impressed.

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Alisha Rivera Holmes - Director - 518-863-6922

Looking for a book we don't have in the library? It might be on LIBBY! The library provides E-resources for our patrons. Go to our new website: <http://northvillepubliclibrary.mvls.com/> and click "eBooks/eAudios" or add the LIBBY app to your reader. This will take you to the site where you may borrow E-books for Kindles, tablets and similar devices and E-audiobooks for your listening pleasure. You may search by author, title, or subject. If you have a problem with your device, come see us!



Pickle in the Park is a pickleball membership club in **Sacandaga Park**. There are 5 outdoor courts and 1 heated 24-hour indoor court. Access to the courts and parking is off Rt30, on the East side, at the 45mph sign just North of McKinley Avenue. We have open play every day, morning, afternoon and/or early evening. Private playing sessions, guests and reserved small group play can be accommodated. The Summer outdoor and Winter indoor membership fee per player for 2023/24 is \$175 each; the individual session guest fee is \$10 per player. Private group session fees depend on membership status, time, day and group size. Coaching session for individuals and groups are available by appointment. The indoor court can also be used for other activities such as Yoga, TaiChi and badminton. For further info and scheduling call Willem at 518 332 6896.

As the price of magazine subscriptions increases, the library is the most cost-effective way to get your magazines. Current ones are on display and back issues may be borrowed. Also, the library has access to digital magazines. Go to our website and click "eMagazines".

The Sacandaga Book Group will meet on Tuesday, April 9th

at 10 am in the library's program room. Amy Jo Stewart will lead a discussion of Fredrick Backman's "Anxious People".

Summary: Looking at real estate isn't

usually a life-or-death situation, but an apartment open house becomes just that when a failed bank robber bursts in and takes a group of strangers hostage. The captives include a recently retired couple who relentlessly hunt down fixer-uppers to avoid the painful truth that they can't fix their own marriage. There's a wealthy bank director who has been too busy to care about anyone else and a young couple who are about to have their first child but can't seem to agree on anything, from where they want to live to how they met in the first place. Add to the mix an eighty-seven-year-old woman who has lived long enough not to be afraid of someone waving a gun in her face, a flustered but still-ready-to-make-a-deal real estate agent, and a mystery man who has locked himself in the apartment's only bathroom, and you've got the worst group of hostages in the world.

The Library now has tax forms and instruction manuals, but if you can't make it in, most forms can be located on-line and printed.

Like to crochet, sew, embroider, or cross stitch? Join our Needles & Pins Workshop every Wednesday at 12pm.

The Northville Public Library Board of Trustees Meeting is on Tuesday 19th at 6:30pm.

Hours: April - August

Monday	9am - Noon
Tuesday	9am - 6pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - 4pm
Saturday	9am - Noon



First United Methodist Church

301 South Main Street
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Sunday Worship, 11:00 am
Ron Talbott, Pastor

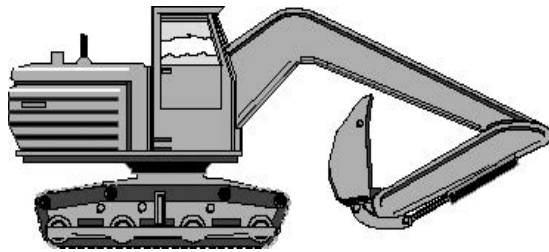
Facebook: First United Methodist Church of Northville
website: firstumcnorthville.weebly.com
e-mail: northvilleumc@gmail.com

Greetings from the members and friends of First UMC! We sincerely hope you are embracing the new season of Easter and spring that is upon us. Flowers pushing up through the dirt and blooming remind us that there is hope in the darkness. Jesus spent three days in a dark, lonely tomb before God raised him from death into life, specifically for us, specifically for the whole world. When the stone was rolled away, there was light in the tomb and there was light (is light) for us. There is hope and joy in the light of the risen Christ.

“The joy that Jesus offers his disciples is his own joy, which flows from his intimate communion with the One who sent him. It is a joy that does not separate happy days from sad days, successful moments from moments of failure, experiences of honor from experiences of dishonor, passion from resurrection. This joy is a divine gift that does not leave us during times of illness, poverty, oppression or persecution. It is present even when the world laughs or tortures, robs or maims, fights or kills. It is truly ecstatic, always moving us away from the house of fear into the house of love, and always proclaiming that death no longer has the final say, though its noise remains loud and its devastation visible. The joy of Jesus lifts up life to be celebrated.”

(Henri J.M. Nouwen, Lifesigns)

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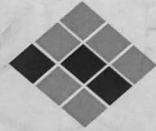
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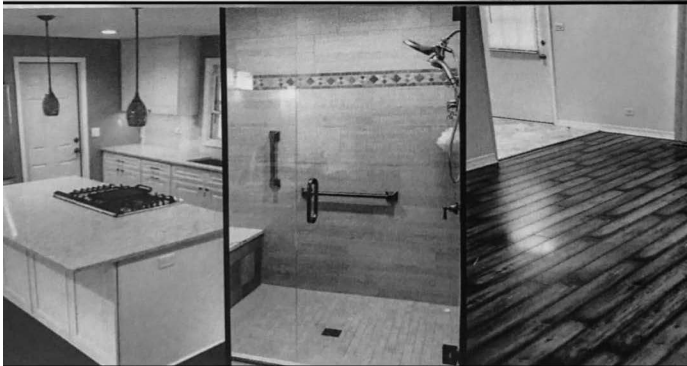
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Sufficiency

Shellie Kovaleski

We can miss buses. Flights can be delayed. Traffic gets backed up. There might be long waits at the doctor's office. But the solar eclipse will be on time. I'm in awe of the orderliness of things in the sky. "Stars in their courses never contend," as one hymn proclaims. Comets and the moon's phases can be charted years in advance. The lunar charts allow for the tides to be described with precision seasons ahead of time. I don't know what I'll be doing a year from now or even a month or sometimes a week from now, but I can find out what the moon and tides will be doing far from now.

And the seasons, based on all that tilting and spinning, rotating and revolving of our planet, are reliable. Spring, summer, fall, winter, repeat. Weather is full of surprises but the underlying order is consistent.

Not just heavenly realms, but the natural world also displays profound order.

The ubiquitous white pine can be identified by its 5 slender needles bundled together. Never 3,

4 or 6. Always 5. At a casual glance you wouldn't notice the geometry of their design. The needles appear to be just simple lines but actually they are 3-dimensional and angular. A cross section of the bundle is shaped like a pie cut into 5 equal wedges, each one a seventy-two degree angle. Doesn't this mean that digital messaging was actually at work in the natural world long before humans thought it up? The arrangement of leaves and twigs all emerge in mathematical patterns - even though wildlife and weather will rough them up over time, giving each one a uniqueness of form.

Humans invent, contrive and improvise, even attempt to redirect or rewire nature. Then we stand back and see many unintended consequences. In contrast, the simpler creatures, with less ego, may have fewer talents but they can function as finely tuned, specialized instruments. Humans can go to the moon, walk on it and plant a flag there, but mollusks can know and feel its movement right from earth.

Oysters open widest at full tide, which is the pull of the moon's gravity moving the oceans. Scientists studying mollusks at a lab in Chicago found oysters

continued on page 17



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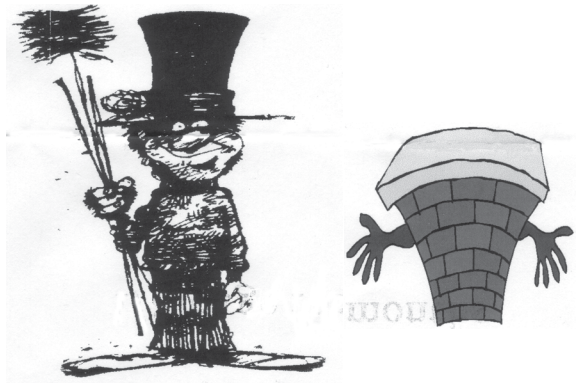
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From Page 14

in aquariums half a continent away from their ocean home still responding to the pull of high tide. It was not, however, the high tide of the Atlantic coast where they originated. It was the high tide that would've been at Chicago's longitude had there been an ocean there.

Now, we take a strange leap from inland sea aquariums to Nazi prison cells. The simple oysters revealed what they knew even if confined and displaced; even more so did Dietrich Bonhoeffer. This fearless theologian had been in NYC earlier during the war, working with a mentor there, when he realized he'd never be able to help his countrymen after the war to rebuild their lives and churches if he didn't stand with them during their hardships and misery.

Back in Germany he became a fearless defender of the Jews who converted to Christianity, an outspoken opponent of Hitler's euthanasia program, an anti-Nazi dissident and was linked to the plot overthrow Hitler. For this he was imprisoned.

The last 2 years of his life he wrote productively, until his execution. There were love letters, some fiction and many more influential works that remain in circulation today. From his confinement he poured out his understanding.

From a hymn by Dietrich Bonhoeffer:
 Whatever comes, Your comfort is at hand
 And each new day unfolds as you have planned.



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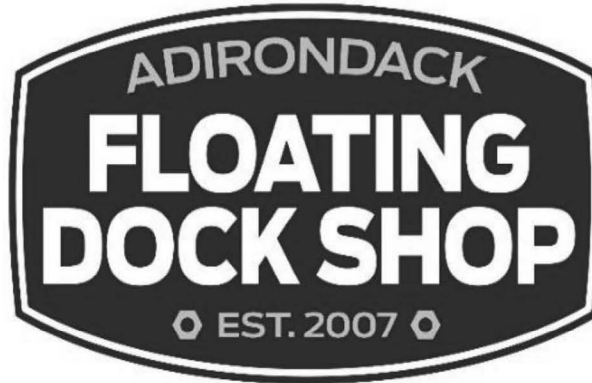
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FRACTURED FACTS

Brian DeFeo

WHEN ZEROS COUNT -

The number ZERO by itself, is a curious thing. It has no value other than as a place holder. Yet, when in combination with other numbers, it suddenly becomes extremely important. Yes, the national budget for one. Yet, no place is really more significant, than marking one's age, ending in a zero!

At age TEN, one barely blinks at the significance of living through your first decade. At least in this country. Sure you have made it to double digits. However, that means very little to most children. What you are really yearning for is to turn thirteen, and enter those teenage years, of angst and faux rebellion.

At TWENTY, you are so full of yourself and your potential, that once again you fail to see much significance in this milestone. You're thinking about perhaps graduating from college soon and landing that first big job. Not realizing that the twenties, might end up being the best years of your life. You are still old enough to know better, but young enough not to care.

By the time you hit THIRTY, you're likely established in your career field, may have chosen a mate, settled into a house, and already started a family. Thirty feels pretty good in fact. Yes, there are bills to be paid, but hopefully you are doing at least a little better than just getting by. Your hair may be receding a little, but not your waste line.

FORTY may be the beginning of something new. For the first time in your life you're reflecting back. Perhaps you attended your twentieth high

school reunion only a few years back. You started to look at how far you have come in life, in relation to your peers. Maybe you are okay with things, but at the same time, perhaps starting to second guess some of your decisions. Is this where you thought you would be, at age forty and beyond? And what about that body? You are no longer hard and fast, as in times past. This is the same reason why professional athletes seldom continue into the forties. Time is starting to catch up to you.

FIFTY seems to be a particularly difficult birthday for men. It is the time for the classic "midlife crisis". Which for some is only resolved with a little red sports car and a much younger girlfriend. Neither of which you are likely to afford. Women on the other hand, seem much better prepared. As they are generally, for any type of crisis. Or at least they appear so outwardly.

At SIXTY, you're pretty sure there is a tunnel and you are starting to see some light emitting from it. Still, you have many good years ahead of you. Sixty after all, is the new forty. In your sixties, you can start to take it a little easier

continued on next page

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From Previous Page

perhaps. Spoiling the grandchildren rotten, in revenge for how your own kids treated you. But don't forget, your kids might be picking out your nursing home in another twenty years. At least, that is what my Son keeps telling me.

Now you are SEVENTY and the clock is ticking. You feel pressure to visit all of those places you always wanted to, yet never took the time. You really want to travel, but your body is starting to dictate some of your options. You're more concerned about where the next bathroom is, than gawking at the Mona Lisa. Whom, I think looks a little constipated.

At EIGHTY it is apparent that your world is shrinking. You avoid driving at night whenever possible. Your reaction time is that of a four year old. The first thing you do in the morning is read the obits, rather than the news. For some of us finding our feet is a challenge, as we have tacked on some poundage over the decades. (Oh, to be twenty again, but with all of the knowledge I gained over time.) The problem is, nobody will pay any attention to me, as they think I am too old. Even the grandchildren, now have their own lives, now raising another generation.

At NINETY, suddenly I am in fashion again. I am old enough to be someone unique. Someone to be cherished and appreciated. People are seeking me out. Or maybe they think they are in the Will. No, I don't get out all that much, and life can be hard, especially over the winter. Unfortunately, I have lost most of my hearing, my vision, and so many of my friends. It is easy to get depressed. I start asking myself, why me Lord, why am I still here and my siblings all gone? Still there must be a reason and a purpose, so I guess I will stay a while longer. And now, triple digits.

You have hit ONE HUNDRED! Suddenly, you are somehow brilliant. A Television Reporter comes to your nursing home and asks you some idiotic questions. Apparently, you have discovered the long lost secret to longevity, by simply living longer than most all of your peers. The reality is, you don't know any more than the next person does regarding the secrets to long living. So you make up something. You have a Gin and Tonic every afternoon, hoping the Reporter buys into the story and departs, so you can go back to watching the Young and The Restless. There is a ninety year old woman down the hall who looks pretty hot. Perhaps a late in life romance is in order. At least I won't have to worry about fathering any children with her. Although, there was that one episode in the Book of Genesis.

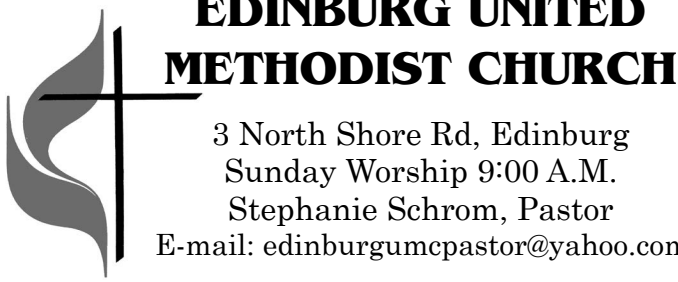
So there you have it, why zeros really matter. As I celebrate the big seven zero this year, I hope to do something memorable. At fifty, I rented a tiny Helicopter with a plastic bubble canopy and flew down the Schoharie Valley. It was like sitting on a love seat nine hundred feet off the ground. At Sixty, I am sure I did something, however I can't remember what it was. Shades of things to come I am afraid. We'll see what this year has in store.

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Greetings from all of us and God's grace, peace and love be with you.

Spring has sprung! April is a time of renewal. Animals come out of hibernation and the trees and plants spring to life again.

Last month as we celebrated the Lenten season and Easter it was a time of renewal for us also. A time for spiritual renewal. A time to reflect and remember the sacrifice that Jesus made for us.

"Give generously to them and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to."

Deuteronomy 15:10

This month we will begin a ministry to help those that are struggling with homelessness. We will be collecting toiletries, socks, underwear and other items needed to help men, women and children as they begin to rebuild their lives. The donations will go to the Capital City Rescue Mission. If you are interested in helping those less fortunate, donations may be given to a member of our congregation or brought to the church. We will have a list of items posted on the church Facebook page. This will be an ongoing ministry.

If you are new to the area or do not have a home church please come and worship with us on Sunday mornings at 9 am. Our service is a traditional service with messages of hope, love, peace, joy and all of God's goodness and grace. Please like and follow our church Facebook page to see our past events and what is coming up in the future.

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Northville Rotary Grows

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In addition to providing gifts for children and seniors for the holidays, purchasing food for the local food bank and continuing with Meals on Wheels during the winter month, Northville Rotarians are busy planning events for the summer.

Rotary will be participating in National Trails Day on June 1. The Village will be celebrating the 100th anniversary of the Northville-Lake Placid Trail with a special three - day event. Rotary will be there with a booth and help out wherever needed. For many years, the Club has shown its support for the local hiking Clubs by providing a booth for free at our Woodworking Show in which they provide educational activities for children and adults concerning the health of our forests and trails.

Rotary is sponsoring the musical group Bluz House Rockers on July 13 to begin SVAN's Summer Concert Series in the Park. It's free at the Village Park. Hope to see you there.

Culminating this summer will be the Northville Rotary's Fifteenth Annual Woodworking and Fine Arts Weekend July 19-21 which will feature more than 60 accomplished artists. Woodworkers, jewelers, weavers, potters, photographers, painters, and many other artists will display and sell their artwork at the Bradt Building and Park on Main Street in Northville.

We are proud to announce that this year's Featured Artists are two

very special couples who have been artists with us since our first show in 2009. Al and Patty Caruso of Clifton Park create unique floral designs and as well as wood home and office items. George and Theresa Olsen from Richmondville have been turning wood for many years. They create useful kitchen items including their one of a kind pepper mills.

The show opening will be on Friday July 19 from 5:00-8:00. Hours Saturday will be 9-4 and Sunday 10-3 and include demonstrations, raffles,



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and a silent auction. Food can be purchased from a number of vendors. Proceeds from this event will be used throughout the year to provide scholarships to students, support community organizations, and projects of Rotary International. If you have any questions, please contact Sue Owens at 518 332-7943 or Cliff Parker at 518 331-6439.

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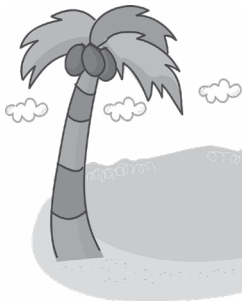
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Sun, Sand and Swaying in the Breeze!

by Janice Hawk-Baldwin

It is a beautiful afternoon in Key West and I am sitting outside with Hoss, watching him play in the yard. Finally we are having typical Keys warm weather and less wind. It feels wonderful. Between the weather and my volunteer jobs I have not sat outside and appreciated how fortunate I am to live in the Keys. I have been tired and distracted and, sadly, neglected Bill and Big Hoss. Thank heavens they love me. I know that I need to find myself again.

A week ago Bill flew up to New York to work with Jeremy. The first four days that he was gone I spent my time holding Big Hoss and trying to get him to play. When he is happy and occupied, I can sit at the kitchen counter to work. The project I have been working on has been a challenge to me. I have been retired for two and a half years and needed to play catch up, to do my job to the best of my ability. I forgot about all the changes and rewrites that I would be making. Friday I thought that my work was

completed but quickly found out it wasn't. I spent Friday and Saturday sending emails and making phone calls to make sure the information was accurate. Saturday I worked until 7:00 to finalize the changes. I thought I was finished. Tuesday, I found out differently. I wanted to scream! I made some phone calls but the people I needed to talk to were unavailable. I was shocked to get a call back ten minutes later. During the phone call I was surprised by the tone of voice of the person I was speaking to. He is always upbeat but that day he sounded sad. When we concluded our business I asked him if everything was alright. He told me he just attended the funeral of a close family member. I felt horrible that he felt compelled to call me back that day. While talking further I found out the person died on Saturday. I felt even worse because we talked on the phone, several times that day. I asked him why he did not tell me when I called him. His answer was I would do anything to help you, we have worked together for over the 25 years. While I appreciated what he said, I was filled with guilt. He did not have to do this.

After I put everything away I got another call. A friend called to let me know that her mother (my dad's second wife) had died ten days earlier. She apologized for not letting me know sooner and did not think about it until she went over to clean out her mother's apartment. Sorting through her mother's mail she found two unopened monthly notes that I had written. We talked briefly and I thanked her for calling. I hung up and needed a moment to process the two back to back phone calls.

I needed a diversion and went out to load bags of clothing to take to Good Will. As I was finishing up I got a text from my neighbor letting me know that, Luke, his dog and Big Hoss's daddy was very sick. He was headed to the vet and he would call me later. I closed my eyes and sighed. My morning was not getting any better and I felt so sad. While I was worried about my deadlines, my friends were addressing real life problems. I had lost sight of the what is truly important in my life.

I needed a diversion and I dropped everything and scooped

continued on page 24



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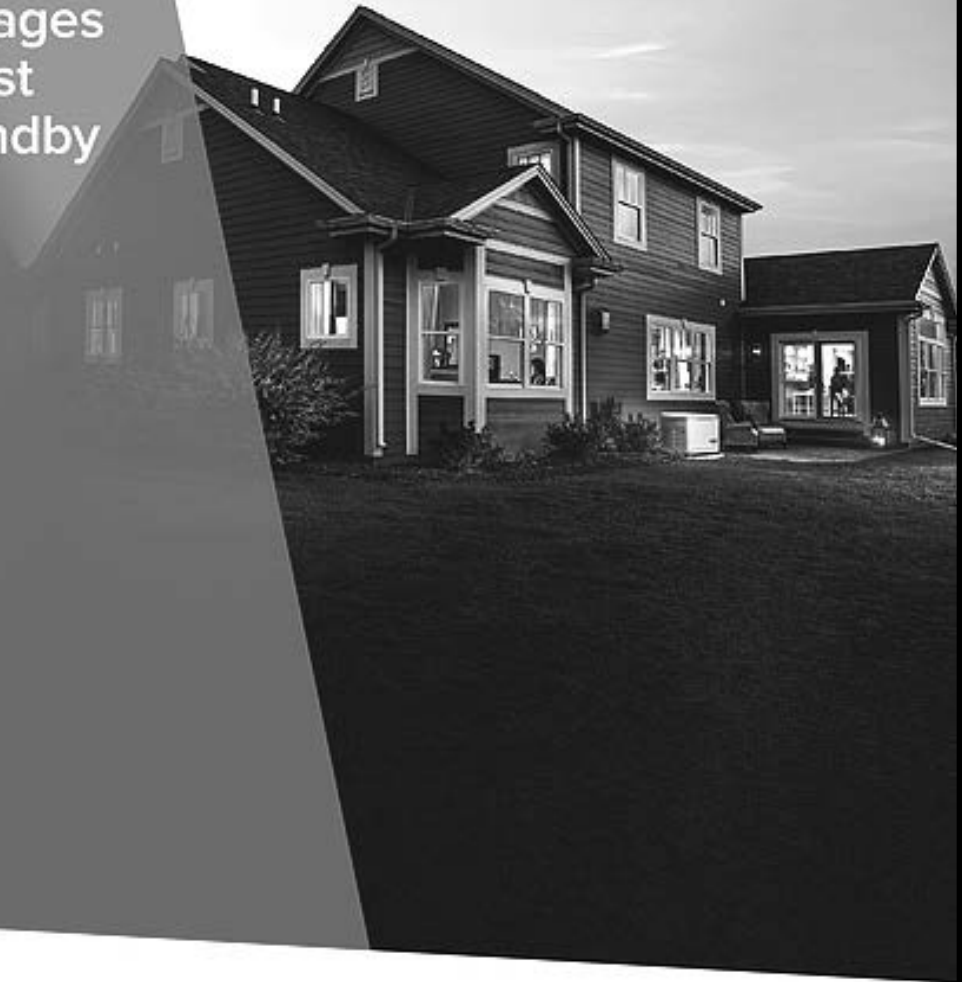
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up Hoss to run some errands. When we were finished, I could feel tears running down my face. I had become so entrenched in doing my “jobs” I neglected the people who love me the most. It was a humbling moment. I can not believe I fell into this trap again. I thought I had learned from experiences like this, many years ago. Apparently not and I got sucked into the “work vortex” once again.

I am using the time that Bill is away to clean the house from top to bottom. It is cathartic and feels so good! I have also been sitting outside with Hoss and going on short walks more often. At night I have been “watching” television shows from my childhood, with Hoss on my lap. As a side point, some of the shows were pretty bad but that is an article for another time.

After five days I have more energy, my head is clearer and I feel my spirit coming back. I am so blessed to be retired and have the opportunity to enjoy the beauty around me every day. We have seven days before Bill returns home. He’d better watch out because I want to get out and play on the water and do all the that we have been unable to do.

Take the time to engage in fun activities with your family and friends. Take the time to relax and pamper yourself. At the end of the day nobody is going to remember what our jobs were. They are, however, going to remember the happy times we have had together. Life is short, take every opportunity to enjoy it. Don’t be a Janice and make my mistakes.

Spring is a time of rebirth and change. It is your life ! Forget your excuses and make the most of it. Get out and have some fun.



If you have a birthday that you would like to put in the Edinburg Newsletter, please email it to:
edinburgnews2023@gmail.com

HAPPY BIRTHDAY TO:

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From the Four Corners Diner Gang

BACKYARD WILDLIFE

Roberta MacIntyre Games

It’s mid-March and there is a couple inches of snow on the ground and some ice on the ponds and lakes at least in spots but I can sense that Spring is here!

There is a particular fragrance in the air and the chipmunks are out of hibernation scooting over little snow drifts stuffing their cheeks full with birdseed, their winter stores now empty. The Barred owls are hoo awing and the songbirds have arrived. There is birdsong almost all day.

The first spring song I noticed was that of the Tufted Titmouse “peter,peter,peter” loud and clear. Then the robin is back in the yard. I can’t say that it is the same robin from last year but we do seem to have a pair every year building their nests in the same spot. Many birds do return in spring to their former territories something that has always amazed me. Avian GPS? There is the chorus of pine siskins a sweet constant tweeting from high in the trees.



Photo by Scott Canning

A flash of blood red and piercing whistle exposes the Northern Cardinal. The pair has been here all winter at the feeder yet the song is intensifying. But the song of the Red Winged Blackbird is what



really says spring to me. Many male birds arrive early claiming their territory waiting for the females and singing to assert their “rule” and to attract mates. A single male Red Wing may have up to a dozen mates in his territory. Different species arrive at different times and with warmer winters migration is affected .Ornithologists are closely monitoring these patterns.

Years ago I was able to quickly ID most birdsongs but now I rely on the Merlin Bird ID app from the Cornell Lab of Ornithology. It has been valuable to me in situations where I am not quite certain, cannot see the bird or it is a new song I haven’t heard before.

Biologists are also studying to understand whether birds actually enjoy singing. I cannot figure that one out but maybe they can. Even if they can’t find out if birds enjoy singing I think most of us enjoy listening!

This year on April 8, 2024 there will be a total solar eclipse. In our area there will be darkening but not totality. Sunrise and sunset, changes in the light in the environment can trigger natural responses in wildlife. Nocturnal (nighttime) animals and birds like owls may begin hooting and diurnal (daytime) birds will quiet and head to roost for the “night”. Even birds that are night migrating at this time may take to wing. Researchers are still doing observations during total eclipses studying the effects of this on wildlife. It might be a good thing if we are out and about during the eclipse to take notice, it will be mid-day so there will be time

for song to stop and start again and perhaps we will hear the owls.

Roberta enjoys sharing about her many encounters with our local wildlife.

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Northville-Placid Trail Celebrates 100th Anniversary with events throughout the Adirondacks

Regional Office of Sustainable Tourism

The Northville-Placid Trail (NPT) is celebrating its 100th anniversary in 2024 with a newly-developed website and a series of events throughout the summer and fall.

To celebrate the 100-year anniversary, organizers have planned three community event throughout the year along the trail route, developed a new website, planned a series of hiking events, organized trail maintenance days, and planned a number of community- and organization-based events. Community celebrations will take place in Northville, Piseco and Lake Placid.

The 100-year anniversary celebration kickoff takes place with a three-day event in Northville. The opening ceremony is taking place at Waterfront Park on May 31 at 6 p.m. On June 1, coinciding with National Trails Day, the village, along with



local merchants and organizations, will be hosting a community-wide event featuring vendors, food, entertainment and information about the NPT. A trolley will be on-hand to transport visitors throughout the village to various participating locations.

The second community event is scheduled to take place in Hamilton County on August 24. The celebration will be held at The Inn on Piseco Lake and will feature live music, vendors, exhibits and activities.

Lake Placid is also planning to host an event on September 14 at the Lake Placid-North Elba Historical Society in Lake Placid. This location is the terminus of the NPT, where those completing the trail are able to sign the official register.

The Regional Office of Sustainable Tourism (ROOST) has created a new website, NPT100.com, to share trail information, upcoming events, trail maintenance projects, hiker stories and nearby community information about the hiking route with those

planning to hike the trail.

Celebration organizers are also supporting a series of additional events throughout the hiking

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season. The Adirondack Experience, the Museum on Blue Mountain Lake is hosting a special two-year exhibit, featuring information about the history of the NPT. The museum will also be offering a series of guided hikes and outings throughout the summer.

According to Adirondack Mountain Club Deputy Executive Director Julia Goren, the best way to celebrate the milestone is to focus on the trail itself. "The Adirondack Mountain Club was originally established to increase access to the newly-formed Adirondack Park through trail work and education; development of the NPT was one of the group's first projects," she said. "Continuing that work is how we celebrate its existence, ensuring that it remains for generations to come."

The Adirondack Mountain Club (ADK) will be hosting a series of volunteer projects, offering people an opportunity to take part in trail maintenance alongside experienced leaders. Trail maintenance opportunities include both one-day events and multi-day projects. Other organizations are also planning events and activities to celebrate the milestone anniversary. Adirondack Hamlets to Huts is planning several 13-day guided hikes along the Northville-Placid Trail for those interested in a more immersive experience.

Additional information about the Northville-Placid Trail, along with upcoming events and trail maintenance projects can be found at NPT100.com.

The Northville-Placid Trail was formed in 1922 as one of the Adirondack Mountain Club's first projects. Completed in 1924, this 138-mile route transverses the Adirondack Park, from the town of Northville to Lake Placid.

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Lunches and programs are held Thurs at the Northville Meal Site which is located in the Fellowship Hall in the basement of the Presbyterian Church, 161 Reed St. Northville. The site is accessible by stairs and by elevator.

April 4th, OFA Congregate Meal 11:30-12:30
Macaroni and Cheese, Stewed Tomatoes and Zucchini, Green Beans, and Pudding.. We will also celebrate all April birthdays with a cake provided by Lynne Jacquard. STFSL Program at 12:30: Crystal Davis, from Cornell Cooperative Extension will hold a food demo featuring a Stir Fry.

April 11th, OFA Congregate Meal 11:30-12:30
Salisbury Steak, Rice Pilaf, Sonoma Blend Vegetables, Lemon cake with Glaze. STFSL Program at 12:30: Polly Saltsman, case worker, Fulton County Office for Aging and Howard Wilson from the Independent Living Center of the Hudson Valley will provide information about available services..

April 18th, OFA Congregate Meal 11:30-12:30
Cheddar Baked Fish, Au Gratin Potatoes, Spinach and Berries in a Cloud. No program this date

April 25th, OFA Congregate Meal 11:30-12:30
Sweet and Sour Chicken, Rice, Japanese Blend Vegetables, and Banana Cake. STFSL Program at 12:30: Its Luau Day! Gary Van Slyke will entertain with a selection of Hawaiian Songs featuring traditional Hawaiian Instruments

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. . For closure information check channels 6, 10 or 13 and WENT 1340 radio. Additional information about STFSL can be found online at STFSL.org

For information about trips or to request volunteer medical transportation, call STFSL at 752-8737 and leave a message.

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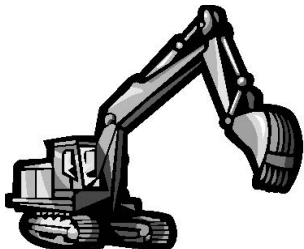
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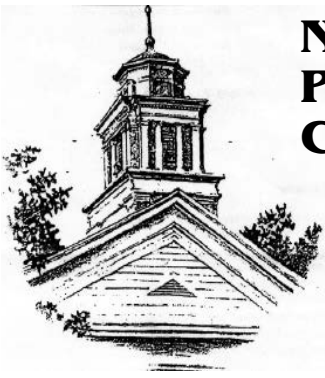
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Northville United Presbyterian Church News

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Community Outreach Day

On Saturday, June 29th, the historic Batchellerville Church will be opening its doors for a community outreach day. All are invited to this free community event. We will have free food, beverages, children's activities, local crafters, and scheduled tours of this historic site, and history of the Sacandaga valley and lake.

We are seeking local crafters who would like to display their work. If you are interested please contact the church office at 518-863-4151 and leave a message for Amy.

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Sacandaga Protection Committee

Happy Spring ! I hear it wasn't much of a winter, unfortunately for the outdoor activity loving people. My wife and I are lucky enough to be able to be snowbirds and enjoy the sunshine of the south where we are able to visit family and friends. As we have gotten older, we really do not like the snow and cold and would rather be where it's warm and we can golf, walk on the beach, swim etc. I know many people enjoy the winter months so they can ice fish, ski or snowmobile. Unfortunately for those enthusiasts, the past two winters have not been very good for those activities. As the saying goes, "Better luck next year".

Many of these activities that we enjoy winter or summer require access to the Great Sacandaga Lake. The Sacandaga Protection Committee ("SPC") is the only lake organization that works with lawyers and lobbyists to preserve our lake access. As you all know by now that over the years there have been many threats to our access. Through the efforts of the SPC they have all been negated and we are able to continue to enjoy this great lake. Of course, to be successful the SPC needs money and our largest fund-raising event is coming up June 1. We will be holding our 4th annual golf outing at Hales Mills Country Club. If you would like to be a sponsor of the event, we have many different levels available. If you would like to play golf sign up early as we sold out of spots last year. See elsewhere in this edition of the Edinburg News for the sponsor and golf forms. Or you may contact Bob Jones at BJones2180@yahoo.com or 518-257-0282.

To learn more about the SPC and how we protect your lake access and the way of life in our lake communities or to donate to support our mission, please visit our website www.sacandagaprotectioncommittee.com. You may also contact us at SPCGSL@gmail.com. Or visit us on Facebook at Sacandaga Protection Committee.

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SACANDAGA PROTECTION COMMITTEE

4th Annual Golf Fundraiser

June 1, 2024

9 :00 am start (8:30 AM registration)
Hales Mills Country Club

Support the SPC in our mission of protecting the environment, the economy and the way of life on the Great Sacandaga Lake.

Please consider one of the following sponsorship opportunities available. All sponsors at the bronze level and above will receive recognition in promotional materials, their name on the event banner and in the program the day of the event, plus recognition on our Facebook page. Also, the availability to have promotional material put in each player goodie bag.

- Presenting Sponsor: \$2,500 – Will receive major recognition at the event and in all promotional material.
- Platinum Sponsor: \$1,500 - Be a supporter and receive recognition in all the promotional material, plus be included on the banner at the lunch, cocktail hour and on the golf carts.
- Gold Sponsor: \$1,000 - Be a supporter and receive recognition in all the promotional material.
- Silver Sponsor: \$750 - Be a supporter and receive recognition in all the promotional material.
- Bronze Sponsor: \$500 - Be a supporter and receive recognition in all the promotional material.
- Tee Sign: \$100 - Your name and logo on a sign to be placed at a tee.
- Golfers: \$100 pp - Scramble format with prizes, coffee, lunch, on course beverages, silent auction, cocktails and hor's d'oeuvres at the award reception.
- Silent Auction: Donation of an item or gift certificate for our Silent Auction.



SACANDAGA PROTECTION COMMITTEE

4th Annual Golf Fundraiser

June 1,2024

9 :00 am start (8:30 AM registration)

Hales Mills Country Club

146 Steele Rd Johnstown, NY 12095

Sponsor Information

Name - _____

Address - _____

Phone - _____

Company - _____

Email company logo to spcgs1@gmail.com

Sponsorship level requested - _____

Amount enclosed - _____

=====

Register by email to SPCGSL@gmail.com or by mail to:

Bob Jones

2530 South Shore Rd., Hadley NY 12835

If you have any questions, please call Bob Jones at 518-403-4089

Golfer Information \$100 per golfer

Player 1 - _____

Phone number - _____

Email - _____

Player 2 - _____

Player 3 - _____

Player 4 - _____

I

f you do not have 4 golfers, we will pair you with others

Non – golfer cocktail reception guests \$20 per person

Name - _____

Name - _____



Baptist Church of Northville

111 North First Street, Northville
518-863-8001 bconny.org
Sr. Pastor: Rev. Andrew Larson
Assoc. Pastor: Isaiah Philo

by Barbara Klueg

Father Knows Best!

The older generation might remember the old TV show, Father Knows Best. Well, our Heavenly Father knows what's best for each of us. We cannot trust in ourselves for we are sinful by nature. The Bible says that God's ways are not our ways. "For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts." (Isaiah 55:8-9)

There is a saying, "No pain, no gain." I recently have been strongly reminded of this fact as I went through a total shoulder replacement. There will be good results though! I will eventually be out of pain and regain the use of my right arm and be in good health. YIPPEE!

We all experience pain throughout life: it might be physical pain while recovering from surgery. Or . . . sometimes our pain comes from trying to learn something new, or sore muscles from playing sports, or working hard to attain good grades. Raising kids is a joy but can also be exhausting, difficult or even heartbreaking (a different kind of pain). Losing our loved ones is a long-lasting pain. Working day in and day out is hard work and can mean simply not giving up!

It's the same with your spiritual life. It's hard

work to trust God! There is a little bit of a control freak in all of us. We Americans especially like to be in charge and make our own plans. We're stubborn that way. We dig in our heels and convince ourselves that what we're doing is OK. Reminds me of the Bible verse, "The heart is deceitful above all things, and desperately wicked: who can know it?" (Jeremiah 17:9) It does not come natural for us to trust – even in the Almighty God Himself.

We need to trust God 100%. "Trust in Him at all times, you people; pour out your hearts to him, for God is our refuge." (Psalm 62:8) We must put our faith in Him alone. So, today if you are struggling with something in your life, give it to God. Our Father Knows BEST!

Contact Pastor Larson or Pastor Philo at church (518.863.8001). They have a heart for God, will pray with you and share more of God's Word with you. Come and join us in worshipping our Great God! Check out our Sunday services on our church website: bconny.org.

Our weekly schedule is:

Sunday: Sunday School for all ages: 8:45 a.m.

Worship: 10 a.m. Youth Choir Practice 11:30 a.m.

Jr. & Sr. High Youth 7 p.m. @ BCON Corner

1st Sun. of the month: Family Night: 6 p.m. with refreshments & service following.

Monday: Sr. High Girls Bible Study @ 7 p.m. Man Up Bible Study @ BCON Corner 8 p.m.

Wednesday: Northville Food Pantry: 10 a.m.

BCON Corner. Moms & Tots: 2nd Wed. of the month @ 9:30 a.m. (Call church for location)

Thursday: Prayer Meeting: 6 a.m. & 7 p.m. Jr. High Girls Bible Study: 7 p.m. Worship Choir Practice: 8 p.m.

Home Small Groups: Sun. Tues. and Wed nights in homes. (Call the church for details)



Edinburg Bible Chapel at the four corners invites you to join us as we worship and receive God's blessing, sharing our love with others.

Sunday Worship 10 AM / Wednesday Prayer Meet. 7 PM
Looking forward to seeing you.



Northampton United Methodist Church at Fish House

PO Box 455
1604 Hwy 1010
Broadalbin, NY 12025

Rev David E Smith, Pastor
revdavid76@gmail.com 518-572-4051

Northampton United Methodist at Fish House invites you to join us as we seek to share God's love as revealed through Jesus Christ. We welcome all to join us for a time of hearing God's word, singing the hymns of faith, and having fellowship with one another. We are a historic congregation located on the shore of Great Sacandaga Lake.

WEEKLY EVENTS

Sunday Worship at 9:00 AM
Sunday Coffee Hour and Fellowship at 10:00 AM
Discussion Group Monday at 6:00 PM &
Wednesday at 10:00 AM

UPCOMING SERMONS

4/07 "What Now?" – John 20:19-31; Acts 4:32-35
4/14 "Answers" – Luke 24:36-48; Acts 3:2-19
4/21 "The Good Shepherd" – John 10:11-18; Acts 4:5-12
4/28 "Loved" – John 15:1-8; 1 John 4:7-21

The pastor also offers a Daily Photo Devotion to all who are interested by email, revdavid76@gmail.com or on the pastor's blog at www.adirondacksights.wordpress.com/blog-posts/.

Clergy Column

Choices

Sunday, March 31st we celebrated the joy of Easter, the resurrection of Jesus and all that it means. We also have been enjoying the warm days we expect in Spring. Yet there is much that is disturbing in this our world, violence and divisions that seem to be present in virtually every community. Worst of all is the suffering and death of innocent by-standers. Some will ask how can an all-powerful God allow such evil and suffering to continue?

As I wrestle with this reality, I keep coming back to the fact that God has created us not as slaves who must obey God's every wish but as individuals with free will. As much as God despises the evil that exists in our world, God loves us too much to make us slaves to God's will. God though is not content to allow the evil of the world to go unchallenged and has throughout history sought to push and pull us in the right direction. To the people of Israel God through Moses gave them the law to guide. When they refused to follow the law, God spoke through the prophets warning them of the consequences of their ways. Finally, God sent his only Son, Jesus for the redemption of the world. Jesus offers all who will turn from ways that are contrary to God's ways, actions that are self-centered and harmful to others, the opportunity to receive forgiveness and a new way of life governed by love of God and love of neighbor.

It may sound simplistic but is there any problem in this world that couldn't be solved if we all truly loved one another. While there will always be those who are unwilling to adopt this way of life; saying yes to God's offer through Jesus can foster major changes for the individual and the community they are part of.

I think of the food pantries and soup kitchens, volunteer teams



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Rachael Bunzey

Thomas Sesselman



rebuilding homes destroyed by Natural Disasters, Thrift Stores providing clothing and household goods, prisoners who have responded to the work of chaplains, medical missionaries serving disadvantaged communities at home and abroad, wells established in Africa to combat children's death from water borne disease, research to find cures for diseases. Most of all I think of the life changing impact that God's love has on the life of individuals. I think of people being able to face end of life issues confident that the grave is not the end.

Our world has its problems, but Jesus offers an amazing answer.

Your Faith Community is a place that exists to support you in experiencing all that Jesus can do for you and through you.

If you don't currently belong to a Faith Community, Northampton at Fish House welcomes you to be part of our community. We gather on Sunday morning at 9:00 AM, meet on Monday evening at 6:00 PM and 10:00 AM Wednesday morning to discuss life issues and ways our faith can address them.

For more information contact: David E. Smith, revdavid76@gmail.com, 518-572-4051



*The Edinburg Newsletter
is read throughout Hamilton,
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Fulton and
Saratoga Counties!*

Milburt Farm & Greenhouse



Opening for the season—May 1st.

Have you thought about any changes to your garden this year? Gardening season is just beginning and we have a large selection of vegetable, flower, perennial, berry, and herb plants for your home garden spots. Also a nice selection of older rhubarb, horseradish and asparagus plants, ready for your homestead garden.

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Sacandaga Valley Arts Network

Dianne Knapp, Board Member

“Spring work is going on with joyful enthusiasm.” – John Muir

Spring is always a time of renewed energy for me. Whether painting a favorite bird or getting some needed fresh air, I move with enthusiasm. The calendar fills quickly with opportunities offered locally and nearby.

SVAN's calendar is also filled with opportunities for members, friends and guests. That means you. Yes, you!

Here is a listing of what we are planning:

April 3, 6:30-8pm SVAN Board will meet at the Northville Gallery and Gift Shop

April 13, 5-8pm Cabin Fever Dinner Dance, hosted by Sport Island Pub, Northville

April 27, Art drop off 9am-1pm at the Northville Gallery, 10am-12 noon at Vail Mills Gallery

May 3-4, Northville Garage Sale Weekend

May 10, Deadline for Scholarship Applications

May 31-June 2, National Trails Day Celebration, Waterfront Park, Northville

June 1, 6pm Concert in the Park by Two Shoes (Americana)

June 3-30, Student Photography Show, Northville Library Gallery

June 4, 5-7pm

Artist

Reception, Northville

Library Gallery

TBD Painting workshop & Garden Art workshop and?

I'll save the rest of the list for next month's article. In the meantime, I have

wondered about the term “flow” that is often heard in discussions about happiness and health. In a recent New York Times article, “flow” is described as that feeling of being completely immersed in work (or an activity) that gives a sense of pleasure and satisfaction. The article goes on to say that the key to achieving that state is finding something that interests you. Something that challenges and keeps you engaged but doesn't frustrate too much. Have you experienced that feeling when time disappears?

I plan to be fully engaged in the Cabin Fever Dinner Dance at the Sport Island Pub! Enjoy a pasta and meatball dinner complete with tossed salad and dessert, coffee and water, with a cash bar available! Johnny and the Triumphs, joined by Gwen Tracey, will entertain us with Rock style dance music. April 13th is on my calendar. I hope you'll add it to yours. Tickets are \$40/person (SVAN Member), \$45(Non-Member). Call or text 518-863-8047 for reservations.



We'll be making more plans at the April Board Meeting. You are welcome to join us. We are

open to new ideas, suggestions, and especially offers of workshops and events. We might host an art and craft material supply exchange during Garage Sale Weekend. SVAN will set up Nature Crafts and More in the Waterfront Park during National Trails Days. More information for these and other events can be found by contacting board members, checking our website(svanarts.org) watching for the SVAN Grapevine as well as our Newsletter. Happy Spring Everyone!

J. PAUL KOLODZIEJ

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Northville News

Wendy Reu, Village Clerk

Spring has sprung in the Village.... despite the occasional flurries! The big event happening in April is the Solar Eclipse on Monday, April 8th. While the Village and surrounding area won't experience full totality, we will experience a significant partial eclipse. It will begin at approximately 2:12 p.m, with the peak at 3:27 p.m. and end at 4:37 p.m. Please wear protective eyewear while viewing the eclipse. The Northville Public Library has a limited supply of eclipse viewing glasses. Stop by and say hi to Alisha and get a pair while supplies last.

Police Chief Richardson reports that the total calls handled by the Village Police Department for February was 77 (this does not include complaints handled by FCSO and NYSP when NPD Officers were not on duty). We have installed new flashing beacons on Bridge Street, designating the school zone. On the approach into the Village, we have added a speed sign that will serve as a gentle reminder to motorists.

The Winter parking ban in the Village expires on April 1st. With more and more people out walking around our community, now is a good time to remind dog owners that there is a leash law in the Village, and we ask that you pick up after your pets.

Village of Northville elections were conducted on Tuesday, March 19th. Sitting Trustees, Sue Sedon and John Markiewicz were each re-elected to their positions for another four-year term. The next election cycle for the Village will be the third Tuesday in March of 2026.

May is getting closer every day! Have you started digging through your treasures in anticipation of Garage Sale Weekend? This year it will be May 4th and 5th. If you would like to be added to a listing of sales, email clerk@villageofnorthville.com.

Don't forget the Village of Northville Memorial Day parade/ceremony will be held on Monday, May 27th at 6 p.m. Please mark your calendar and join us for this solemn event.

We are continuing to work on the National Trails Day/100th Anniversary of Northville-Placid Trail event, which will be held May 31st through June 2nd in the Waterfront Park and various spots around the Village of Northville. There

will be activities all around the Village, including Northville Central School soccer field, the Northville Library, and the Town Park at the Bradt Building, to name a few. As more details become available, we will share them in future editions and on our website. For now, here is a brief timeline of the event:

Friday- May 31st - 4-8 pm - Ribbon Cutting Ceremony will be at 6 p.m. at the Archway. Vendors, food, entertainment.

Saturday- June 1st- 10am to 8 pm – This is the BIG DAY. We will have a trolley running throughout the Village, stops yet to be determined but we estimate 6 to 8 stops. Vendors, food, entertainment, activities. There will be a fish stocking event at the Little Lake, followed by a kid's fishing derby from 10 a.m.-1p.m.

Sunday-June 2nd - 10 am to 3 pm – Closing ceremony in bandshell will be at 1 pm. Vendors, food, entertainment, activities.

We continue to take applications from vendors for the event. Please email clerk@villageofnorthville.com to add your special Trails Day event/promotion to our schedule of events. It is a great opportunity to plan a fund raiser or host an activity station as outreach for your group or organization.

We are still organizing the DOINS event for July 4th, 5th, and 6th. We received a few suggestions for the theme of parade and ideas for a Grand Marshal from Newsletter readers and I am so happy to say that we have secured a Grand Marshal for the parade, and she is a great one! We are still deciding on a theme, so please keep those ideas coming! Please email your ideas to clerk@villageofnorthville.com. We hope to have a theme by the next edition of this Newsletter.

The next meeting of the Board of Trustees will be on April 16, 2024 at 7:00 p.m.

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WHY MASSAGE?

I. A Very Brief History of Massage Therapy

Sally B. Mann, RN, LMT

There was a time in recent memory when the subject of “massage” was nonexistent. Many of us remember that time. Many more of us continue to live in a world outside the healing power of touch. This is peculiar to life in the modern North Western Hemisphere of Planet Earth, the USA, at least since white man found his way here. Having settled, journeyed to the western shore and eventually constructed this New World’s culture and constitution, what an amazing modern experiment in ancient democracy Mankind has created. This blend of nationalities, cultures, religions, diets, stories, music and dances has become a stew of Earth Culture carrying humanity into her next, hopefully higher, realm of existence.

For all the wonder we have become, a piece of the “Olde World” was left behind, for whatever reason, possibly historic, or cultural, or religious, your guess is a good one. We left behind a history, a many thousands of years-old history, of knowing how to employ our hands for the relief human ills. Also known as “healing” aka “health” aka “wholeness,” the extraordinary power of human touch has many abilities, from being used to hit and kill to being used to bring hope and healing. The records of world’s ancient cultures are replete with knowledge about the use of herbs, foods, oils, aromatics, sound, music and TOUCH in the ability to eliminate humanity’s unhappy discomfort, tension and stress.

*India’s practice of wellness, known as Ayurveda, is culturally believed to be of divine origin and dates back at least 5,000 years from today, and continues to exist! Ayurvedic principles theorize that illness occurs when a person is living without harmony in their environment. Their knowledge of human energy, named Prana, includes centers called Chakras which exist from the base of the spine, where our human energy connects to the Earth’s energy, to the top of the skull where cosmic energies enter our Being. India’s practice found its way westward to Egypt some 4,500 years ago.

*Egypt added the principle technique known today as Reflexology, a specific

massage of the feet or hands or ears. Those parts of the body bear a reflection of the whole physical body. Thereby specific treatment by a trained therapist delivers a full body massage while working in a specific way on the feet, or hands, or ears of the healee.

*Chinese texts of manual therapy date back 4,700 years from today. It was developed by the practitioners of TCM (Traditional Chinese Medicine) and Taoists. TCM theory is that life giving energies, known as Chi, travel within specific pathways of the body. In a similar way, there is life giving planetary Chi in water which runs through rivers of special beds on the planet. Is this not a neat system?

When life, injury or stress interrupt the healthy flow of Chi, a disharmony of disease results. The therapist restores healthy flow of Chi assisting the body to regain its healthy state of being. TCM found its way to Japan approximately 3,000 years ago.

*Japanese massage, known as Shiatsu, was developed after monks studying in China brought the practice of massage from China to Japan. This treatment is said to raise the levels of energy (Chi) within the energy channels in order to reduce tensions and allow the body to regain health and

continued on next page



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from previous page

vigorous energy flow.

*Korea, offers a form of massage similar to Shiatsu. It was named “Amma,” which means to push and to pull. Its purpose is to free any trapped energy within several of many superficial channels within the musculature, again achieving the same results as the Japanese massage. A more detailed explanation of Amma can be found in SELF-HEAL With Your Own Energy Streams, written in 2023 and can be found on Amazon.

*Greece, famous for Athletes and the Olympic Games, brought massage techniques to its land approximately 2,800 years ago to keep her athletes in fit shape. Hippocrates, Greek physician of fame, then adopted the benefits of massage into the care of patients he treated.

*Rome, following the Grecian empire, approximately 2,200 years ago, offered massage as a therapy of the famous Roman Baths, a hydrotherapeutic intervention present in every city of that very large empire. Galen, the Roman physician of fame, as Hippocrates before him, saw the benefit and added the treatment to his clients.

After the fall of the Roman Empire in 476 AD came the “Middle Ages”, and along with that, a decline in the practice of manual therapies for the following 1,000 years.

*Persia, today’s Iran: Galen’s textbooks, translated into Arabic, found their way into Persia. His Greco-Roman techniques became embedded into the Islamic medicine of that time. There it thrived and multiple medical texts by Persian physicians kept the practice of massage alive throughout those thousand years’ “Dark Ages” in the Western world.

*Europe after the Roman Empire fell, after the 1,000 year lull in these interventions, came the revitalization, the European Renaissance, and along with it, a rebirth of massage therapies. Guttenberg’s invention of the printing press in 1440 AD changed the world in a big way. One of those changes was the rebirth of massage as a therapy. Many European doctors wrote books which advocated massage. Thanks to Guttenberg the books were “easily” published and once again, the healing benefits of massage were salvaged. Pehr Henrik Ling (1776-1839) a Swede physical therapist, devised five hand techniques that he

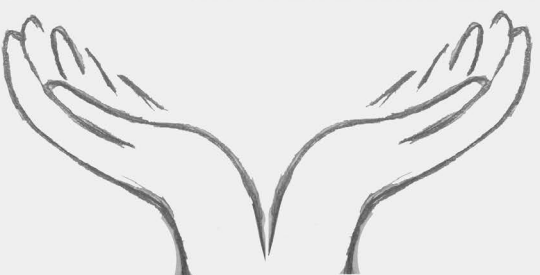
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2. Prevent internal family disputes as ownership passes to future generations.

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used to relieve his patients' discomfort. Johann Georg Mezger (1838-1909), a Dutch Physician using Ling's techniques, fully developed the form of massage known today as "Swedish Massage." Swedish is widely practiced to this day across the world as an effective way to treat most forms of pain and stress.

So much for the rest of the world!

*The USA received the Ling-Mezger Swedish Massage in the 1850's. It was brought here by two Vermont Doctors, brothers Charles and George Taylor, who set up clinics in Boston and New York City. Prior to that time, doctors hired "rubbers," basically uneducated women to rub their patients. Occasional rubbers were self-employed in their own communities. However, for the following century massage remained out of the mainstream of the USA. This resulted from the development of medical hospitals, (originally built as training grounds for med students), the introduction of an enhanced system of medical education, and the arrival of chemical pharmaceuticals as major forms of treatment. Massage Therapy lapsed into a form of luxury for the rich and famous.

Beginning in the 1950's, a renewed public and professional interest in natural and holistic methods of treatment arrived. Accordingly, there was an increased interest in the benefits of manual therapies. And a renewal of therapies proceeded. In 1998 there were 137,390 MTs in the USA, in 2020 the number increased to over 335,000 therapists, yet only 20% of the population receive Massage Therapy! Today the field continues to grow, as holistic methods of health continue to be acknowledged and desired by the general public. And we've only just begun!

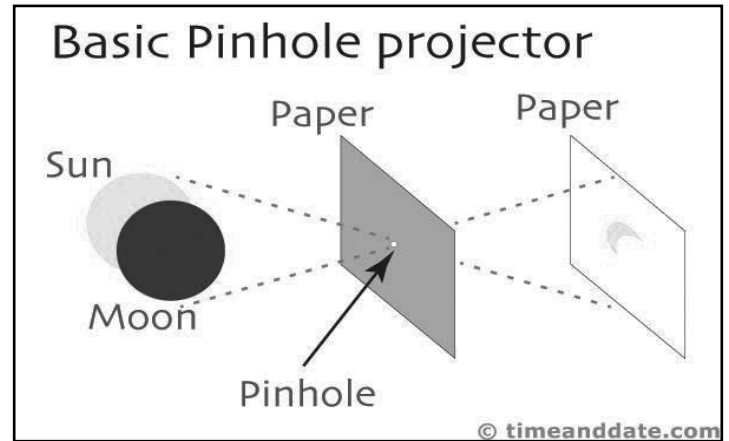
The Great North American Eclipse Coming Soon!

Harold Cheney

A once in a lifetime chance to view a total solar eclipse in our area will come April 8th 2024, beginning at 2:12 PM and ending at 4:37 PM. The peak of the eclipse (totality) will occur at 3:27 PM, lasting a little over 3 minutes.

The sun will be 99% obscured at the peak of the eclipse in Edinburg. If you travel about 30 miles north the obscuration will be 100%.

A solar eclipse happens when the moon passes directly between the sun and the earth. What makes this one special is the fact that the moon one day earlier will be the closest to earth in its orbit, making it appear 5.5% larger, thereby completely blocking the sun, turning day into darkness. Only one-half of one percent of the



people on earth will be able to see this totality.

The path of totality will travel from Texas to Maine across the United States. It is the first total eclipse visible in our area for over 100 years. It will be the last total solar eclipse visible in the contiguous United States until August 23rd, 2044. The next total solar eclipse visible in our area won't be until May 1st, 2079!

Safety is the number one priority when viewing a total solar eclipse. When watching the partial phases of the solar eclipse, which happens before and after totality, you must use safe solar viewing glasses ("eclipse glasses"). A welding helmet will also work. Eclipse glasses are NOT regular sunglasses; regular sunglasses, no matter how dark, are not safe for viewing the Sun. Safe solar viewers are thousands of times darker and ought to comply with the ISO 12312-2 international standard. You can purchase cheap safe solar glasses on Amazon. If you don't have eclipse glasses or a handheld solar viewer, you can use an indirect viewing method, which does not involve looking directly at the Sun. One way is to use a pinhole projector, which has a small opening (for example, a hole punched in an index card) and projects an image of the Sun onto a nearby surface. With the Sun at your back, you can then safely view the projected image. Do NOT look at the Sun through the pinhole! Plan ahead so you can safely enjoy this once in a lifetime celestial event!



"Stones from the Creek"

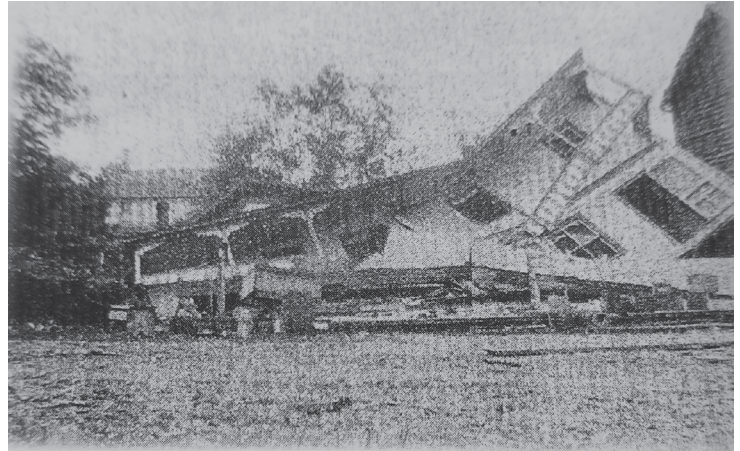
Stony Creek Town Historian Cindy Cameron

In last month's newsletter I wrote about ice... with all the melting going on I thought that it might be a good time to talk about water. In Stony Creek we have lots of water.. Roaring Branch, Stony Creek, Harrisburg Lake, Wolf Pond, Lens Lake, Wilcox Lake, to name a few. Also numerous streams and we are bordered by the Hudson River along Warrensburg Road. They say April showers bring May flowers and in the spring there is a lot of runoff from melting snow and high water from the rain, but the water story I would like to tell you about happened in August 1,1904. When the severe storm hit Stony Creek, one correspondent there

described it, as the worst ever seen in that place. There was a rainfall of fourteen inches in four hours and the thunder and lightning was terrific. The storm broke about 4 o'clock, and a steady down pour of rain continued into the night, raising creeks and streams, many of which were overflowed.

The water rushing over lowlands and tumbling down mountainsides until meadows looked like lakes and trout streams like rivers. Two holes were washed out of the bank alongside the railroad tracks near Cameron's boarding house, just south of Thurman, but the vigilance of the section hands prevented serious trouble. A dam gave way in Stony Creek, and the rushing waters of the swollen streams picked up

piles of timber located at the Hall's Mill, just above the Collins house (reference to location: this was the second Stony Creek Hotel located next to the



creek) at Creek Center, and carried heavy pieces down stream, knocking out the supports of the hotel and bumping into bridges along the way. The rear end of the hotel being left without a foundation, turned turtle (colloquialism for turned over) and slid into the creek, the front of the house being

crushed like an eggshell. No lives were lost, but a guest at the hotel, Officer Quick, of the Sixty-seventh street station house in New York City, who upon the advice of the police surgeon of his precinct, sought rest after a siege of pneumonia contracted during duty at the General Slocum disaster in East River, escaped from the hotel by jumping from the piazza at the second story. He

made a hasty exit to the railroad station, remarking that he intended to get back to New York City, where the ground was still solid. Furniture, dishes, and hotel paraphernalia found their way into the rushing waters and for miles along the shore Proprietor Collins' hotel goods could be seen. West Stony Creek, ten miles distant from the Center, was cut off from communication, three bridges having been carried away. George Thomson's barn was struck by lightning while he and his

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four sons and a hired man were milking. There were nineteen cows in the barn. All of them were shocked and four were killed. One of the boys was caught under a cow as it fell and two of his ribs were broken. All the other men were shocked, one of them so badly that he was unconscious for some time. Luckily the barn was not set on fire.

When the hotel collapsed the lamps were still burning in the house, and the natives, who are expert with the gun, brought out their firearms and shot out the lights to prevent fire. The Stony Creek Post Office was also threatened with destruction, and Postmaster Smith took his stamps and money and moved across the street. The oldest resident of that section does not remember such an amount of water falling in such a short time. It has been about 120 years since this storm happened... but if you are coming to town and it looks like rain...make sure that you have packed your raincoat, umbrella, boots, and just in case maybe a small boat. Till next time. Attached are pictures of the Collins House that fell in the creek....and Stony Creek (by Grist Mill Bridge) after heavy rains, September 1938, the back of the picture says it was 3ft higher than shown.

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Broadalbin-Perth Lions Club

The Broadalbin-Perth Lions Club is set for a busy spring with several key events scheduled through June.

By the time this article goes to press, the Club will have hosted District Governor Priscilla Laurin on March 28 at C&R Restaurant in Galway. The governor routinely visits all the clubs in the district during the year-long term, and the Northern New York Lions district is the geographically largest district in New York. The visit allows the club to showcase their accomplishments to date while also affording the governor the opportunity to acknowledge those accomplishments as well as offer updates and advice on ways to improve retention and growth of the club.


During the weekend of April 20-21, the Broadalbin-Perth Lions will again provide food services at the annual Fulton-Montgomery County Home & Craft Show held at the Broadalbin-Perth High School. Operating the main food concession provides the Lions the opportunity to raise funds that will be returned to the greater Broadalbin-Perth-Mayfield community through a variety of humanitarian and educational activities.

The annual Community Service Recognition Dinner will be held at the Broadalbin Hotel on June 6. This event recognizes students from Broadalbin-Perth and Mayfield Schools who have demonstrated significant commitment to service within their respective community. These students will be awarded a monetary stipend that can be used to either further their education or be put towards expenses for post-secondary job training.

The Lionistic year ends June 30. In early July the Club will install a new slate of officers for the year beginning July 1, 2024 and running through June 30, 2025.


The Broadalbin-Perth Lions Club is part of Lions Clubs International, the largest service club organization in the world. More than 1.4 million members in over 48,000 clubs are serving in 200 countries and geographic areas around the globe. Since 1917, Lions have strengthened local communities through hands-on service and humanitarian projects, and we extend our service impact through the generous support of our Lions Clubs International Foundation. We are focused on supporting vision, the environment, childhood cancer, hunger, diabetes and other pressing humanitarian needs to help address some of the biggest challenges facing humanity.

If you believe you have the heart of a Lion, we invite you to join us in serving our community.



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Northampton Asking \$69,500

Improvements have been made to this 2.10 acre parcel of vacant land. Improvements include driveway and clearing location for the building location. Sellers have a 5th wheel camper they are considering including in the sale if buyer is interested. Electric, phone and cable at the road. **MLS# 202218449**

Edinburg Asking \$189,000 MLS# 202413690
Great Sacandaga Lake 3 bedroom, 1.5 bath single wide mobile situated on .86ac with membership in Birchwood Knolls Beach Association. Many recent updates, including kitchen, carpet, electric service, plumbing, 25x25 open car port, amish shed, and fire pit. Beach association includes dock slip, swimming and picnic area. Home can remain mostly furnished if desired. Seller is lic real estate assoc. broker and related to listing broker.



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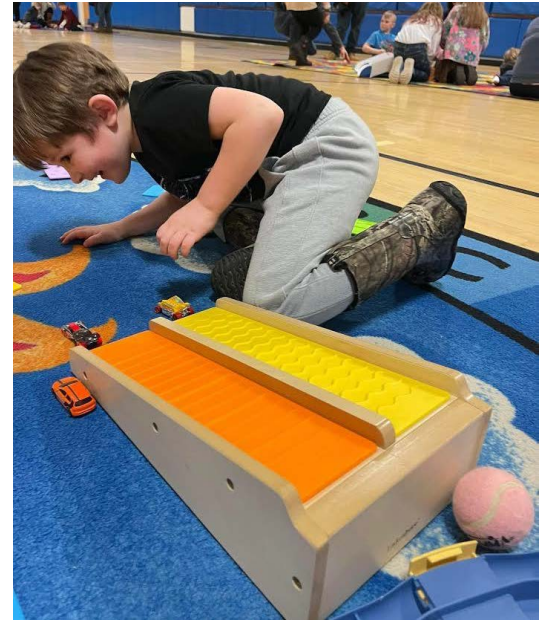
Edinburg School Happenings

Michelle Ellis, Superintendent

Budget season is in full swing. The district has worked hard on keeping the tax levy increase to 1.81% during a time when all costs are on the rise. We encourage our community members and parents to attend upcoming Board meetings and Budget Hearing in order to better understand our budget for the 24-25 school year. We invite your questions, comments and concerns regarding our upcoming budget or any other financial questions you might have. If you are unable to attend a meeting but have questions that you would like addressed, please feel free to call the district office at 518-863-8412 to have those questions answered.

The Edinburg Common School District students in grades 4-6 have been participating in the basketball program. We would like to thank Miss Julie Hampton and Mr. Thomas Moore for leading the program. Edinburg students played against several local surrounding teams. The students continue to work on their skills and have given their dedication to the team. We are so proud of you all!

We had an amazing Family STEM Night that was well attended by our families! Families were able to go around to different stations to create, test, and/or design STEM kits that were available. We have two family nights left for the 2023-2024 school year, so be on the lookout for more information.





“An Eagle Eye on . . . ”

Students in grades PK through 2nd grade are honored monthly for their great character, being a good friend to their peers, making great choices, and displaying great work ethic in class. The teachers and staff at ECS think you are doing a fantastic job! Keep up the hard work!

The Edinburg Common School District would like to congratulate the following students for being student of the month for April 2024:

PK - Caroline and Westlynn

K - Genevieve

1st - Addilyn and Brayden

2nd - David

Discovery Kids and Pre - K

The Edinburg Common School District is also accepting enrollment packets for students in the 3 year old program (Discovery Kids) and the full day Pre-K program (students must be 4 years old by December 1, 2024). If you know of a family or have children that would qualify to enter these programs, please call Miss Peceri in the office at 518-863-8412 to request an enrollment packet.

You may also find our enrollment packet and information to the Discovery Kids and Pre-K program at <http://www.edinburgcs.org/enrollment.html>. Please remember the Edinburg Common School District still has an Open Enrollment Policy and accepts students from other school Districts. Please call the main office for any questions you may have.

For more information please go to our school website at www.edinburgcs.org and/or like our school Facebook page.


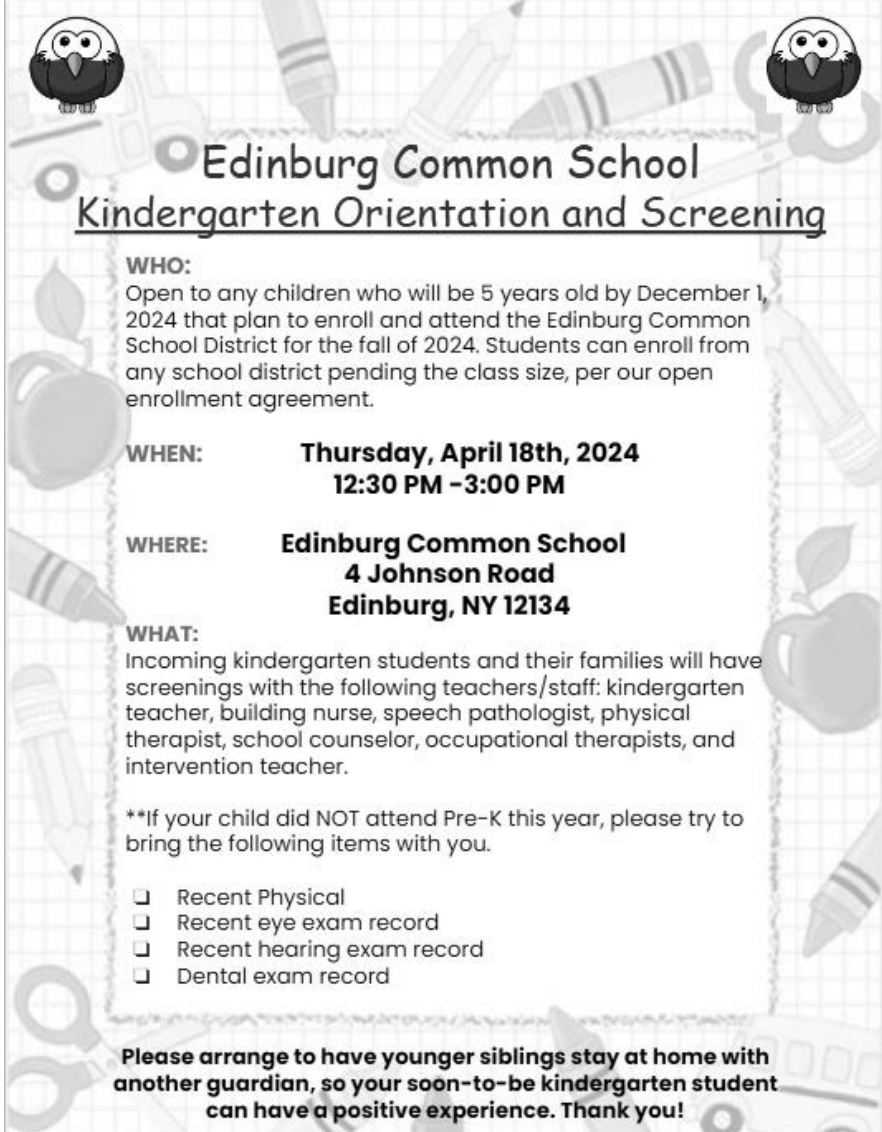

Dates to Remember:

March 29th - Good Friday No School

April 1st - 5th - Spring Break No School

April 8th - Give Back Snow Day

April 16th - ECS Board Meeting 6:00 PM

Edinburg Common School Kindergarten Orientation and Screening

WHO:
Open to any children who will be 5 years old by December 1, 2024 that plan to enroll and attend the Edinburg Common School District for the fall of 2024. Students can enroll from any school district pending the class size, per our open enrollment agreement.

WHEN: **Thursday, April 18th, 2024**
12:30 PM - 3:00 PM

WHERE: **Edinburg Common School**
4 Johnson Road
Edinburg, NY 12134

WHAT:
Incoming kindergarten students and their families will have screenings with the following teachers/staff: kindergarten teacher, building nurse, speech pathologist, physical therapist, school counselor, occupational therapists, and intervention teacher.

****If your child did NOT attend Pre-K this year, please try to bring the following items with you.**

- Recent Physical
- Recent eye exam record
- Recent hearing exam record
- Dental exam record

Please arrange to have younger siblings stay at home with another guardian, so your soon-to-be kindergarten student can have a positive experience. Thank you!



“Nuggets and News” from the Town of Lake Luzerne

Historian, Pam Morin 518-696-7184

Strength comes in many ways. Here is just a little reminder of two hardworking notable women from our community.

Anne Denis Fuller aka “Falling Star. Annie, as many called her, was a noted Abenaki Indian Beauty born in the year 1855 in St. Francis, French Canada, near Montreal. She was the daughter of Louis and Ellen Dennis and later married Silas Fuller. Her grand uncle was Sabattis, a very well-known Adirondack Guide. From him she learned wood craft, hunting and fishing. By 20 she and her sister Angeline were master basket weavers that they peddled to summer hotel guests. Annie was befriended by Harriet Maxwell Converse, a well to do socialite who was one of the most trusted friends to the Indians living in New York City. Mrs. Converse realized “Falling Star’s” beauty and value as an artist’s model. A sculpture of her was done by Casper Mayer for the Museum of Natural History. He considered her to be the finest Indian beauty he had ever seen. She became in great demand for portraits and life scenes. Sadly, in 1902 Annie was involved in a serious train accident, leaving her crippled and unable to continue modeling. She did however continue basket weaving until her death January 16, 1903. She is buried in the Luzerne Cemetery. A grave side marker is planned for the Fall of 2024.

Alice Tubbs Harris was born May 23, 1910 in Lake Luzerne to Willard and May Tubbs. She graduated from Hadley Luzerne Central School in 1931. On February 19, 1939 she married Loren J. Harris.



She was also the longest member (78) of the Rockwell Falls Presbyterian Church. Alice believed that hard work was the key to a long life and she certainly practiced those ethics. She was ahead of her time as a female entrepreneur when she built the Harris Grocery in 1961. She ran her little store for the next 40 years before retiring. Her efficiency and financial goals allowed her to pass along the gift of a new auditorium at the local Hadley-Luzerne High School, a donation of 107 acres for the

creation of the Harris Nature Preserve on Potash Mountain and in addition, a scholarship fund that is effective annually for years to come. Jim and Rebecca Mosher were the next owners for 20 years and now they oversee the progress efforts of the gifted Harris Preserve. Most recent owner is Dane Morton, a multi talented business entrepreneur. “Thank you ladies. We admire your courage to care, dare and share.”



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Janice Hawk-Baldwin

Cabo was amazing – I’m sure that’s not a surprise. Aside from being perfect in almost all ways, the days felt like they were longer. We couldn’t swim at the resort beach because it was supposedly too dangerous, but we enjoyed drinks while watching the pelicans and humpback whales. It was breeding season for the whales and you couldn’t look anywhere without seeing them jump. I gasped and made awed sounds every time I saw them. There was a main “party” pool area that was a lot of fun, but on day 3, we found the private pool area that was a lot more laid back and had a TACO BAR. They were the most perfect soft tacos made by Maria, because of course that was her name. I enjoyed practicing Spanish with the staff by ordering tacos, cervezas, and margaritas – it turns out that many of life’s best things are Mexican. A couple nights, Jeremy and I cozied up in one of the hammocks and swung in time to background music. We spent our final day completely on the beach. We got a bottle of champagne on ice and relaxed and read (and occasionally got up to get tacos and guacamole). It was the best vacation I have ever had.

It has only been 2 weeks since we got back, and it is only memories now. I used the last of the conditioner I stole from the hotel this morning and my tan is already faded; my last connections to paradise. We dove right back into work and have been full steam. Bill came up to help us on a large Geothermal project at the Saratoga County Airport and he and the team have been killing themselves to get it done in a timely manner. Jeremy thinks this will probably be Bill’s last work hurrah. He is exhausted and ready to go home. Today is his last day on the site and he has an early morning flight tomorrow. Jeremy still has a week or two left on it.

We all leave tomorrow for the New England Water Well Association (NEWWA) meeting in MA. It is always a good time and they offer useful education classes. The trade show is great – we had the best time last year. One of our


vendors offered mugs and we were re-doing our kitchen at the time. We all took multiples and our kitchen is now furnished with D&S mugs. Spencer made it a game on how much swag we could bring home. Maybe this is a “you-had-to-be-there” thing, but it was hilarious. For Jeremy and I, the trade shows can be a little same-old (I have 24 years of them), but it was really fun to see it again through people that were experiencing it for the first time. These getaways are great for bonding and spoiling – everyone works so hard. We will have classes all day, then the trade show, then Apex Entertainment for a few hours. Some may hit the hotel bar afterwards (it is usually packed with drillers), but I will be in bed by that point. On that note, I will put this edition to bed. Thanks for reading!

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Mayfield Historical Society Announces 2024 Events

Monday, April 15, 6:30 p.m. - A "Welcome, Meet and Greet" for Mayfield's new Town Historian, Eric Close. This "Welcome, Meet, and Greet" evening will give attendees a chance to get to know Mr. Close and learn about his new and exciting initiatives in this position. Refreshments will be served. Mayfield Presbyterian Church, 22 N. Main St., Mayfield.

Saturday, June 15, 12 noon - 4 p.m. - 41st Annual Strawberry Festival and "Treasures in the Trunk". Strawberry shortcake with ice cream and lemonade is just \$5/\$3 for children 8 and under. Enjoy live music by Ryan Matter from 1-3 p.m. Free tours of the Rice Homestead will be given. New this year: "Treasures in the Trunk", featuring vintage and new items, in a flea-market style setting. Admission is free. The Rice Homestead, 328 Riceville Road, Mayfield. In case of rain, the event will be at the Mayfield Presbyterian Church, 22 N. Main St., Mayfield.

Thursday, July 18, 6-8 p.m. - Annual Ice Cream Social and Concert - Singer/guitarist Dan Lynaugh will perform live on the lawn. Bring a chair or use one of the picnic tables. Spinning demos and free tours are part of the fun. \$3 for homemade cake, ice cream, and a beverage. \$2 for children 8 and under. The Rice Homestead, 328 Riceville Road, Mayfield. In case of rain, the event will be at the Mayfield Presbyterian Church, 22 N. Main St., Mayfield.

Monday, August 19, 6:30 p.m. - The Daughters of the American Revolution Presentation. Join the Mayfield Historical Society in welcoming the Amsterdam Daughters of the American Revolution as they present the DAR's history, mission, commitment to equality, and relevance in today's world. Learn tips on researching your family's ancestry and how the DAR can assist you in discovering your family roots. Refreshments will be served. Free admission. Mayfield Presbyterian Church, 22 N. Main St., Mayfield.



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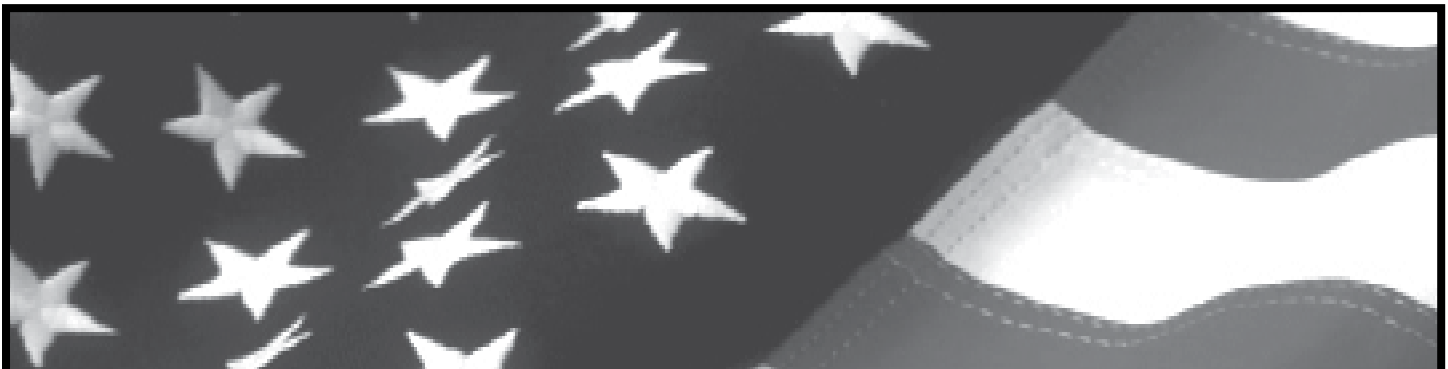
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GIFTS BY

NORTHERN LIGHTS

LIGHTERS
BARWARE FLASKS
COASTERS
JEWELRY
WOODEN POSTCARDS
SHOTGLASSES
HANDBAGS
WATERCOLORS

RUSTIC ART
SACANDAGA
PHOTOGRAPHY
UNIQUE
HANDMADE
TABLES & LAMPS
BLANKETS, BOOKS
MAPS

See these fun things at Gifts by Northern Lights

The Edinburg Newsletter

You Too Can Be A Part of the Edinburg Newsletter!
We will be happy to create an ad for you.

You can call: 518-696-4823 or email: edinburgnews2023@gmail.com

ad size	dimensions	per month	6 month contract	
1/8 Page	3.5" x 2.25"	\$30	\$160	Contracts Save 10% off the monthly rate! Summer 6 month contracts: April - September or May - October Winter 6 month contracts: October - March or November - April
1/4 Page	3.5" x 4.75"	\$55	\$300	
3/8 Page	3.625" x 7.3"	\$80	\$430	
1/2 Page	7.5" x 4.75"	\$100	\$540	
3/4 Page	7.5" x 6"	\$145	\$780	
Full Page	7.5" x 9.75"	\$180	\$970	

Ad & Copy Deadline is the 15th of Every Month
Please email edinburgnews2023@gmail.com with your ad or copy

Delivered to these places of business in Hamilton, Warren, Fulton, Montgomery and Saratoga Counties

Lake Luzerne	HRRBRD	Thomas J. Real Estate, Inc.	Tops Market
Nettle Meadow	Subway	4 Corners Restaurant	Flower Barn
Lake Luzerne Auto Parts	Amsterdam	Fullers General Store	NBT Bank
Luzerne Market	Curtis Lumber	Town Hall	The Local
ADK Folk School	Nicolinos	North Shore	Klipples Kozy Korner
Stone's Pharmacy	Raindancer	Edinburg Marina	Northville Laundromat
Rockwell Falls General Store	Amsterdam Diner	Twisted T's	Howard Hanna Realtors
Galway	Express Wash and Dry	Ponderosa Pines	CDL Associates
C & R Restaurant	Alpin Haus	Placid Pines	Sacandaga Valley
Early Bird Diner	Sacandaga Park	Day Town Hall	Arts Network
Millburt Farms	Colonie Center	Northville	Northville 5 & 10
Gloversville	Sport Island Pub	Library	Stewarts
Kingsboro Lumber	Vics Tavern	Sacandaga Dog Supply	Town Hall
Hannaford Supermarket	Route 29	Village Pizza	ADK Blend
Runnings	Fuel & Food	Dragon City Restaurant	Ego Expressions
House of Pizza	Broadalbin	Allen & Palmer Hardware	Corinth
Snyders Convenient Store	Northampton Diner	JF Farm Store	Corinth Library
Mayfield	Village Market	Just Because Boutique	White's Hardware
NACS Meat Market	Perth Liquor	Northville Liquor Store	Corinth Tops
LAB Shack Diner	Information Center	Hoy Insurance	Wells
Nanny & Pop's	Hill's Discount Beverage	Post Office	Hamilton Mercantile
Mayfield Grill	Edinburg	Walgreens	Stony Creek
Mister Pizza	Brownell Lumber	ADK Country Store	SC Laundromat
		Gifts By Northern Lights	Stony Creek Market



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