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DECEMBER 2019 COMMUNITY CALENDAR

November

Your Building Needs

INOVE	VIDEK		
Thurs	28	Happy Thanksgiving	
December			
Thurs	5	Edinburg Zoning Board 7pm	
Sat	7	Edinburg Tree Lighting 2-4 pg.5	
Thurs	12	Edinburg Planning Board 7pm	
Fri	13	Sacandaga Seniors 1:30	
Tues	10	Edinburg School Board 6:00pm	
Tues	17	Edinburg Historical Society 7pm	
Thurs	19	Edinburg Town Board 6:30	
Wed	25	Merry Christmas	
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Mon-Sat 7:30-4:00

Sunday 9-2



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Birthdays -Anniversaries & Other



If you have a birthday that you would like to put in the Edinburg Newsletter e-Mail it to: edinburgnews@frontiernet.net

Happy Birthday Kayla M. Debi R. Butch D. Laurie D. Katie B. Lorna McD. Ann B. Mason W. Debi O. Judy S. From the Four Corner Diner Gang

Merry Christmas Happy Birthday in Heaven Elwyn I. Ferguson – Dec. 8th We love and miss you. Your family.

Ad & Copy Deadline is the 17th of Every Month Please Call The Newsletter With Your Copy or Drop it Off At Our Mailbox at 819 North Shore Rd. - Thanx!

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Edinburg **Tree Lighting 2019** (a) the **Edinburg Fire House December 7, 2019** Horse & Wagon Rides 2:00 - 4:00 pm Santa arrives - 3:00 pm **Tree Lighting** 4:15 pm There will be face painting and raffles (must be present to win). We hope to see you there.

From the family of Melvin Whitman

There aren't enough words to express how grateful we are to live in such a wonderful community that Edinburg is.

Our family would like to thank the EMS and volunteer fire department for their hard work during this difficult time.

Special thanks to Dawn and Rodney Finch, Toby Edwards, Kevin Frasier and Jackie Nichols for all their help and donations. Also, thanks to our many friends who sent food, cards, made donations or just came to be with us.

We are truly grateful, Linda Whitman and family

Holiday Open House 2019 At The Dodge House

The Dodge House Lakeside Gallery will be Open on Saturday, December 7 from 10am to 5pm and on Sunday, December 8 from 12 noon to 5pm. If you haven't visited 936 South Shore Road, Edinburg, make this a must on your quest for holiday gifts. Discover your favorite Adirondack Painting as an archival signed limited edition print on rag content paper. Or order an archival print on gallery wrap canvas for a special family member. Orders can be filled for Christmas.

Find that special original painting that you can't live without. Enjoy Paintings and prints of the Sacandaga Lake, wilderness areas, waterfalls, still life, a snowmobile rider, or kids on a dock and much more. Artist Constance Dodge invites you to stop by the Gallery to browse while sipping chilled or mulled cider and sampling holiday cookies.

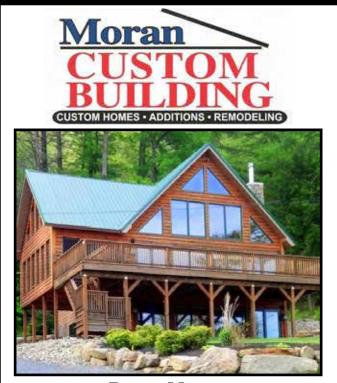
For those looking for gifts under \$50, my square paintings have reproduced beautifully on square tiles featured atop wooden boxes. These appeal to all ages as a treasure box, a jewelry box, or an all purpose box for a living room table.

Come, if only to see our 1850 house, gutted and reconfigured under Dodge's directions. Our home itself is worth viewing.









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EDINBURG VOL. FIRE CO. by Brian DeFeo

From October 1st through November 13th the Company responded to a total of seventeen alarms. Among these: seven calls were for mutual aid to neighboring departments, a structure fire, a brush fire, fire alarm activation, carbon monoxide alarm, motor vehicle accident.

And then there was Halloween night and into the following day. Over the next thirty-three hours the Company responded to nine calls. As in so many cases extreme weather played a role in what was to unfold. Due to the large amount of rain and very strong winds, several trees blocked roads, power lines were taken down, roads were washed out, and two bridges compromised.

For any fire department, providing emergency services is a mixture of seventy percent training / planning, twenty percent bordom, and ten percent the intense application of everything you ever learned and can recall the precise moment it is required. As a volunteer you live for the latter and accept the former. No two days are ever alike. Some are inconsequencial while others test the limits of your abilities. This is the challenge that is accepted when one becomes a volunteer fire fighter.

Thank goodness there are still people out there willing to step forward and help a neighbor. Perhaps that's you.

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EDINBURG TOWN REPORT



www.edinburgny.com

by Jean Raymond, Supervisor

MERRY CHRISTMAS, HAPPY HOLIDAYS AND BEST WISHES FOR A SAFE, HEALTHY AND PROSPEROUS NEW YEAR

Edinburg Tree Lighting

The annual tree lighting will be on December 7th from 2:00-4:00 at the Firehouse and the Four Corners. The town is again providing the horse and wagon rides from 2:00 to 4:00 and there will be face painting from 2:00-4:00. Thanks to the wonderful volunteers led by Jackie and Sandy who put this day together for the children and their families and the entire community each year.

Cemeteries Closed

The Edinburg cemeteries have closed for the winter due to the early snow and cold temperatures. No vehicles are permitted in the cemeteries from December 1st - May 1st. People may always walk in at anytime.

2020 Town Budget

The town budget for 2020 has been adopted. The tax rate will increase just under .03 cents per thousand. The budget is under the 2% tax cap and maintains existing programs.

Saratoga County Trail Grant Awarded for 2020 Saratoga County has awarded the town \$9095.68 for next year to continue improvements on the nature trail.

Drug Disposal Kits

Disposal kits are available to residents at no charge at the Recycling Center. These deactivate old drugs so they can safely be disposed of in the garbage.

Winter Refuse and Recycling

Collection

In the event of bad weather and road conditions there may be a change in the roadside collection schedule by postponing collections to the following day. We will make every effort to let residents know if there is a change.

Town Hall Holiday Schedule

The Town Hall will close at 1:00 on December 20th for Christmas and will reopen Thursday, January 3rd. Town officials may be reached at their homes if needed.









Director 863-6922

The library continues its annual holiday tradition, marking the month of December as a fine free month! During this period, no fines will be charged. This is a GREAT opportunity for patrons with outstanding fines and long overdue materials to come in and clear their records with NO PENALTY!!!!

The Sacandaga Book Group will meet on Tuesday, Dec 10 at 10 am in the library's program room. Jane Washburn will lead a discussion of "The Little Paris Bookshop", by Nina George. The novel focuses on the story of Jean Perdu, a man who had allowed his life to end with the death of his true love. Manon. After finally

reading a letter Manon had left him 21 years prior, Jean decided he had to leave his life of loneliness and reconnect once again with his lost love. Along the way, Jean connected with others in search of



Member NYS Chimney Sweep Guild 882-5009 Tom Giroux the same thing: love and completeness. On their journey, Jean and his newfound family connect and come to realize the freedom that comes with facing one's past and learning to feel again. On Thursday, Dec 12, the Friends of the Library will hold the drawing for their Annual Holiday Raffle. Five baskets will be awarded: "Holiday Celebration"- wine, glasses, runner, snacks; "Kid's Fun" – books, snacks, games & crafts; "Baker's Bounty" – cookie jar, cookie cutters, platter; "Kitty's Fancy" – treats, bed, toys and "Doggie Delight" – food, toys, bed. Get tickets at the library.

The "1000 Books Before Kindergarten" bags are available for borrowing. Each bag contains 10

Hours: September to March			
Monday 9am - Noon			
Tuesday	9am - 8pm		
Wednesday	9am - 4pm		
Thursday	9am - 4pm		
Friday	9am - Noon		
Saturday	9am - Noon		

books that are appropriate for most 3-5 year olds. The Baby Bags contain board books for toddlers. Track what is read by using the app from [http: //1000booksbeforekindergarten.org/ resources].

Story Time will be held on Sat, Dec 14 at 10 am, coordinated by Ondrea Filkins. Bring your pre-school

children for stories, snack, and craft.

Many holiday reads and DVDs are on display. Enjoy a quiet moment or share a story with the kids.







A Report from the Great Sacandaga Lake Association by Edward Ludlum, President

Hi GSLA Members,

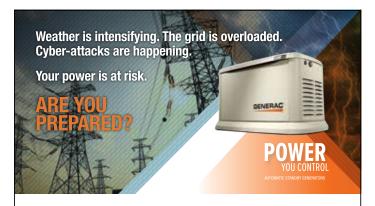
On November 6th, the Great Sacandaga Lake crested at about 770 feet above sea level. The substantial rise was due to heavy precipitation as well as a100 year storm that caused record flows into the lake. The lake is now about 12 feet above the target elevation. According to the HRBRRD, river flows this large have not been seen since the 1913 flood that caused substantial flooding all the way down to Albany. It is a reminder to all that personal belongings should be moved as high as possible to help prevent substantial or unexpected storms washing away personal property.

Please remember the primary purpose of the lake is for flood control, and it did its job protecting the downstream beneficiaries.

In addition to the normal water release for power generation the HRBRRD has opened a DOW valve (1 of 3) to release additional water and as of November 7th was releasing about 6800 cubic feet per second which was the maximum release possible without causing problems downstream. The current water release if maintained, could drop the lake level about one foot in a week's time. The HRBRRD said they were committed to maximizing releases. Understand that going forward, releases from the lake are dependent on many variables such as the flow on the Sacandaga and Hudson Rivers, precipitation as well as other variables. Nobody has a crystal ball, but the lake hopefully will continue to drop. Certainly it will take a fair amount of time for the lake level to recede and there is no way to know how long that might take. Property owners and recreational users should note that it's possible the lake may still be at a high elevation, as it was last year, when it freezes over.

As always, I would like to thank all of you for your continued support of the GSLA

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HealthLink Littauer's WELLNESS WORDS Submitted by Alicia DeRuscio B.S., Community Education Assistant

VESTIBULAR REHABILITATION THERAPY

Did you know that roughly 69 million Americans age 40 or older are affected by vestibular or inner ear dysfunction? According to the American Speech-Language-Hearing Association (ASHA), 40% of Americans suffer from dizziness or balance problems due to inner ear disorders. Depending on the type of disorder, dizziness and balance problems may be improved through vestibular rehabilitation therapy.

What Is Vestibular Rehabilitation Therapy? The Vestibular Disorders Association defines vestibular rehabilitation therapy (VRT), as a specialized form of therapy aimed at relieving both primary and secondary problems that result from inner ear disorders and diminish a person's quality of life. People with vestibular problems often experience dizziness or vertigo, trouble with vision, and balance problems that are usually worse with movement.

As a result, many people limit their activity and adopt sedentary lifestyles to avoid triggering such problems. This can lead to further health concerns including decreased muscle strength, poor cardiovascular fitness and other chronic conditions. VRT can aid in combatting these secondary problems, too.

Types Of Vestibular Rehabilitation Therapy VRT is an exercise-based program that allows patients to adapt to inner ear disturbances by using other senses, such as vision and somatosensory or body sense, to compensate. Exercise plans are customized to fit each patient, depending on the type of vestibular problem and the symptoms that occur. The three main types of VRT include habituation exercises, gaze stabilization and balance training.

Habituation is used to treat people who experience dizziness from motion or visual stimuli in the environment. Through repeated exposure to certain movements or stimuli, the brain learns to ignore signals from the inner ear that cause the dizziness. Over time, continued VRT helps reduce feelings of dizziness.



Gaze stabilization is used for people who have trouble seeing clearly and often feel as if their vision bounces around. In gaze stabilization, a person fixates their vision on an object and then moves their head around in different directions while keeping the object in sight.

The last form of VRT, balance training, helps to improve balance and steadiness to aid in performing daily activities such as cooking meals or taking a shower. Balance training incorporates different body positioning and movements, as well as visual cues to improve standing, bending, reaching, turning and walking. After establishing an exercise regimen specific to fit your needs, your audiologist or VRT therapist will also determine an exercise regimen to continue at home.

Recovery

There are many factors that can affect a person's recovery during vestibular rehab therapy. According to the Vestibular Disorders Association, factors include:

The type of vestibular disorder, such as whether it affects one ear or both ears.

A sedentary lifestyle which can cause other health problems.

Pain which contributes to limited activity, as well as overall imbalance and an increased risk for falls.

Medications that may cause side effects including dizziness, weakness, muscle fatigue and sedation.

Emotional concerns such as anxiety or depression which affect a person's ability to manage their symptoms.

Vestibular dysfunction can affect a person both physically and mentally. Taking steps to manage symptoms to better cope with the disorder will help you stay independent and improve your quality of life.

For more information, contact your healthcare provider or call HealthLink Littauer at 518-736-1120. You can email us at healthlink@nlh.org or visit our wellness center on 2 Colonial Court in downtown Johnstown. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

Edinburg Emergency Squad Christmas Cookie Sale



Saturday, December 14th 10:00 am – 2:00 pm Edinburg Emergency Squad Building 2 dozen cookies per plate 1 plate - \$5; 2 plates - \$8; 3 plates - \$11 Chinese Auction (25 tickets per sheet - \$10); 50/50 Chili available for \$3.00 per bowl.



Northville-Sacandaga Lions

The Northville/Sacandaga Lions Club would like to say thank you to the sponsors of our "22nd Annual Great Sacandaga Road Race". It is because of your generosity that we can continue helping people who are in need. Here are a few of the things that you have accomplished when you contribute to The Lions Club.

YOU HAVE: Bought eyeglasses for several area individuals who could not afford them without your help. Provided eye screenings to all pre-k and kindergarteners in Edinburg and Northville Schools. Assisted folks who need hearing aids and exams. Packed Christmas fruit and candy packages for all the elementary kids of Edinburg and Northville Schools. Helped local victims of fire and other disasters. Given aid and assistance to the families of area cancer patients. Contributed to the annual Edinburg Christmas Tree Lighting. Given assistance to the needy through the local food pantries. Contributed to Mountain Valley Hospice. Helped the Office For The Aging. Assisted Literacy NY Fulton/Montgomery. Provided service awards to graduating students. Made donations to The Northville/Edinburg Little League. Donations to assist the recent flood victims.

These are only some of the local areas that we work in. We also assist nationally such as in helping those affected by recent fires and other disasters.

Once again, we express our sincere appreciation for your help.

Special thanks to JOE and ANTHONY LANZI and all of THE SPORT ISLAND PUB STAFF, THE FULMONT ROADRUNNERS CLUB, and certainly all THE RUNNERS who participated.

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Co-chairs: Keith Goodrich and Dave Gifford







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Hadley VFW Christmas

VFW Post 5836 Auxiliary, Rockwell Street, Hadley, NY will be having our Annual Christmas Bazaar on Saturday Dec.,7th, 8:30-3:00 featuring our gorgeous Raffle Baskets (drawing to be Dec.14th), a super bake sale, including soup, hotdogs and hot meatball sandwiches to eat in or take out, along with our fabulous Crafters Marion Lanouette and Annaliza Von Fricken (possibly one more) Hope to see lots of you there. If you have any questions, please call JL Tooker At 518-696-3352.



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232 South Main St, Northville MLS 201934100 \$310,000 Yr-round lakeside 2BR, 2.5BA home w/loft & deck overlooking 70' on Northville Lake.

175 Horse Hill Rd, Day MLS 201932541 \$334,000

2BA & loft on 17 acres w/privacy.

689 State Hwy 30, Northampton

MLS 201931837 \$49.000

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building lot (55x100) w/views of the GSL.

Washburn Rd, Benson

MLS 201929787 \$349,000









151 Sunset Acres Rd, Broadalbin MLS 201930463 \$245,000 4BR. 1BA cottage w/sunroom. lake & mtn views and 10' lake access w/sandy beach.

River Rd, Benson MLS 201927847 \$18,000 66x195 parcel w/gorgeous views of the Sacandaga River in a peaceful country setting.

325 River Rd, Benson MLS 201927281 \$79,000 1 room camp overlooking the Sacandaga



MLS 201925594 \$279,900 4BR, 2BA on 57.8 acres! Many upgrades, screened porch, fireplace, 2 sep garages.





Elmer Brown Rd, Northville MLS 201919858 \$74,900

Partially cleared +/- 5.02 acre parcel w/ lake access through Beach Assoc. Lot 7.

Elmer Brown Rd, Northville MLS 201919860 \$314,900

Lot 5. Private 4.010 acre lot w/215' of lakefront w/lake rights on the GSL.

520 South Main St, Northville MLS 201917080 \$229,900 3BR. 1.5BA lakeside home w/charm & character and 200' of direct waterfront.





December 2019

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to deck. 2nd floor has 2

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MLS #201933213



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Walking distance to everything when you purchase this 4-bedroom, 2.5 baths village home. This lovely, spacious home has been completely renovated. Bright open living room with fireplace and hardwood floors, dining area. Lg kitchen with breakfast nook, pantry. Laundry room and half bath off kitchen. Master suite with bath. Sliders from kitchen lead to patio

overlooking private backyard. This charming, totally renovated home has new 200-amp electric, plumbing, and windows. Furnace is 2 years old. New appliances. Move in condition. Enjoy use of the Northville beach during the summer months. Leave your car in the driveway as you walk MLS #201934301 to stores, pharmacy, and post office! RS101

ON-LAKE & OFF-LAKE LAND

Eastern Avenue, Hadley \$4,000

MLS #201933863

South Shore Road, Edinburg \$21,000

the property. 900' of sandy beach. LA106

120'x120' treed lot. Catch a glimpse of the lake, between bridge and Secluded setting. 50'x100' lot. RS210 Fish house Rd. Close to town beach, marina and Edinburg township 4 MLS #201933864 corners. RS208

3rd, full basement, could have separate apartment. This property has

access to Sandy Knolls Beach Association, just a short walk in front of

HADLEY

Yates Hill Road, Hadley \$124,900

50 Eastern Avenue, Hadley \$22,500

tric. Close to GSL. RS209

91.86 acres with 1620' 450' & 320' road front on Yates Hill Rd. and 1520' road front on Glasshouse Creek Rd. Nice terrain, timbered last in 2000, Private setting 125'x100' lot with Mobile home AS IS, dug well and elec- nice mixture of trees and creek along the property. Short drive to GSL and MLS #201933845 Saratoga County boat launch and picnic site. RS211 MLS #201934097

Interested in the Great Sacandaga Lake Region? See more listings at www.colerealestate.com



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2020 will mark the 100th Anniversary of the 19th Amendment granting women the right to vote in the United States of America in 1920. The women of New York State were granted the right to vote in 1917.

There may have been women in our rural area that were involved in the Suffrage Movement but I have yet to find anyone. In 2017 I wrote about notable women of Edinburgh. This time I'm writing about notable women I have known that have left a positive impact on my life and I'm sure on anyone else that ever knew them.

Dorothy Freeman Van Avery was born in 1900 in Plattsburgh, NY. Her dad was a successful plumbing contractor in the city of Plattsburgh. Dot—as she was called—grew up in a comfortable life style. When she graduated high school she was not allowed to get a job as that wasn't considered "proper" for a young lady in that time period. She was allowed, however, to go away to college in Massachusetts. After college she joined various service organizations, becoming active in them and her church.

Dot married my grandfather Olmstead's first cousin Foster Van Avery. Even after becoming a mother she remained active in various organizations. She was very well-read on all local, state and federal matters.

In the early 1980's after our girls were out of high school and were available to take care of the dogs, cats and their father I would on occasion throw a small suitcase in my Chevy blazer and head for Plattsburgh to spend a few days with Dot. Work had taken her only child and his family to live in the South –thus Dot was always happy to have company. She was lots of fun –a wonderful conversationalist. I would drive her about the Plattsburgh area receiving a history lesson as we traveled. She would have made a wonderful teacher!

Dot never let roadblocks keep her from her journey in life. I always remember her telling me that she always made friends of all ages—that way she would not run out of friends. I've always considered that a very wise thing to do.

I became acquainted with Agnes Hoag shortly after my oldest daughter started school at ECS.

When Agnes found out I did a lot of sewingespecially making clothes for my family and myselfshe took me under her wing. Agnes taught me how to purchase women's coats at the thrift shop; take them apart and using the inside of the coat as the outside I made beautiful coats and snowsuits for my girls.

In the 1960's and 70's there were fabric mills in Cohoes that sold their mill ends pieces by the pound. Agnes showed me how to get there and on a regular basis I would go to Cohoes and purchase lots of material very inexpensively-allowing me to make clothing for my family.

Agnes also taught me many money and time saving things on housekeeping and gardening. My girls and I loved Agnes. She was a very giving person and I learned so much from her.

In the early years of my marriage I knew Dorothy Stark Ferguson as a waitress in the Kitchenette Restaurant in Northville. It was many years later when I really got to know her. In fact shortly before I became friends with Dorothy she had experienced much heart break. Over a period of several months her husband had passed away; her youngest daughter was killed in an auto accident and her oldest daughter developed some serious health issues. In spite of all this Dorothy kept her head above water and cheered up everyone around her. She had a wonderful sense of humor as well.

One of Dorothy's favorite past times was knitting children's mittens to be given to those less fortunate. She kept all her knitting materials including the finished mittens in an old suitcase under her bed. One winter her oil furnace was giving problems to the extent her three sons decided she must have a new furnace in the spring—hoping the old one would survive the winter. Dorothy was nervous enough about the old furnace she got in order what few very important items she would take with her if she had to evacuate the house in the middle of the night. What did she decide to make her escape with? Just her suitcase of mittens!

One year we were doing some remodeling at our house. Translation: Priscilla was painting, papering plus refinishing furniture. Consequently I was often making trips for materials and supplies. I would call Dorothy early in the morning-tell her where I was going and asked if she'd like to ride along. Twenty minutes later as I pulled into her driveway in Northville she'd be waiting on her back porch steps ready to go!

Dorothy was descended from Edinburgh's early

settler, Revolutionary War veteran, Abijah Stark. My family loved Dorothy-my girls decided to call her "Grandma D" and she was like another mother to me. Her strong faith in God saw her through all situations. One could never be unhappy around Dorothy—she always brightened the surroundings wherever she was.

Hattie Field Simpson was born in Amsterdam in 1878. My grandmother Olmstead's older brother, Elmer Simpson met Hattie while working in the mills in Amsterdam. Elmer and his first wife were only married 7 years when she died in 1907 at the age of 25.

Elmer married Hattie in 1909 and they moved to the Simpson family farm on Tennantville Rd. In every picture I have of Aunt Hattie (great aunt) she has a smile on her face but her life was far from easy. Her first child-a son- died at birth. A few years later she and Uncle Elmer purchased a farm in Burtonville and left Edinburgh. In 1916 they became the parents of a daughter, Blanche, who had major health issues.

By the time I knew Aunt Hattie in the mid-1940's Uncle Elmer had already passed away. Since Hattie didn't drive she and Blanche had sold the farm and moved to an apartment in Fort Johnson where they were closer to stores and other needs. A great cook and baker Hattie was also very talented in sewing and needlework especially crocheting. She stitched beautiful aprons (I have a couple of them), pot holders and other household items. She crocheted lovely doilies, hanky edgings and pillowcase edgings which she sold for extra income. All of these talents she passed on to her daughter and my dad's sister Helen.

Our family visited Aunt Hattie and Blanche often in Fort Johnson and after Blanche died in 1949 at the age of 33 my Aunt Helen would bring Hattie to Edinburgh for a few days on holidaysespecially Easter. I was so pleased that she was here with the rest of the family when I graduated high school.

Aunt Hattie always kept up on all current events and could easily carry on a conversation about anything. She was always positive and friendly; having many friends in Fort Johnson that looked out for her. Her life had not always been sunshine and roses but she took things in stride and always seemed to look on the brighter side of life.

All of these women —in their own quiet wayhad a positive effect on the communities in which they lived and on all others that knew them.

Merry Christmas, Everyone!







STFSL Red Rooster Programs

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time. Note: Ony is taking Jan. Feb. and March off to go South.

Additional information about STFSL can be found online at STFSL.org. To request volunteer medical transportation or for information about bus trips, call 752-8737

Dec. 5th OFA Congregate Meal 11:30-12:30 Chicken and Biscuits, Mashed Potatoes, Peas & carrots, Pears We will also celebrate all December birthdays with a Birthday Cake provided by Marge Decker.

Red Rooster Program at 12:30 Local author, Don Williams will talk about "Growing up in Glove Lands"

Dec. 12th OFA Congregate Meal 11:30-12:30 Ham with Mustard Sauce, Scalloped Potatoes, Broccoli, Fruited Gelatin.

Red Rooster Program at 12:30 Mike Hauser, author, will talk about Fulton County Sports History.

Dec. 19th OFA Congregate Meal 11:30-12:30 Lemon Baked Fish, Confetti Rice, Spinach, Yogurt Whip.

Red Rooster Program at 12:30 Northville Central School Middle and High School Choirs will present Holiday Caroling. Becky White, Fulton County OFA will also be on hand from 11:30 to assist Seniors with any issues.

Dec 26th OFA Congregate Meal 11:30-12:30 Stuffed Shells, Italian Blend Vegetables, Garlic Roll, Tropical Fruit.

Red Rooster Program at 12:30 There will be no program this week and no blood pressure clinic.

Ad & Copy Deadline is the 17th of Every Month

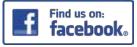
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Edinburg Historical Society PO Box 801, Northville, NY 12134

www.EdinburgHistoricalSociety.org

The Edinburg Historical Society has some unique holiday gifts for sale. Caps, sweatshirts and t-shirts with the picture of the Copeland Covered Bridge, CDs (Harnessing Nature: Building the Great Sacandaga \$20; Saving the Dream: John Bennis' photos documenting Edinburg's History \$15).

The new 2019 "A Taste of Edinburg" cookbook with historic information on Edinburg sells for \$10.

These gifts are available at the Historian's office at Edinburg Town Hall on Military Road.

For a lasting Holiday gift purchase a share in the Copeland Covered Bridge in honor of or in memory of a loved one. Upon receipt of your \$25 donation, a certificate will be sent to the recipient you are purchasing the gift for and the name will be posted at the Copeland Site. Send your request to the Edinburg Historical Society, PO Box 801, Edinburg, NY 12134. The donation is tax deductible and helps with the restoration and maintenance of the bridge.

Membership is just \$5 per person and \$10 for a family to join the Edinburg Historical Society. There are monthly meetings with interesting speakers and programs. Send your request for membership to above address. Meetings are open to the public. Holiday shopping at Just Because Boutique

Join us for Small Business Saturday, Nov. 30 Holiday Open House, Dec. 7

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Sacandaga Valley Arts Network PO Box 660 Northville, NY 12134

You're likely familiar with seeing this logo in connection with the top quality music concerts at the Northville Park or in other local establishments. SVAN is also proud to have The Sacandaga Musical Theater as part of our organization. For this article I'd like to focus on the visual arts aspect of SVAN. This area is blessed with many talented artists: Photographers, painters, sculptors, fiber artists, woodworkers, and crafters, to list a few. This multi-talented group show their work in several places: the Northville Library, the Tourist Information Center near the Rt.29 & Rt. 30 roundabout in Vail Mills, and the The SVAN Arts Center, Gallery and Gift Shop, 303 South Main Street, Northville. The later gallery is the beautiful building owned by, and generously provided by, the First United Methodist Church. The interior architecture welcomes visitors and shows off the artwork perfectly.

Artists who show their work must be SVAN members, but everyone, member or not, is welcome at the gallery and to join in SVAN hosted events. By the printing of this article you may have missed the reception at the library on November 19th. But don't miss the artwork of Andy Janik! It'll be hanging in the upper library room through the end of December.

Small Business Saturday will be celebrated at the South Main Street Gallery on November 30, with a 10% off any purchase! Not comfortable buying art as a gift? A newly added service now availableGift Certificates in any amount! Watch social media for demonstration and workshop opportunities on that day.

Be sure to check out the "Giftable" selection of artworks that just might be perfect for your holiday shopping. Our next Gallery Artist Reception is on Friday, Dec 6 from 4-7. It's a great opportunity to talk with artists about their work while you enjoy a beverage, snacks and desserts. The artwork, cards and gifts are for sale then too.

Some of our SVAN members have been busy creating special ornaments for display at the Fulton County Historical Museum. You're welcome to contribute your hand crafted ornaments too. It's a fun way to support the FINE CRAFTS & ART community. There's more information on SVANARTS.org. The Holidays wouldn't be complete without song. Join us December 20, from 6:00 - 7:30 for singing with Don Hoffman, refreshments and a holiday ornament raffle! The hand crafted ornaments will be a perfect addition to your collection, or as a gift. This is one event you shouldn't miss!

When things quiet down a little we'll be starting up our Art Club at the Northville Library, Tuesday afternoons, 1-4 PM. Bring whatever

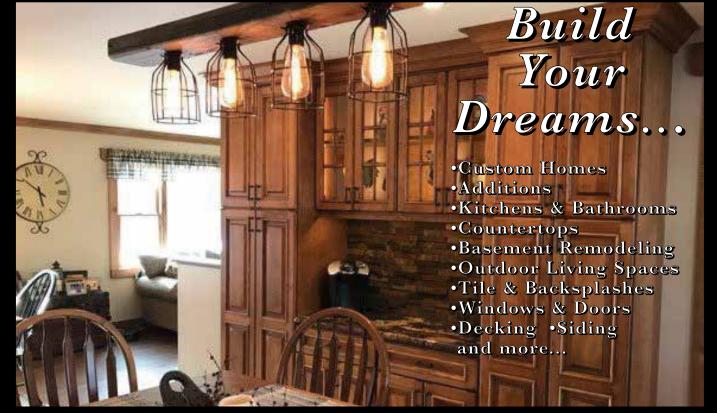


you're working on, any medium (as long as you respect the library and cleanup carefully). No experience required, just a desire to have creative fun. It's a great way to get some friendly encouragement, advice and to make new friends. We're open to new ideas, requests, and offers. Let us know what you're thinking! Remember, everyone is welcome to join us in the galleries and for our events. Come browse, come shop, come watch or participate! Look for Facebook notifications and check the SVAN website for information and future events.

December 2019

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Flower Talk by Sally Peck of The Flower Barn

The Poinsettia, pronounced poin-set-ee-uh or setuh works too. It's a 'toe-may-toe', 'toe-ma-toe' kind of thing. However you say it, poinsettias are perennial flowering shrubs that were once considered weeds in their natural habitat. In Mexico the shrub can grow 10-15' tall. The original name 'Cuetlaxochitl' comes from the Nahuatl language of the Aztecs; 'cuitatl' (residue), 'xochitl'(flower) - 'flower that grows in residues or soil'. It's botanical name, Euphorbia Pulcherrima, means "the most beautiful Euphorbia" (Euphorbia: plants with sap). The part which look like flower petals, are actually the leaves, called bracts. They get their color from 'photoperiodism' (requiring darkness). The flower is actually the small green or yellow center of the bracts.

The Aztecs who prized the plant as a symbol of purity, used the plant for decorative and practical uses. They would extract a purplish dye for fabrics and cosmetics. The milky white sap, known as latex, was made into a preparation to treat fevers. Montezuma, the last Aztec King, had Poinsettias delivered to him by caravan (now Mexico City) because they could not be grown in high altitude

In 1828, while walking in the wilderness of South

Mexico, the first US Ambassador to Mexico discovered the plant and became enchanted by the brilliant red blooms. When he wasn't politicking, he was dabbling in botany. He sent cuttings back to his home where he had greenhouses in South Carolina. He began propagating them and sending them to friends and botanical gardens. His name... Dr. Joel Roberts Poinsett. Around 1836, the plant was named after this man. It wasn't until the 20th century that they were truly embraced. He also founded the institution we know today as the Smithsonian December 12, the day of the doctors passing, is National Poinsettia Day, to encourage people to enjoy the beauty of this plant and to honor Dr. Poinsett.

So what do poinsettias have to do with Christmas? One idea is that the plant is a symbol of the Star of Bethlehem. The other is from a Mexican legend that tells of a girl, Pepita who had no gift to present the Christ Child at Christmas Eve Service. As Pepita walked into the chapel with her cousin Pedro, her heart was filled with sadness rather than joy. Pedro consoled her saying that even the most humble gift, if given in love, will be acceptable in His eyes. So, Pepita knelt by the roadside and gathered a handful of weeds, and made them into a bouquet. Embarrassed by the humbleness of her offering, she fought back tears as she entered the chapel. Remembering Pedro's kind words, her spirits lifted as she lay the bouquet next





to the nativity scene. Suddenly, they blossomed into the beautiful red plant we know as Poinsettias. Those who witnessed were certain they saw a Christmas miracle right before their eyes. From that day on, the red flowers were known as Flores de Noche Buena (flowers of the holy night), for they bloomed each year during Christmas.

The idea that poinsettias are poisonous is a mere myth. Although, it's probably not a good idea to consume any part of the plant since they could cause diarrhea. A toddler who accidentally nibbles on a leaf may not feel well, but the consequences won't be fatal. Some people with latex allergies have had a skin reaction to the plant, but it's more likely from the sap, than from the leaves. The sap can also cause mild irritation or nausea to pet, but won't kill them.

Getting your poinsettia to re-bloom is possible, but it requires some work. One secret is little light (or long nights). Around October 1, they need no more than 8-10 hours of light for 8-10 weeks. This may require putting them in a dark place (like a closet) for periods of time. Keep in mind that much of the superior plants will be available from greenhouses, growers and floral shops. Either way, you can start off the winter with a beautiful blooming plant or end with one.

Trust & contact your Local Florist direct. Avoid the impersonal Order Gatherers, e-Commerce 'flower' dealers with their middleman and added fee\$.









Sacandaga Seniors

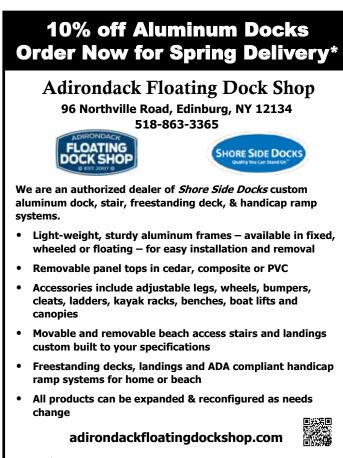
Sacandaga Seniors meet every 2nd & 4th Friday of

each month at the Edinburg Senior Citizen Center.

Thank you Jim Joyce for your heartfelt talk on what it means to be a Veteran! Thank you also to Edinburg Common School for inviting the Seniors to see your Concert on Nov. 22nd!

December 13th - Senior Christmas Party - sign up to bring a dessert to share. If you want to participate in our grab bag exchange, bring in a wrapped gift. You can join us for lunch (before our party) at the meal site at 12:00 pm, if you sign up by 11:00 am on or before Thurs., Dec 12th.

In case of inclement weather, we have a "phone tree" which will be activated to let everyone know if we have to cancel a meeting.



Sacandaga Garden Club

Hello Everyone. Is it cold enough outside for you? In this Adirondack cold weather, everyone is thinking about hot chocolate and warm homes. The Sacandaga Garden Club knows it's too cold outside for us and our plants. So, the club is concentrating on our houseplants.

On Nov. 14th, the garden club went on a field trip to Lyndon Lyon Greenhouses in Dolgeville, NY. The owner of Lyndon Lyon Greenhouses Paul Sorano gave us a wonderful presentation about African Violets and the history of the Greenhouses.

Paul's grandfather Lyndon Lyon started this nursery in 1954 and created the first "Double Pink" African Violets in 1967. The Double Pink African Violet made this nursey world famous.

Paul demonstrated the best ways to start new plants and to grow healthy African Violets. Paul Sorano is award winning grower of African Violets, Begonias and Orchids.

The Sacandaga Garden Club would like to thank Paul Sorano and his staff at Lyndon Lyon Greenhouses for terrific presentation and great field trip. For further information on Lyndon Lyon Greenhouses, contact them at www. lyndonlyon.com or 315 429-8291.

The Sacandaga Garden Club is having it's Annual Christmas party on December 12th at Northville Public Library. There will be a buffet luncheon and a Yankee Swap. If you would like to attend the party, please call Janet Mitchell at 518 863-2170.

There will not be any garden club meetings for the months of January, February and March. On April 2nd at 10 am, the garden club will be having a workshop for the Easter homebound gifts at Northville Presbyterian Church.

The Sacandaga Garden Club would like to wish everyone, a happy and safe holiday season. A Merry Christmas, a Happy Hanukkah and a Happy and Healthy New Year to all.



* Offer ends December 15, 2019, dock accessories not included



Nigra Arts Center to Host Polar Express

Celebration for Children & Families

The Paul Nigra Center for Creative Arts, located at 2736 State Highway 30, Gloversville, will host its fifth annual Polar Express Celebration event on Saturday, December 14, 12-2 p.m.

This North Pole-themed event will include crafts, games, raffles and other family fun inspired by the classic tale "The Polar Express." There will be opportunities for pictures with Santa Claus from 12-1 p.m. Children are encouraged to wear pajamas.

Admission is \$5 per child to benefit the Nigra Arts Center or a new, unwrapped toy to benefit Toys for Tots. Children age one and under are admitted free.

For more information, please visit www. pncreativeartscenter.org or call the Nigra Arts Center at (518) 661-9932. The Nigra Arts Center's gift shop and gallery will also be open during the event and attendees are welcome to view the current exhibit at no additional charge.

About the Paul Nigra Center for Creative Arts:

The Paul Nigra Center for Creative Arts is a beautiful, year-round arts center open to the public. It houses premium art venues, hosts fun family events and provides educational opportunities for persons of all ages and levels of ability. The Nigra Arts Center also offers exceptional spaces for private parties or business events. The Nigra Arts Center was founded in 2015 by Lexington, a Chapter of The Arc New York, an accredited, award-winning provider of disability services. For more information, visit www.pncreativeartscenter.org.



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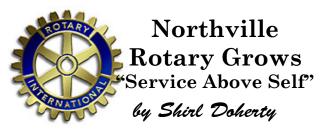


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Northville Rotary Club **Sponsors Brunch to Honor** Veterans

On Sunday November 10th, Northville Rotary Club sponsored an Honor Brunch, free to all military Veterans in the Northville and Edinburg area. Close to 30 vets attended the event that was held at Sport Island Pub, Riverside Drive in Northville. Many were accompanied by family, with community members and Rotarians also enjoying the brunch.

Rotarian MSG Cliff Parker, USAR, Ret. served as master of ceremonies. Northville Cub Scout Pack 55 was represented by Devin Dietz, Quinton Fitzgerald and Dane Roberts in conducting the flag ceremony. Mrs. Sheila Anderson gave the invocation and read an explanation of the significance of the POW/MIA tribute table.

The National Anthem was sung by Lauren Roberts, the Saratoga County Historian. Following the meal, she gave a moving presentation of "Brothers at War," the story of five Doherty brothers from Corinth, NY who served in WWII and returned home safely at the end of the war.

All Veterans in attendance were recognized and thanked for their service to the country. Each was presented with a special veteran's pin, generously donated by Anthony Lanzi









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Mohawk Valley Library System is pleased to announce that popular magazines are now available to read digitally on any device 24/7. For the first time, library cardholders from Schenectady, Schoharie, Fulton, and Montgomery Counties can read digital magazines alongside ebooks and audiobooks by visiting https://mvls.overdrive. com/library/magazines or downloading Libby, the award-winning one-tap reading app from Rakuten OverDrive. Top ranked titles available include HGTV Magazine, Reader's Digest, Forbes and many other popular publications.

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Lake Safety: Snowmobiles

by Captain Peter M. Byron, NAV-ED SERVICES GROUP

It is hard to overlook the 'Halloween Night' storm which hit our area. Of course, this was followed by a one-way rollercoaster ride into single digit temperatures! All in all, it might be time to move our thoughts from boating to winter sports and in particular to snowmobiling because of its role on the Great Sacandaga winter scene. We will start a dialogue in our article this month on winter sports and share additional information in future installments.

New York State has many resources available

they h safety the State Rd. Northville, NY 12134

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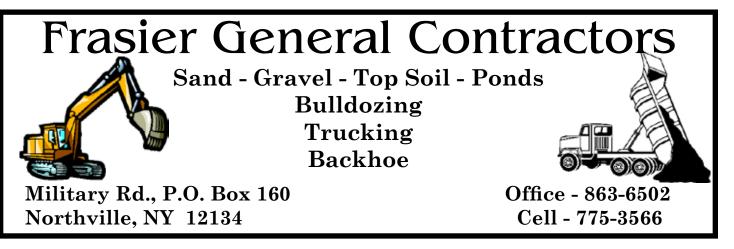
for both new and experienced snowmobilers. Access to these resources provides the reader with useful information on New York State requirements as well as safety. A recommended gateway for information is found at the New York State site: https://parks.ny.gov/ recreation/snowmobiles/ This access point also allows the reader to access the NYS Snowmobile Association. Let's take a quick look at the New York State sources for an overview of the operator requirements, registration and safety pointers. Please access the State website for complete information.

Operator Requirements: "Anyone who is at least 18 years old may operate a snowmobile in New York State without any other qualification except as defined by state and local laws regulating that operation. However, it is recommended that all operators complete a recognized snowmobile safety course. See the section on Rider Training for more information on the New York State Snowmobile Safety Education Program.

Youth ages 14 through 17 years old may operate a snowmobile without adult or other supervision if

they have completed a snowmobile safety training course recognized by the State of New York. Youth ages 10 through 13 may operate a snowmobile, on lands upon which snowmobiling is allowed, if they have completed a snowmobile safety training course recognized by the State of New York and are accompanied by (within 500 feet of) a person who is at least 18 years of age.

The Commissioner of Parks, Recreation and Historic Preservation will issue a snowmobile safety certificate to those who successfully complete this course. Youths who do not hold this certificate are subject to the same restrictions as children under the age of 14 years. See the section on Rider Training for more





information on the New York State Snowmobile Safety Education Program. Children under 10 years old or under age 14 without a safety certificate may operate a snowmobile only on lands owned or leased by their parent or guardian. A non-resident operator who is a resident of another state or country and is the holder of a valid snowmobile safety certificate issued by that state or country shall be considered the same as the holder of a New York State Safety Certificate."

Registration: "Any snowmobile operated in New York State must be registered with the New York State Department of Motor Vehicles, even if it is registered in another state or province, except under certain special circumstances. Registration is done at the time of sale by the dealer. A snowmobile obtained in a private sale or from an out-of-state source may be registered by the new owner at any Motor Vehicle office or by a dealer participating in the state's prepaid registration program.

Exemptions from Registration Requirements: 1. Snowmobiles operated exclusively on the owner's property; 2. Snowmobiles operated in approved competitive events; 3. Snowmobiles owned and operated by the United States government; 4. Snowmobiles covered by a valid registration of a neighboring state or province and operated on a border trail that occasionally and sporadically crosses into New York State, and is specifically designated as a cross-border trail by the Commissioner of Parks, Recreation, and Historic Preservation." Snowmobile Fatality Summary Data (2018-2019): It is important to present summary information on recent statewide snowmobile fatalities to help understand the rationale for the 'Core Safety Messages' below.

"Unsafe speed has been the primary cause of snowmobile accidents. Most accidents continue to involve single-vehicle collisions with fixed objects, such as trees. While OPRHP believes that all fatal accidents and most personal injury accidents are reported, it is possible that some, especially those involving property damage only, go unreported. As of the date of this publication, 157 total accidents and 21

Miller Electric Company Residential Commercial Industrial Licensed & Insured www.millerelectriccompanyny.com MillerElectricCompany@gmail.com John Miller 518-487-0675 Edinburg, NY fatalities were reported during the 2018-2019 season, compared to 160 accidents & 7 fatalities in 2017-2018."

We took a closer look at the information and found that although unsafe speed was the primary cause of snowmobile accidents, operators were ejected from their snowmobiles in nine instances and that alcohol was a factor in seven of the fatalities. Ice heaves and thin ice also play a role in accidents and are particularly important in lake communities.

Core Safety Messages: "1. All riders are encouraged to complete a NYS Snowmobile Safety Course. 2. Use caution and prepare appropriately when traveling across frozen waterways. 3. Use the buddy system; never ride alone. 4. Leave a travel plan with destinations, time of return, and an emergency contact number with someone at home. 5. Don't drink and ride, and encourage family and friends to follow your example. 6. Slow down. High speed

Continued Next Page







From Previous Page

operation leaves little room for mistakes and increases stopping distances. 7. Always wear a helmet. While not required, the New York State Office of Parks, Recreation and Historic Preservation (OPRHP) also recommends use of a rigid chest/back protector to guard against severe internal injuries. 8. Keep nighttime speeds below 45 M.P.H. to avoid outriding the headlights. At this speed, by the time a hazard is illuminated, there is not enough stopping distance to react to and avoid it. 9. When riding in groups, always maintain a safe following distance of at least 3 seconds, or more as conditions require. 10. Respect private property. The majority of the snowmobile trails in the NYS OPRHP system are on private property. Snowmobile clubs invest significant time and effort to set up agreements with landowners each year. Riding outside the marked trails on private property is trespassing and may cause landowners to close their properties to trails. 11. Stay within the marked trails and don't cut corners. The groomed trail surface is maintained with safety being the primary goal, while deep snow off the trail may hide hazards." Share our message with a friend.

Be SAFE in the winter!

Lake Luzerne United Methodist Church

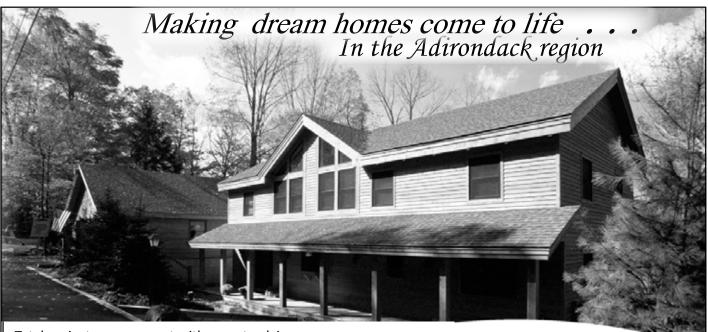
The Lake Luzerne First United Methodist Church will hold its annual Christmas Bazaar on Saturday, December 7 from 9 am to 2 pm. A silent auction will be a new feature this year and if you check out our Facebook page you will see what is going to be

offered. The Gingerbread Café will feature Philly mac & cheese and chicken fajitas. We will have a bake table as well as some handcrafted items.

Our handmade wreaths will also be available. If you would like to order one, please call 518-696-4282. There is a limited number available.

We hope to see you there. Have a safe and wonderful Christmas season.

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The Sacandaga Protection Committee

thanks all those who supported your community's voice being heard in our state capitol, in the protection of your rights to enjoy the GSL. We couldn't reach our goals without the contributions of our wonderful merchants who so generously donated in 2019. Please remember to buy local this holiday season & throughout the year.

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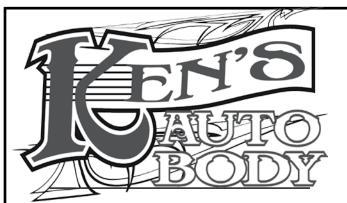
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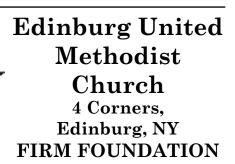
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Certified Lay Minister Leader, Gary DiLallo Sundays 9:00 am

ADVENT

We welcome the season of ADVENT which begins four Sundays before Christmas and ends on Christmas Eve. During this time we prepare for and anticipate the coming of Christ. A candle is lit each Sunday to focus on one of the four virtues Jesus brings us, HOPE, LOVE, JOY and PEACE. Using a wreath shaped in a perfect circle symbolizes the eternity of GOD. Four purple candles, one for each week is used with one larger white candle in the middle called the Christ candle. The Christ candle is lit on Christmas Eve to remind Christians that Jesus is the light of the world. We remember the longing of the Jews for a Messiah and our own longing for, and need of, forgiveness, salvation and a new beginning. We look back and celebrate the birth of Jesus in a humble stable in Bethlehem. We also look forward anticipating the second coming of Jesus as fulfillment of all that was promised.

Our celebration of Advent starts Thursday, December 5 at 1:00 pm with a pot luck luncheon

> and decorating the Church. Our annual Christmas Eve service is December 24 at 7:00 PM.

The Woman's group continues to help others with a financial gift to the "Haven of Hope" located in Fonda, NY. This is a shelter for Woman and Children.

Our pastor reminds us that even though we don't always feel it, God is with us. We place our trust in God's promise and lets us freely and without fear open our hearts to God's healing and hope,

We welcome all with Open Hearts, Open Minds and Open Doors





MAYFIELD HISTORICAL SOCIETY

The Mayfield Historical Society's 28th Annual Christmas Open House at The Rice Homestead will be held Saturday and Sunday, December 7th and 8th, from 11 a.m. to 4 p.m. each day. Visitors will step back in time to an old-fashioned Christmas with hot mulled cider and cookies, music in the Victorian Parlor, lovely seasonal decorations, its famous homemade pie sale, and tours of the home. Musician Gary VanSlyke will be performing on Saturday from 1 - 3 pm. Irena Garin and Connie Chamberlain of "Fleur de Lys" along with guest singer Gary Miller will be performing on Sunday from 1 - 3 pm. Fleur de Lys specializes in traditional and international songs and they sing in five different languages. Admission and refreshments are free. The DVD "Harnessing Nature - Building the Great Sacandaga" will be available for sale for \$20 with proceeds going to the Mayfield Historical Society. The Rice Homestead is located at 328 Riceville Road in Mayfield. Call 518-725-5261 for additional information or visit www. facebook.com/ricehomestead.

Mayfield Historical Society Events

Saturday, December 7, 2019

The Mayfield Historical Society's 28th Annual Christmas Open House at The Rice Homestead, 328 Riceville Road, Mayfield, will be from 11 am - 4 pm. The Homestead will be decorated inside and out in the spirit of Christmas. This free event features tours of the home, musical entertainment by Gary Van Slyke from 1 to 3 pm in the Victorian Parlor, and hot mulled cider and cookies will be served. Homemade pies will be available for sale For more information, call 518-332-0538.

Sunday, December 8, 2019

The Mayfield Historical Society's 28th Annual Christmas Open House at The Rice Homestead, 328 Riceville Road, Mayfield, will be from 11 am - 4 pm. The Homestead will be decorated inside and out in the spirit of Christmas. This free event features tours of the home, musical entertainment from 1 - 3 pm by Irena Garin and Connie Chamberlain of "Fleur de Lys" along with guest singer Gary Miller in the Victorian Parlor, and hot mulled cider and cookies will be served. Fleur de Lys specializes in traditional and international songs and they sing in five different languages. Homemade pies will be available for sale. For more information, call 518-332-0538.



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Capt. Stephen George, Secretary

Greetings from the GSLFF!

The GSLFF raffle was a big success and congratulations to the winners. The raffle will run again in 2020 and the tickets will be printed and distributed throughout the year at our local sport shops and through members. Look for those this coming new year.

The flyer for the February 15th Ice Fishing Contest is out and the Walleye Challenge notifications have been mailed out by the Fulton-Montgomery Chamber of Commerce. Its best to get into both contests as you never know what you'll catch and one could win in both contests.

With the recent heavy rains that impacted the North Country, the GSL did what it was supposed to do and it collected all that flood water and retained in and alleviated any downstream floods and property damage in the Hudson River basin. The areas from Corinth down to Albany were spared from any devastation. Unfortunately, the West and East Canada Creeks, and the Towns of Piseco and Wells took a direct hit and its reported that up to 7-8" of rain fell within a few hours.

Since the water levels on the GSL were up, there was room for more fish! Hahaha ... seriously, the federation conducted their annual walleye stocking and 7,000 "eyes" were put into the lake. These fish were very healthy looking and ranged in size from 5-8" long. These are "Oneida strain" walleye and are well suited for the lake. They should grow to 12" to 14" by the opening day of walleye season.

How do you get involved in a great organization that promotes nothing but fishing on the GSL? How about come to a meeting, join as a member for \$10, help out with walleye and fish stocking, hang out with the coolest fishermen and woman in the state ... it's that easy! The GSLFF meetings are held every 3rd Tuesday of the month at 7pm at the Fish House Fish & Game Club located at 478 Fayville Rd, Broadalbin, NY. Additional Information can be obtained at our Website www.gslff.com or the Great Sacandaga Lake Fisheries Federation facebook page.

Ice fishing will be here soon and good luck to all the hunters out there. There is no better way to enjoy venison steaks, sausage, and burgers than with friends and family out on the ice.

Tight lines everyone!





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DECEMBER

Saturday & Sunday, December 7&8 Wooden Covered Guest &/or Wedding Book with



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Jim Schreiner. #1475-1207. 2 days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$30.

Sunday December 8

Seasonal Attunement - Walking the Wheel with Margo Mullein. #1354-1208. 1 day. 10am-4:30pm. Tuition \$105. Member Tuition \$85. Materials fee \$45.

NOTE: The herbal preparation made during the first class (spring), will be the base ingredient throughout the other seasons. While each class stands on its own, the work is accumulative. A seasonally inspired lunch is included, so please let us know of any food allergies or dietary restrictions.

Sunday December 8

Rugs from Rags with Caroline Dvorak. #1355-1208. 1/2 day. 12pm-4pm. Tuition \$80. Member Tuition \$60. Materials fee \$10.

Saturday December 14

Bath Bombs and Shower Steamers with Roberta Devers-Scott. #1374-1214. 1/2 day. 9am-4pm. Tuition \$55. Member Tuition \$45. Materials fee \$15.

Saturday & Sunday, December 14&15 Wooden Cross-Country Skis with Jim Schreiner.

> #1477-1214. 2 days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$75.

> Sunday December 15 Soap Dough with Roberta Devers-Scott. #1375-1215. 1/2 day. 1pm-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$20.

> NOTE: This class requires that you have already taken a basic soap making class.

Sunday December 15 Beginning Bluegrass Banjo with Mac Petrequin. #1322-1215. 1/2 day. 1pm-4pm. Tuition \$55. Member Tuition \$45. Materials fee \$0.

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ski-doo

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Lake Luzerne United Methodist Church

The Lake Luzerne First United Methodist Church will hold its annual Christmas Bazaar on Saturday, December 7 from 9 am to 2 pm. A silent auction will be a new feature this year and if you check

out our Facebook page you will see what is going to be offered. The Gingerbread Café will feature Philly mac & cheese and chicken fajitas. We will have a bake table as well as some handcrafted items. Our handmade wreaths will also be available. If you would like to order one, please call 518-696-4282. There is a limited number available.

We hope to see you there. Have a safe and wonderful Christmas season.



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TOPS 1005

What a wonderful group we have at TOPS NY 1005 Northville! Our TOPS meetings attack the problem of overweight on many fronts, not just with diet alone. It is unique in its warmth and human compassion, not just at meeting time but all the week through.

13 members attended Fall Rally at the Holiday Inn in Saratoga... the theme was Harvesting the Garden of Success! Our chapter was recognized for being an active chapter for 25 years! Our KOPS who remained in leeway (staying within their goal range) were recognized: Tom and Cookie Utting, Diane Mack, Terry Poulin, Nancy Bassett, Fran Sculley, Marsha Miller, Judy Frasier.

We had a new member attend this gathering,

Sandy Mahr!

Chapter royalty was also honored....our chapter Queen, Fran Sculley!! Judy Frasier was recognized as a reinstated KOPS. Our summer best losers were Sandy Mahr and Martha Dietrich....

The guest speaker was Sara Makalanga who spoke to our group last month, talked about mental health and how TOPS helped her.... she is truly an inspiration to all!!

Our KOPS best loser for the month was Marsha Miller. Our TOPS best loser was Barbara Klueg. Other losers included: Fran Sculley, and Martha Dietrich.

We welcomed Cheryl Gregor to our TOPS chapter,.... always happy to have a new member join our 'family' on the road too good health!!

Please feel free to join us on Tuesdays at the Bradt Building on Main Street in Northville. With the winter months approaching, please call the number below if you are interested in attending our meetings, as there are times when we are forced to cancel because of the weather!! The time for our weigh in begins from 4:15 pm with our meeting to follow soon after.

One meeting is free.



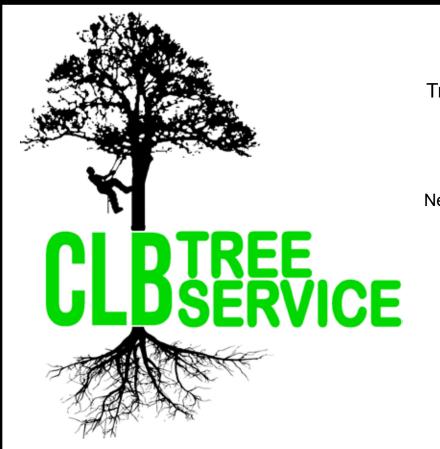


111 North First Street, Northville 518.863.8001 bconny.org Sr. Pastor: Rev. Richard C. Klueg Associate Pastor: Rev. George

Hopper Associate Pastor: Pastor Andrew Larson

The Perfect Gift!

I love Christmas, don't you? Soon we get to celebrate that GREAT, most amazing event . . . the birth of Jesus! Many, many years ago God sent His only Son down to earth to be born as a baby with the ONE express purpose - to save His people from their sins! Talk about the Perfect Gift! Hope you take the time to this Christmas season to read and reread the events leading up to Jesus's birth. (Matthew 1:18-2:23) and (Luke 2) are both good reads in the Bible. There are also the Old Testament prophecies. Micah 5:2 says the baby will come from Bethlehem to be a ruler in Israel and Isaiah 7:14 says a virgin will have a son and call his name Immanuel, "God with us." WOW! Of course, that world-wide famous and loved verse, John



3:16, says it best, "For God so loved the world that He GAVE . . . His Only Son, that whoever believes in Him should not perish but have eternal life." God GAVE the first Christmas gift – the Perfect Gift! If you have not received this gift yet – do it soon! Don't put it off.

If you able, come and join us on Dec. 24th (Christmas Eve), for our Christmas Celebration at 7 PM when our adult and children choirs will be sharing the miracle of Christmas. We end the evening with everyone holding a lit candle and singing Silent Night together . . . this is what Christmas is all about! Every year we leave the church building feeling lifted up and so very grateful for that Holy Night.

Ever meet someone who makes a lasting-impression on you? May of 1987 our family of seven stayed at Alice's Palace (the name we gave to the home of Bill and Alice Conover in Northville). They were our gracious hosts that weekend . . . they fed us like royalty, drove us around town, and shared the history of their church and the quaint village of Northville. We became fastfriends, and we started falling in love with the folks of their church and immediately felt God tugging at our heart-strings to come live in this unique village in the Adirondacks. Recently, we said our good-byes to Alice (98 yrs. young) as she joined Bill, the love-of-her-life, who had already gone on to Heaven. When we first met



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Merry Christmas and Happy New Year! Paint n Sip - Sunday Dec 15 from 12 to 3pm Closed for vacation Dec 17th to Dec 30th We will Re-Open Dec 31 for New Years Eve (call for your New Years Eve Dinner reservation)

December Hours Open Sunday, Monday and Thursday 3-9pm Friday and Saturday 2-10pm Pub Fare available during all open hours Dinner Specials available Thursday-Sunday 4:30-8:30pm

> Monday Blues with Jess 3 to 9pm Sue's Thirsty Thursdays - Happy Hour 3-6

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-Ed and Barbara

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From Previous Page

Alice she told us she was 100 years old! (She certainly never looked or acted her age!) She and Bill always spoke to each other so lovingly, saying . . . darling, sweetheart, and dear (you wondered – did they talk this way in private too – I think they did. My husband and I are working on speaking in more endearing terms to one another now, although he normally likes to call me 'schnookums'.) Bill was a true gentleman and Alice, one classy lady! Not only did they have a model marriage, but they both loved the Lord and served Him. Alice came to trust Christ when she was young and shared her faith with others, one of them being a handsome man named Bill Conover.

Bill came to trust in Christ and on Dec. 6, 1975 they became man and wife. Alice never had any children of her own but she was like a Mom, Aunt and Grandma to many that came to know her . . . freely giving hugs and encouragement. For many years Alice taught Sunday School classes and Vacation Bible School, and helped in the church nursery. She was active in the ladies Berean Class at church and hardly ever missed a church service.

Alice had an exceptional gift of hospitality. Her home was always open as she fed and housed many guests and missionaries over the years. When you asked Alice how she was doing, she would always answer, "Disgusting healthy"! She had a great sense of humor



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and could take a good tease, as well as dish it right back. I have to close now, as I'm tearing-up while typing this. Good-bye Sweet Alice. Enjoy being in the loving arms of your Savior, Jesus Christ. Love you, miss you . . . till we meet again in the sweet bye n' bye.

OK – I've regained my composure now. This is our 33rd Christmas here at Northville Baptist Church. It is extra-special for our family (yet sad, too) as this is our last one here as pastor and wife at the church. Pastor George Hopper and his wife Cathy and my husband, Pastor Rick Klueg and I are handing off the relaypastoral-baton so to speak . . . to Pastor Andrew Larson and his wife Sara, as they take over the responsibility as Sr. Pastor and wife at Northville Baptist Church come January 1st. Our prayers go with them! And as my husband says, we want to be Pastor Andrew Larson and Sara's biggest supporters! We are so happy for the Larsons and for our church family, as we know that God has definitely led them together. We pray the Lord will be glorified; and that many more will come to know the Lord, and that folks will continue to grow closer to God through the ministry of Northville Baptist Church. We look forward to retirement from the pastorate, but are in NO way retiring from loving and serving God. We (both the Hoppers and the Kluegs) are staying right here in the area and will continue be a part of our church family. We desire to faithfully serve God till the day He calls us home. We thank God for His faithfulness to us and look forward to what God

has in store for us in the years to come. If you can, join us on December 29th at 10 AM, as this will be my husband's last sermon as the Sr. Pastor of Northville Baptist Church. We are having a big church dinner afterwards (we Baptists love to cook . . . and eat). Then at 6 PM that evening we are having a Special Retirement Service to celebrate God's goodness . . . again, with refreshments following. Hope you can join us! And, as they say, see ya' in church!

Sun.: Sunday School (8:45 am) Worship (10 am) Evening Service (6 pm)

Mon.: Ladies Bible Study (11 am & 6:30 pm) Bible Club after school 2:45 – 4:00 p.m. at church

Wed.: BCON Corner: Food Pantry (10 am) Youth Groups Jr. High 6 p.m. Sr. High 7:30 p.m.

Thur.: Bible Study/Prayer @ 7 pm 3rd Thurs: Nursing Home Service @ Nathan Littauer (10 am)

Sat.: Men's Bible Doctrine Study & Coffee Hour (6 am)



Merry Christmas Dinner Chicken and Biscuits

Wednesday, Dec 11 4:00 pm-6:30 pm

Wells United Methodist Church Route 30

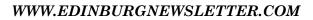


<u>Cost</u>: By Donation Take-Outs Available

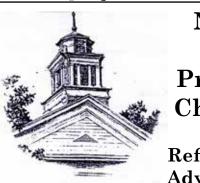
Menu:

Chicken in gravy, Biscuits by Bev Peters, Mashed potatoes, Green beans, Carrots Pies, cake, and cookies, Beverage (Gluten-free option)

A night out, camaraderie, friendly conversation, a good meal (and no dishes to wash)!







Northville United Presbyterian Church News

Reflections on Advent

In last month's issue, I suggested that Thanksgiving may be a good opportunity to give everyone around your Holiday dinner table a Bible verse on "thankfulness" to recite as part of the opening prayer, followed by individual thoughts about what each family member or guest finds particularly important to be thankful for.

This month, in the season of Advent, the coming of our Lord, I myself had time to reflect on, perhaps the most memorable and most recited verses of the Bible:

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." (John 3:16 - NIV.) That act certainly epitomizes LOVE. And yet, there are so many additional references to love in the Bible.

I subsequently thought that it would be a similarly great chance to give everyone gathered around your CHRISTMAS dinner table a Bible verse on LOVE to recite as part of the opening prayer. And in today's troubled and often confusing times, I thought it appropriate to reflect on how to show LOVE "FOR ONE ANOTHER." This can be followed by individual thoughts about what those words mean to the reciter. So I did some research, and found several verses that may be appropriate to use. Some of these may sound repetitive, but that should tell us something about their importance!

John 15:12 This is my commandment, that you love one another as I have loved you.

Romans 12:16 Live in harmony with one another; do not be haughty, but associate with the lowly;

Romans 13:8 Owe no one anything, except to love one another;

Romans 14:13 Let us therefore no longer pass judgment on one another,

Romans 15:5 Live in harmony with one another, in accordance with Christ Jesus,

Romans 15:7 Welcome one another, therefore, just as Christ has welcomed you, for the glory of God.

Corinthians 11:33 So then, my brothers and sisters, when you come together to eat, wait for one another.

Galatians 5:26 Let us not become conceited, competing against one another, envying one another.

Galatians 6:2 Bear one another's burdens, and in this way you will fulfill the law of Christ.

Ephesians 4:2 With all humility and gentleness, with patience, bearing with one another in love,

Ephesians 4:25 Let all of us speak the truth to our neighbors, for we are members of one another.

Colossians 3:13 Bear with one another

Colossians 3:16 Teach and admonish one another in all wisdom

Thessalonians 3:12 Abound in love for one another and for all,

Thessalonians 5:15 Always seek to do good to one another and to all.

Hebrews 10:24 Let us consider how to provoke one another to love and good deeds,

James 4:11 Do not speak evil against one another, brothers and sisters.

James 5:16 Pray for one another.

Peter 3:8 All of you, have unity of spirit, sympathy, love for one another, a tender heart, and a humble mind.

Peter 4:8 Above all, maintain constant love for one another, for love covers a multitude of sins.

Peter 4:9 Be hospitable to one another without complaining. Peter 4:10 Serve one another with whatever gift each of you has received.

Helping One Another in our Ecumenical Community

We believe it is also contingent on our churches helping one another. In this regard, we are pleased to pass on some information from Katy Ryan - Coordinator of Faith Formation; St. Francis of Assisi/St. Joseph's Roman Catholic Churches. The information is about a very worthy cause and St. Francis of Assisi Fundraiser. The message we received and are sharing is as follows:

"This Christmas season, we've got a great opportunity to support artisans living in poverty, while also fundraising for St. Francis of Assisi Church. We're hosting a SERRV & Earn Sale from November 12 to December 12 featuring beautiful handmade gifts from around the world. This site is perfect for Christmas shopping! Just visit http://serrv.org/?a=assisi to shop hundreds of fair trade handcrafts. SERRV International, a nonprofit working with global artisans, will donate 20% of purchases to St. Francis of Assisi Church. Thanks for helping us provide better lives to those who need it. Please help us by forwarding this information to your friends and relatives."

We are more than happy to help the good folks at St. Francis by sharing this message.

And Also, December NUPC Events...

In addition to being thankful for one another, we are also thankful for our upcoming Christmas season activities, and all congregants and community members who help to make every December one of giving, compassion, love, and thankfulness. Some activities and events include:

Our Giving Tree, where kids post wishes, and our congregants pull a wish-tag from the tree and provide the gifts. In this initiative, we work collaboratively with the Northville School district.

Our beautiful Christmas decorations, including the festive trees, once again decorated by our congregation. This supplements the "Hanging of the Greens in our church in late November.

Our annual Christmas Eve service. Please always remember that ALL are welcome to attend.

And as a prelude to this event, we look forward to continuing our annual Children's Pageant. Keep checking for the date! It is a fun filled, glorious event, and again, ALL are welcome.

We at Northville United Presbyterian Church Extend Prayers and Wishes for a Happy Advent Season and a Loving Christmas to All, And Until Next Time, PEACE, LOVE, AND GOD'S BLESSINGS TO EVERYONE !

(Personal thoughts and views of Northville United Presbyterian Church Elder Frank Ralbovsky)



HEALTHLINK ZITTAU JER Wellness Education & Resources for over-'ears

DECEMBER 2019

Unless noted otherwise, enrollment is required by calling HealthLink Littauer at 518-736-1120 or email <u>healthlink@nlh.org</u> to attend programs or for more information.

ALL PROGRAMS ARE OPEN TO THE GENERAL PUBLIC

Торіс	Date-Time	Place	Details
Wellness Walkers	12/2 – 12/30 9 – 10 am	Johnstown Mall	5 sessions (Mondays). <i>Indoor walking group open to anyone wanting to get active and have some fun!</i> Walking is one of the best and easiest forms of physical activity to stay healthy. <i>FREE!</i> Attend 1 session or all
Chair Yoga	12/2 – 12/30 <u>4 – 5 pm</u> 12/6 – 12/27 10 – 11 am	HealthLink Littauer Johnstown	5/4 sessions (Mondays/Fridays). <i>Experience gentle, peaceful yoga with the support of a chair.</i> For everyoneno matter what age you are, or what condition you are in! <i>\$7 fee/session.</i> Attend 1 session or all
Gentle Yoga	12/2 – 12/30 5:30 – 6:30 pm	HealthLink Littauer Johnstown	5 sessions (Mondays). For anyone interested in relaxing, gentle yoga sessions. Benefits include improved strength, flexibility and a positive effect on internal systems. \$7 fee/week. Attend 1 session or all
Infant Care & Parenting	12/5 6 – 7:30 pm	Nathan Littauer Gloversville	1 session (Thursday). Babies aren't delivered with instruction manuals! Parenting basics including how to calm a fussy infant, sleep patterns, feeding, sick child care, keeing them safe, and more. <i>FREE</i> !
Breastfeeding Your Baby	12/5 6:30 – 8 pm	Nathan Littauer Gloversville	1 session (Thursday). <i>Learn what you need to know to assure a positive experience.</i> Healthcare experts agree this is still the best way to feed your baby! To attend, call Littauer's Patient Access 518-775-4250
Zumba Gold	12/6 – 12/27 9 – 9:45 am	HealthLink Littauer Johnstown	4 sessions (Fridays). <i>Time to dance those calories away!</i> For active older adults with easy-to-follow choreography focusing on balance, range of motion and coordination. <i>\$5 fee/week.</i> Attend 1 session or all
NEW Zumba!	12/10 5:30 – 6:30 pm	HealthLink Littauer Johnstown	1 session (Tuesday). <i>Join us for a 'pop-up' Zumba class!</i> Dance to the rhythms of Salsa, Merengue, Cumbia & Reggaeton for a total body workout combining cardio, muscle strengthening, balance & flexibility. <i>\$7 fee</i>
ViP Luncheon: Humor, Health & Holidays	12/11 11:30 am – 1 pm	Nathan Littauer Gloversville	1 session (Wednesday). <i>Especially For Adults 50+</i> Enjoy a buffet-style luncheon followed by a presentation on family connections, traditions & healthy humor! <i>\$5 ViP members, \$6 public.</i> RSVP by 12/9
Diabetes Discussion	12/12 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Thursday). <i>Monthly educational session for anyone with diabetes. "Diabetes, Heart Disease & Stroke"</i> We'll discuss these conditions and how managing diabetes can protect the heart. <i>FREE</i> !
Better Breathers Club	12/12 1 – 2:30 pm	HealthLink Littauer Johnstown	1 session (Thursday). <i>Monthly group meeting</i> for anyone with a chronic breathing condition or lung disease. <i>"BingoTest Your Pulmonary KnowledgeWin Prizes" FREE!</i> No enrollment necessary
NEW The Professional Caregiver	12/12 3 – 4 pm	HealthLink Littauer Johnstown	1 session (Thursday). <i>"Coping Skills: Dementia Basics"</i> Specifically for caregivers to define dementia and its symptoms, and how these symptoms affect the abilities of people with dementia. <i>FREE</i> !
Seasonal Crafts	12/17 6 – 8 pm	HealthLink Littauer Johnstown	1 session (Tuesday). <i>Melt away your holiday stress with a little creativity! "Melting Snowman"</i> Relax and unwind as you create a set of three melting snowman ornaments for decoration. <i>\$15 fee includes materials</i>
Health Screenings	12/18 9 am – 1 pm	HealthLink Littauer Johnstown	1 session (Wednesday). <i>Is YOUR number up?</i> Includes a Cholesterol+ HDL+Glucose blood test \$18; diabetes risk assessment, blood pressure reading & BMI measurement at no charge. <i>No appointment needed</i>
NEW Stop The Bleed!	12/19 7 – 8 pm	Nathan Littauer Gloversville	1 session (Thursday). <i>Learn how to save a life!</i> This training will prepare you to assist injured people following a traumatic event before professional help arrives. <i>FREE! Call 518-773-5495 by 12/5</i>
DECEMBER GROUP MEETINGS: No enrollment necessary ~ For details, visit nlh.org or call 518-736-1120			
→ Breastfeeding 12/5 Nathan Littauer 12:30 pm → Smokefree 12/17 Nathan Littauer 6 pm			

→ Heart Disease

- → Chronic Disease 12/11
- → Better Breathers 12/12
- → Alzheimer's 12/12
- → Beyond Moms 12/12

Nathan Littauer 12:30 pm No December Meeting HealthLink 1 pm HealthLink 1 pm HealthLink 4 pm

HealthLink 5:30 pm

Smokefree 12/17 → Alzheimer's 12/19 → Parkinson's 12/19 → Breastfeeding 12/19 → Mother To Mother 12/28

→ TOPS ~ Wednesdays

Nathan Littauer 6 pm Mayfield Presbyterian 10:30 am Mayfield Presbyterian 2 pm HealthLink 5:30 pm Mohawk Harvest 2:30 pm Nathan Littauer 5:30 pm

Edinburg School News



Edinburg School Happenings by Michelle Ellis Superintendent



On Friday, November 8th, Edinburg Common School was honored to have our local veterans n Students teachers and

join our Eagle Afternoon. Students, teachers, and staff read poems and sang songs to the 13 local veterans that attended. The veterans introduced themselves, the years of service, and the branch in which they served. We are thankful for your services and the sacrifices you made to protect our country. Edinburg Common School would like to also thank Mrs. Monge, the Girl/Boy Scouts, and Student Council for planning and participating in the event.

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Also at the November Eagle Afternoon, the PBIS (Positive Behavior Interventions and Support) Team identified the students that have been named "Student of the Month". Throughout the month, staff members are on the lookout for students who are exhibiting positive character in our school. There are 35 character traits the students have learned about and strive to model.

The students of the month for October were: Kindergarten - Addison : Enthusiasm 1st Grade - Jayden: Engaged Emily: Helpful 2nd Grade - Jeanette : Respectful 3rd Grade - Payton: Persistent 4th - 6th - Porter: Respectful Shelby: Perseverance Searria: Commitment

It is hard to believe the holidays are quickly approaching already, but we have so much to look forward to! Mark your calendars for the annual holiday concert being held on Tuesday, December 10th at 6:30 pm. The concert is designed and led by our very own Mrs. Jessie Jensen. We will hear songs from all grade levels and also pieces from our band and chorus. Students have been practicing and are excited for the performance. On Friday, November 22nd, the students in band and chorus invited the Sacandaga Seniors to our school to share some of the musical pieces they have been learning.

For more information please go to our school website at www.edinburgcs.org and/or like our school Facebook page. Dates to remember: December 6th - Discovery Kids 1:45 pm - 2:45 pm December 10th - ECS Board Meeting 5:00 PM (*** Note the time change ***) December 10th - ECS Holiday Concert 6:30 pm (Snow date December 11th - 6:30 PM) December 13th - Half Day Dismissal at 11:45 am December 20th - Eagle Afternoon 2:00 PM December 23rd - January 3rd Holiday Break

The Newsletter Ad & Copy Deadline is the 17th of Every Month



Northville PTO Vendors

Wanted Saturday, December 7th NCS Gym 9am-3pm Set up 7am-9am

Holiday Craft

Vendor Pricing \$25 per space (10x10) Tables and set up will be the responsibility of the vendor. Tables are available on a first come, first serve basis of \$5/table

*PTO Santa Breakfast will take place in the cafeteria from 8:30 am-10:30 am that day *PTO Baskets, Spirit Wear and Calendar Raffle will be set up. *Christmas Parade Begins at 4 pm on Main Street, immediately followed by the Civic Tree Lighting in the Village Park

Advertising will be the local paper, Edinburg Newsletter, Fulton County Express, Facebook, posters throughout the village and the school's electronic sign.

Contact Info:

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TRADING POST

PERSONAL RATES ONLY: \$2 for up to 25 words. Please send in your copy with the proper amount by the 15th. Please send in only one month at a time. Thanks!

Snow Tires 4 Michelin x-ice xi3 225/60 R 16 Mounted on 16x7.5 rims Low mileage Asking \$750 for all. 518-863-4452 Wanted: JD 430, 440 Dozer, Running or repairable.518-654-6620

L.L. Bean Snowshoes with poles and bag. Ladies, \$75. Men's, \$75. Like New.518-863-8649

St Francis of Assisi Church

Get into the true Christmas spirit. St Francis of Assisi Parish is presenting an original Christmas production called "The Christmas Story in Carols." A beautiful movie with Christmas carols will be presented. It will be held on Friday, December 13th at 6 p.m. at 501 Bridge St., Northville, NY. Donation is \$10 per person or \$30 per family of 3 or more.

December 13th at 6 p.m. Donation is \$10 per person or \$30 per family of 3 or more.

From Hawk On Back Page

to stay away from the grocery store for almost three weeks. Knowing my cupboards were almost bare I rounded up every reusable shopping bag and headed to the store, on Veterans Day. Lord have mercy, what a mistake! I should have left when I had difficulty finding a parking space. Feeling desperate I forged ahead anyway. When I entered the store there were only a few carts and people were everywhere. I swore the bus from the Senior Center dropped off everyone that lived there. Additionally every mother, in Key West, dragged their children to the store that day. Between not being able to maneuver through the aisles and listening to screaming kids and temper tantrums I thought I was going to have a tantrum. I seriously debated walking away from my cart but I had to bring something home to eat. Halfway through the store, I decided to check out and get out of there. I unloaded what I had and handed my reusable bags to the cashier. When everything was on the conveyor belt I saw the bagger hand a bag of plantain chips to the cashier. I asked where they came from and he told me it was in one of the bags. I bought some the first time I was at the store and realized that I must not have emptied out the bag. Well it appears that I paid for those chips twice. A while later I saw guacamole which I know I did not pick up that day. That too, was in a shopping bag. I told them I did not get that today and it had been sitting in my trunk for almost 3 weeks. The cashier kept asking me if I wanted to buy it and I kept telling her it was old. I told her to feel it. It was

warm and the color was not really green any more. If I did not want it they were going to put it back in the deli case. I had to beg them to throw it out. I did not want anyone to get sick due to my carelessness. I was horrified. It made it look like I was shoplifting. I think the only thing that saved me was a donation I made for a family Thanksgiving dinner before I started checking out. Talk about being embarrassed. I wanted to run out of the store but I smiled and left the store as calmly as I could. Outside the store the VFW was selling poppies. I said I would buy one but when I opened my wallet I had no cash. I had no change ... nothing! Again I was horrified. People were watching me rummage through my purse looking for money. The gentleman told me to take the poppy anyway. A nice woman bailed me out and donated \$ 2.00 for me. In order to do that she asked for her ones back and gave him a bigger bill. I just wanted to run away and hide. After I distanced myself from both situations, I laughed. None of it really was a big deal. I made it worse in my mind. When I came home Billy made sure I emptied out all of the bags. Moral of the story; check your bags, check your wallet and check your attitude. I guess sometimes we all need to eat some humble pie. I think I ate a whole pie that day. I also made myself go back and finish my shopping the next day.

I am sharing this with you because the busy holiday season is upon us. Thanksgiving is in a few days, and Christmas is around the corner. It is the time of year when we tend to get overwhelmed and stressed. My goal was to have all of my Christmas shopping completed before I left New York. I admit I have not bought one single gift and I misplaced the lists that Lucas and Acadia gave to me. I decided that I am going to give the gift of my time to my family this year. I am flying up to visit my dad and my children and grandchildren in the next few weeks. I am letting them choose what they want to do. I want to make memories this Christmas. We all need to remember our house does not have to be perfect. We do not have to buy every gift on the list. Gatherings with family and friends are more important than any other holiday parties. Paper plates, plastic silverware and bring a dish events are the best. It is so easy to get lost in the preparation of Christmas that we lose the true meaning of Christmas. Being with family and friends affords us, the opportunity to view the holiday through the eyes of a child. It also provides us the opportunity to hear the memories of Christmas past from a parent or grandparent. We get so caught up in our crazy lives that we miss the important moments happening around us. This is our opportunity to restore the child within us! Gifts will be forgotten. The truth is the only comfort we will have, as we grow older, is our memories.

During this holiday season take some time off from the worries and stress in your world. Find your joy and make new memories. Christmas blessings from our Hawk Drilling Family to your family.

The Newsletter Ad & Copy Deadline is the 17th of Every Month Please Call The Newsletter With Your Copy or Drop it Off At Our Mailbox at 819 North Shore Rd. - Thanx!







Did You Know

We left exactly one month ago, today, to go home to Florida. It has been a wild 30 days. Let me summarize the events over the last month. Our truck with 27,000 miles on it broke down in Virginia. We got to spend a weekend there. The good news is that we got to see an old friend and the car dealership was awesome.

We ended up arriving in Key West two days before our oldest son came down for a visit. We arrived with a house packed full of outdoor furniture blocking all bathrooms in the house. I am not complaining. Our neighbors took good care of us and stored our furniture just in case we got hit by another hurricane. We spent two days moving things back and forth between the trailer and the house. I finally got the guest room habitable by the time Josh arrived. We had a very comfortable and laid back visit with him. He told me that he did not care what the house looked like. He just wanted come down and fish and be with us. In the midst of this. I have been working and struggling to meet December first deadlines on a number of projects. I thought everything was finished before I left for Florida but apparently not.

The upside is I like this office much better than the main office. After two weeks I finally started walking again. It feels so good to be active. My routine has changed this year. Bill has been doing long distance riding on his bike. Big Hoss is my walking buddy now. We have

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worked our way up to five miles. Ok I walk five miles and Big Hoss walks about half of it. When Hoss gets tired he lets me know and I carry him in his sling. Our walks are a little longer due to sniffing, searching for lizards and fish, barking at chickens and rest breaks. I used to be all about my pace and my time, now I do not care. I am happy to be outside and getting exercise. I am still not organized and I have piles all over the house. It seems that everything is happening all at once and I feel like I have lost complete control. On top of it all we both have been sick with a nasty virus. That has definitely slowed me down. After working pretty much round the clock, for the last several months, I have decided that some things can wait. I have gone through this cycle for 25 years now. You would think I have learned but we all know that has not happened yet. I have to admit there have been a few recent minor repercussions due to my inability to focus.

I do not know about vou but I hate going grocery shopping. I shopped when we arrived and was able

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