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February 2022

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Volume 41 #6

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FEBRUARY 2022

COMMUNITY CALENDAR

Here's a list of some notable dates and meetings.

Please send your information to the Edinburg Newsletter.

February

Tues	1	National Freedom Day
Wed	2	Groundhog Day
Thurs	3	Edinburg Zoning Board 7:00pm
Tues	8	Edinburg School Board 6:00pm
Mon	14	Valentines Day
Tues	15	Flag Day
Thurs	17	Edinburg Town Board 4:00pm
Thurs	24	Edinburg Planning Board 7:00pm



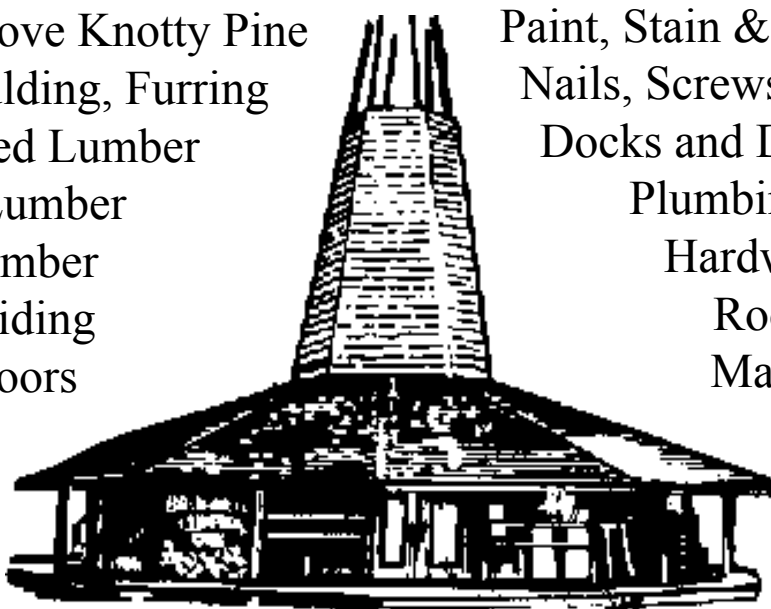
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Sunday 9-2

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Birthdays - Anniversaries & Other



*If you have a birthday that you would like
to put in the Edinburg Newsletter e-Mail it to
edinburgnews@frontiernet.net*

Happy Birthday

Ashley F.

Arch F.

Bill B

Tammy S.

Wimp E.

Cameron F.

Austin P.

Laurie C.

From the Four Corners Diner Gang
Happy Valentine's Day!

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Another Announcement!

Some things just have to change, like the phone number for the Edinburg Newsletter! You will be able to reach us at the old number 863-2075 for a month or so, then you will have to call 518-696-4823.

You can always reach us at edinburgnews@frontiernet.net

Eating for Heart Health

Cornell Cooperative Extension Saratoga County is offering a series of three programs on Eating for Heart Health in February, Heart Health Month. Tuesdays February 1, 8 and 15 from 12:00-12:30 via Zoom. Contact Diane Whitten at dwhitten@cornell.edu for the registration link, or go to the CCE website, www.ccesaratoga.org, for upcoming events, or call 518-885-8995. Register once to attend all three. No charge.

The programs will cover topics including fats and cholesterol, sodium and the DASH diet, the Mediterranean diet and other healthy eating plans. Scan this QR Code with your smart phone camera to register.



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EDINBURG TOWN REPORT

www.edinburgny.com

by Jean Raymond



WE WOULD LIKE TO THANK DOUG AND JUDY STERLING FOR THEIR MANY YEARS OF TIME AND HARD WORK AS THEY PUBLISHED THE EDINBURG NEWSLETTER EVERY MONTH. THE PUBLIC WAS ALWAYS WELL INFORMED OF WHAT WAS TAKING PLACE IN THE AREA. WE WILL MISS THEM, BUT WISH THEM WELL IN THEIR RETIREMENT AND TRAVELS. WELCOME TO DENISE CHENEY AS SHE TAKES OVER AND WE WISH HER MANY YEARS OF SUCCESS.

Purchase of New Freightliner Garbage Truck and Leach Packer

The Town will be purchasing a new garbage truck as part of the 2022 budget. It will be ordered this month but we do not know how long it will take to be delivered. It could take months

depending on the production backlog. The truck and packer will cost at least \$217,000.00 and the town will be paying for it from our Solid Waste Equipment Reserve, budgeted 2022 funds and using some general fund balance.

Authority for Assessor to Grant Exemptions on the 2022 Town Assessment Roll Under an Executive Order issued by Governor Hochul the Town Board may adopt a resolution allowing the Assessor to grant exemptions on the 2022 assessment roll to individuals who received the senior exemption on the 2021 roll because they were recognized as a person with disabilities and/or limited income. This will mean that certain seniors will not have to refile 2022 paperwork and the assessor can use the 2021 paperwork for 2022. Please check with the assessor on Tuesday, Wednesday or Thursday between 9:00 and 2:00 if you have any questions.

Covid Test Kits and Masks and Vaccination Sites

The very limited supply of Rapid Covid Test Kits that were received by the town from the county through the state were gone within a few days. The county was told they would be getting more the week of the 17th but as of Wednesday we have not heard anything. We still have some K95 masks available also. We do require people to call and make an appointment if they want a few masks and also to check to see if more test kits have been received. They are only given out by appointment. Additional Covid information can be found at saratogacountyny.gov and also at vaccine.gov

Cannabis Opt Out Law

The period of time for a permissive referendum petition has expired and the Local Law opting out of allowing cannabis sales or cannabis lounges in Edinburg is now official. The Town will not be permitting businesses that sell cannabis in the town.

REMINDER:

Monday, February 21st is President's Day and garbage will be collected Tuesday and Wednesday that week.

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NORTHVILLE PUBLIC LIBRARY



Michael Burnett, Director 863-6922

The Library's award winning Local History & Genealogy Project continues to develop and is now in its 17th year. Parts of the project can be found on the library's website under the tab "Library Activities – Genealogy".

The main part of the project has been the establishment of "Sacandaga Families", a genealogical research tool that creates family trees for those that have lived around the Sacandaga Valley from the 1700's forward, including the Towns of Northampton, Hope, Benson, Wells, Edinburg, Day, Hadley, Providence, Mayfield, and Broadalbin. The database has 37,943 names and is synced to Ancestry.com, allowing it to be viewed all over the world. This is an ongoing project.

The Sacandaga Book Group will meet on Tuesday, Feb 8 at 10 am in the library's program room. Shirl Doherty will lead a discussion of "Deacon King Kong" by James McBride. In September 1969, a fumbling, cranky old church deacon shuffles into a housing project in south Brooklyn, pulls a .38 from his pocket, and, in front of everybody, shoots the project's drug dealer at point-blank range. The reasons for this desperate

burst of violence and the consequences that spring from it lie at the heart of this funny, moving novel. McBride brings to vivid life the people affected by the shooting: the victim, the African-American and Latinx residents who witnessed it, the white neighbors, the local cops assigned to investigate, the members of the Deacon's church, the neighborhood's Italian mobsters, and the Deacon himself. As the story deepens, it becomes clear that the lives of the characters—caught in the tumultuous swirl of 1960s New York—overlap in unexpected ways. When the truth does emerge, McBride shows us that not all secrets are meant to be hidden, that the best way to grow is to face change without fear, and that the seeds of love lie in hope and compassion.

Story Time is scheduled for Tues, Feb 15 at 10 am with Shirl Doherty for Happy Hearts.

If you are looking for sources for what to read or the order that a series was written in, check out these websites:

- www.fantasticfiction.co.uk
- www.stopyourekillingme.com
- www.goodreads.com

Hours: September - March

Monday	9am - Noon
Tuesday	9am - 6pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

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Flower Talk

Sally Peck, of the Flower Barn

The year is 1912, you enter a theater and take a seat. It's the opening night for the play 'The Bird of Paradise'. A story about an interracial romance between a young American sailor and a beautiful Polynesian girl. By 1932, it had made its way into the big screen. This is just one example of how the flower, Bird of Paradise inspired artists, poets, painters and more. In 1940, Georgia O'Keeffe, a floral artist used this flower for her masterpiece painting

Native to South Africa, The Bird of Paradise or Crane flower, as they called it, is a large part of South African culture, representing freedom and beauty. It evokes the vision of a majestic tropical bird spreading its wings in flight - giving the essence of liberty. In addition to freedom, it was an expression of the beauty that is South Africa, they used the image of this flower on their 50-cent coin.

In Hawaii, the Bird of Paradise grows rampant. The beautiful exotic plant is also native to the idyllic islands. The name they gave the flower means 'Little Globe', because to them, it is the embodiment of paradise, their little home.

Bird of Paradise flower belongs to the five groups of flowers that are unified under the scientific name *Strelitzia Reginae*. This name came from Queen Charlotte of Mecklenburg-Strelitz, the daughter of the Duke whose name was

Strelitz. Her husband was King George III and she became queen in 1761. During the 1770's the queen wanted to expand the variety of plants and flowers in the royal botanical gardens. The garden director, Sir Joseph Banks, appointed Francis Masson, a Scottish botanist as the first plant collector to further the project. On his first trip to South Africa, Masson discovered the evergreen tropical plant known there as the Crane Flower (aka Bird of Paradise, if you look at it the petals resemble the head of a crane). It was nothing like any flower in England. It exhibited thick, long, glossy leaves that resemble those of banana leaves



with three bright orange and three blue petals that are spread out like a bird in flight. Between the bird shape and the colorings of a tropical paradise it's name came to be. Masson knew at once that it made a very good candidate to be exhibited at the gardens back in London. So in 1773, the Bird of Paradise was cultivated. He also collected over 500 other new plant species which made his expedition a true success. After the arrival of the flower, the queen requested it to be named

after her. She was an amateur botanist and was the proponent for the expansion of the Kew Gardens. So, as she wished, the gardener who took care of the royal gardens named it after the queen, *Strelitzia Reginae* (*reginae* simply means queen). Because of the history connected to the royal families, the Bird of Paradise symbolizes royalty and elegance.

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This evergreen perennial usually blooms around March. When conditions are right, it has been known to bloom at different times. Some plants have been known to reach 20 feet tall. It can produce up to six or eight flowers per stem and open gradually one by one. In their natural habitat they are pollinated by sunbirds, which use the spathe as a perch when visiting the flower. The weight of the bird opens the spathe to release the pollen onto the bird's feet, which is then deposited on the next flower it visits. In areas without sunbirds, the flower must be hand pollinated to successfully set seed.

Aside from being the flower associated with 9th wedding anniversaries, the Bird of Paradise is also a symbol of optimism and positive energy. It invites us to look at it and simply enjoy its beauty as paradise on earth. Inviting positive energy into home is necessary to improve your health, longevity and happiness.

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If you create an account and renew online, the \$10 administrative fee is waived, and there is no need to return the access permit application that was mailed to you. More than 2,400 of your friends and neighbors took advantage of the online system when first rolled out last year, and we expect even more participation with our streamlined and improved services in this second year.

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This year, any inquiries about accessing the website, resetting a password or creating an online account, will be expedited through a specially-designed help email established to quickly troubleshoot and address any technical difficulties. As always, our Sacandaga Field Staff is available to address any concerns about permit areas, permit rates or the access permit system itself.

How Can I Pay My Access Permit Renewal Online?

If you did not use the online payment system in 2021 but would like to do so this year, visit our website at www.hrbrrd.ny.gov and click on "Online Access Permit System" to create an account as a first-time user. You will be prompted to enter the code which appears on the upper right-hand corner of the permit renewal application you received in the mail.



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Northville Rotary Grows "Service Above Self"

Update on the Northville Rotary Foundation

The Rotary Foundation is a 501c3 sister organization to the Northville Rotary Club with a mission statement *"to serve the communities of the Greater Sacandaga Lake Region through the improvement of health, the support of education, the alleviation of poverty and the betterment of the communities"*. Recently, the Foundation has set up two scholarships at Fulton-Montgomery Community College. The Board is now discussing how to fulfill the other parts of our mission. Ideas from the community are always welcome.

How is this accomplished? There are several ways we have raised money, including memorial donations, an annual fund drive, boat raffles, Amazon smile, Hannaford Clynk, and payroll deductions/matching donations. You may have received a letter requesting donations during the holiday season. Thanks again to all who donated.

As a result of many memorial donations, an endowed scholarship for \$500 in perpetuity has been set up at FMCC in the names of Rotarians Beth Smith, Priscilla Horesco, and Barbara Curnow. In addition, all loved ones who are named in a donation will have their bio information placed on the Foundation Memorial section of the NorthvilleRotary.com website.

The Amazon Smile Shop at smile.amazon.com will donate ½ percent of your order to your favorite charitable organization at no cost to you. ... Same products, same prices, same service. If you name the Northville Rotary Foundation as your not for profit, they will receive the funds automatically.

CLYNK is a bottle recycling program run by Hannaford Supermarkets. If you use this already you can designate some of your recycling earnings to be donated to the Northville Rotary Foundation. You can also reach out to a Rotary Member to donate your clean bottles and cans and we will do the work bringing them to Hannaford.

The Northville Rotary Foundation has been in existence for 6 years. With your support we can continue to assist the community for many years ahead.

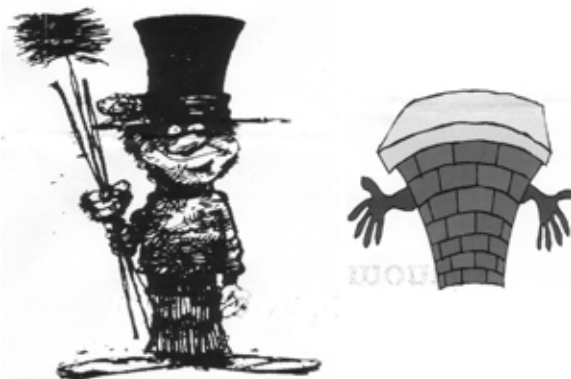


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\$2,250 CASH PRIZES + TAGGED FISH PRIZES

\$20 ENTRY FEE PRE-REGISTRATION ONLY

(Children 12 and under are free with any paid adult)

Measuring and Awards at Sacandaga Boating Club

129 Merriam Road, Broadalbin, NY

Park in designated visitor areas or come via the lake.

Contest applications accepted through the mail or at:

Ross' Bait Shop - Hagaman, Jim's Bait Shop - Mayfield,

Frank's Bait Shop - Vail Mills, Fuel & Food - Mayfield, Pa's Tackle Box - Creek Rd. Hope

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FOR UPDATED RESULTS ON CONTEST DAY CALL: 518-227-8298

**FISH MEASURING (by length) TO TAKE PLACE FROM 7AM - 4 PM ONLY - NO EXCEPTIONS
DECISION OF THE JUDGES IS FINAL**

FOR MORE INFORMATION: Brian Kedik - 518-469-8124 Randy Gardinier - 518-848-7248

Forms online at www.gslff.com / Email - chairman@gslff.com / Like our page on Facebook

2022 ANNUAL ICE FISHING CONTEST APPLICATION

Name (print legibly) _____

Mailing Address _____

Phone _____ e-mail for contest & member info _____

Name of participating Child(ren) _____

Please check all that apply:

- ☐ Enclosed is my entry fee of \$20.00 (only current 2022 members are eligible for tagged fish prizes)
- ☐ I would like to become a 2022 GSLFF member for \$10.00 and be eligible for tagged fish prizes
- ☐ I have enclosed a donation of \$_____ to help stock and protect the fisheries of the GSL.

Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134

****We must receive mailed entries by Friday February 18th****



www.gsla.org

A Report from the Great Sacandaga Lake Association

*by Edward Ludlum,
President*

The Great Sacandaga Lake Association has completed its water quality and coliform monitoring program for 2021. The program was administered by long time board member David Smail, G.S.L.A. VP. The sampling and analysis was completed by Capital Region Environmental Laboratory Rensselaer, NY. In all the G.S.L.A. had 19 locations tested and each location was tested twice. The first tests were conducted on July 12th with subsequent tests on July 27th and August 31st of this year. Testing and monitoring is performed to confirm that public swimming areas around the lake meet the NY State Health Department Guidelines for swimming and wading areas. In addition it allows comparison to previous years to identify any changes in the water quality over time. In fact, the G.S.L.A. now has nearly 30 years of water testing for comparison. All of the public swimming locations met the NY State Health Department guidelines.

For the first time this year the G.S.L.A. had three upstream tributaries tested to evaluate the coliform levels of water flowing into the lake. Sand Creek, Allentown Creek and Kenyetto Creek were tested upstream.



Due to heavy rains during July, which resulted in high runoff and high flow rates the samples were above allowable limits. However, those same areas were resampled later and found to be within the guidelines.

The Great Sacandaga Lake continues to be a wonderful place to swim and boat.

The G.S.L.A. is pleased to announce that we now have a Facebook Page. Our Facebook page address is:

<https://www.facebook.com/Great-Sacandaga-Lake-Association-113512121125328>

If you are aware of upcoming events and activities around the lake please let us know. I would like to encourage you all to visit our page and become a follower by "LIKING" us.

Our Board of Directors and myself want everybody to know that this is not intended as a political commentary page. Our intention is to stick to the enjoyment of the lake, lake events and lake news.

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FRACTURED FACTS

by Brian DeFeo

Apparently some misguided people actually regularly read this column. I find that a great mystery as it consistently lacks any redeeming social value. Perhaps folks are hoping that someday it will be better written, topical, and interesting. And perhaps someday it will, but not today.

My Father was the only person on our block that "flew the colors" every day of the year. Not like those neighbors only putting their flags out for the major patriotic holidays. Seeing the old red, white, and blue really meant something. Yet today the colors themselves have been sacrificed into a political divide. Co-opted by one side claiming red and the other staking out blue. If I did not know any better I would think we were all back in Los Angeles in the 1970's, with The Bloods gang color red and The Crips wearing blue.

Since that time many movements both good and bad have usurped colors for their own purposes. The ecology movement very early on naturally (pun intended) co-opted green. The black power movement choose black. The "Orange Revolution" in Ukraine in the early 2000's. And today we see "all colors" in the form of the rainbow itself representing, the inclusion of many groups seeking both recognition and representation.

As it turns out color plays an enormous part in our emotional response and decision making, even though much if it may be coming from our subconscious thought. I recall as a former probation officer entering a jail detention area each Monday morning to interview incarcerated prisoners. The room was in a jail built in the 1930's, with steel walls, a steel ceiling about seven feet high, thick glass windows measuring 4 x 8 inches. The entire room was painted in Pepto Bismol pink. The reason for that was studies had shown that this color had a particularly calming effect on the inhabitants. For which I was always grateful, as I was locked right in their with everybody else.

It turns out color plays a tremendous role in brand recognition and our purchasing practices. Often gender and culturally based. Studies have shown that Blue is the favorite color of both men and women and yet, men prefer it by 57% while women only 35%. Women also like purple

(23%), while the next color for both sexes is green at 14% respectively. It is reported that ninety percent of your initial impression of a product can be attributed to color. You seldom see items marketed in orange, as that apparently is viewed as cheaply made. Or even less so the color brown. Yet red is perceived as; excitement, passion, and urgency - as in "CLEARANCE SALE". You often see some version of red associated with eating establishments as it is supposed to make you hungry. Blue reminds you of the sky and the waters and therefore you feel tranquility, peace, and reliability.

The meaning of colors and our reactions to them can change through out history, sometimes rather abruptly. The H.J. Heinz Company had been making red ketchup since 1876. Yet in 2000 someone had the brilliant idea of turning it green. Sales took off and over the next six years many other colors were forth coming to include: orange, pink, and purple. Turns out young children loved them, selling twenty five million bottles over this short lived fade, ending in 2006.

What started me off thinking about the meaning of colors was a friend's comment that color identification of gender had done a complete 180 reversal, with pink formerly representing boys and blue girls. Although this is subject to much debate; it appears that at least as far back as the 1800's in America, pink a version of red was associated with strength and masculinity. Blue with femininity and the Virgin Mary. For reasons unclear these two colors did an abrupt flip flop post WWII. Perhaps it had something to do with the vastly expanded role of women in the workforce during the war years and a need to reestablish cultural norms. I am only speculating as I have seen no writing to base this on. In any event by 1950, and thanks to retail fashion marketers the

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change had clearly occurred.

Lastly, after all this talk regarding color and its affect on us, I have one very disturbing thing to pass on. The colors you perceive in your world are NOT the true colors. I found this confusing and hard to believe at first, until I gave it further study. It turns out our brains are simply interpreting color or data if you will, coming into it from our eyes. It is that interpretation that gives us the "impression" of certain colors. In actuality it is not an exact picture. It is much easier to understand when two or more people look at the same thing and see something slightly different. Our eyes only see a small portion of what is visible white light. A small band just this side of violet on one end of the spectrum and red the other. Simple put, these short wave lengths are both absorbed by matter and reflected off it. They are in turn refracted through the cornea, images turned upside down by the lens, and onto the retina. Eventually interpreted by the brain to give you the colors which you perceive. Not what is actually there. In conclusion; scrap the science and remember this; beauty truly is, in the eye of the beholder.

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In Remembrance

Alois (Louie) A. Matousek 91

January 27, 1930 -

January 14, 2022

Born in Schenectady

January 27, 1930.

He was the Edinburg Town Assessor for 29 years, also served as Saratoga County Committee Man for several years.

Services will be conducted by US Army and the Independent Order of Odd Fellows, and the United Methodist Church.

In lieu of flowers please donate to Edinburg Emergency Squad or Hospice. Burial will be in the spring and announced at a later date.

Condolences may be made to the family online at www.northvillefuneralservice.com.

You can also read his complete obituary at: www.northvillefuneralservice.com/obituaries/Alois-Louie-Matousek



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Edinburg SOLD \$240,000
Recently sold, 1.3 ac parcel with membership in 514 Beach Assoc. Sale includes dock system, drilled well and shed.



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Pine Crest Rd Edinburg. 62 acre APA and Town approved 12 lot subdivision. Lots range from 3.22 acres to 8.03 acres. Call for more details



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Stony Creek Asking \$76,000
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MLS#202126287



Edinburg Call for more details
Several lots available in ADK Acres located on Northville Rd. Direct access to snowmobile trail system .

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EDINBURG VOL. FIRE CO.

by Brian DeFeo
**Neighbors Helping
Neighbors**

For the period covering December 15th, through January 15th The Company responded to three alarms.

December 19th, Mutual Aid to Northville

December 28th, Mutual Aid to Providence

January 9th, Structure Fire, South Shore Road

Each Winter season you see at least three articles (including this column) dealing with the proper thickness of the ice in order to do various activities. On the Lake. Likely there is an article dealing with just that, in this particular Issue. Today we will talk briefly about what to do if you fall through the ice. There key word being brief, because you are not going to have much time. Hypothermia generally begins to set in when the body temperature reaches 95 degrees. Based on several factors, that might be anywhere from ten to twenty minutes depending on which expert's advise you care to follow.

What we can say is this, the first thing that will happen when you fall through the ice is that your body will go into "shock reflex". You will gasp for air and thereafter hyperventilate. This initial shock wears off in about three minutes as your body makes a feeble attempt to acclimate to the new environment. Unless your are a tuna, its not going to happen. You are on your way to

hypothermia and perhaps "the Promised land". Yet besides pray, there are a few things you could actually try.

Your blood pressure, heart rate and respiration rate are through the roof. You need to focus, don't panic, easy for me to say. Yet recognize that you have to take immediate measures to remove yourself from the Lake. Treading water and waiting for help to arrive is not a viable option. Try to locate the spot where you broke through the ice. There is a chance that the new edge just behind where you fell in, is strong enough to hold your weight to get you out. Don't start trying to swim around to find a better spot.

Use your forearms and elbows to try and leverage your upper torso onto the ice. Once successful, try and get the lower portion of your body as horizontal as possible. Then with whatever strength you can still muster, kick your legs while crawling with your forearms. Okay you made it, but don't stand up! Instead roll away from the hole several feet and thereafter go into a crawl.

Well you are out but you are still not safe, Hypothermia can continue to degenerate your body. Besides the physical aspects, your thinking may be impaired. Your speech might no longer be intelligible but you may not even recognize that. Immediately seek first responder medical assistance anyway you can.

it is interesting to note that some people particularly ice fishermen, carry ice picks with them on the lake. These are usually small plastic tube like handles with a sharp metal point. They attach to your outer clothing. In theory, one could use these picks as grippers and pull yourself out of the water and onto the ice. And if you have good upper body strength and a lean frame to begin with, I bet they work.

A better bet however is to know the Sacandaga. It is a fickle thing. Most likely angry as we keep calling it a Lake when it knows its a river, and acts like a river with a constant current and a bit of an attitude. In one spot you can park a Mack Truck, yet in another part of the lake there still might be open water in February! So stay safe, by staying smart.

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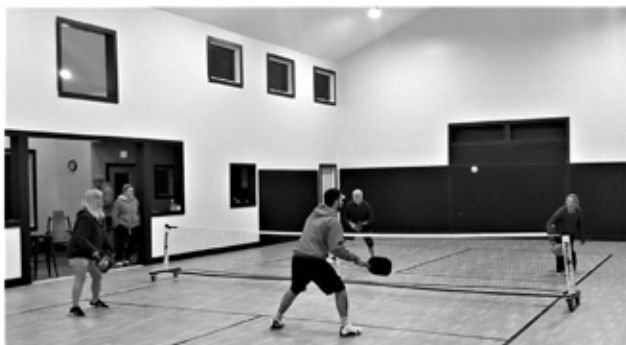


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PICKLE IN THE PARK



Pickle in the Park is a pickleball membership club in Sacandaga Park. There are 5 outdoor courts and 1 heated indoor court. Access to the courts and parking is off Rt30, on the East side, at the 45mph sign just North of McKinley Avenue. We have games and practices most days. All you need to play is proper court shoes and a paddle. The rules of the game are easy to learn and there are lots of instructional videos on U-Tube. Like tennis, you can play singles or doubles. Playing schedule info and membership communications are through a phone app called Heja. Since many of our members go south during the winter, we are looking for more winter indoor season members. Evening (after work) playing sessions and exclusive small group play can be accommodated. The Winter indoor and Summer outdoor membership fee per player for 2022 is \$175 each; the daily summer guest fee is \$10 per day/player. For further info call Willem at 518 332 6896.



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Many Mittens 2020-2021

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What an outpouring of compassion & support

With the gift of a simple pair of mittens, gloves, or socks or a hat to warm children's hands, heads and feet, we show them that we care.

I started the Many Mittens Program six years ago. With the help from local churches and merchants and the Edinburg News Letter, WE SURPASSED our expectations this year for the number of collected new mittens, gloves, hats and warm socks!

Many children need warm clothing in cold winter months. To heighten awareness of their circumstances, once again by collected the items, we demonstrate how a simple act of kindness can make a difference in their lives.

For all of you who participated and left mittens, gloves hats and socks at the various collection boxes, I thank you!

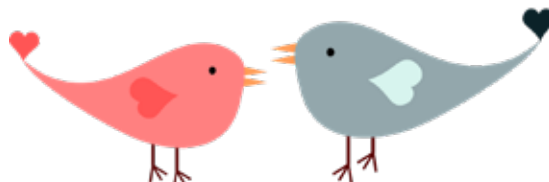
Baskets and boxes were collected by Jan 15th and the warm items were distributed to Northville and Edinburg.

Help us increase awareness of ALL needs that go unnoticed!

Together, we can make a difference.

With gratitude,

Jane Ferguson





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DID YOU KNOW THAT—

*by Town of Edinburg Historian,
Priscilla L. Edwards*

Revolutionary War Veterans Buried in Edinburgh's Cemeteries

Thus far I have found twenty-six Revolutionary War Veterans buried in our Town of Edinburgh cemeteries. Edinburgh as a town did not exist during the war years of 1775-1783, in fact we didn't even exist as Saratoga County. The area that became Edinburgh was part of Albany County until Saratoga County was formed from Albany County in 1791. Many of the veterans that made their way to the Sacandaga Valley after the war might have passed this way during the war on their way to Fort Ticonderoga. They saw the fertile land along the river as well as the huge white pine forests and decided it would be a good place to settle and raise a family. The other reason being that after the war realtors and politicians wanted to see more settlement in sparsely settled New York State so word was soon circulated throughout New England that one could live on three days of work in NYS as easily as six days in NE. Tall tales, indeed!

A few veterans were given land grants in payment for their military service. Others like Samuel Downing worked the land for many years before he could claim it as his own. I've read that Jesse Barker Jr. received a land grant but I've yet to see proof of such.

Abijah Stark, Edinburgh's first recorded settler in 1787 is buried in the Anderson Cemetery on South Shore Road. Abijah had fought at the battle of Bennington with his uncle General John Stark. After the war Abijah and his family traveled from Coleraine, Massachusetts settling just north of Fish House on what we now know as South Shore Road. Town of Northampton residents, brothers Don and John Ferguson are direct descendants of Abijah through their late mother Dorothy Stark Ferguson.

David Lawton, James Partridge, Isaac Thayer and Daniel Washburn are buried in the Partridge Cemetery on Sinclair Road. The Lawton and Partridge families settled on the west side of the river not too far from the Town of Northampton

line; It's unknown where the Thayer family settled while the Washburn family settled near Beecher Hollow.

Those buried in the Clarkville Cemetery on Tennantville Road include Jesse Barker Jr., David Cole, John Cook, John Corey, Samuel Downing, Capt. Ziba Hunt and James Simpson. Jesse Barker introduced Methodism into Edinburgh. David Cole came with his family from Dutchess County. He was my 4th great grandfather. The Cook family settled in the western part of town. Samuel Downing was originally from Massachusetts. He enlisted in New Hampshire at the age of fifteen serving with Gen. George Washington at Yorktown. He also did garrison duty in the Hudson and Mohawk Valleys. At times he took part in scouting parties against the Indians and Tories. He died at the age of 102. Capt. Ziba Hunt, a native of Connecticut moved from New Lebanon, Colombia County, NY. He was a tanner and shoe maker by trade. He and his family were buried in the Cold Brook Cemetery and moved to Clarkville with the creation of the Sacandaga Reservoir.

James Simpson lived just over the line in the Town of Hope but is buried in Clarkville with the rest of his family, having a field stone as his headstone. He was held captive on a British war ship for three months during his war service. "Old James" was my 3rd great grandfather.

John Corey came from Rhode Island with the Tennant, Cole, Robinson, Greenfield, Simpson, Gorton, Grimes and Kinnicutt families in the early 1790's-all settling in the northeast section of town.

The Edinburgh Cemetery is the resting place for veterans Azariah Ellithorp, Calvin Graves, Sampson Hosley, Cushing King, Isaac Noyes Sr., Jonathan Smith, John Sumner, Robert Sumner, Philip Vandenburg and Aaron Van Patten.

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Azariah Ellithorp served in Pennsylvania and under Gen. Washington was at the battle of Trenton and spent a winter at Valley Forge. Azariah and his family came to Edinburg in oxen-drawn sleighs in the middle of February 1802. He built the first distillery in town and was very active in town events. Sampson Hosley had settled along the river road northeast of Beecher Hollow. He died at the age of ninety. Cushing King, died at the age of eighty. Isaac Noyes Sr. and his family settled near Batchellerville in 1806 buying the Sumner sawmill. His body was moved from the Batchellerville Cemetery.

Jonathan Smith was a captain in the Continental Army. He later married Betsy Sumner, daughter of veteran Robert Sumner. Their family settled on the river road northeast of Beecher Hollow. John Sumner built the first sawmill in town. His family settled on the river road northeast of Beecher Hollow. Robert Sumner-brother of John-was the town's first Supervisor. His family also settled on the river road northeast of Beecher Hollow.

Aaron Van Patten's family also settled on the river road northeast of Beecher Hollow. The Jonathan Smith, Calvin Graves, Philip Vandenburg and Aaron Van Patten families were originally buried in Cold Brook Cemetery and moved to the Edinburg Cemetery. The Sampson Hosley, Azariah Ellithorp, Cushing King, John and Robert Sumner families were originally buried in Beecher Hollow and removed to the Edinburg Cemetery. These removals were also done due to the creation of the Sacandaga Reservoir.

Benjamin Sumner was taken prisoner and taken to England in chains. His long confinement and shackles caused sores from which he never recovered, finally causing his death. He and his wife were buried in unmarked graves behind their home on Sinclair Road.

Job Albro was born 1741 in West Greenbush, Rhode Island. He enlisted in 1775, was wounded at the battle of Harlem Heights and discharged in the spring of 1777. He and his family were in Edinburg by 1810. He passed away in 1843 but burial site is unknown.

John Rhodes settled in the western part of town but we don't know his burial site either.

Neither do we know the burial site of a most unusual veteran-John Gordon. According to his great grandson Wellington E. Gordon,

John Gordon was a Hessian soldier in one of the regiments hired by George the 3rd of England to fight our Colonial troops. John was captured at the battle of Bennington, held as a prisoner in Boston where he enlisted in our American army and was honorably discharged at the end of the war. He married Mary Whitman, a niece of Gen. Gates in Henniker, NH. They moved to "York" State settling in the Sacandaga Valley where they bought a farm and built a log home a mile north of Batchellerville on the east side of the river. I cannot find John or Mary's burial site in any of our cemetery records so it's possible they were buried in the "back forty" of their farm.

I found 3-4 other veterans that settled in Edinburg for a time before pushing on westward for better farming conditions.

All of these men believed so strongly in freedom from Great Britain for themselves and their families that they banded together as "ONE" to fight and defeat the enemy. We must admire these hardy souls that left their secure homes in New England after the war to travel to an unknown wilderness. Thanks to the strength and perseverance of their descendants Edinburg is alive and well today!

Our Nation will recognize the 250th Anniversary of the Revolutionary War in 2025-2033.

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Sun, Sand and Swaying in the Breeze!

by Janice Hawk-Baldwin

When did you realize that things in life, never really stay the same? Change happens from the moment we are born. Think about it, how many times in your life have you said “I don’t want things to change, I want them to stay this way forever”. Many times I have said these very same words. Growing up, however, I took the opposite approach. I talked about what life would be like: when I was 18, when I graduated from college, when I got married, when I had children, when I had another job and on! The truth is as we get older, we change our views depending upon where we are in life.

Every morning when I get out of bed I am stiff with some aches and pains. When I get up, the first thing I see is my reflection in the mirror. Have you ever been startled when you look at yourself in the mirror? I have and sometimes it is downright frightening. Where did those wrinkles come from? Is that another gray hair? What is wrong with the gravity in my bedroom, everything is sagging. Occasionally, I see my shoulders slumping. It is especially noticeable when I have not taken the time to exercise or stretch. My husband never fails to tell me to stand up straight. I admit that I used to get mad but I know that he is not saying it to be mean. He is saying it because he loves me. I actually have to practice standing up straight. It is sad but true. Exercise for all of us is critical at every stage in our lives. Exercising is not new to me, however, it is more important now than ever. There are some days when my body does not want to cooperate. When I have those days, I do things a little slower but I always try to finish my entire core routine. If I am out walking and I am overtired, I can’t just give up. If I want to get home my only option is to walk back. I slow my pace and take a few more breaks.

Whether we like it or not the older we get, the more changes we see. I remember thinking that only old people had wrinkly, saggy skin. The reality is that I am now, technically, one of the old people. I can not escape that. I earned every

wrinkle and gray hair. I want to put up a fight but it is what it is. We need to take charge of ourselves and our bodies at all ages. I may be at the age where I qualify for old people “entitlements” but I refuse to be forced into thinking I am old just because society says so. I am trying to accept all the natural changes in my body with grace. It is not always easy. We need to make personal changes in our routine to help us deal with our bodily changes. I do not need a mirror to show me that my hair is not as pretty and healthy as it used to be. It is actually starting to thin and more gray shows up all the time. I continue to make a conscious effort to get my hair styled every six to eight weeks. My makeup routine has changed for obvious reasons but I make sure that I leave the house with it on. Accentuate your best feature. If nothing else put on a little lip gloss and go out into the world and smile. Always remember if you are applying lipstick, it goes on your lips and not around them.

Sometimes it is hard to find clothes that make me look my best. Advertising and the media is always trying to tell us what we need to buy and where to buy them. They do not know me or you. We know what our best attributes are. I am not a teenager that wants to show my butt and I am not a person who wants to wear oversized clothes to cover my body. Don’t be afraid to look in the mirror and evaluate your best features, now. If you really are not sure ask a significant other or a friend. Always remember, we are old enough to have common sense. If you find something that makes you look good, buy it. Always be proud of yourself. As for the wrinkles and laugh lines I am learning to accept them. We are all shaped by the experiences in our life. Most were good, some were bad and some very ugly. We need to learn to accept the things we can not change. Billy and I are happier than we have ever been. We do a lot of smiling and laughing together. Laughing at ourselves, is good, as we work to be the the best we can be. It is worth the extra effort to try to maintain what we have now. In order to grow, we can not live in the past. I am forever grateful that things do not always stay the same. Grab your honey or your friends and find some new adventures! Change is good! We never know when the final change is going to happen! Keep living, loving and laughing. (P.S. This information goes for men too! They don’t wear makeup but they do need to trim their nose and ear hairs.)



NAV-ED Lake Safety:

Lake Safety: SNOW and BOATS

*by Captain Peter M. Byron,
NAV-ED SERVICES GROUP*

It is now time to go to press for next month's (February, 2022) comments on safety and the lake. Half way through the month of January, we are awaiting a storm with snow but a 12 degree to 35 degree temperature range for the following 7 days. Be safe on the roads and around the house!

SNOWMOBILES

The launching point for the snowmobile world in New York State is <https://parks.ny.gov/recreation/snowmobiles/> This site opens to a world of over 10,500 miles in the Statewide Snowmobile Trail System in 45 counties!

INSTRUCTION REQUIREMENTS

An operator training course is offered to snowmobilers of all ages beginning at age 10. The result for successful students is the NYS

Snowmobile Safety Certificate.

Eligibility for operating snowmobiles vary in different settings i.e. private lands or when accompanied by another person. Check the small print before leaving home!

"Youth ages 14 through 17 years old may operate a snowmobile, on lands upon which snowmobiling is allowed, without adult or other supervision if they have completed a snowmobile safety training course recognized by the State of New York. If youth ages 14 through 17 years have not completed the training course, they may operate a snowmobile if accompanied by (within 500 feet of) a person who is at least 18 years of age. Youth ages 10 through 13 may operate a snowmobile, on lands upon which snowmobiling is allowed, if they have completed a snowmobile safety training course recognized by the State of New York and are accompanied by (within 500 feet of) a person who is at least 18 years of age.

Children less than 10 years old or less than age 14 without a safety certificate may operate a snowmobile only on lands owned or leased by their parent or guardian.

Continued on Next Page

Ride Responsibly!

Avoid these dangerous combinations

Speed



Alcohol



Dark



SAD



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This Public Education Project is sponsored by the Great Sacandaga Lake Advisory Council

A non-resident operator who is a resident of another state or country and is the holder of a valid snowmobile safety certificate issued by that state or country shall be considered the same as the holder of a New York State Safety Certificate.”

Snowmobile courses are being offered throughout New York State and updated weekly during the snowmobile season. Check the list: <https://www.parks.ny.gov/recreation/snowmobiles/safety-courses.aspx> Courses have been offered in Mayfield!

The best ‘quick’ source of information for novice snowmobilers is the NYS Snowmobiler’s Guide. The source provides a series of other electronic sources for snowmobiling as well as quick electronic addresses for the NYS Department of Environmental Conservation, NYS Park Police, NYS Snowmobile Association and the NYS Department of Motor Vehicles. The Guide can be found at: <https://www.nxtbook.com/nxtbooks/nysparks/snowmpobo;egiode/index.php#/p/Cover1>

The Guide is ‘super comprehensive’. It is great that the guide can be downloaded and hopefully kept on YOUR snowmobile for reference as questions come to your mind!

The text takes the novice through:

Registration at the Department of Motor Vehicles and provides simple answers to different types of ownership issues including inheritance of a sled. It concludes by providing the registration application and information on renewals.

Trailer registration and safety tips for trailering.

Required equipment including helmets, mufflers, headlights, taillights, eye protection, reflective material, personal equipment and emergency equipment.

Rules of the Trails and Roads
including permits, openings, navigation,
trail markers and signs, facilities, hand
signals, operational restrictions, operation
on highways and trail etiquette.

General Snowmobile Regulations
and speed, accidents, insurance, age and
education requirements, law enforcement,

snowmobiling while intoxicated and zero tolerance.

Getting Ready to Ride including ride planning, personal preparation, riding training, apparel, leader and trail rider, group rides, ride crossing with a group, emergencies.

Specific recreational activities such as snowmobile clubs and special events.

You should take the time BEFORE you hit the trails to become familiar with the rules and the operation procedures. HOWEVER, it is really important that you gain from the experience of others. Learn from fellow snowmobilers!

You are ready to go but it will not make too much sense unless you check the weather for your destination. Remember that the best way to find the details is to take a look at the National Weather Service web information. A single address: (<https://www.weather.gov>) brings you into the center of most of the information you will need. Just start by entering the web address and then enter your City or Zip Code of interest and press GO.

You are now set for your 7-day forecast and access to weather warnings. The key is (<https://www.weather.gov/aly/winter>) for all of the details for snow/ice projections and winter weather





warnings for your destination!

Don't be surprised by the weather at your destination when you arrive, be safe and prepared before you arrive.

A Message from New York State Parks and Recreation

It seems hard to believe that we are already into February, 2022! Although the temperature and ground cover do not show it, we have Daylight Saving Time on March 13 and the first day of Spring on March 20, 2022! We will be moving from the slopes to the waterfront before we know it.

Although a lot of us have been on a slowdown mode over the past few years because of COVID-19, some dates are still important as markers in our recreational world. For boaters, it is important to remember or if not remember, to know now that the clock is ticking on the requirement that all boaters must have a boating safety certificate by 2025!

Individuals born on or after January 1, 1988 must have their certificate NOW! The remaining age requirements are: Born on or after January 1, 1983 will need a certificate beginning in 2023 and born on or after January 1, 1978 will need a

certificate in 2024!

Details on the regulations regarding the operation of vessels, personal watercraft and deadlines for the certificate requirements can be found at: <https://parks.ny.gov/recreation/boating/education.aspx>

Boaters can take a course either in person or online. Specific information on the availability of boater safety courses statewide including dates, locations and instructor charges, if any, is available at: <https://parks.gov/recreation/boating/safety-courses.aspx> This location also contains access to 'online' instruction including a FREE course! The price is right and the time is right so take a course! There might be a lot of people delaying their coursework so it is a great time for you to step up for the FREE online course!

We will continue our conversation next month!

Be SAFE in the Spring, Summer, Fall and Winter!

Peter M. Byron who is a USCG licensed Captain has taught NYS Boater Safety Classes and USCG license courses on the Great Sacandaga and in the Capital District for many years.

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Sacandaga Valley Arts Network: Always Creating

The Sacandaga Valley Arts Network, Northville Gallery and Gift Shop, may appear to be “closed for the season” but we are by no means in hibernation for the winter. Regardless of seeing

the lights on, know that this all volunteer run organization is busy behind the scenes, planning for a special year of programming.

2022 marks an Anniversary for SVAN! Celebrating and promoting the arts in the Sacandaga Valley Region began with a small group of dedicated artists and volunteers 25 years ago. The organization has grown and changed over the years, becoming the official “not-for-profit” board run organization it is today.

Still run exclusively by dedicated volunteers, we boast three visual arts galleries, music concert series, theater performances, artist receptions, hands on workshops, student scholarships, special events and so much more.



Making mosaic ornaments

You can stay up to date with all we have to offer through the SVAN website (www.svanarts.org), our quarterly Members Newsletter, Facebook, Instagram and the SVAN Grapevine online newsletter. Our effort to be a vibrant part of the community is forefront in our minds as we plan our celebration of this exciting year and continued growth in 2022.

Like all volunteer run organizations, we are always looking for diversity in opinions, creativity in planning and the dedication of supportive members. Those involved in any arts organization know it takes a variety of skills and talents to be smoothly run and efficient. Accounting, bookkeeping, advertising, publicity, gallery supervision, supply inventory and ordering, cleaning and even yard work are just a few of the “behind the scenes” tasks that keep this group able to offer its varied programming.

We have some exciting ideas for 2022 and look forward to the continued support from the community. Check back often to see the latest activities and events offered and consider becoming a member to lend your talents and support SVAN’s mission to enrich the community through the arts.



Sacandaga Protection Committee

*by Joe Sullivan
SPC Co-Chair*

Save the Date

We will be having our 2nd annual golf outing fundraiser on Saturday June 11th at 9 am at Rolling Hills Country Club in Fort Johnson. This is one of the SPC’s major fund - raising efforts. Help the SPC protect the environment, economy and the way of life on the GSL. Check our website www.sacandagaprotectioncommittee.org, future editions of the Edinburg News or email SPCGSL@gmail.com for more information. We know many are enjoying the snow and winter activities and many are “thinking spring”!



Edinburg Historical Society
PO Box 801
Northville, NY 12134

EdinburgHistoricalSociety.org

The Edinburg Historical Society Board members met in January to organize the 2022 meeting schedule and set dates for our two festivals. Hopefully we will be able to have these meetings.

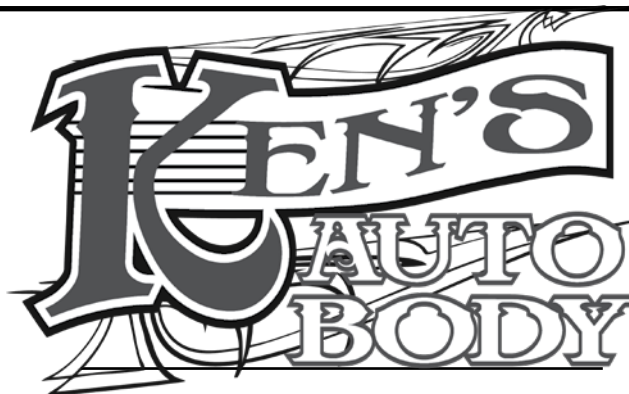
The Copeland Covered Bridge Share Sign was destroyed by vandals so it will be rebuilt and placed at the Rural Museum where it is more visible to the public from the road. The Society maintains the Copeland Covered Bridge, Carriage Factory, Rural Museum and Sand Hill one-room schoolhouse with donations, the sale of shares in the Copeland Bridge, bake sales and two festivals. It is expensive to replace signs, flowers, and clean the graffiti that have occurred at the Copeland Site.

The tentative schedule of meetings will be held the third Tuesday of the month at 7 p.m. This year these meetings will be held at the Sand Hill one-room schoolhouse. Dates are May 17, June 21, July 19, August 16, September 20, October 18, and November 15.

The Society will have a homemade baked goods and Salad Sale on Saturday, May 28, 9 to 12. The Historic Edinburg Day Festival will be held on July 9, 10 am to 3 pm and will include the sale of homemade baked goods and baked beans and salad. The Edinburg Fall Festival will be held on Saturday, September 17, 10 am to 3 pm and will include the sale of home baked goods, beans, salads, soups and chili. Craft Vendors will be set up outside the Rural Museum at both Festivals.

Two shares in the Copeland Covered Bridge were purchased by the Colvin Family in memory of Nina Colvin and the Frasier Family in memory of Terry Frasier, Sr. To order a share in memory of a loved one, a birthday or celebration, or in honor of someone send your check

to the Edinburg Historical Society, PO Box 801, Northville, NY 12134 with information and name and address of where to send the Share Certificate.



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WHEN THE LAKE SINGS

Harold Cheney

I look forward every winter to hearing the frozen lake sounds.

Musical tones, pops and groans almost like sounds a whale would make, or your stomach grumbling loudly, or the sound of an ancient spirit being awakened under the ice.

Frozen lakes make the most noise during major changes in temperature. The ice expands or contracts when the temperature changes. As the ice grows thicker, it creates strong tensions in the ice sheet. This, and changing water levels cause the ice to crack, creating the magical and

otherworldly sounds. You will usually hear the most noise from the lake in the morning and evening, as the temperature rises or drops.

As the cracks move fast through the ice, it creates these strong vibrations and weird sounds that can be heard for miles. The colder it is, the louder the sounds. They are affected by how fast the ice grows and how much snow covers the surface.

The sheet of ice acts as a membrane, transmitting all kinds of sound frequencies, high and low. Like striking a large thin metal sheet with a hammer. The high frequencies travel faster, so they reach your ears first, then the lows, which can sort of sound like a Star Wars blaster.

If you get the chance, venture out on the ice (when safe) and just listen. I really love it, although it can be a little unnerving when you see and hear a crack shoot right between your feet.

Just one of the many natural wonders of life in the Adirondacks!

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Northville United Presbyterian Church News

Frank Ralbovsky
frankralbovsky@gmail.com

A stable-place sufficed
The Lord God Almighty
Jesus Christ.

What can I give Him,
Poor as I am?
If I were a shepherd
I would bring a lamb,
If I were a Wise Man
I would do my part,—
Yet what I can I give Him,
Give my heart.

Some Reflections on This Month

It certainly looks and feels like Winter is here in our gorgeous North Country. Upon reflecting on the often-harsh weather, on Covid and the new strains, and on many of the less-than-positive media news we are often bombarded with, I could not help but remember an old favorite hymn. "In the Bleak Mid-Winter" was adapted and set to music based on an 1800's poem, portions of which I am sharing below, since the poem itself is in the public domain:

"A Christmas Carol" from the poem by
Christina Rossetti - 1830-1894

In the bleak mid-winter
Frosty wind made moan,
Earth stood hard as iron,
Water like a stone;
Snow had fallen, snow on snow,
Snow on snow,
In the bleak mid-winter
Long ago.

Our God, Heaven cannot hold Him
Nor earth sustain;
Heaven and earth shall flee away
When He comes to reign:
In the bleak midwinter

The full poem and hymn is a beautiful commentary on the birth of Jesus, and can be found on-line or in most every hymnal, and is worth reading and reflecting upon, as well as singing.

A Lighter Take on Winter

Although the final verses of Rossetti's poem finish on a more serious, inspirational note than severe weather, I found another take on Winter weather, which (with apologies) may bring a smile to some of us:

Child: "Dad, our cat seems upset about all the snow. I think he misses going outside."

Father: "That's OK, he probably just has a bad case of cat-in fever."

Church News

Now back to church business!

We are pleased, as always, to welcome in the upcoming Lenten season: a period where we sacrifice; we pray; we mourn; we wait in anticipation of the miracle that defines the Christian faith; and then we rejoice.

Continued on Next Page

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From Previous Page

More will be said on our Lenten season and services next month, but for now, due to the ongoing and increasingly dangerous Covid situation, now having hit our North Country pretty hard most recently, many of us are more shut-in than usual. If so, I suggest that we use this extra at-home time to reflect on our neighbors, our families, and perhaps far-away friends.

Since our Church's services have gone back to streaming-only during January, I have been feeling a bit more detached from my church family. My personal solution is to spend some time during prayer services by browsing through our church directories (the ones that have photos of our congregation.) I find this practice of "seeing" my church family members and reflecting on good times together a good antidote for our lack of in-person time together and the Covid blues. I highly recommend this. If you don't have a church directory with photos, take time to browse your church's membership list and use your memory of faces and times together. Times at Sunday services, fellowship hours, church community

events, laughs together, hard times together, hugs, and shared love.

Until the next time, keep updated on our Church news, through our Facebook pages at:

<https://www.m.facebook.com/northvilleunitedpresbyterianchurch>

Or our web page at:

<https://northvillepresbyterian.org>

Until next month, please, please, never forget that God created humankind in God's own image: ALL of us! Be the good Samaritan! We pray that we and all of our neighbors acknowledge and practice this understanding. We, at NUPC continue to wish you all WELLNESS, PEACE, LOVE, BROTHERHOOD, SISTERHOOD, OTHERHOOD, INCLUSIVENESS, AND GOD's BOUNTIFUL BLESSINGS !

Note: these are the views of Frank Ralbovsky, Congregant, Elder, and Deacon of the Northville United Presbyterian Church) with the full support of his pastor, Rev. Kate Kelly.



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Sunday 9:00 AM Promises From God

Genesis 28:15 Know that I am with you and will not leave wherever you go.

The promise from God gives us comfort especially now in this New Year when the Covid continues to spread, the need to have powerful, life changing authentic worship, to focus on God and his great powers.

Jeremiah 29:13 "You will seek me and find me when you seek with all you heart"

Luke 11: 9-10 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

Philippian 4:6 "Do not be anxious about anything, but in everything, by prayer and petition, with Thanksgiving, present your request to God.

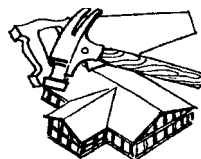
James 4:2 "You do not have because you do not have God

To quote E. M. Bounds "what we need today is not more machinery or better, not new organizations or more and novel methods, but men and women who the Holy Spirit can use, men and women Mighty in prayer".

We place our trust in God's promise. Let us freely and without fear and open our hearts to God's healing peace and hope. God will hear our prayers. Under God's hope you will find shelter.

Welcome to our Church and hear Stephanie our CLM remind us of God's transforming love. Our mottos are: OPEN DOORS OPEN HEARTS OPEN MINDS

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Northville Baptist Church

by Barbara Klueg

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Sr. Pastor: Pastor Andrew Larson

Love and Forgiveness!

February is best known as the month to celebrate LOVE and because of that, Valentine's Day is a VERY popular holiday. Florists, candy companies, restaurants, jewelry stores, card companies, gift shops . . . and more depend financially on this one annual event.

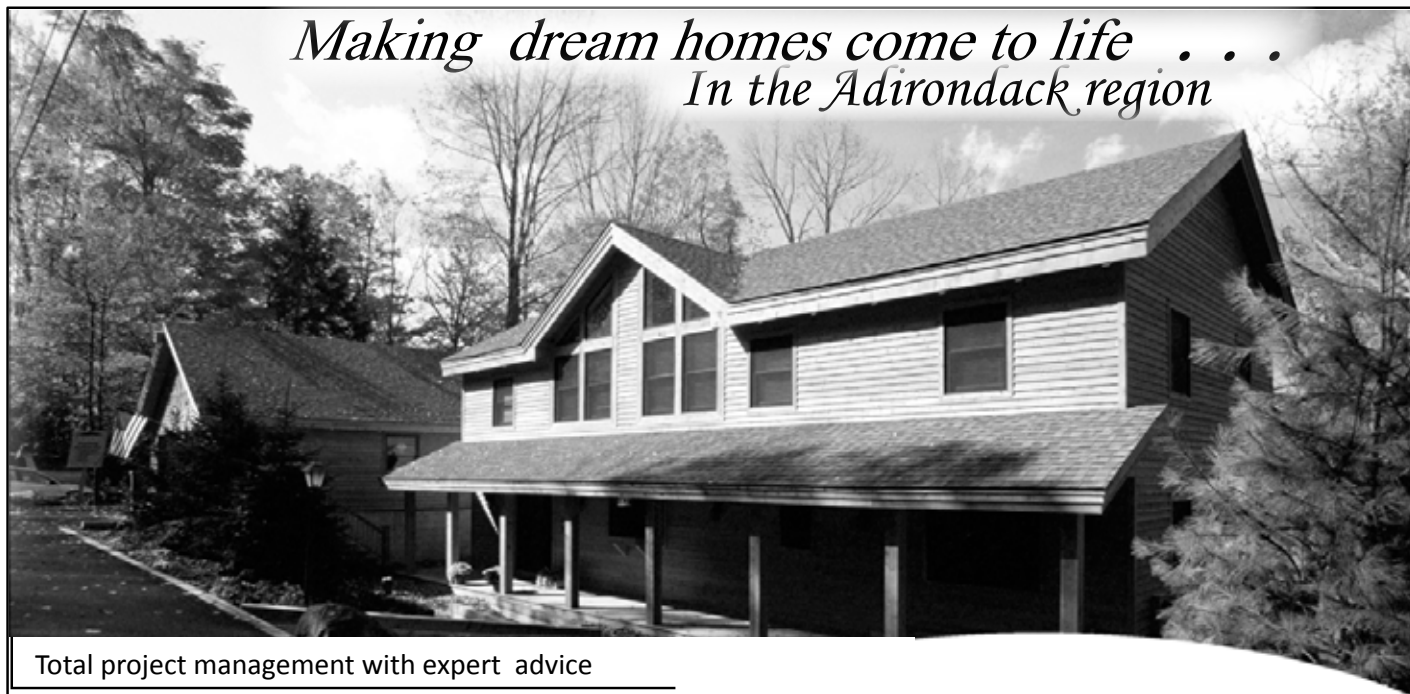
A major part of showing love to someone (in addition to giving them a loving gift) is to have a forgiving heart. You are NOT perfect, no matter what your mama told you when you were a little tyke! We all mess up once in a while and could kick ourselves when that happens. During our 50+ years of marriage we learned early on how important it is so say "You were right, right, right

and I was wrong, wrong, wrong. And . . . please forgive me." The Bible talks a lot about forgiveness and says point-blank that we need forgiveness because we are all born sinners. Thankfully, God provided a cure for sin . . . Jesus died and rose again for sinners, and if we repent of our sins and trust in Jesus alone we are made right with God by his grace.

Forgiveness is a huge part of LOVE and is a MUST! The Bible says "If anyone has a complaint against another you must forgive them. As the Lord has forgiven you, so you also MUST forgive. And, above all put on LOVE, which binds everything together in perfect harmony." (Colossians 3:13-14)

Sometimes we think that it's OK to hold on to an unforgiving heart because we feel it's justified in some way. But carrying around hurts, wounds, and grievances negatively affects our relationships with others and with God. We are commanded in the Bible to forgive one another! There was a funeral one time where the family members had held bitterness toward each other for many years, not even speaking to one another. The day before their loved one's burial they made things

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right with each other and asked for each other's forgiveness. At a normally very sad event there was forgiveness, peace and even joy.

While growing up I became bitter toward my Dad and felt betrayed by him. But when I was 16 years old I came to know and trust in Jesus. My life changed drastically . . . forever! I knew I had to forgive my father and make things right with him. Matthew 6:15 really got to me! "But if you do not forgive others their sins, your Father will not forgive your sins." Finally, I asked God to forgive me for my horrible attitude toward my Dad in spite of the bad decisions he had made. I swallowed my pride and reached out to Dad, asking him to forgive me for my unforgiving heart and how I treated him. It felt wonderful to let go of my bitterness. God slowly healed our relationship, and years later my Dad came to believe and trust in Christ, just two months before he died. I am so very grateful for God's forgiveness and mercy to us all. What a wonderful and mighty God! I pray this Valentine's Day you also will know God's love and forgiveness in your hearts and lives.

If you are having a hard time finding God's forgiveness in your life or forgiving someone, please let us help you. We can show you what God says in His Word and pray with you. Please call Pastor Larson at 518.863.8001 and he will set up a time to meet with you. He's a wonderful pastor and loves sharing the Bible and God's goodness.

Our church's weekly schedule:

Sunday:

Sunday School 8:45 a.m.

Worship 10 a.m.

Evening Service 6 p.m.

Youth Groups at BCON Corner.

Jr. High 6:00-7:30 p.m.

Sr. High 7:30-9:00 p.m.

Monday:

Women's Bible Study 10:30 a.m. & 6:30 p.m.

Bible Club after school to 4 p.m.

Wednesday:

N'ville Food Pantry 10 a.m. BCON Corner.

Thursday:

Prayer Meeting 6 a.m. & 7 p.m.

Choir Practice 8 p.m.

Check out our website at bconny.org or our YouTube Channel or visit our Facebook page for any additional information.

Winter Indoor Garage Sale In Wells

On Saturday, February 5, there will once again be an indoor garage sale in the Community Hall in Wells, NY. The sale runs from 9 - 2 regardless of weather. The tables are free and there will be food for sale prepared by Johnny's at The Over Rock Cafe. To reserve a table, call Steve at 518-921-1309 or Dee at 518-924-5371.



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Diners Guide

Keeping Food Safe During a Power Outage

By Julia Hotaling, Sage College Dietetic Intern with Cornell Cooperative Extension Saratoga Co.

When the power goes out, one of the first concerns is what to do with the food in the refrigerator and freezer. Knowing how long those items are safe from food borne illness is important for a possible long-term power outage. Here are tips and information in order to be prepared for an inconvenient or unexpected loss of power.

Keeping Food in the Refrigerator Safe

Although it's unfortunate, a power outage might mean that certain food items need to be thrown away if they can't be held at a certain temperature for a long period of time. It's better to discard them than to risk a food borne illness.

- Refrigerated food is safe for 4-6 hours during a power outage
- The colder the refrigerator is when the power goes out, the longer the food will last.
- The warmer the room that the refrigerator is in, the shorter the food will last.

These are a couple factors to consider when determining if food is safe to consume or not. It's also important to try and open the refrigerator door as little times as possible, to avoid the cold air escaping into the room. A tip to keep food colder for longer is to put a block of ice on a pan and stick it in the refrigerator. If there's a thermometer available, keep it in the refrigerator to check that the food is being kept at a safe temperature.

When to Discard Refrigerated Items

While it's tempting to hold on to unopened food for as long as possible, it's safest to dispose of certain perishable items if they have been kept above refrigerator temperature, 40 degrees

Fahrenheit, for more than two hours. These perishable foods include:

- Raw or cooked meat
- Milk
- Cream
- Yogurt
- Soft cheese
- Cooked pasta
- Fresh eggs and more

For a list of all perishable foods, visit Delaware Cooperative Extension.

Frozen Food Safety

The freezer is able to keep frozen foods at a safe temperature longer than the refrigerator.

- Frozen food kept in the freezer is safe for 24-48 hours during a power outage
- If the freezer is fuller, rather than emptier, the food will stay safe to consume for longer
- Some items naturally stay frozen for a longer period of time, for example meat stays frozen longer than baked goods
- The larger the freezer size, the longer that the food will stay frozen

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- Just like the refrigerator, remember to minimize the amount of times the freezer door is opened.

A recommended tip is to try adding dry ice to the freezer to reduce the temperature. Or place quilts or blankets around the freezer in order to keep the temperature lower, but be careful not to block the air vent. Most frozen foods that have become thawed and held above 40 degrees Fahrenheit for more than two hours should be discarded. For a detailed list of frozen foods and whether or not they should be kept or discarded after time spent in the freezer during a power outage, visit University of Delaware Cooperative Extension.

For more information visit www.ccesaratoga.org/nutrition-food

NY State of Health is Urging New Yorkers to Get Health Coverage in 2022!

Health Insurance Enrollment Assistors will be at the Northville Public Library to Help People Enroll in Quality, Affordable Health Coverage

Thursday, February 17th, from 10am – 2pm

NY State of Health, the state's official health plan Marketplace, today announced that Health Insurance Enrollment Assistors will be visiting the Northville Public Library to educate New Yorkers about enrolling in quality, affordable health coverage. Enrollment Assistors can provide in person assistance to answer questions, schedule appointments and help with enrollment.

- The deadline for the 2022 Open Enrollment Period for Qualified Health Plans (QHPs) has been extended, and will remain open throughout the duration of the federally public health emergency, declared due to pandemic in March 2020.
- The Essential Plan, Medicaid and Child Health Plus are open for enrollment to eligible New Yorkers year-round

Enrollment Assistors will also educate consumers about the availability of expanded federal financial help through the American Rescue Plan Act. They will offer valuable information and assistance to current and new enrollees who qualify, including higher-income New Yorkers who may be eligible for the first time.

All health plans offered through NY State of Health cover preventive care, such as routine doctor visits and screenings, at no additional cost. For more information about Marketplace health plans and enrolling in coverage, visit: nystateofhealth.ny.gov. The Essential Plan now offers comprehensive benefits with \$0 premium, no deductible, and all plans include vision and dental coverage for all enrollees.

To read more about how NY State of Health enrollees benefit from the American Rescue Plan, please go to: <https://info.nystateofhealth.ny.gov/americanrescueplan>

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FEBRUARY DINNER

Chicken 'n' Biscuit



Wednesday, Feb 2, 2022
4:00 pm - 6:30 pm

Wells United
Methodist Church

Cost: by donation

(If possible, please have exact
amount available to minimize
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Menu:

Chicken in gravy
Bev Peter's Biscuits
Mashed potatoes
Green beans & carrots,
Apple pie, Carrot cake or
Brownie for take-out
Plus other desserts for dine-in
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51 Main Street, Lake Luzerne, NY 12846
(518) 696-2400 www.adirondackfolkschool.org

All classes are held at the Adirondack Folk School unless otherwise noted.

Saturday February 5

Woven Hanging Hearts with Barbara Boughton. 1/2 day. 9am-12pm. Tuition \$70. Member Tuition \$55. Materials fee \$20.

Saturday February 5

Hanging Hardwood Splint Snowflake with Barbara Boughton. 1/2 day. 1pm-4pm. Tuition \$70. Member Tuition \$55. Materials fee \$25.

Saturday & Sunday, February 5&6

Dovetailed Serving Tray with Martin Macica. 2 days. 9am-5pm. Tuition \$250. Member Tuition \$200. Materials fee \$45.

Sunday February 6

Woven Hanging Hearts with Barbara Boughton. 1/2 day. 9am-12pm. Tuition \$70. Member Tuition \$55. Materials fee \$20.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Sunday February 6

Hanging Hardwood Splint Snowflake with Barbara Boughton. 1/2 day. 1pm-4pm. Tuition \$70. Member Tuition \$55. Materials fee \$25.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Tuesday February 8

Adirondack Painting with Patrice Jarvis-Weber. 1/2 day. 6pm-8pm. Tuition \$55. Member Tuition \$45. Materials fee \$20.

NOTE: This class is offered 3 times. Painting for each class. February: ADK Winter Lake. March: Mountain Mist. April: Purple Trillium.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Saturday February 12

Stained Glass for Beginners with John Vaughn. 1/2 day. 9am-1pm. Tuition \$70. Member Tuition \$55. Materials fee \$25.

NOTE: Closed toe shoes and long pants are required for student's safety.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Saturday & Sunday, February 12&13

Introduction to Chip Carving with Dennis Wilson. 2 days. 9am-4pm. Tuition \$250. Member Tuition \$200. Materials fee \$30.

NOTE: Chip carving knives will be supplied by the school. Students wishing to purchase a chip carving knife should do so from either mychipcarving.com or chipcarving.com. An Introductory Chip Carving book may be helpful as well.

Saturday & Sunday, February 12&13

Rustic End Tables with Jim Schreiner. 2 days. 9am-4pm. Tuition \$250. Member Tuition \$200. Materials fee \$70.

Continued Next Page



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From Previous Page

Friday-Monday, February 18-21

Build the Sagamore Chair with Larry Benjamin. 4 days. 9am-4pm. Tuition \$500. Member Tuition \$400. Materials fee \$450.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Saturday February 19

Introduction to Woodturning with John Kingsley. 1/2 day. 9am-12pm. Tuition \$70. Member Tuition \$55. Materials fee \$15.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry. If sensitive to wood dust, registration for turning classes is not recommended.

Saturday February 19

Winter Landscapes & Waterways Photography Tour with Carl Heilman II. 1 day. 10am-6pm. Tuition \$205. Member Tuition \$195. Materials fee \$0.

NOTE: Equipment requirements include a DSLR and lens system/OR a full featured point and shoot camera (preferably with screw-on filter and tripod capability), a sturdy tripod and a remote release. In addition, bring along a full variety of focal length lenses from wide angle to telephoto and perhaps macro if you like so you can work with a variety of techniques through the day. As this class will be spent mainly outdoors, be sure to bring food, snack, water, a warm drink and warm winter layers for the day, including gloves/mittens, hat, possibly a face mask and warm winter footwear. It's good to have a waterproof parka and pants to stay warm and comfortable in the winter weather. Snowshoes can be helpful;

Carl will bring extras if student do not have any. An umbrella and/or camera cover can be helpful if there are snow showers. Also be sure to have at least one extra fully charged battery, the camera manual and enough memory card space.

Sunday February 20

Beginning Bluegrass Banjo with Mac Petrequin. 1/2 day. 1pm-4pm. Tuition \$70. Member Tuition \$55. Materials fee \$0.

Saturday February 26

Scroll Saw Puzzle Making with Walt Ulrich. 1 day. 9am-4pm. Tuition \$125. Member Tuition \$100. Materials fee \$15.

Saturday February 26

Silver Metal Clay Exploration with Nancy Miller. 1 day. 9am-5pm. Tuition \$125. Member Tuition \$100. Materials fee \$92.

Saturday February 26

Hiker (Small) Adirondack Pack Basket with Linda Scherz. 1 day. 9am-5pm. Tuition \$125. Member Tuition \$100. Materials fee \$85-\$105.

NOTE: Materials fee for Webbing Harness - \$85. Materials fee for Leather Harness - \$105. Leather harness is dark brown. Webbing harness color choices are red, olive green, black and dark brown. Please call AFS if you would like the leather harness as it needs to be ordered a minimum of two weeks prior to the class. Students should wear comfortable clothing.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Sunday February 27

Winter Weaving - Chenille Scarf with Teri Dvorak. 1/2 day. 12pm-4pm. Tuition \$70. Member Tuition \$55. Materials fee \$20.

NOTE: This class takes place at the Lake George Outlets location at 1476 State Route 9 #H14, Lake George, NY 12845.

Sunday February 27

Herbal Electuaries and Truffles with Margo Mullein. 1/2 day. 1pm-4pm. Tuition \$70. Member Tuition \$55. Materials fee \$35.

NOTE: We will be using nut products during this course. Bring your own apron.

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Dining with Diabetes

When: Mondays, January 24, 31, February 7 and 28th at 6:30pm

Where: Virtual Program via Zoom

Adults with type 2 diabetes (or those who are at risk of type 2 diabetes) and their family members, caregivers, and support persons are invited to participate in Dining with Diabetes. This free virtual program will help you learn the skills needed to promote good health while living with diabetes. Dining with Diabetes is an Extension program taught locally by Karen Roberts Mort, MS of Cornell Cooperative Extension Albany County.

Participants will learn how to read the new food labels, count carbohydrates and plan meals using the Plate Method. There will also be time to discuss ways to stay motivated to eat healthy and stay active during the current health crisis. This class offers opportunities to connect with others who are dealing with diabetes. Healthy recipes, cooking techniques and even ideas for making healthier choices at restaurants and grocery stores will be shared with the group. A Certified Diabetes Care and Education Specialist has been invited to attend one of the sessions.

Please register here

<https://cornell.zoom.us/meeting/register/tJErF-ygqD4jH9f5xxKk0V3Il8E0bFtmCbCc>

In order to get the Zoom link for the series. For help with registering or any questions, contact Karen from CCE Albany at kem18@cornell.edu or leave a message at 518-765-3552.

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Edinburg School News



Edinburg School Happenings

by Michelle Ellis
Superintendent

Returning from Holiday Break in January has been challenging to say the least, but we believe that our community is moving past the increasing positive rates. We had many students, teachers, and staff out during the month of January, so we are looking forward to putting that behind us. We know how challenging these times are for our families and community. Should your family or child/children have any needs, please reach out to us!

The Edinburg Common School PBIS Committee and Edinburg PTO look forward to planning some upcoming school-wide trips for February. The PBIS Committee has planned a tubing trip at Oak Mountain. Students, teachers,

and staff will enjoy several hours of tubing and snacks etc. The Edinburg PTO has planned a rollerskating trip to High Rollers just before our February break. We are thankful that both groups have planned these outings and everyone is looking forward to them. Please be on the lookout for parent permission slips and event day/time details.

The spring After School Clubs and Enrichment Programs have kicked off. We are pleased to offer the following after school activities for the spring session:

Homework Club
Basketball Club Grades 5-6
Basketball Club Grades 3-4
Lego Club
Yoga Club
Cooking Club
Crochet Club

Please note that all clubs and enrichment programs are on a first come, first serve basis so, be on the lookout for permission and sign-up slips.

The Edinburg Common School District will be hosting a "virtual" Slice and a Story on February 17, 2022. As you know, we have always invited special guest readers and our families in for pizza and a bedtime story, but with the trending uptick in positive cases it was necessary to shift our beloved "Slice and a Story" to a virtual setting. We are still honored to have a special guest reader and our families will have hot cocoa to enjoy while listening. There will be one more Slice and a Story

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scheduled for the 2021-2022 school year in the spring. The last Slice and a Story will more than likely be planned as an outside event, but stay tuned for further details.

“An Eagle Eye on . . . “

Edinburg Common School District would like to congratulate the following students for being Student of the Month for November 2021:

PK- Addilynn Edwards-Briskie

K- Natalie Frasier

1st- Katie Fraiser

2nd- Daniel O'Neil

Students in grades PK through 2nd grade are honored monthly for their great character, being a good friend to their peers, making great choices, and displaying great work ethic in class. The teachers and staff at ECS think you are doing a fantastic job! Keep up the hard work!

For more information please go to our school website at www.edinburgcs.org and/or like our school Facebook page.

Dates to Remember:

February 7th - Half Day Professional Development

February 8th - ECS Board Meeting 6:00 PM

February 21st - 25th No School - Winter Break



Groundhog Day Feb 3

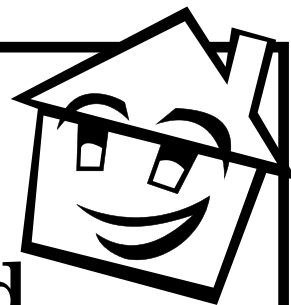
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Fri 12-3 & Sat 9-3
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Mon, Tue 8-4, Sat 8-1

TOWN HALLS

BROADALBIN 883-4657
DAY 696-3789
EDINBURG 863-2034
HADLEY 696-3112
NORTHAMPTON 863-4040
MAYFIELD 661-5414

TOWN CLERKS

DAY
Carol Vaillancourt 696-2698
EDINBURG
Denise Ferguson 863-2034
MAYFIELD 661-5414
HADLEY
Pauline Smead 696-2055
NORTHAMPTON
Elane Milhalik 863-4040

DOG WARDENS: (HOME)

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Joe Passino 762-6342
DAY
Francis Allen 696-3617
EDINBURG
Bill VanNostrand 774-1401
HADLEY
Jim Jenkins 696-3757
NORTHAMPTON/N'VILLE
Vernon Duesler 863-6313

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MAYFIELD 725-3034
FONDA 853-3415
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From Hawk On Back Page

fortunately had only a few people that needed it and have hired a subcontractor for the interim. Our new unit should be ready by March and we are very eager to get it going.

Side bar about hydrofracturing – it is not the “no fracking way” stuff that people get upset about; that’s gas drilling. We don’t drill as deep and we don’t use chemicals for the fracking. It is only air and clean water. We fill the well with fresh water then pressurize it to help break up any fractures in the well to allow more water to flow toward/into the well.

Although February is a frustrating month, it is actually an interesting month for Hawk. We have 3 birthdays and a 1 year anniversary (and of course Valentine’s Day – last year, Amanda and I made chocolate shot glasses – that was fun). We appreciate our staff and always do something to recognize our guys, but we have never had so many in 1 month. I’m not sure yet what I am going to do, because a party each week gets redundant, but I will figure out something fun. We were going to all go out for Hibachi last week, but we had to cancel because of illness – and I came full circle back to stupid COVID.

COVID is also the reason that 2 of our big association meetings are cancelled. Our new techs haven’t even gotten to go to one yet. They are always so much fun. One was supposed to be tomorrow at Turning Stone. Historically, we would get rooms, go out to dinner, gamble, mingle with other people from other drilling companies, go to classes and have an overall rip-roaring good time. Well, tomorrow morning, we are having breakfast here at the shop with another virtual meeting. My favorite meeting (other than the one at Vegas) is in Marlborough, MA in March. That one is also cancelled...again.

Okay, okay...I’m going to snap out of it for this article. Happy thoughts. We started Beer-thirty after work. Obviously not every night, but it has been a fun way for everyone to get to know each other better. Have a beer and some pretzels and sit around and laugh. Jeremy and I are very grateful that we really like everyone here. Bill has some of the craziest stories! Also, I just started doing well trainings for home inspection companies. I am really excited about this. My first is with Ace Home Inspections – great people. I am

getting lunch, bringing some fun Hawk swag, and putting on a power point presentation about wells, different pumps, and typical water treatment. The overall idea is to help them get even better at flow inspections for real estate transactions, and to better introduce Hawk Drilling as being awesome.

Well, from all of us, to you, Happy Valentine’s Day and try not to let February get you down!

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I've started this article a few times already and am trying to reset myself because my mood is pretty low. January/February are the toughest months of the year, not just because it is harder to drill (because of the temperatures, snow, and access), but because they are the slowest and therefore least profitable months of the year. Add to this that COVID finally hit our office. Jeremy is out (doing okay, just feverish and achy) and Amanda is out (was feeling better, but then her son got it – also doing ok). I would love to just fast-forward to March.

If you recall from a previous article, a friend's

Dad was retiring and sold us a new truck. He also had a hoist for sale that we really wanted. It's not a great time of year to purchase one, but we couldn't pass it up – especially for the cost. It's so perty! It is a white 2019 Ford F550 with a Pulstar hoist. It only has 38000 miles on it and has tons of fun tool boxes and accessories.

We also have a new frack unit in the works. Back in September, our frack unit was irreparably damaged. It has been so frustrating to not be able to service our customers with hydrofracture when needed, although we have

Continued Inside Back Page

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