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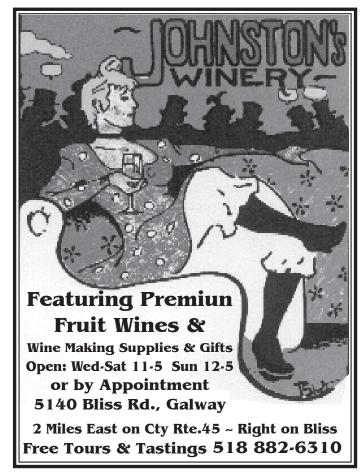
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Thanx!





#### JANUARY 2015 COMMUNITY CALENDAR

December

Thur 25 Merry Christmas

**J**ANUARY

Thur 1 Happy New Year

Fri 9 Sacandaga Seniors 1:00 Edinburg Community

Mon 12 Edinburg School Board 6pm

Thurs 15 Edinburg Town Board Meeting 6:30

Thurs 22 Edinburg Planning Board 7:00

Fri 23 Sacandaga Seniors 1:00 Edinburg Communit

SAT 31 GSLFF Fishing Contest - SEE Pg. 37



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#### <u>Hours</u>

Memorial Day til Labor Day Mon-Sat 7:30-4:00 Sunday 9-2





#### Birthdays -Anniversaries



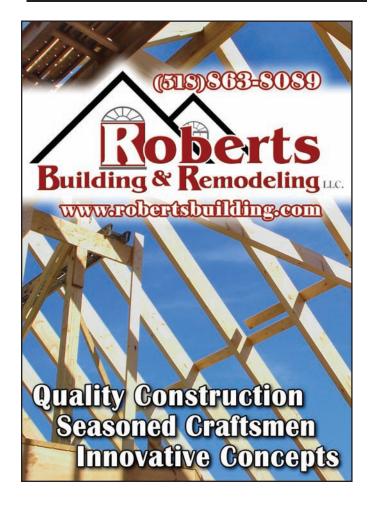
Happy Birthday!
Paul
Wendy
Gene G.
Kelly Jo
Wayne Seelow
Butch Reynolds

Belated Happy Birthday to Diane G.

From Shelby's Four Corner Diner

Happy Birthday Becky Haley January 6 Happy 18th Birthday to Caleb Darling. January 24.

Sandy Graham January 3 Brian Graham January 10 John Ferguson January 18









#### Edinburg Emergency Squad News



The Edinburg Emergency Squad would like to thank everyone for their support of our annual cookie sale & Chinese auction . The generosity of all those who donated is greatly appreciated .

Our community may be small, but the people in our area have huge hearts. Congratulations to all the auction winners & we hope that all those who bought cookies enjoyed them.

We wish everyone safe & Happy Holidays! Edinburg Emergency Squad

#### **SVAN Workshop**

www.svanarts.org

Tree of Life Pendant

Carolyn Learch, 518-863-4067 120 Lisa Drive, Northville January 24 & 25 (Saturday & Sunday) 1 - 4:00pm, maximum 6 participants

In this one-session class (Saturday or Sunday), participants will learn the properties of silver wire and how to shape it to accept the design of a Tree of Life pendant. This offering is suitable for beginners. At class end you will be amazed by your finished pendant that you can wear with pride or give as a gift.

Tuition: \$24, SVAN member \$20

Materials: \$10

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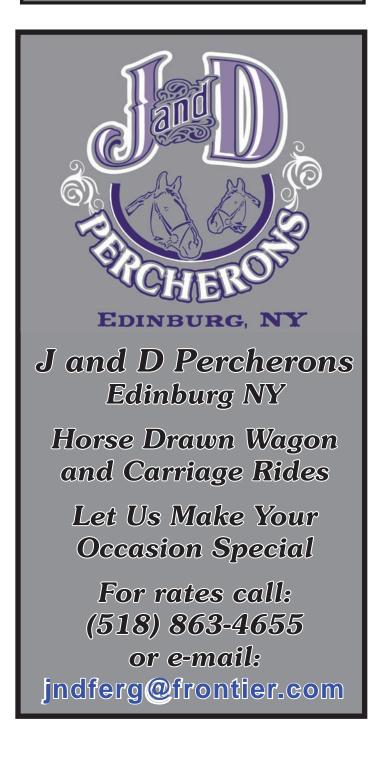
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#### **Waste Food Waste Money**

Did you know that food waste is the largest component of municipal landfills? According to USDA research 31 percent of food at the retail and consumer level goes uneaten. American households throw away approximately 15-20 percent of food purchased; an average of \$600 worth of food a year. The largest percentage of food wasted is meat, poultry and fish, followed by vegetables and dairy products.

To save money and reduce waste, consider these suggestions.

#### Suggestions for Reducing Food Waste

Shop your refrigerator first! Cook or eat what you already have at home before buying more.

Plan your menu before you go shopping and buy only those things on your menu.

Buy only what you realistically need and will use. Buying in bulk only saves money if you are able to use the food before it spoils.

Go straight home after grocery shopping so perishable foods can be refrigerated or frozen. Warm temperatures are the leading cause of food spoilage, so refrigerate or freeze all perishable foods as soon as you get home. On hot days, take a large cooler in your trunk for cold foods. Likewise, on a cold winter day, fragile produce can freeze if left in the trunk for an extended time.

Be creative! If safe and healthy, use the edible parts of food that you normally do not eat. For example, stale bread can be used to make croutons and beet tops can be sautèed for a delicious side dish.

Freeze, preserve, or can surplus fruits and vegetables - especially abundant seasonal produce. Store foods properly. The Food Keeper brochure, a guide from the Food Marketing Institute and Cornell University, offers guidelines to consumers on food quality, safe handling, and storage of shelf stable foods, food purchased frozen, food purchased refrigerated, bakery items, and fresh produce. For a copy of the brochure call Cornell Cooperative Extension at 885-8995, or you can view the information at our web site: www.ccesaratoga.org, under the Food and Nutrition tab.

Have a plan for leftovers and store them properly either in the refrigerator or freezer, depending how soon you'll use them.

Make less by reducing the size of the recipe you're preparing.

You can also reduce waste when you eat out. At restaurants, order only what you can finish by asking about portion sizes and be aware of side dishes included with entrees. Take home the leftovers and keep them for your next meal.

Source: USDA, http://www.usda.gov/oce/foodwaste/



#### SACANDAGA TASK FORCE FOR SENIOR LIVING

Jan 1st HAPPY NEW YEAR

Jan. 8th OFA Congregate Meal 11:30-12:30 Macaroni and Cheese, Stewed Tomatoes and Zucchini, Green Beans, Wheat Bread, Pudding. We will celebrate all January birthdays with a cake provided by Alla Welsh.

Red Rooster Program at 12:30

Dr. Leslie Ford, Superintendent of Northville Central School will talk about Service Dogs and also give an update on the school.

Jan. 15th OFA Congregate Meal 11:30-12:30 Ziti and Meatballs, Tossed Salad, Italian Blend Vegetables, Italian Bread, Ice Cream.

Red Rooster Program at 12:30

Bob Smith, President of the Community Preparedness Association will provide and Update on the Northville Generator Project and the Partnering with the American Red Cross.

Jan. 22nd OFA Congregate Meal 11:30-12:30

Roast Pork, Stuffing, Country Blend Vegetables, Dinner Roll, Whipped Cream Fruit Medley

Red Rooster Program at 12:30 Becky White, Fulton County Office for Aging presents, Medicare Coverage of Physical Therapy, Occupational Therapy, and Speech Therapy. Home Health Care Partners will hold a

Blood Pressure Clinic during lunch and after the program there will be cards and board games.

Jan. 29th OFA Congregate Meal 11:30-12:30

Roast Turkey, Stuffing, Beets, Oat Bread, Fruit.

Red Rooster Program at 12:30

John Fergeson, Local

History Buff, will present"A

Pictorial View of Sacandaga,

Northville and the Vicinity

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. For information about trips, the Handyman project or to request volunteer medical transportation, call 752-8737.

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#### A Report from the Great Sacandaga Lake Association

by Peter M. Byron, President

Best of wishes in the holiday season! Enjoy the festivities, drive with care and if you are skiing, sledding, hiking ..... be safe!

There was fast-breaking news from the Hudson River-Black River Regulating District which we would like to share both on permit fees and ongoing litigation. This information has already been shared with GSLA members by our exclusive member e-burst ... become a member, now!

#### Hudson River Black-River Regulating District – Fees

The Regulating District received a report on the latest audit conducted on their books. The report indicated areas of improvement which can be undertaken by the District to make their operations work smoothly. However, among the

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recommendations was a recommendation that the District might want to consider raising fees for the various 'beneficiaries' including the lake permit holders

Caroline Murray wrote in the Sacandaga Express on December 12, 2014 that auditors "say the district can collect more money from statutory beneficiaries, hydropower agreements, and the lake's permit holders." In the article it was reported that the "regulating district Board of Directors Chairman Mark Finkle provided a letter to audit director Carmen Maldonado that includes comments acknowledging what the district could improve upon, and possible modifications to some polices. The letter says the board will consider increasing access permit fees if it is warranted."

The Great Sacandaga Lake Association will continue to provide information on this important issue as events unfold. The text for the article from the Sacandaga Express can be found on their website or by accessing www.gsla.org under GSLA REPORTS.

#### Hudson River Black-River Regulating District – Court Decisions

As one of the results of the Federal Energy Regulatory Commission (FERC) agreement, the Hudson River-Black River Regulating District was questioned in regard to its assessments. According to the Supreme Court, Appellate Division "FERC concluded that certain costs assessed by defendant were preempted by the Federal Power Act (see 16 USC § 803 [f]), but that it was unauthorized to direct defendant to issue refunds for assessments paid." Various of the beneficiaries took court action to receive a refund in monies which they paid the District. The decision rules that "plaintiffs' action was



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untimely and should have been dismissed. To the extent not specifically addressed, we have examined the parties' remaining contentions and find them to be either lacking in merit or rendered academic by this determination." The complete decisions regarding the Northern Electric Power Company and the New York State Electric and Gas Corporation appear as a link on www.gsla.org (GSLA REPORTS) for full review.

The Great Sacandaga Lake Association received the copies of the decisions and asked the Regulating District for an interpretation of the decisions on the District's operations. The GSLA will publish this follow-up when it becomes available.

### Boating Safety Certificate Update - Prepare for 2015!

Last May, a new boating safety certificate requirement went into effect for individuals born after May 1, 1996. These boaters are required to have a boating safety certificate to operate a motor boat. (A certificate is already required to operate a Personal Watercraft.)

Check whether you or members of your family need a boating certificate for 2015. If anyone needs a class, schedules can always be found on www.nysparks.com Please note that fees which

usually average around \$50 are set by individual instructors. The Parks website indicates whether a fee is charged. Individual instructors must be contacted for specific fee amounts.

The Great Sacandaga Lake Association offers free classes to members. A \$25 annual membership entitles family members to a FREE class on a space available basis. Members receive an early announcement of the schedule for classes around the lake. This is a great time to consider a membership gift. Your gift and enrollment in the spring classes will make everyone a safer boater. Prepare for the 2015 boating season! Open the MEMBER PROCESS option on www. gsla.org and request membership. The process can be completed either by PayPal or by check to our Northville address.

Enjoy the holidays!

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#### What do dates on food labels mean?

Some food gets wasted because people don't know how long to keep it. One tool you can use is the dates on food labels. but there is confusion among consumers about what the dates mean.

What do dates on food labels mean? Many foods have a date stamped on the label. These dates can help you choose foods that are fresh and safe to eat. You will see different dates on different types of foods.

The "Pull-By" or "Sell-By" date is used on foods like milk, cheese, and packaged meats. It is the last date the product should be sold. These foods are usually stored in the refrigerator. They will stay fresh and safe for few days after this date if you store them properly.

"Freshness" or "Best-If-Used-By" dates are used on products like bakery goods or packaged cereals. The date is the last day the product can keep its best quality. After this date, the food may lose some of its freshness and nutritional value. An "Expiration" or "Use-By" date is the last date the food should be eaten or used. It is used mostly on products such as refrigerated dough and yeast. A "Pack" date is the date the food was manufactured or processed and packaged. This type of date is used for foods that can be kept for a long time, like canned goods.

Source: http://www.extension.iastate. edu/foodsavings/page/how-long-keep



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#### **Keep Your Food Safe During a Power Outage**

by Diane Whitten, Cornell Cooperative Extension Saratoga County

Now that we've experienced our first winter snow storm it's a good time to think about how to keep your food safe during a power outage. The length of time the power is out is critical. Unfortunately we rarely know how long it will be before the power is back on. Keep in mind that a refrigerator will only keep food at a safe temperature for 4 hours, if the door remains closed. If the power is out longer than that you'll want to move the perishable food to an insulated cooler, as described below. A full freezer will keep food at a safe temperature for 48 hours, but only 24 hours if it's half full. Below are steps you can take to keep your food safe in the event of a power outage.

#### PLAN AHEAD

Keep an appliance thermometer in both the refrigerator and freezer. Make sure the refrigerator temperature is at 40 °F or below and the freezer is at 0

Group foods together in both the refrigerator and freezer. This helps foods stay cold longer. Keep the freezer full. Fill empty spaces with frozen plastic jugs of water, bags of ice, or gel packs.

Freeze refrigerated items that you may not need immediately, such as leftovers, milk, and fresh meat and poultry. This will keep them at a safe temperature longer.

Have a large, insulated cooler and frozen gel packs available. Perishable foods will stay safe in a refrigerator only 4 hours.

Find out where dry ice and block ice can be purchased.

#### DURING A POWER OUTAGE

Keep refrigerator and freezer doors closed.

The refrigerator will keep food safe for up to 4 hours. If the power is off longer, you can transfer food to a cooler and fill with ice or frozen gel packs. Make sure there is enough ice to keep food in the cooler at 40 °F or below. Add more ice to the cooler as it begins to melt.

A full freezer will hold the temperature for approximately 48 hours (24 hours if it is half full). Obtain dry ice or block ice if your power is going to be out for a prolonged period. Fifty pounds of dry ice should hold an 18-cubic-foot freezer for 2 days. (Caution: Do not touch dry ice with bare hands or place it in direct contact with food.)

#### Continued Next Page











#### From Previous Page

In freezers, food in the front, in the door, or in small, thin packages will defrost faster than large, thick items or food in the back or bottom of the unit.

During a snowstorm, do not place perishable food out in the snow. Outside temperatures can vary and food can be exposed to unsanitary conditions and animals. Instead, make ice. Fill buckets, empty milk containers, or cans with water and leave them outside to freeze. Use the homemade ice in your refrigerator, freezer, or coolers. Source: USDA, Food Safety Inspection Service, www.fsis.usda.

#### AFTER A POWER OUTAGE

When the power comes back on after a power outage it's time to decide what food in your refrigerator or freezer you can keep and what you should toss out. Below is a list of food commonly found in both the refrigerator and freezer that should be discarded or may be kept.

Never taste food to determine its safety. When In Doubt, Throw It Out!

#### REFRIGERATED FOODS

**Unsafe Foods** 

Discard the following if your refrigerator has been without power for more than 4 hours: raw, cooked, or leftover meat, poultry, fish, eggs, and egg substitutes; luncheon meat and hot dogs; casseroles, soups, stews, and pizza; mixed salads (i.e., chicken, tuna, macaroni, potato); gravy and stuffing; milk, cream, yogurt, sour cream, and soft cheeses; cut

fruits and vegetables (fresh); cooked vegetables; fruit and vegetable juices (opened);

creamy-based salad dressing; batters and doughs (i.e., pancake batter, cookie dough); custard, chiffon, or cheese pies; cream-filled pastries; and garlic stored in oil.

Discard opened mayonnaise, tartar sauce, and

horseradish if they were held above 50 °F for over 8 hours.

Discard any foods like bread or salad greens that may have become contaminated by juices dripping from raw meat, poultry, or fish.

In general, if any food has an unusual odor, color, or texture, throw it out.

#### Safe-to-Eat Foods

High-acid foods such as mustard, ketchup, relishes, pickles, non-creamy salad dressings, jams, and jellies; however, they may spoil sooner.

Foods that don't actually require refrigeration. These foods may be used unless they turn moldy or have an unusual odor; whole fruits and vegetables (fresh); fruit and vegetable juices (unopened); dried fruits and coconut; baked goods such as fruit pies, bread, rolls, muffins, and cakes (except those with cream cheese frosting or cream fillings); hard and processed cheeses; butter and margarine; fresh herbs and spices; flour; and nuts.

#### FROZEN FOODS

Safe-to-Eat Foods

Frozen foods that have thawed, but still contain ice crystals.

Foods that have remained at refrigerator temperatures 40 °F or below. They may be safely refrozen; however, their quality may suffer.

Foods that don't actually need to be frozen. These foods may be used unless they turn moldy or have an unusual odor: dried fruits and coconut; baked goods including fruit pies, bread, rolls, muffins, and cakes (except for those with cream cheese frosting or cream fillings); hard and processed cheeses; butter and margarine; fruit juices; and nuts.

Never taste food to determine its safety. WHEN IN DOUBT, THROW IT OUT! Source: USDA, Food Safety Inspection Service, www. fsis.usda.





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\$ 9.00 Adults

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#### Menu:

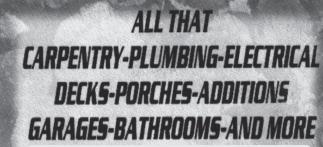
Chicken in gravy
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Carrots

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Beverage

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# EDINBURG TOWN CONTROL REPORT

www.edinburgny.com

by Jean Raymond



Happy New Year & Best Wishes For 2015

#### Four Corners Tree Lighting

The annual tree lighting was held on December 6th. Once again the event was a complete success thanks to the efforts of Jackie Nichols and Sandy Moore and the many dedicated volunteers. Over 100 children were in attendance and the clown and horse and wagon rides were enjoyed by everyone. Thank you to everyone who participated.

#### Highway Employees Attended Snow and Ice Safety Seminar

The town insurance company sponsored a seminar on snow and ice safety for highway employees. All of the town employees and the Highway Superintendent attended the class and received certificates of attendance & participation.

#### STAR and Enhanced STAR

Any homeowner who has not signed up for the STAR program to receive a reduction in their home's assessment and a reduced school tax bill should do so before the end of February. You do not have to sign up annually for regular STAR. Seniors who are eligible for Enhanced STAR will receive a larger assessment reduction but MUST sign up each year before the end of February.

#### **Annual Burn Permits**

The permits issued for open burning expire at the end of the year. Please remember to stop at Fullers Store and sign up for a 2015 permit before you do any burning in 2015.

#### REMINDER

The Town Hall will be closed from December 23rd and will reopen on Friday, January 2, 2015. Town Officials may be reached at their homes in the event of an emergency.

There will be no recycling collection December 25th and January 1st.

Garbage collection will be on Tuesday and Wednesday the week of January 19th.





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Michael Burnett

Director 863-6922

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northville.mvls.info and click the button for OVERDRIVE or add the OVERDRIVE app to your reader. This will take you to the site where you may borrow E-books for Kindles, Nooks, and similar devices, or E-audiobooks for your listen pleasure. You may search by author, title, or subject. If you have

a problem with your device, come see us. As the price of magazine subscriptions increases, the library is the most cost-effective way to get your magazines. Current ones are on display and

Hours: Sept - March

Sept - March

Monday 9am - Noon
Tuesday 9am - 8pm
Wednesday 9am - 4pm
Thursday 9am - Noon
Friday 9am - Noon
Saturday 9am - Noon

back issues may be borrowed.

The Sacandaga Book Group will meet on Tuesday, Jan 13 at 10 am in the library's program room. Gail Cramer will lead a discussion of James Steinbeck's "Travels with Charley". It depicts a 1960 road trip around the United States made by Steinbeck, in the company of his standard poodle, Charley. Steinbeck wrote that he was moved by a desire to see his country on a personal level, since he made his living writing about it. He wrote of having many questions going into his journey, the main one being, "What are Americans like today?"

However, he found that he had concerns

about much of the "new America" he witnessed. Books are available and the discussion is open to all.

"Teen Time" will be held on Tues, Jan 20 from 5-630pm. Students can play Wii games and board games. Refreshments are served.

SVAN's Artist Exhibit will feature the oil paintings of Tyler Schrader. Works will be available from Jan 2 – Feb 27. A

reception will be held on Jan 13 from 6 to 8 pm.

Watch for these titles to be arriving: Boston Girl – Anita Diamant Rain on the Dead – Jack Higgins Hush – Karen Robards Insatiable Appetites – Stuart Woods Third Target – Joel C Rosenberg

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#### Northville Rotary Grows "Service Above Self"

Northville Rotary Hears
Presentation by Team America
Rocket Challenge 2nd Place Winners

In December, 2013, the Northville Rotary Club sponsored a team of students from the Broadalbin-Perth STEM (Science, Technology, Engineering, Math) Club who entered the Team America Rocket Challenge (TARC). The contest was sponsored by the Aerospace Industries Association.

First, the team had to qualify by developing a rocket that would reach a specific height and return to earth with 2 unbroken raw eggs inside of it. Their regional qualifying event was held during the First Northville WinterFest on February 8, 2014 where they were successful in launching and returning a rocket with the unbroken eggs.

Next, the Broadalbin-Perth Northville Rotarysponsored team went on to the national competition in Virginia in May where they came in second out of 800 entrants from across the country.

Mick Gottung, B-P STEM Club co-advisor, and winning team member Anthony Guiliani gave a presentation on their experiences to the Northville Rotary at its November 20th meeting. They included their winning rocket which went up 829 feet and was one second off from making the team first place champions! The B-P team, also co-advised by Billy Eipp-a Northville resident, was featured in an article in the National Rocketry Magazine. The article was shared with the club.

As sponsors of the TARC Second Place winning team, the Northville Rotary received \$1000 from the contest sponsor. President Jeff Meuwissen presented Matt Gottung with a check in that amount for the B-P STEM Club and their rocketry initiatives. The club plans to participate in TARC again this year and will be holding their regional qualifying event again at the February 7, 2015 Northville WinterFest.

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#### **First United Methodist Church**

301 South Main Street, P. O. Box 476, Northville, NY 12134 518-863-4911 Rev. Dolly Waxman, Pastor

#### Happy New Year and Greetings from the people at First United Methodist Church.

Be it resolved! Did you make any new year's resolutions? Perhaps you are resolving to eat better and exercise? Maybe you want to get your finances in order or remodel a room in your home? This is the year that I will...... (fill in the blank). Even if you have not declared any official "resolutions" most likely you have had a thought or two about them.

One thing that all of us can do is resolve to be more intentional in our relationship with Christ. Perhaps you attended a Christmas Eve service this past Christmas and you were moved by the worship. Maybe you were at church "because the spouse or family member insisted". Whatever the reason you found yourself in church it was the promptings of the Holy Spirit that truly brought you to worship. The invite came from another but it was the spirit that carried you into the sanctuary.

According to PewResearch http://religions. pewforum.org/reports nearly 80% of all Americans say that they are "Christians." Yet you would never know that by observing the attendance at many churches. Left to our human condition we have little love and patience. We try to rationalize why we don't like our neighbors and feel justified in our opinions and judgment of others. Sunday mornings are crowded with self-interests and personal preferences. Society is becoming socially

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50 Pearl St, Gloversville MLS 201416786 \$109,000

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422 Hope Falls Rd, Northville MLS 201413132 \$139,900

3BR, 2BA country farm house on 4.6 acres! Must See!



422 Division St, Northville MLS 201405146 \$141,000

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422 Hope Falls Rd Northville \$139,900 3BR, 2BA Country Home!

#### Light, Camera, Action!

MK and Associates take their annual holiday "Thank You" to the next level!

The holiday season is a time for thankfulness and reflection, but also for FUN! Keeping with their steadfast penchant for innovation, CMK & Associates decided to explore new boundaries this year by taking their traditional "thank you" from cardstock to video reel-with a music video starring their own agents and staff! This project was the initial brain child of broker Christian C. Klueg, an avid user of YouTube who loves to take a great idea and bring it to life. "We like to come up with something different and fun for our company each year, but it seemed like a great idea to let our creative annual project extend to our clients, friends, and business associates now that we have expanded our social media presence so

hristian and the CMK staff had an absolute blast choosing a song, writing cover lyrics, and coordinating costumes, storyboards and film schedules - but the most fun had to be in the actual filming! CMK agents came out for an entire Saturday of filming in several different locations and followed a rigid film schedule. Acting as an array of characters ranging from a disapproving mother to an 80s rock band...we're wondering if some of our agents have missed their calling!

significantly. We knew it would be able to instantly reach everyone we're regularly

connected with through facebook now that we're at 2000+ likes!"

Tf you haven't seen it already, head to the CMK facebook page to see the release of CMK and Associates video debut!

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starved as we disengage in our relationships and connect to our iPhone, tablets and computers.

Living in the promise of God requires us to follow Jesus. Just saying that you are a Christian does little for Jesus and the building of his kingdom. Real transformation comes when we engage in the actions of loving our neighbors as Jesus showed us. Becoming strong requires consistent effort. Becoming strong in faith requires consistent effort too. Understanding the love of God is a life long journey that requires our participation. First UMC has a place for you to come and discover the transformational love of Jesus.

Resolve this year to be more intentional in your faith journey. I invite you to come and join in worship, study and service and let the power of the Holy Spirit transform you into a new creation. In His Holy Name, Pastor D. Waxman

In addition to making Advent Wreaths, ornaments, and sharing in an Advent Study, the Advent and Christmas season of 2014 provided many opportunities for us to share with others. Gifts were given to the Albany United Methodist Society, a ministry of the Albany District United Methodist Churches, so the children and adults served by that ministry could "shop" for Christmas presents for their families. Gifts of dog/cat food, treats, blankets, towels and toys were given to the Brennan Humane Society. Cub Scout Pack 55 joined us in these mission opportunities instead of giving grab bag gifts to each other. We were happy to have their help and proud of them for thinking of others.

Our United Methodist Women organization packed and delivered Christmas goodie boxes and poinsettia plants to a number of people, along with sharing a little Christmas caroling to the box recipients; and, the Thrift Shop provided a shopping day for children so they could buy presents for their families and have them wrapped as well.

The Intrepid Thespian Players Troupe presented a moving drama, "The Song of Mary", three nights in December. In spite of a number of challenges during rehearsals and on show nights involving weather issues and illness, the play went on as planned. It was a privilege for us to share the birth story from Mary's perspective with the community. This writer admits to shedding a tear or two! Thank you to the Thespians for their dedication and perseverance in presenting a fine program, to Donna Hunter for organizing the dessert buffet, to Tracey Rockwell and Joan Decker for the delicious sweets and to Matt Ellsworth for making the complicated technical details look so easy.

Everyone is invited to share in a candlelight service of lessons and carols on December 24 at 8:30 pm. Join us as we celebrate the birth of Jesus.

A busy December for sure at First UMC but extremely rewarding. We continue to support United Methodist Committee on Relief through our "quarter tube" and scholarships for Africa University through our "penny jar". The outreach ministries of First UMC are an important part of our faith journey and we look forward to sharing these and other opportunities in 2015.

Gayle Stiffey (for First UMC)

Sundays Friends, Fun, Faith (for children), 10:30 am Worship, 11 am

Choir Rehearsals Thursdays, 6:30pm

Thrift Shop Hours Tuesdays, 3:30-6:30 pm Fridays and Saturdays, 9 am-12:30 pm

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EDINBURG \$483,000 1658 South Shore Rd. Energy efficient Adirondack Custom Home: 3 BR, 2 BA, master BR suite. Many unique features. 123.4' beach w/dock: Sunset & Lake views. LF116

#### **GSL LAKEFRONT**



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#### **GSL LAKESIDE**



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#### **NORTHVILLE LAKESIDE**



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NORTHAMPTON \$199,900 669 Old State Rd. Lakeside 2 BR log sided, furnished cottage w/great lake views. 294' beach w/ dock and buoy, close to village of Northville..



EDINBURG: \$210,000 93 Lakeside Ave. 3 BR furnished cottage, knotty pine, Gas fireplace, newer well & footings. 50' beach w/dock.

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NORTHAMPTON \$639,000 105 Juergen Point Rd. Custom contemporary Home in private upscale community adjoining golf course, 6 BR, 3.5 BA, inground heated pool, many other upscale amenities. Association-maintained sandy beach and docks LA103

#### GSL LAKE ACCESS



EDINBURG \$169,900 264 South Shore Rd. 2 + BR Home on 5 acres w/lake views. Partially finished basement with separate septic system, shower & plumbing for sink in place. 10' Beach nearby.



BROADALBIN \$64,900 127 Chase Rd. lake access: 4 BR, 2 BA, 2001 Champion double-wide. 28' X 52' in very good condition. Open floor plan, fireplace, on quiet dead end road. 10' beach with mooring nearby. LA113

#### Northville 205 Ridge Road



\$197,500 Raised ranch slab log, 3 BR, 2 BA home on 7.6 acres open floor plan, fireplace, 2 car garage. Near Village

#### N'ville Village: 222 Center St.



\$169,000 4 BR, 1.5 BA charming old style home w/front and rear open porches on large corner lot w/separate adjoining building lot. Brick fireplace, spacious entrance foyer, newer roof & windows.

#### Edinburg 1402 S. Shore Rd



\$169,000 Lots of charm. On 14+ acres, renovated and fully furnished. 3 BR + 2 lofts. Detached 1 1/2 car

#### Bleeker: 1400 Cnty Hwy 125



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\$16,500 NORTHVILLE **RS208** Route 30: 200' x 125' lot, near village, owner financing.









#### **DID YOU KNOW** THAT—

by Town of Edinburg Historian, Priscilla L. Edwards

Conclusion from last month of **Beecher Hollow history** 

The hollow and the creek that flows through it were named for an early businessman. In 1802 Eli Beecher 1777-1865, son of Abraham and Desire Tolls Beecher, and his wife arrived in Edinburgh from Fish House, Town of Northampton. In 1800 Eli had married Diadama Westcott 1787-1872. daughter of Sylvanus Westcott. Eli had been connected with a John Fay in a store at Fish House. We believe that Eli-an industrious young man-built the original part of their home in the hollow in 1802. This house is still standing-located at the intersection of Military and N. Shore roads and owned by Claire Lathers.

Eli soon purchased Isaac Deming's store and grist mill. Owners between Deming and Beecher were Jordan Sprague, Jacob Armstrong and Thimas Clark. In 1827 Eli replaced the old grist

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mill with a larger one of brick. This stood on the bend where Roger and Kathy Hoff's garage now stands. Eli purchased the distillery that stood on the south bank of the creek behind the grist mill. The distillery became Lyon and Prindle's tannery in 1825 and owned by George Cameron in 1855.

Eli-early on- built a sawmill located on the creek below our present covered bridge. In 1808 he built Edinburgh's first carding mill, replacing it with a larger one in 1817. We believe this to be the original carriage shop that Arad and Leonard Copeland purchased from Eli in 1828. This building still stands and is owned by our historical society. Eli built the store on the front part of his home that faced Mechanic Street-now N. Shore Rd. He ran an earlier store that was located to the right of the driveway as you enter the yard from Military Rd.

Eli became Edinburgh's first postmaster in 1820, also holding the office of town supervisor for 17 years and various other town offices. He was a 19th century real estate broker, buying and selling property all over town. Fate was not always kind to the Beechers'. Of the 12 children born to them-7 died before the age of 3. Those that lived to adulthood gave Eli and Diadama 3 grandchildren. The Beechers' were wealthy enough to have a black servant named Mary Jones. Was Mary considered a slave or simply a servant we don't know but she was held in high esteem enough to be buried in the Beecher family plot in the Edinburg Cemetery.

Palmer Monroe built a woolen mill in the Hollow in 1808; sold to Isaac Brewster in 1821. Martin H. Butler bought this mill soon after. Martin had come to Edinburgh in 1816. His son Chester helped operate the mill which burned in 1856. Chester rebuilt the mill, operating it as a machine shop for the next 30 years. The Sacandaga

Continued Next Page



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Creamery set up shop there in 1888 only to burn the following year.

Buildings would be changed to accommodate whatever business was needed at the time to serve the community.

John W. Latcher 1836-1919 first arrived in the Hollow when he married Rosena Copeland 1841-1926 in 1866. They moved away a short time laterreturning in 1879. They set up housekeeping in the large white house next to the brick house across the road from Copeland's Covered Bridge. John's father-in-law Arad Copeland died in 1882 and John took over the carriage shop converting it into a machine shop. John was very talented-maybe not as a businessman-but certainly as an expert craftsman and mechanic. He had many inventions to his credit including 12 patents. He was involved in many ventures including that of a self-styled "herb doctor" who produced for several years "Latcher's Anti-Dyspeptic Blood & Liver Pills" which were "purely vegetable and sugar coated". John, Rosena and much of their family are buried in the Prospect Hill Cemetery in Northville.

The first school was located between the machine shop and the covered bridge.



#### Jensen Construction

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Gary Jensen - Owner jcc12134@yahoo.com 148 Northville Rd., Edinburg, NY 518-863-4530 - 518-775-0898 A later settler in the Hollow was William H. Zenstine 1829-1911. He was born in Canada and believed to have come to our area with his parents as a youngster. A Civil War veteran, his first wife Esther, died in 1867 and in 1878 he was living Batchellerville with his 2<sup>nd</sup> wife Hannah Booth and their daughter, Adelia. William and his family moved to Beecher Hollow about 1880 settling in a small place in the hill just below the 2<sup>nd</sup> Beecher Hollow school, now our Nellie Tyrrell Museum.

William, known fondly as "Pap" worked full time at Sumner's rake factory but was a jack-of-all-trades doing all kinds of repair work about town. In Nov. 1886 at the age of 57 he made the local paper when he hand-dug 3 wells on his property until he got one deep enough-23 feet- to serve his family's needs. He was also an "herb doctor", growing and selling all kinds of plants for health and medicinal purposes. William, his 2 wives and 3 of his children are buried in the Edinburg Cemetery.

John C. Olmstead was a furniture and coffin maker plus an undertaker in the Hollow for most of his life. His son John W. became a furniture maker in 1883 but later moved to Northville.

Charles Sumner-grandson of Capt. Johnoperated a sawmill and rake factory c. 1886. This could have been the same sawmill built by Eli Beecher in 1807-08. Sumner's business which was very successful, ran day and night-burned in 1890was rebuilt-burned again in 1907.

The mid 1860's to 1890 was probably the busiest era for Beecher Hollow. In 1864 there were 2 stores, a post office, grist mill, tannery, shoe shop, carriage factory, 2 blacksmith shops, cabinet and coffin shop, map roller factory, sawmill and church. All this within the area from the present 4-Corners to the Edinburg marina.

What fun it would be to go back in time to visit these two bustling hamlets of Beecher Hollow and Batchellerville.





# Lou & Nancy's





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2nd - \$300

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#### HealthLink Littauer's WELLNESS WORDS

Submitted by Wendy Chiricleison M.S. Ed. Community Health Educator

#### GIVE OF YOURSELF THIS HOLIDAY SEASON

Take a look around at all that you have. You might think that you have "nothing" or "not that much." Stop and take a second look, and you will recognize all of the blessings that you do have, and how fortunate you really are. This is important to keep in mind, when often times the focus at this time of year is materialistic things and who is going to give the best gift. When you really think about it, the best gift that you can give someone is YOU! Your time or a random act of kindness just because.

Just as in "How the Grinch Stole Christmas" when the Grinch stole all of the gifts from everyone in Whoville, the Who's still celebrated the holiday. "It came without ribbons. It came without tags. It came without packages, boxes, and bags." The Who's knew that the holiday meant something greater than the giving and receiving of material things, and they were happy to have each other. You can put this kind of spirit into your holiday as well, by giving of yourself this year.

#### Volunteer for a Good Cause

There are so many local organizations that would love to have some volunteers! Some organizations are run solely on volunteers, and they are usually looking for people with fresh ideas and special skill sets. Great volunteer opportunities may include, but are not limited to: soup kitchens, museums, theaters, libraries, recreation departments, hospitals, senior centers, animal shelters, community colleges, support groups, hiking trails or hiking organizations, after-school programs, or sports programs. Why not offer to donate a few hours each week or each month to one of your favorite organizations?

According to research by the Corporation for National and Community Service (CNCS), not only will you feel satisfaction, accomplishment, and pride in your work, you will also be establishing connections with others in your community, helping to solve problems, improve lives, and strengthening your community. In addition, the CNCS has also discovered some health benefits of volunteering as well, such as living longer, lower rates of depression, and overall improved physical and mental health.

#### Pay it Forward

Did you know that some local businesses accept monetary donations that they put towards goods and services for people in need who would otherwise go without? It is also a nice surprise when someone finds out that they do not have to pay their bill because someone 'paid it forward.' You never know how an act of kindness, big or small, can impact the lives of others.

According to the Huffington Post, the parents of Alyssa Josephine O'Neil had no idea what kind of difference a simple random act of kindness could make. The Pennsylvania family had a daughter who struggled with epilepsy. One September evening, Alyssa asked her parents to take her to Starbucks for a pumpkin-

Continued Next Page





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spiced latte the next morning. Unfortunately she did not make that trip the next day as she succumbed to her illness. After her passing, her parents decided that since Alyssa could not enjoy her latte, they would buy 40 pumpkin-spiced lattes in her memory at Starbucks. They asked the baristas to give them away with the Alyssa's initials AJO written on each cup.

Starbucks staff were so moved, they bought another 50 lattes to give away. This small gesture was enough to get attention on the internet, and people all over the world began offering random acts of kindness for others





Roger Moran (518) 403-4036 cell (860) 214-8164 35 years of experience Fully Insured at cafes, restaurants, salons, stores, etc., and posted pictures of bills and receipts with 'AJO pay it forward' written on them. Because of the overwhelming response from people, the O'Neil's decided to start the AJO Forever Fund, which helps families pay for medical bills related to epilepsy and also serves as a scholarship fund for aspiring nurses. This movement has gained global recognition.

How can you pay it forward? How about leaving coupons you aren't going to use on community message boards, buy a bowl of soup for someone in need, donate food and clothing to a church or food pantry, offer to run errands for a neighbor, when shopping leave some money with the cashier to help pay for the goods and services of the person next in line.

#### A Call To Action

Practicing volunteerism or paying it forward can help improve your physical and mental health, and can make the season less stressful and a bit more cheerful, no matter what holiday you and your family observe. Whether you celebrate Christmas, Kwanza, Hanukkah, etc., instead of buying and sending presents this year, be present, send your love, wrap someone in a hug, give the gift of your time, and surprise someone with a random act of kindness. You will be happy that you did!

Also, remember that when the Grinch thought he had stolen Christmas, he expected the Who's to be sad but he was shocked when he heard that, "every Who down in Whoville, the tall and the small, were singing without any presents at all!" The Grinch was confused but then "he thought of something he hadn't before. What if Christmas does not come from a store? What if Christmas...perhaps...means a little bit more."

For more information, contact HealthLink Littauer at 736-1120. You can e-mail us at healthlink@nlh.org, see our website at nlh.org, or visit our wellness center at 213 Harrison Street Ext. in Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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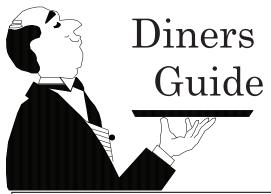


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Childbirth Preparation Classes	1/7 – 1/28 6:30 – 8:30 p.m.	Nathan Littauer Hospital	4 session (Wednesdays). <b>Prepares expectant parents mentally &amp; physically for the childbirth experience.</b> Includes options for managing pain during labor and delivery. \$45 fee payable in advance at HealthLink (scholarships available). <b>Call 736-1120</b>
NEW Character Counts	1/12 6:30 – 7:30 p.m.	Gloversville Public Library	1 session (Monday). For families with kids of all ages! Listen to a reading of Miss Nelson Is Missing a hilarious story about an unappreciated teacher. We'll learn about honesty, respect and appreciation, and work on a fun 'craftivity!' FREE! Call 736-1120
Winter Fitness ~ Winter Fun	1/15 10 a.m. – 4 p.m.	Lapland Lake Nordic Ski Center	1 session (Thursday). <i>Cross-Country Skiing, Skating, Snowshoeing</i> Join us for a few hours or stay all day! Open to the public (any age – beginners welcome). \$14 day pass with our group payable upon arrival (rentals available - lessons available with prior notice). Call 736-1120
Arthritis Tai Chi Exercise	1/15 – 3/5 2:30 – 3:30 p.m.	Gloversville Senior Center	8 sessions (Thursdays). For anyone with arthritis, joint or muscle problems. Learn six gentle movements of Sun-style Tai Chi to improve flexibility, strength, balance, mental focus and performance of daily activities! \$25 fee payable in advance at HealthLink. Call 736-1120
The Butt Stops Here!	1/15 – 2/26 6 – 7 p.m.	Nathan Littauer Hospital	7 sessions (Thursdays). Let us help you break free from tobacco! Get the tools and support you need to become smokefree at last. You may be eligible for free nicotine replacement therapy! Attend first session at NO obligation. \$40 fee (scholarships available). Call 736-1120
Arthritis Tai Chi Exercise	1/16 – 3/6 9 – 10 a.m.	Johnstown Senior Center	8 sessions (Fridays). For anyone with arthritis, joint or muscle problems. Learn six gentle movements of Sun-style Tai Chi to improve flexibility, strength, balance, mental focus and performance of daily activities! \$25 fee payable in advance at HealthLink. Call 736-1120
Snowshoe Hike	1/19 Meet 10 a.m.	Rockwood State Forest	1 session (Monday). Rated Moderate ~ 3 Miles RT. Keep moving this winter! Join us as we snowshoe along this popular, local trail that offers miles of pristine scenery. \$6 guide fee payable in advance at HealthLink. Call 736-1120
HealthLink Wellness Walkers	1/22 6 – 7 p.m.	Warren Street School	1 session (Thursday). <i>Monthly walking group for anyone interested in getting fit and having fun!</i> Bring your friends and family as we continue the fitness journey inside a different location each month during the winter. <i>FREE!</i> Call 736-1120
Stress 101	1/26 6:30 – 7:30 1/28 11:30 – 12:30	HealthLink 2 Colonial Court	1 session each (Mon/Wed). Stress affects both our physical and mental health! Learn to identify the causes of stress in your life, how it can impact your health, and several proven techniques to help you manage itbefore it manages YOU! FREE! To attend either session, call 736-1120
ViP Luncheon: Healthy Brains & Bodies	1/28 11:30 a.m. – 1 p.m.	Nathan Littauer Hospital	1 session (Wednesday). <b>Especially For Adults 50+</b> Enjoy a buffet style luncheon followed by a presentation on research-based recommendations about taking care of our brains and bodies to age as well as possible! Luncheon fee: \$5 ViP members, \$6 public. <b>Call 736-1120 by 1/26</b>
♥ Blood Pressure Screening	1/30 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). One in four people have high blood pressure, which increases their risk for heart attack and stroke! Since there are usually no symptoms, this condition is often referred to as the 'Silent Killer.' GET IT CHECKEDFREE! No appointments necessary
Body Fat Analysis	1/30 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). <i>Measuring body fat is a better indicator of overall health than total weight!</i> With a simple, non-invasive test, learn your percentage of body fat & body mass index (BMI), and get the recommended range for your physique! <i>FREE! No appointments necessary</i>
Cholesterol + HDL + Glucose Screening	1/30 9 a.m. – 1 p.m.	HealthLink 2 Colonial Court	1 session (Friday). Are YOU at risk for heart disease or diabetes? Professional blood test results in 5 minutes (for glucose, 3 hour fasting suggested). Cholesterol \$8, Cholesterol + Glucose \$10, Cholesterol + HDL \$15. All three tests only \$18! No appointments necessary





#### PONDEROSA PINES RESORT on Great Sacandaga Lake

#### New Years Eve Party

Wed. Dec. 31st 9-? with Juke Box Jim Wed & Thurs 4-6 Back to the 70's Specials

#### ponderosapinesresort.com

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863-4848





#### **Local Resident Graduates** From Kripalu's Advanced Level Yoga Teacher **Training**

Ony Antonucci of Edinburg, NY has been awarded a 500-hour yogateacher certification from Kripalu Center for Yoga & Health in Stockbridge, Mass.

Kripalu Yoga is a conscious practice of physical yoga postures, breathing exercises and relaxation techniques for integrating body, mind and spirit. The 500-Hour Kripalu Yoga Teacher Training consists of 200 hours Yoga Alliance approved Yoga Teacher Training completed previously and 300 hours of additional advanced Yoga Teacher Training. Antonucci has been teaching and offering workshops, at the Johnstown YMCA since 2008. "Yoga supports improved breathing, flexibility and focus, which are vital for athletes in training and those who want to maximize the benefits of their overall fitness programs," says Antonucci.

She has studied Therapeutic Yoga and Relaxation techniques that have been shown to improve range of



Eat in or Take-out Special Orders via phone any time Winter Hours: Fridays 10am-6pm, Saturdays 8:30am-9pm

Bakery & Coffee Bar at The Inn





MUSIC & EVENTS Lulu's Bar & Bistro at The Inn:

Dec 31, 5pm-midnight, New Years Eve at The Inn

Jan 17, 5:30-8:30pm Miss Tina's Tribal Belly Dance Company (Belly Dancing to Classic Rock & Modern

Country, & a surprise ode to winter in their attire)

Frank Manning (piano bar with a Billy Joel feel)

Feb 14, 6-9pm Valentines at The Inn with

Feb 28, 6-8pm Wine Tasting & Food Pairing

NORTHVILLE, NY



Snowmobile Benefit Runs begin Jan 10th Visit us off the Great Sacandaga Lake, just north of The Northville Bridge. LULU'S BAR & BISTRO at The Inn is excited to host our Benefit Run for the Northville Fire Department March 7th. Support those who volunteer for us! No snow machine, come by car. Open Saturdays Jan 10-March 7, 12pm-9pm

641 Bridge St. Northville, NY (518)863-3174

March 7, 6-9pm Hannah's Field (Janis, Classic Rock)

March 14, 6-9pm The Earl's Chair (Traditional Irish Music & Traditional Irish Food, hello Saint Pat!)

8pm, The Hitrick Brothers DJ'ing Gage The Great, Magic Show

www.InnAtTheBridge.com Reservations Suggested. Follow us on facebook. www.facebook.com/innatthebridge

motion and help relieve chronic pain. In addition to her Yoga instructional programs at the YMCA, Antonucci has a Yoga studio in Edinburg which enables her to offer a variety of Yoga classes to the community, as well. She is certified in 'Chair Yoga' and teaches Seniors in Northville, Edinburg and at the Hillcrest Nursing home in Amsterdam.

Yoganand Michael Carroll, Dean of the Kripalu School of Yoga, says, "Graduates of the Kripalu Yoga Teacher Training program are steeped in an ancient and authentic yoga that is informed by modern medical and scientific understanding. Kripalu Yoga teachers are skillful in bringing the rich benefits of yoga to modern practitioners leading busy lives in the world."

Kripalu, a nonprofit educational organization, is the largest yoga and holistic health retreat center in North America. Each year approximately 32,000 participants take part in more than 800 Kripalu programs on a wide range of topics related to health, personal growth and spirituality. Kripalu also graduates more than 500 yoga teachers from its renowned certification trainings each year, and has a professional association of 2,500 registered yoga teachers as well as more than 30 affiliated yoga studios.

For more information or to contact Ony Antonucci visit www.onyyoga.com, or call 518-832-8249 For more information about Kripalu, visit www.kripalu.org



Mon - Sat 6:00am - 2:00pm Sunday 7:00am - 1:00pm

Dec 24th Open 6am - 12am Closed Christmas & New Years Day

# Happy & Safe Holidays

Home Cooking Homemade Soups & Pies





# Happy & Safe Holidays

Check Out Our Everyday Breakfast -Lunch - Dinner Specials Board

#### Hours:

Mon-Thur 5:00am-7:00pm Fri-Sat 5:00am-8:00pm Sun 6:00am-6pm

Open Dec.24 6am-12am Closed Christmas & New Years Day





#### Northville Baptist Church

by Barbara Klueg

111 North First Street, Northville 518.863.8001

baptistchurchofnorthville.org

Sr. Pastor: Rev. Richard C. Klueg · Assoc. Pastor: Rev. George Hopper

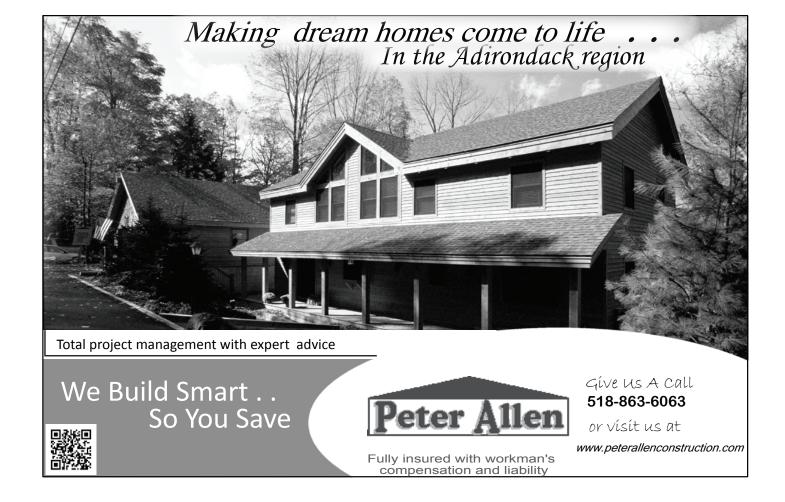
#### What's on Your Bucket List?

We all have dreams, right? Perhaps some of us have even written out a 'bucket list' of things we desire to do over our lifetime. As we grow older we might change that list somewhat or expand our list. Isn't it great that we can change our bucket list and have a fresh start in life from time to time? A fresh start can be the beginning of a new year, or a new job, or moving into a new home, or maybe beginning a new life as a married couple or welcoming a new baby into the home, or in our case a new grandbaby! Some smaller fresh starts could be just cleaning out a closet (you can tell

what's been on my mind lately!), or having a room freshly painted or doing some project on the house. Perhaps you recently laid down some new family goals and made some big plans for the New Year, or planned a great trip or vacation that you've always dreamed of taking, or maybe you've decided to prioritize on improving your own health or want to help a neighbor or family member who really needs you right now.

Whatever is on your list, be sure to include things that are lasting and make a difference in your life and the lives of others. This is one of the reasons that I love working in our church's Bible Club program on Mondays after school. One of my greatest desires in life is to make a difference in the lives of others, like others have done for me while I was growing up. Some really great people invested in me personally and showed me the love of God and the way to Heaven. It literally changed my life!

Recently, I saw a commercial on TV featuring Jimmy Durante singing "Make Someone Happy". Of course, the Coke Company was using this song to promote their product. However, there is more to life than Coke. In real life the way to



make someone happy is to show them the way to Heaven. If you want to know more about how to be ready to meet your Maker, stop by or call our church offices to talk to one of our pastors. They would be happy to share with you how to know God personally. Or you can always contact me personally. I would love to share with you how God changed my life many years ago and how He can change your life, too.

If you are not busy on Sundays, come and worship with us! We're not a perfect church, by any means. Simply put, we are just sinners saved by His grace. If you visit our church you will find a staffed nursery for your babies and preschoolers. an amazing Praise Band, Youth Choir and Adult Choir who lead us in worship, a Jr. Church time downstairs for the younger crowd, and you will be uplifted by an inspiring message from God's Word to help you get through the week! Let me know you're coming and I will save you a seat!

Please call the church office at

863.8001 or check our church website (baptistchurchofnorthville.org) for any updates or to read about our upcoming events.

Sunday (Church: Staffed Nursery Provided) 8:45 AM Sunday School for all ages 10 AM Worship

11:30 AM Sunday School for adults only

7 PM Family Service

Monday (Church)

After school – 4 PM Bible Club (K-5th grade)

Wednesday (BCON Corner)

6-7:30 PM Jr. High Youth

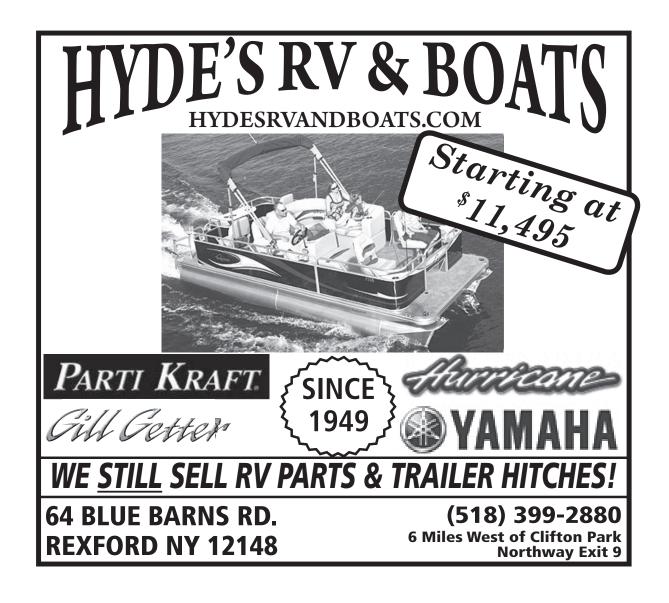
8-9:30 PM Sr. High Youth

Thursday

10 AM FREE Baked Goods (at BCON Corner) 7 PM Prayer/Praise (at Church, Staffed Nursery Provided)

Friday (BCON Corner)

8-10:30 PM Pink Chicken (Grades 8-12) - (call or check calendar on our web site for dates)





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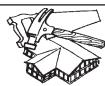
> (Rte.30A), Johnstown, NY



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#### Adirondack Folk School Schedule for January 2015

51 Main Street, Lake Luzerne, NY 12846 (518) 696-2400 www.adirondackfolkschool.org

All classes are held at the Adirondack Folk School unless otherwise noted.

#### All classes start at 9 am unless otherwise noted.

#### **JANUARY**

Sunday January 11

Introduction to Woodturning with John Kingsley. #739-0111. Half Day, 9am-12pm. Tuition \$50. Member Tuition \$45. Materials Fee \$15. Note: For your safety: no loose fitting clothes, hair tied back, comfortable shoes, and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

#### Sunday January 11

Let's Weave a Colorful Sock Rug with Caroline Dvorak. #762-0111. Half Day, 12pm-4pm. Tuition \$75. Member Tuition \$70.

Note: Tuition includes all materials.

Saturday & Sunday, January 17&18 Birch Bark Picture Frames and Mirrors with Jim Schreiner. #769-0117. 1+1/2 days, Saturday 9-4, Sunday 9-12. Tuition \$145. Member Tuition \$130. Materials Fee \$30.

Sunday, January 25

Let's Weave a Rag Place-mat with Caroline Dvorak. #763-0125. Half day, 12pm-4pm. Tuition \$50. Member Tuition \$45. Materials Fee \$15.

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# Edinburg Bible Chapel Pastor John Trzaskos

#### **Greetings Folks!**

It's no secret that this month is January 2015! You know what's coming next: HAPPY NEW YEAR!!

And next, that all encompassing word "Resolutions". Maybe the words, goals and "This year I mean it" do not sound as harsh to the ears as "I RESOLVE". Let's face it, most resolutions end up in the circular file!. Some approach the new year with "Will Power". Usually the will withers and life is back to "Same Old, Same Old. We all know what I'm saying, Been There, Done That. The end of one year and the beginning of another does not automatically change circumstances or responsibilities. The 24 hours between December 31st and January 1st does not magically disappear. Wow! Wouldn't that be great! Yet Reality beckons us back to the "Now" (present). Not one of us knows what is in store for us in 2015. Just the fact of not knowing brings consternation to many. For others, "Not Knowing" is an adventure. One thing we do know, the unknown includes change. Some of us enjoy change, while others are thrown into a tizzy!

When you think about it, Somewhere, Someone or Something is constantly in a state of change. Changes take place in corporations, hospitals, research centers, government, families, education, religion and much more. At Edinburg Bible Chapel we are cognizant of change. Some changes are easily embraced, while others can be disquieting. We find our common ground from prayer and reading and listening to God through hid written word. We find comfort and discernment from the scriptures. In the New Testament. Hebrews 12:2a Let us fix our eyes on Jesus, the author and perfecter of our faith... Hebrews 13:8 Jesus Christ is the same yesterday and today and forever. Jesus Christ does not get moody, play favorites or change the game plan just for the fun of it. Jesus Christ is the real deal, the anchor that holds in the midst of this ever changing world. Possibly, you are searching, something doesn't seem quite right. You want to change but are not quite sure where or why. Edinburg Bible Chapel extends a warm, personal invitation to all. Make it a goal to come to a worship service this new year. You will see that all of us are in a process of change. God is at work transforming usinto the image of his one and only son, Jesus Christ. Our heart's desire is that you will have a Blessed 2015.

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# ACANDAGA LAKE **FEDERATION**

GSLFF would like to thank those that supported us this past year. All of our contests and fish stocking is dependent on your articipation and support.

The following is a partial listing of the various sportsmen/boat shows for January thru March 2015:

New York Sportsmen's Show - The Oncenter, Syracuse, NY - Jan.16 – 18 The New York Sportsmen's Expo – New York State Fairgrounds, Syracuse, NY Jan. 23-25New York Boat Show – Jacob K. Javits Convention Center, New York, NY Jan.21-25Springfield Sportsmen's Show – Eastern States Exposition, West Springfield, MA Feb. 19-22World Fishing & Outdoor Exposition – SUNY Rockland Community College – Suffern, NY March 5-8

Our 2015 Ice Fishing Contest will be held on Saturday, January 31, 2015 at the Sacandaga Boat Club, 129 Merriam Road, Broadalbin, NY. The hours of the contest are from 7AM to 4 PM. Prizes this year will be given for northern pike, trout and perch. Total cash prizes this year total \$2,250 an increase of \$150 from last year's contest. Those of you who enter both the Walleye Challenge Ice Fishing Contest and our GSLFF Ice fishing contest will be able to enter the walleyes caught at the Walleye Challenge Contest and any northern pike, trout or perch caught at our GSLFF contest. There will be 10 trout tagged with a green tag, each worth \$500 (FOR 2015 GSLFF MEMBERS WITH PAID ENTRY good for 1/31/2015 ONLY. TAG MUST BE ATTACHED TO FISH). This is an increase of \$2,000 from last year's ice fishing contest.

Additional information on the contest can be found on our fishing contest flyer in this Edinburg Newsletter or by going to our new web site www. GSLFF.COM, or contacting Randy Gardiner at 843-6329 or Jack Smith at 863-4271.

The following information was obtained from the New York State Department Of Environmental Conservation web site (www.dec.ny.gov/outdoor). Anglers are reminded to take these important steps when ice fishing:

Follow the bait fish regulations to prevent

the spread of harmful fish diseases and invasive species.

Use only certified disease-free bait fish purchased at a local tackle store or use only personally collected bait fish for use in the same waterbody in which they were caught.

Check for sufficient ice thickness before venturing onto the ice.

Safe ice is the number one consideration. A minimum of three to four inches of solid ice is the general rule for safety. Ice thickness, however, is not uniform on any body of water. The guidelines presented here are based on clear, blue, hard ice on non-running waters.

The American Pulpwood Association has developed a table for judging the relative safety of ice on lakes and streams. This is just a guide; use your own good judgment before going out on any ice. Avoid areas of moving water, including where streams enter the lake, and around spillways and dams.

<ul><li>Ice Thickness Table</li></ul>			
Ice Thickness	Permissible Load		
2 inches	one person on foot		
3 inches	group in single file		
7.5 inches	one car (2 tons)		
8 inches	light truck (2.5 tons)		
10 inches	truck (3.5 tons)		
12 inches	heavy truck (7-8 tons)		
15 inches	10 tons		
20 inches	25 tons		

Ice thickness varies on every body of water and anglers should be particularly wary of areas of moving water and around boat docks/houses where "bubblers" may be installed to reduce ice buildup. DEC cautions that the presence of snowmobile tracks or footprints on the ice should not be taken as evidence of safe ice conditions. Individuals are strongly encouraged to check ice conditions for themselves and avoid situations that appear to present even a remote risk.

The federation always welcomes new members. The next meeting will be held at 7:00 PM on January 17 at the Fish House Fish and Game Club, 478 Fayville Road, Broadalbin, NY. Membership forms and additional information can also be found on our web site.





P.O. Box 991, Northville, NY 12134 - www.gslff.com

#### ANNUAL ICE FISHING CONTEST

#### Saturday January 31, 2015 7:00am-4:00pm \$2,250 CASH PRIZES \$5,000 TAGGED FISH PRIZES

\$20 ENTRY FEE PER ANGLER, \$25 DAY OF CONTEST UNTIL 10AM ONLY (Children 12 and under are free with any paid adult)

#### Measuring and Awards at Sacandaga Boating Club

129 Merriam Road, Broadalbin, NY - park in designated visitor areas BREAKFAST & LUNCH AVAILABLE AT THE BOAT CLUB (by land or lake)

#### Contest applications accepted through the mail or at:

Ross' Bait Shop - Hagaman, Dave's Bait & Tackle - Mayfield, LaPort's Bait - Edinburg, Jim's Bait Shop - Mayfield, Frank's Bait Shop - Vail Mills, and Fuel & Food - Mayfield

FISH ANYWHERE ON THE GREAT SACANDAGA - NYS GAME LAWS APPLY

#### Cash Payback In Each Species: Northern Pike, Trout, Yellow Perch

2<sup>nd</sup> place - \$200 1st place - \$300

3<sup>rd</sup> place - \$150

4th place - \$100

There will be 10 trout tagged with an green tag, each worth \$500 FOR GSLFF MEMBERS WITH PAID ENTRY - 1/31/2014 CONTEST ONLY TAG MUST BE ATTACHED TO FISH

#### \*FOR UPDATED RESULTS ON CONTEST DAY CALL: 518-227-8298\*

FISH MEASURING (by length) TO TAKE PLACE FROM 7AM - 4 PM ONLY - NO EXCEPTIONS DECISION OF THE JUDGES IS FINAL

FOR MORE INFORMATION: Jack Smith - 518-863-1062 / Randy Gardinier - 518-848-7248 Forms online at www.gslff.com / Email - chairman@gslff.com

#### \*2015 ANNUAL ICE FISHING CONTEST APPLICATION\*

Place Print Logibly

rease time Legibly
Name
Full Address
Phonee-mail
Name of participating Child(ren)
Please check all that apply:
Enclosed is my entry fee of \$20.00 (only current 2015 members are eligible for tagged fish prizes)  I would like to become a 2015 GSLFF member for \$10.00 and be eligible for tagged fish prizes  I have enclosed a donation of \$ to help stock and protect the fisheries of the GSL.  I have enclosed a check made out to the GSLFF in the amount of \$
Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134

We must receive mailed entries by Friday January 30th



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#### TOPS 1005 Northville

We have wonderful meetings at TOPS 1005 Northville!

For one meeting we bought in sacs of sugar and flour. Thanks to Ginger Driscoll who took them to our local food pantry! We used the weights of these sac's to demonstrate the amount of pounds members have lost or need to lose! One of our members told the group of her success with eating little or no carbs and the amount of inches she has lost off her body! Simply amazing! It is testimony like this that motivates people to keep losing! Several KOPS stood up and showed how much weight they have lost and kept off! Jean Auriemma has also reached her first goal! Congratulations to all!!

We had our Christmas get together at the Timeless Tavern with thirty members attending! A wonderful dinner with great people ... Awards to various members for our appreciation for all they do to make our chapter great!

Bev Morgan received a Pen Set-taking over the charms/coupons as well as helping out in the weight room whenever needed!! A position she held with Alice Morehouse for many years!!

Judy Frasier received the On time award! She has only missed one meeting in over 4 years!! A dedicated member who deserves recognition and thanks for all that she does!

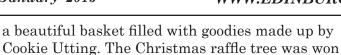
Carmen Durken was given the helping hands charm. She has helped out with two centerpieces for our Fall Rally's! We took honors last year for her train centerpiece! She also has helped with several contests.

Mary and Doug Hodes were given appreciation pins, for hosting the Chinese auction many times for us.... As well as other programs!

Kristen Williams won the door prize that was



by Helen Harrington.



BillieJo Vrooman was given a TOPS pin. She was our sunshine shine person- giving out cards as well as candles to members.

Arden Detweiler was awarded the time to shine pin. She gets items for us when we need something for our meetings!

Marsha Miller was given the above and beyond pin.... For doing the Christmas tree raffle and helping the chapter in many other ways.

Our KOPS best Loser for the month was Marsha Miller and the TOPS best loser for the month was Jean Auriemma.

Other losers include- Cathe Bard, Judy Frasier, Marsha Miller, Arden Detweiler, Bev Morgan, Diane Mack, Ginger Driscoll, Helen Tooley, Jean Auriemma, Joyce Callahan, and Kristen Williams. Loss after the holiday-Helen Harrington, Ginger Driscoll, Arden Detweiler, Jean Auriemma, and Kristen Williams.

Come join us! We meet downstairs at the Bradt building (South Main Street) in Northville. Starting 863-8389 or visit us at www.tops.org on the web.

"See you lighter".







WELLS FISH & GAME CLUB INC.

ANNUAL SPORTSMAN SWAP MEET

JANUARY 17<sup>TH</sup>, 2014

9am - 2pm

RENT A TABLE FOR \$20.00
OR JUST COME AND BROWSE
AN AFTERNOON OF OLD & NEW
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Location: Wells Community Hall

Admission: Adults \$2.00

Kids Free

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#### We are looking for your help!

The Providence Volunteer Fire Department is looking for <u>NEW MEMBERS</u> to join our ranks!

Come learn valuable skills and become a <u>GO TO</u> person within the Community!

There are many jobs that YOU can help with!

By joining the Emergency Service Community many friendships are made and resources developed!

We are neighbors helping neighbors every day!

Stop by any Wednesday night and see if The Fire Service is for you!

Look for us at the Hagadorn Station on Fish House Road or the Barkersville Station on Barkersville Road.





# **Edinburg School News**



Edinburg Eagles
School News
by Mr. R. W. Teetz,
Superintendent

Edinburg Family and Friends,

On November 14, 2014, the students of Edinburg Common School were treated to a visit from a Great Horned Owl named Annie. The caretakers of Annie, NY State Wildlife rehabilitator Diane Hime and her husband John Hime, brought Annie to our school to educate the students on a great horned owl's behavior in the wild. Mr. Hime answered many questions from the students, and they were thrilled to see this majestic bird up close. The assembly was arranged by Ms. Susan Hendler, School Nurse, and Eagle Afternoon Coordinator.

Edinburg Common School's annual holiday concert/art show was held on Thursday, December 11th. We were delighted to see all the parents and grandparents that came to see their children and grandchildren put on a spectacular show, with the highlight "Jingle Bells" being sung at the end of the performance by the entire school. Thank

you to Mrs. Kristy Matthews, band, music and chorus teacher; Mrs. Teresa O'Beirne, art teacher; classroom teachers, staff, and all of our Pre-K-6 students. It was a wonderful community event, and many compliments were given by the parents.

Often, students (and parents) find the holiday season stressful. If possible, set aside some time to encourage your child(ren) to find a way to help their community. This holiday season, help your child do a community service activity. Here are some ideas:\*

Bake something for a senior citizen or parent of a new baby. In addition to being a great stress reliever, spending time together can strengthen a relationship.

Make sandwiches for people who are housebound; and a brief conversation will brighten their day. Help take care of a pet. If a neighbor is going away for a few days, you and your child could offer to walk and feed their pet.

Donate the money earned. It's nice when your child sees you give money to charity, but they will remember it longer if they give away even a small sum of their own to help others.

Take part in a clothing drive. Many charities collect coats, gloves, and hats and donate them to local shelters.

\*© 2014 The Parent Institute

Santa's Workshop was held on December 16. We would like to thank the PTO for providing a large selection of items that allowed the Edinburg students to do their holiday shopping. Also, a big thank you goes out to all the volunteers that helped students with their purchases and wrapped the gifts.

On Friday, December 19, our holiday parties started with a coloring contest, continued with a sing-along of holiday songs led by Mrs. Ony Antonucci, and concluded with a visit from a large man dressed in red! A fun time was had by all.

We at ECS would like to wish everyone a happy and healthy 2015.





#### The Eagle's Eye on Fourth Grade

by Mr. Chad Sitts

The 4th graders have been working really hard in the classroom since the beginning of the year. They can't believe a third of the school year has gone by already. The students started math with some review concepts and were very surprised at all they remembered from last year. We are now working on long division (Does McDonald's Serve Cheese Burgers Daily). This little pneumonic sure has been helpful in remember the steps. If you have forgotten what step each word stands for, just ask a fourth grader and they will be happy to remind you. In science, we have been learning about how engineers go from a sketch or idea to a finished product. The fourth graders are trying this by building a new bridge out of certain materials I have given them. Check out our classroom page on the school website to see pictures of their bridges. In reading, they have been learning a lot about the Iroquois, how they lived off the land before the Europeans arrived, and how things changed for them once the Europeans did arrive. We are also reading the book Eagle Song by Joe Bruchac.

In social studies, we have been learning all about New York State. The students are now finishing up their posters showing all the different state symbols. Did you know our state drink is milk? Writing is an area we are constantly working to improve. The fourth graders are hard at work learning and using the steps of the writing

# Students of the Month for November:

Character Education focused on "Caring"

First Grade Fourth Grade Nadeira Rogers Emma Ludwig

Second Grade Fifth Grade Keegan Evans Ethan Moore

Third Grade Sixth Grade Keandra Farrington Jaiden Edwards

process. Wow! Can you believe all of this? We are only to the New Year. With that in mind, the fourth graders want to remind everyone to try and stick with their New Year's resolutions.

All the students at the school have been working so hard, and the new 2014-2015 basketball season is ready to begin already. The students are really excited to start this new season and show off the skills that they have been working on since last year's season ended. We are also very excited to welcome the new 3rd graders to the team, as this is their first year being able to participate. The team looks very promising and we look forward to improving on last year's season. As always, we look to have a lot of fun with each other during games and practices this year while also learning more about the game and building our skills. The students can't wait to show off their skills to friends and family during games this season!

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#### From Hawk On Back Page

for the season. We made time to take them to the movies and spend a night with us before we left. We made Christmas cookies and they decorated my windows with Christmas clings. My windows are now covered with a million little hand prints but that is alright with me. I looked at the windows this morning and just smiled. The holidays do not have to be perfect and I do not have to control everything. It is about love and family and friends.

Our National Ground Water Association conference was very good and well attended. So much has been going on at work, we almost did not go. I always say if I learn one new thing at a workshop, it is a success. Bill and I were pleasantly surprised and we did learn a few new things. We met a lot of nice people and we were able to successfully mix work with pleasure. Most importantly, as we are looking at 2015 looming around the corner, we are encouraged about what we saw and heard. Work is picking up in our field across the country. There were many young people attending the show and we could see the next generation getting ready to take over. There were many signs that things will be good in 2015. Jeremy and Sandra thank you for covering work!

Bill and I are getting ready to step down. It will not be immediate but we have set a course and we are working together, as a family, to make things happen. Today I finished up my Christmas cards. As I was going through our address book I realized how many people have come in and out of our lives in the last 20 years. People change, circumstances change and we do not see these people very often. That is just life! I do not think we will ever really retire. We are not people who can just sit around. We are looking forward to trying out new things together. My mother's illness has taught me how quickly things can change. As I enter 2015 I want to make sure my priorities are focused on taking care of me, my family and friends. I just want to be the best person I can be and enjoy life. On behalf of all of us at Hawk Drilling Company, HAPPY NEW YEAR! Be healthy and prosper! On a final note, Happy 6th birthday (our new years baby) to Lucas Baldwin. Bella and Bubba love you!!

Ad & Copy Deadline is the 17th of Every Month







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#### **Did You Know**

Christmas is in 10 days and I am not prepared for it. I have been gone four out of the last six weeks. We got home from our last trip at 2:00 a.m. Sunday morning. We stopped to get the plow truck on our way home and Bill told me to wait in my car on the side of the road. Within a few minutes the plow truck slid into the ditch on the side of the driveway. It was so slippery Bill could hardly stand. He walked up the driveway and told me he was coming back down with the mule. I waited and waited. I finally checked out our security camera. The mule would not start, the battery was dead and there was no gas in it. He finally got it going and he came down for me. I had on high heel boots and fell on my face. I could not stand at all. We finally made it up the driveway after several running starts. It was 3:00 a.m. when we walked in the door. We did

not talk to each other, we both just crawled in bed. I tossed and turned and could not sleep. When I did fall asleep I had several nightmares, all related to the things I have to accomplish between now and Christmas. I am determined I am not going to let things bother me. We are going to spend the first Christmas with my father in over 6 years. I am hoping that Lucas and Acadia's love and happy faces will make him smile. I am going to take a lot of short cuts this year. I am going to order food instead of cooking. People will be getting gift cards to their favorite stores. I just want to enjoy time with my family and appreciate the wonder and amazement that Lucas and Acadia have

#### Continued Inside last Page

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